



Kerala IMA News Letter

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OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE





IMA National Secretary General's Page

Mountain goats @ Mars

Mountain goats and Mars are certainly chalk and cheese expression. Yet that is exactly what we are going to talk about. Mountain Goats are sturdy and surefooted. They rarely fall down. Stamina and perseverance they have in plenty. Yet they are slow for sure and perhaps wander around. You can call us the generation leading the fraternity the mountain goats. We live in an era of paper and take eight drafts to write a letter. The perspectives are Victorian and carpet bombing is the preferred strategy. Ideas rarely leave comfort zones and are almost always subsonic. Yet we are the Family Gold. Rock Solid! We are institutions of steel.

Welcome the Mars generation. Reached Mars @ auto fare. Technosauvy with digital hands and ideas fleeting @ the speed of light. Paperless files; genderless dress and Leaderless movements. Bending space and time. Darwin can be heard chuckling.

Blending this chalk and cheese is the current challenge. Complex multidimensional existential threat to the profession can be countenanced only by this alchemy. The only person known to have cracked a similar situation sleeps in Rajghat. To call our predicament a second freedom struggle is an understatement. He marched to the sea and made salt. The Empire had seizures. His non violent resistance inspired movements across the Globe. We the mountain goats @ Mars are great grandchildren. Sacrifice your today for the tomorrow of our children. We are history. We are stardust.

A handwritten signature in black ink, appearing to read 'Asokan', with a horizontal line underneath.

Dr R. V. Asokan

Hony. Secretary General, IMA



**Indian
Medical
Association
Kerala State Branch**

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District Convention 2020 - Trivandrum

District Convention Jan 19th @ Public Library Hall, Palayam -

Inauguration of Health Seminar - Inauguration of Health Seminar was done by Dr. A. Marthandapillai, Past National President, keynote address by Shri. V. Sasi MLA, Deputy Speaker and vote of thanks by Dr. Arifa Sainudeen.

Seminar 1 – IMA Project Presidium for the seminar was Dr. Anupama R, Dr. G. Vijayakumar, Dr. M E Sugathan, Dr. Jayaramdas. This session is moderated by Dr. Benny P V.

IMA & Social Media

Presidium for the session was Justice Anitha Vimala, Dr. Alex Franklin, Mr. Gopinath IPS (Rtd), Dr. A G Rajendran Lions District Governor. This session is moderated by Dr. R C Sreekumar.

IMA Trivandrum give appreciation for Lions Club International and Swasthy Foundation for their contribution to community health services.

Public Function The public function was inaugurated by Hon. Mayor of Trivandrum Corporation Shri. K. Sreekumar. Dr. Abraham Varghese State President of IMA Kerala, State Secretary Dr. P. Gopikumar, Dr. A. Marthandapillai, Shri. V S Sivakumar MLA, Shri. O. Ragagopal MLA, Shri. C K Hareendran MLA, Dr. Sulphi N, Dr. Anupama R, Dr. Arifa Sainudeen, Dr. Binoy, Dr. Benny spoke on the occasion. Hon Mayor presenting awards to IMA Sneha Santhwanam and Trauma Rescue Initiative.



Goodness Never Fails.....



Greetings from IMA Kerala State.!!

Goodness is the only investment that never fails. While travelling the length & breadth of the state, State secretary & myself have learned many new lessons. It's been a wonderful experience. We saw the goodness of many people during these journeys. A striking one, was seen when we visited a special school at Idukki. This school is a refuge to many special children in that area. Also we saw dedicated staff taking care of these children. Among the children, we saw a few who are trained & willing to serve their brethren. They were attending to the needs of the less privileged who could not manage themselves. We do find such people who regularly invests their time & money for the under privileged. We also saw some IMA members who were really dedicated to the society. Let's have a commitment to the society. Try to reach out to people with a helping hand.

Some of the branches we visited showed tremendous improvement in their activities. The special training for the branch presidents and secretaries, organised on Dec 8th, is showing results now. A disciplined approach is noticed among many branches, but many are yet to improve. We are planning to organise yet another session for branch presidents, secretaries & SWC members. We request Seniors in branches to share their knowledge with the incoming branch officials. They should also try to bring youngsters into the lime light. The rich experience of the seniors should be shared with the young who should contribute their energy for the association. Executive committees should be a blend of young & the old.

The Cultural wing, WDW & the sports wing have started functioning. A cultural fest is planned on May 16th at Cherai along with IMA Leaders Family meet on 16th & 17th. Request all leaders to attend the same with families. Zonal sports competitions will begin from next month. Finals scheduled at Calicut on June 6th & 7th. Request you all to participate in the events. WDW is strengthening in branches and gets involved in social activities.

It's heartening to note that many District Committees have already scheduled their District Conventions. The ultimate aim is to strengthen the Doctor Patient relationship. Ensure the participation of public figures and peoples representatives in conventions. The social activities of the branches should be highlighted in such conventions. Bring in as many people as possible for the conventions. Together as a team, let's make a difference.

The first phase and component of Awaken India movement ignited the fire in the minds of medical students by taking the torch of awareness to the medical colleges. The momentum of the same has to be further strengthened. Time is ripe to take the next step in the Awaken India movement. A Nationwide campaign will begin on 12th March 2020. The campaign will be launched by the National President Dr. Rajan Sharma on 12th March 2020 in New Delhi. Also the National President has requested for a legal fund to take care of the legal expenses incurred by the NHQ, for which a donation of Rs500 per member is requested. Please support these activities.

Best wishes to you all.

Jai Hind....Jai IMA

Dr. Abraham Varghese
State President

Together We Can.....



Dear colleagues,

Awaken India, the slogan that rejuvenate the modern medical professionals, is reverberating through the nation. Congenial atmosphere in your work space is the fundamental right of any citizen, more so in health care. Unprecedented attacks on the health care professionals worsen the scenario of treatment. We need safety in work place, hospitals should be safe zone.

Health Care cannot be equated with consumerism; there is an element of surprise/suddenness in a turnaround of situation in every healing process of disease, often beyond human control. With utmost sincerity we toil, astounded we remain at times.

The young brigade in the profession will be at the receiving end of the "reforms" of the government in modern medical profession. NMC, NEXT, CPA, Mixopathy and so on. We, in IMA, cannot turn a deaf ear to the roar of the demons. Nor can we endanger the lives of our fellow citizen. Challenging the thoughtless, regressive reforms seems to be the fate of modern medical professionals in the country. Before the ides of March, 12th to be precise, we unfold the revitalised struggle against regression, from the dreams/aspirations of the Father of the nation. Awaken brethren, the fight is on, let's support and lead our future generations for a scientifically awakened nation.

Strengthening our army is of prime importance in the war. Make aware of the imminent dangers and the retrograde slide of the health care system to the public and to the society at large. The students are ready, we must not fall behind, march in front, instead. Victory is ours.

State Presidents/Secretaries meeting, second one this IMA year, is convened on 29-2-2020 at Kanyakumari to evaluate the preparations of Awaken India campaign in the states. Alongside we have the Conclave on Bio Ethics on 29/2/2020 and 1/3/2020 at the same venue. A State level Workshop on Medical Ethics is planned on 22nd March at IMA Periyar House with TCMC faculty. Zonal workshops are also planned. Frequent updates are necessary to keep abreast with the changes in professional conduct and rules and laws of the act. Request every IMA member to participate.

Yours in IMA

Jai Hind.... Jai IMA

A handwritten signature in black ink, appearing to read 'P. Gopikumar'.

Dr. P. Gopikumar
State Secretary

Awaken India - Kerala chapter inauguration



Awaken_India - Kerala chapter inauguration @ Govt Medical college , Trivandrum On 28.01.2020. Meeting started at 4:00 pm at Trivandrum Medical College campus Dr. Abraham Varghese State President , IMA Kerala inaugurated the function. Dr. P. Gopikumar State Secretary , IMA Kerala , Dr. Binoy S State Chairman , IMA MSN Kerala , Dr. John Panikar , Past president , IMA Trivandrum and Dr. R. C. Sreekumar , Past President , IMA Trivandrum were present on the occasion. Programme was coordinated by Mr. Justin. S , IMA-MSN TMC unit. Pledge for the Healthy republic were taken by the students



@ Govt. Medical College, Calicut Over 250 students took Awaken India Pledge, Call for Healthy Republic. Dr. Aneen kutty, Calicut Branch President, Dr. Roy R Chandran Hon. Secretary IMA KERALA STATE HEALTH SCHEME, Dr. Mini, Immediate past chairperson, Women Doctors Wing Kozhikode, Mr. Arjun P.C. Drafting committee chair, Kerala state convener, IMA MSN addressed the gathering.



KMCT Medical College



@ Malabar Medical College Students took Awaken India Pledge Call for Healthy Republic Dr Chris and Mr shiraz addressed the gathering Programme was coordinated by Mr.Allen , IMA-MSN MMC unit.



Inauguration of Pain & palliative unit at Bharata Matha College Alwaye in connection with World Cancer day



Dr. Alex Franklin, Past President, Dr. R. Ramesh Past President Dr. Prasanth C.V Secretary SS 1 In KGSDA State Conference.



265th SWC was held at IMA House Cochin on Sunday 9th February 2020. 283 members attended.

Decisions: 1) Awards: Special Awards for i) Branches with membership upto 100 members ii) Branches with membership 100 - 200 members As per existing criteria.. 2) Annual Membership Convention to LM - **Wave off State branch share for those who have more than 20 years continuous membership (as per the state branch database) **50% State branch share for those who have more than 10 and less than 20 years continuous membership (as per the state branch database) 3) IMA CON 2020 Kunnamkulam: Regn fee: Rs.3000/- Single and Rs.5000/- Couple 4) Land purchase at IMA HQ Tvm - Request the Schemes to mobilise funds for payment and register the land before 8th May when the agreement deed expires. 5) IMA Periyar House - allotted one flat each to PP Scheme and IMAGE on the third floor. 6) SSS III inquiry report - SWC accepted the report. State President declared that appropriate action will be taken after verifying with the IMA KSB bylaw and legal opinion. SWC gave a mandate to the State President to this effect. 7) Kerala State Medical Practitioners Bill - the draft is published. IMA has to give our opinion forthwith since it will be finalized in the Council meeting on 14 Feb 2020. 8) Venue of the 266th SWC will be Thalassery hosted by IMA Thalassery. 9) Resolution congratulating IMA Cochin for the excellent arrangements for the SWC and hospitality.





Ethics Committee



Finance Committee



Upcoming Events

- 29-02-2020 State President Secretary meet Kanyakumari
- 29-02-2020 / 1-3-2020 National Conclave on Bio Ethics Kanyakumari
- 14-03-2020 Women's Day, WDW State level function Nemom
- 21-03-2020 State President's visit, IMA Nedumangad
- 22-03-2020 Medical Ethics State level Work shop (TCMC) - IMA Periyar House
- 26-03-2020 State President's visit IMA Thodupuzha
- 29-03-2020 District Convention Ernakulam
- 04-04-2020 & 05-04-2020 and IMA Sports meet - Zonal
- 04-04-2020 & 05-04-2020 CWC at Varanasi
- 24-04-2020 State President's visit IMA Kanhangad

District Conventions.....

- | | | |
|------------------------|-------------------------|------------------------|
| ● 29-03-2020 Ernakulam | ● 31-03-2020 Malappuram | ● 30-05-2020 Kozhikode |
| ● 07-06-2020 Palakkad | ● 14-06-2020 Thrissur | ● 21-06-2020 Kottayam |
| ● 28-06-2020 Alappuzha | ● 05-07-2020 Kasaragod | ● 12-07-2020 Kannur |
| ● 30-08-2020 Idukki | | |

CULTURAL WING 2020

Inauguration



This year's Art & Cultural activities of the cultural wing of Indian Medical Association was inaugurated by Shri. R.K. Damodharn, famous Poet and lyricist at IMA House Kochin on 09.02.2020. In his inaugural speech Shri. R.K. Damodharn said that humanity and compassion is the biggest culture and also added that the activities of the IMA Cultural Wing will help the doctors, improve their talents for the betterment and uplift of our society and general public alike.

Dr. Manojkumar K.T. State Chairman IMA Cultural wing delivered the welcome speech and presented this year event. Dr. Abraham Varghese, State President IMA Kerala, Dr. P. Gopikumar, State Secretary IMA Kerala, Dr. Rajeev Jayadevan President IMA Cochin Branch, Dr. Salini Secretary IMA Cochin Branch, Dr. Venugopal presented felicitation speech on the occasion. There after Dr. Dhanya, Dr. Sheeja and Dr. G C Kurian have performed various dance forms. A choir led by Dr. Jose Guswil, Dr. Ziya, Dr. Nijil, Dr. Venugopal presented as last item of this cultural show.



AN UPDATE ON CURRENT MEDICAL ETHICS - TCMC UPDATE



Dr. P. Gopikumar, Secretary IMA KSB, gave an informative talk on the Latest update & lots of curious questions from the members were answered.



SSS III

*Office
Inauguration*



Social security scheme III office was inaugurated by State President Dr. Abraham Varghese, at Varkala on 18.01.2020. Inauguration meeting was held at Hotel Hindustan. State Secretary Dr. Gopikumar P., SSS III Chairperson Dr. Radhamony M., Vice Chairman Dr. Dinesh K., Secretary Dr. Syam D. Gopal, Treasurer Dr. Sudarsanan G., South Zone Joint Secretary Dr. Ramalingam A., Varkala Branch President Dr. Sidharthan B., Secretary Dr. Saju Sahadevan, Dr. Binoy S., Dr. Kavitha Ravi and Varkala IMA members attended the function.



Dr. Syam D Gopal
Hon.sec. SSS III IMA KSB,
"Sarovaram", Palachira-PO
Varkala, Trivandrum-695 143.
Mob.(Office):
7034445788,7511175050

President & Secretary Branch Visit



KGMOA STATE CONFERENCE



MANAGEMENT COMMITTEE MEETING



Managing Committee Meetings of Schemes were conducted on 19-1-2020 at IMA HQ Trivandrum and 26-1-2020 at Kozhikode. Detailed discussion on various aspects including membership development was done and strategy planned.



PROFESSIONAL EQUIPMENT AND EMPLOYMENT PROTECTION SCHEME

INDIAN MEDICAL ASSOCIATION - KERALA STATE BRANCH

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ഐഎംഎ സാംസ്കാരിക കലാസാംസ്കാരിക വിഭാഗത്തിന്റെ പ്രവർത്തനോദ്ഘാടനം ആർ.കെ. ദാമോദരൻ നിർവഹിക്കുന്നു.

ഉദ്ഘാടനം ചെയ്തു

കൊച്ചി: ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ സംസ്ഥാന കലാസാംസ്കാരിക വിഭാഗത്തിന്റെ ഈ വർഷത്തെ പ്രവർത്തനോദ്ഘാടനം കവിയും ഗാനചെയിതാവുമായ ആർ.കെ. ദാമോദരൻ കൊച്ചി ഐഎംഎ ഹൗസിൽ

ലാസാംസ്കാരിക വിഭാഗം സംസ്ഥാന ചെയർമാൻ ഡോ. മനോജ് കെ.ടി. സംസ്ഥാന പ്രസിഡണ്ട് ഡോ. എബ്രഹാം വർഗീസ്, സംസ്ഥാന സെക്രട്ടറി ഡോ. പി. ഗോപികുമാർ, കൊച്ചിൻ ബ്രാഞ്ച് പ്രസിഡണ്ട് ഡോ. രാജീവ് ജയദേവൻ, സെക്രട്ടറി ഡോ. ശാലിനി, ഡോ. വേണുഗോപാൽ എന്നിവർ



ലോക അർബുദ ദിനാചരണത്തിൽ ആനന്ദ് പഞ്ചായത്തിൽ ലോകമുഖ്യരുടെ കൂട്ടായ്മ നടത്തിയ ബോധവൽക്കരണ പരിപാടി ജില്ലാജ്ഞാപനത്ത് പ്രസിഡൻ്റ് വി.കെ.ജയ്കൃഷ്ണൻ ഉദ്ഘാടനം ചെയ്യുന്നു.

ആനന്ദ് പഞ്ചായത്തിൽ പ്രസിഡൻ്റ് ആനന്ദ് സുരേഷ് മുഖ്യപ്രഭാഷണം നടത്തി. സെക്രട്ടറി ഡോ. എച്ച്.എം. സുരേഷൻ വിഷയവാചനം നടത്തി. ഡോക്ടർമാരായ വിജയചന്ദ്രൻ, ജഗദീശ്വരൻ, എസ്. സുനിത എന്നിവർ അർബുദത്തിൻ്റെ സാധ്യതകളും പരിഹാരവും എന്ന വിഷയത്തിൽ ക്ലാസ്സുകൾ നയിച്ചു.

മെഡിക്കൽ ഓഫീസർ ഡോ. മനോജ് കൃഷ്ണൻ സ്വാഗതവും ഡോ. രാജാശ്രീധർ നന്ദിയും പങ്കെടുത്തു.

കൊറോണ



കൊച്ചി: കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്. കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്. കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്.

പ്രതിരോധത്തിനൊരുങ്ങി ആരോഗ്യവകുപ്പ്

കൊച്ചി: കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്. കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്. കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്.

ജന്മഭൂമി JANMABHUMI

13.02.2020, Page : 6

കലാസാംസ്കാരിക വിഭാഗം ഉദ്ഘാടനം

കൊച്ചി: ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ സംസ്ഥാന കലാസാംസ്കാരിക വിഭാഗത്തിന്റെ ഈ വർഷത്തെ പ്രവർത്തനോദ്ഘാടനം കവിയും ഗാനചെയിതാവുമായ ആർ.കെ. ദാമോദരൻ കൊച്ചി ഐഎംഎ ഹൗസിൽ നിർവ്വഹിച്ചു.



ഐ.എം.എ. വിമൻ ഡോക്ടേഴ്സ് വിങ് പ്രവർത്തനോദ്ഘാടനം

കൊച്ചി: ഐ.എം.എ. വിമൻ ഡോക്ടേഴ്സ് വിങ് പ്രവർത്തനോദ്ഘാടനം നടത്തി. ഐ.എം.എ. വിമൻ ഡോക്ടേഴ്സ് വിങ് പ്രവർത്തനോദ്ഘാടനം നടത്തി.

കൊറോണ: കരുതലും ജാഗ്രതയും വേണം: ഐ എം എ പഠന സെമിനാർ

കൊച്ചി: കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്. കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്. കോറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്.

നി പാസ്കുന്നത് ഇരുപത് വേണു സിറോണി ചെപ്പിട്ട് ചെപ്പിട്ട് ചെപ്പിട്ട്

അർബുദ ബോധവൽക്കരണ സെമിനാറും മധ്യമം 52

മെട്രോപ്പോളിറ്റൻ: ലോക അർബുദ ദിനാചരണത്തിൽ അസോസിയേഷൻ നേട്ടമോട് ശാലയും വിമൻ ഡോക്ടേഴ്സ് വിംഗും ആനന്ദ് പ്രാഥമിക ആരോഗ്യ കേന്ദ്രവും സംയുക്തമായി 'ജാഗ്രത്' എന്ന കവിത അർബുദ ബോധവൽക്കരണ സെമിനാറും കലാസാംസ്കാരിക വിഭാഗത്തിന്റെ പ്രവർത്തനോദ്ഘാടനം നടത്തി.

ഗൾഫാക്കിയിൽ കുളത്തൂർ

കൊച്ചി: ഗൾഫാക്കിയിൽ കുളത്തൂർ. കൊച്ചി: ഗൾഫാക്കിയിൽ കുളത്തൂർ. കൊച്ചി: ഗൾഫാക്കിയിൽ കുളത്തൂർ.



ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ സംസ്ഥാന കലാസാംസ്കാരിക വിഭാഗത്തിന്റെ പ്രവർത്തനോദ്ഘാടനം കവിയും ഗാനചെയിതാവുമായ ആർ.കെ. ദാമോദരൻ കൊച്ചി ഐഎംഎ ഹൗസിൽ നിർവ്വഹിക്കുന്നു.



കൊറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്. കൊറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്. കൊറോണ വൈറസ് പ്രതിരോധത്തിന് ശ്രമിക്കേണ്ടതാണ്.

ഗൾഫാക്കിയിൽ കുളത്തൂർ. കൊച്ചി: ഗൾഫാക്കിയിൽ കുളത്തൂർ. കൊച്ചി: ഗൾഫാക്കിയിൽ കുളത്തൂർ. കൊച്ചി: ഗൾഫാക്കിയിൽ കുളത്തൂർ.

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Branch Activities

PATHANAPURAM

28-1-2020 - General body meeting & CME on 'Misuse of Topical steroids at IMA PATHANAPURAM Branch.



KOTTARAKARA

23.01.2020 - General body meeting & CME on 'Urinary tract infections'



IMA THALASSERY & WDW

05.01.2020 - Christmas and New Year celebration was held at IMA Hall, Thalassery.

10.01.2020: Workshop on Neurobiology & Pharmacotherapy of addiction". Workshop Topic was Setting up of Tobacco Cessation Clinics

13.01.2020: Observed 85th Anniversary of Mahatma Gandhi arrival at Thalassery



14.01.2020: District Committee Meeting held at IMA Hall Kannur.

15.01.2020: conducted an awareness class at SN Puram Vayanashaala. Conducted a Health Awareness Class for parents of Special Kids at Sheik Rashid Rehabilitation Centre at

Kanhirode. Conducted an awareness class at Muzhapilangad Govt HSS. Awareness class to prevent suicide and substance abuse among adolescents. Observed the World Pain & Palliative Care Day.

19.01.2020- Mega Medical Camp was conducted at Kuthuparamba Co-operative Hospital organized by Thalassery IMA in association with Kuthuparamba Co-operative Hospital.

19.01.2020 - Observed Pulse Polio Day.

22.01.2020: The General Body Meeting was held at IMA Hall



Thalassery & conducted a CME on "Basic Approach to Heart Failure Management"

26.01.2020: Observed Republic Day

29.01.2020: conducted a CME on "Interventional Radiology- How it helps" & a class on Corona virus for the doctors.

30.01.2020: Observed Anti Leprosy Day



GURUVAYOOR

04.01.2020 - conducted New Year celebration

05.01.2020: conducted a Medical camp at Guruvayoor IMA hall

10.01.2020: distributed medicines to among the pilgrims attending first aid booth run by Guruvayoor IMA

10th, 13th, 15th, 16th, 17th, 18th & 20th, 28-Jan 2020: Mandala kala first aid booth

22.01.2020: Ophthalmic Camp conducted. Closing ceremony of Guruvayoor IMA's Mandala kala first aid booth

26-January 2020 - Guruvayoor Municipality honoured doctors who were responsible for planning and conducting the First Aid booth for Sabarimala Pilgrims at Guruvayoor.



WDW NEMOM

1.1.2020 : New Year Celebrations conducted

02.1.2020: Attended the first District Committee meeting of IMA Thiruvananthapuram. 05.1.2020: Attended the inaugural function of activities of the State WDW for the year 2020 held at Periyar House Aluva

09.1.2020: The first meeting of the Executive Committee was held on 9-January

11.1.2020: Valsalyam camp on breast cancer detection and awareness was conducted at Government Girls' Higher Secondary Schol, Malainkeezhu.

14.01.2020 : attended the District Committee meeting held at HQ in connectin with the forthcoming District Convention

18.01.2020 : Valsalyam camp on breast cancer detection and awareness generation was conducted at the CSI Church Hall

19.01.2020 : participated in the first ever District Convention of IMA held in the Public Library Hall, Thriuvananthapuram

26.01.2020: The second GB meeting during the Association Year at Hotel White Dammar

28.01.2020: National Day of Girl Child Observance at the LBS Engineering College for women at Poojappura.



KODUNGALLUR

03.01.2020 - District Committee meeting at Thrissur IMA.

04.01.2020 - Family get-together.

09.01.2020 - Paid homage to one of the senior member.

15.01.2020 - Attended TB programme at Thrissur IMA.

21.01.2020 - General Body Meeting & CME

28.01.2020 - Attended CME on Corona Virus .

31.01.2020 - Attended meeting at Thrissur IMA to discuss how to conduct District Convention.

IMA KAZHAKKOOTAM & WDW

07.01.2020 - Executive meeting

19.01.2020 - participated in Trivandrum District Convention

28.01.2020 - Started flagship project of ImaKazhakootam - 'Aarogyatheeram'. General Body & Family meet at Al Saj Convention centre. Reception to State President & Secretary. Official launch of "Coastal Life & Health Protection- AarogyaTheeram" .celebrated 25th Anniversary of ImaKazhakootam.CME on "Addictive Junk Foods"



IMA PALAKKAD & WDW

02.01.2020 :New year's programmes conducted

04.01.20: class and medical camp for elderly

06.01.2020: represented at a meeting conducted at Collectorate conference hall in connection with the upcoming Pulse Polio Immunisation Programme on 19.01.2020.





07.01.2020: Deliberation on PP Scheme at IMA Hall with emphasizing the need for improving communication skills to decrease litigation against Doctors.

11.01.2020: Amrithakiranam – a medical quiz Competition for the school children

19.01.2020: conducted "Nature awareness programme" for the students of PMG High School Palakkad. Quiz Programme was also conducted based on Nature and Eco system.

31.01.2020: IMA AMS conducted a CME.

IMA THODUPUZZHA & WDW

01.01.2020: General body meeting along with Christmas and New Year celebrations were conducted at IMA house, Nadukkandom.

15.01.2020: CME on Diabetic prevention & co-morbidities and management of snakebite at IMA blood bank Hall.

15.01.2020: Attended State level launch of activities at IMA House Aluva

26th January 2020 Republic day celebrations were conducted

30.01.2020: General Body & CME on Scope of Plastic Surgery & Head Injury.



IMA NEDUMANGAD & WDW

2/1/2020 - attended the District Committee meeting at IMA HQ Anayara.

5/1/2020 - attended the Orientation Meeting of IMAGE office bearers at IMA Periyar House Aluva. Attended the Inaugural function of WDW KSB at IMA Periyar house Aluva

7-1-20 - Conducted third Executive Committee meeting.

11-1-2020 - Conducted Health awareness class on Child Sex abuse POCSO Act, at Leela Ravi Hospital.

14-1-2020 - attended District Committee review meeting for the conduct of District Convention.

15-1-2020 - Conducted free Medical Camp at Asha Sadanam Aryanad, in connection with Community Service Day.

18-1-2020 - Conducted 4th GB of the branch and CME on Early screening and diagnosis of Dyslipidemias in Diabetes Mellitus.

19-1-2020 - Leaders attended the District Convention held at Public Library Hall, Trivandrum & also attended the MCM at Hq Anayara.

Conducted Pulse Polio immunisation at Leela Ravi Hospital, Venjaramood and other Hospitals of Nedumangad.

26-1-2020 - attended the Management Committee meetings of Schemes and Projects of IMA, held at Kozhikode IMA Hall.

24-1-2020 - Conducted awareness class at Girls HSS, Nedumangad, as part of observing National Girl Child Day.

27-1-2020 - Participated in the immunisation strengthening activities at TH, Vithua.



IMA MALAPPURAM & WDW

01.01.2020 organised the New Year celebrations 05.01.2020- attended the Launch of WDW 2020 at Periyar House Aluva

16.01.2020: As a part of road safety week celebration, participated in a program conducted in association with the RTO Malappuram and NUVISION eye care hospital at Manjeri

19/01/2020 : organized Pulse polio immunization booths at few hospitals in Malappuram

26/01/2020- Diabetic Retinopathy Screening Camp was conducted at Alathurpady

27.01.2020- Monthly free eye check up at ShoranurSai Primary health center.



KANNUR

02.01.2020 Conducted New Year Celebration

09.01.2020 - GENERAL BODY MEETING AND CME PROGRAMME on myths, facts and dilemmas of snake bite management.

14.01.2020 - IMA Kannur hosted the first meeting of newly reconstituted committee of Kannur at IMA hall.



28.01.2020 - Kannur IMA In association with Kannur surgical society conducted an awareness programme for surgeons regarding laparoscopy.

30.01.2020 - Conducted the CME Programme CORONA VIRUS - SHOULD WE PANIC.

IMA VADAKARA & WDW

January 14: Adoration day

21.01.2020: conducted first General body meeting

31.01.2020: conducted an awareness class on adolescent health problems at Sanskrit school, Vadakara.



IMA TRIPRAYAR & WDW

3/1/2020, Attended DC Meeting at Thrissur.

8/1/2020 - Executive meeting.

23/1/2020 - GB, CME on Nutritional Medicine. Installation ceremony of WDW Tripprayar

26/1/2020 - attended the Pension Scheme managing committee meeting at Calicut.

31/1/2020 - DC meeting attended at Thrissur.



WDW COCHIN WEST

28.01.2020: WDW was formally inaugurated at Hotel Abad .

4/2/2020 : organized a talk and Early detection camp on Breast

cancer in association with Cochin Care Society, IMA Kochi west and Taluk headquarters hospital Fort Kochi .



IMA MADHYAKERALA & WDW

5-1-2020: members actively participated in the state launch of official activities of WDW at IMA Periyar house, Aluva.

7—1-2020: Executive meeting was held at IMA hall, Aluva

14.01.20: Seminar on youth palliative care.

22-1-2020: Members attended the clinical meeting and official meeting at IMA hall, Aluva.

19-1-2020: observed pulse polio day at Sreemoolam clinic & Vimala Hospital. Attended MANAGING COMMITTEE MEETING AT HEAD QUARTERS TVM

22- JANUARY 2020: GB CUM CLINICAL MEETING

26-1-2020: Republic day was celebrated at IMA hall, Aluva.



WDW DESIGANAD

01.01.2020 - Inauguration of New project "START"

05.01.2020 - participated in the launch of Women's Wing Activities 2020 at IMA Periyar House, Aluva.

06.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program.

07.01.2020 - conducted General Body Meeting & X-mas New Year Celebrations and Family get together

09.01.2020 - Conducted Medical Camp

10.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program.

16.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program.

17.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program.

19.01.2020 - participated in the pulse polio campaign & attended the District Convention held at Trivandrum.

21.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program. & Conducted Executive Committee Meeting

22.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program.

23.01.2020 - Conducted Medical Camp

24.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program

27.01.2020 - Conducted BLS training at Varkala Sivagiri Mission Hospital, Kollam.

28.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program

29.01.2020 - Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program

30.01.2020 - Conducted Corona Virus awareness Class at ESI, Hospital, Alappuzha Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program

31.01.2020 Conducted LAMP(Legally Mentally Empowering Adolescent Children) Program



KANHANGAD

19.01.2020: observed Pulse Polio Day

24.01.2020: Monthly CME at Rotary club hall.

Monthly GBM of Kanhangad was held at Rotary club hall.



IMA PERINTHALMANNA & WDW

01.01.2020 - celebrated new year in a grand way. General Body Meeting conducted. The weekly Elderly Care clinic was conducted

03.01.2020 Pain and palliative clinic Executive meeting was conducted

04.01.2020 organized an awareness class on DISEASED ORGAN DONATION for the applicants of motor vehicle driving licence at Pain and Palliative clinic.

05.01.2020 - represented the State level WDW Launch of Activities 2020 held at IMA Periyar House, Aluva.

11/01/2020 & 12/01/2020: Conducted TWO DAYS BASIC CARDIAC LIFE SUPPORT TRAINING PROGRAM FOR HEALTH WORKERS

12/01/2020 COMMUNITY PSYCHIATRY CAMP AT MANKADA PAIN AND PALLIATIVE CLINIC.



14.01.2020 - participated in IMA District Committee Meeting held at IMA Hall Malappuram . Conducted a Medical Camp for Differently Abled children at Choice Auditorium Perinthalmanna. distributed of equipment, utensils etc for the welfare of bedridden and differently abled children.

15.01.2020 - Observed PAIN AND PALLIATIVE CARE DAY at Palliative Care Clinic Perinthalmanna. Conducted WEEKLY FREE ELDERLY CLINIC

16.01.2020- participated in the Executive Meeting of IMA Perinthalmanna at IMA Hall Perinthalmanna.

18.1.2020 : conducted a public awareness class on PULSE POLIO IMMUNISATION at District hospital Malappuram as a part of Pulse Polio Immunisation Day Awareness Program.

19.01.2020 - conducted a free medical camp at A.L.P School, Thippilassery. Observed NATIONAL PULSE POLIO IMMUNISATION DAY . Attended Managing Committee meeting held at IMA State Headquarters. Conducted monthly Free Community Psychiatry Camp

22.01.20: conducted weekly 'Compression Only Life Support' for the motor driving licence applicants. Conducted weekly Elderly Care Clinic

23.01.20: conducted IMA CARE FOR ELDERLY PROGRAM 'OPPAM KOOTTUKARAY'

26.01.2020 - Observed REPUBLIC DAY .conducted COMMUNITY PSYCHIATRY CAMP

27.01.20: Attended MANAGING COMMITTEE OF SCHEMES MEETING AT CALICUT

28.01.2020 - attended the monthly CME and GB of IMA Perinthalmanna held at IMA Hall Perinthalmanna. As a part of observation of NATIONAL GIRL CHILD DAY 2020, organised a talk on 'POCSO act at IMA Hall Perinthalmanna. organised a talk on 'Protection of Children from Sexual Offences' along with GB & CME on 'Allergic Rhinitis- An ENT Surgeons Perspective'. Released 1- volume of IMA Perinthalmanna Newsletter during the period of 2019-20.



29/01/2020 stated MEDICAL AID SCHEME FOR DIALYSIS PATIENTS. DMO MEETING IN THE CONTEXT OF CORONA VIRUS OUTBRAKE. WEEKLY TRAUMA LIFE SUPPORT TRAINING PROGRAMME.'COMPRESSION ONLY LIFE SUPPORT ' & FIRST AID TRAINING FOR HDFC BANK STAFF. Weekly free elderly clinic.

30.01.2020 - As a part of observation of 'Anti-Leprosy Day', organised a Medical camp & awareness class at SaiSnehaTheeram tribal Hostel, Perinthalmanna.



IMA KOZHIKODE & WDW

01.01.2020: Celebrated New Year Eve at IMA hall

03/01/2020: Executive committee meeting.

05.01.2020 - Observed Human Rights Day at OISCA international hall, by giving essay to the higher secondary school students ; Topic: " STAND FOR HUMAN RIGHTS". Attended the Official Launch of Activities Women Doctors Wing 2019-2020 in Periyar house Aluva.

07/01/2020: State IMA Sports Committee meeting at IMA Hall.

09/01/2020: Neuro Otology Conference organized by AOI

11.01.2020 - IMA CGP CME on Common Cosmetic Problems & Solutions. Attended palliative carnival day "curios" & given a cheque of 10,000 RS as charity.

15/01/2020: AMS monthly meeting. Conducted Membership Campaign at General Hospital, Kozhikode.



17.01.2020 - General body meeting conducted at IMA hall.

26.01 2020 - Observation of Republic Day. Participated in flag hoisting at IMA hall in connection with Republic Day. In connection with Community service day, conducted a mega camp at

Velliparamb GLP School Kozhikode With Lions Club. Conducted Managing committee meeting of Schemes IMA KSB at IMA Hall Kozhikode. Reception of State Leaders of IMA and Family meet

28/01/2020: AMS Special Programme & CME

29/01/2020: Kerala blood donors forum meeting

30.01.2020: Observed Leprosy Day by walkathons at Kozhikode beach.General body meeting and CME



WDW MULAMKUNNATHKAVU

05.1.2020: attended the Launch of WDW activities for the year 2020 at IMA Periyar House, Aluva

28.1.2020 -attended the district level CME on novel corona virus organized by Thrissurbranch

30.01.2020 -participated in the programme Prime Debate in News 18 channel to discuss about the novel Corona virus.



CHIRAYINKEEZHU

03/01/2020- New Year Celebrated

09/01/2020 - Branch Executive Meeting.
 19/01/2020- attended Thiruvananthapuram District Convention of IMA held in State Central Library Hall, Palayam, Thiruvananthapuram..
 31/01/2020-Monthly General body meeting and CME programme



ALAPPUZHA

10/01/2020- New Year Celebration & Family Get Together
 13/01/2020-Meeting on Pulse Polio at collectrate .
 15/01/2020-Meeting on 'Quality' at NHM Hall.
 23.01.20: Executive Committee meeting
 26/01/2020-attended MCM Meeting at IMA Kozhikode
 31/01/2020- First AID Training for House Boat staff. GB & CME on Corona –Update&'How to tackle Litigation in Clinical Practice'?



IMA TRIVANDRUM & WDW

9th January 202: conducted Child Health Check up at Tagore theatre premises.
 16.01.20: Executive Meeting. Talk on exam related mental stress for plus two students
 19.01.20: Pulse Polio Immunisation at GG Hospital Trivandrum. District Convention @ Public Library Hall, Palayam
 23.01.20: Talk on Drug Abuse Emmanuel College, Vazhachal
 24.01.20: an awareness talk on menstrual hygiene at Kendriya Vidyalaya, Peroorkada.
 An awareness talk regarding Drug abuse at Vocational Higher

Secondary School, Vattiyoorkavu. Child health camp conducted at Akkulam Good Sheperd School.



25.01.20: General Body meeting and inauguration of Activities of AMS Trivandrum were held at IMA Branch Hall. CME on 'Management options of Low Back Ache'.
 26.01.20: IMA Trivandrum in association with Good Sheperd church, Thrikkannapuram organised a medical camp on Republic Day.
 31.01.20: A talk regarding Health problems of young girls at Neramankara NSS college for Women, Trivandrum.



KUTHUPARAMBA

14.01.2020 – KANNUR DISTRICT COMMITTEE MEETING
 15th JANUARY –observed Palliative Care day & conducted an interactive session regarding "Introduction to Palliative Care" to the students of Govt HSS, Kuthuparamba.
 19th JANUARY: Observed PULSE POLIO DAY. Attended the scheme managing committee meeting held at IMA Headquarters at

Thiruvananthapuram.

26th JANUARY: Attended the scheme managing committee meeting held at IMA Kozhikode 30th JANUARY: General body and CME of Kuthuparamba was held at IMA hall Kuttikunnu. Conducted CORONA VIRUS AWARENESS CLASS



MUVATTUPUZHA

02 Jan 2020 - Christmas- New year Celebration
03 January 2020 -participated Ernakulam District Committee Meeting.
05 January 2020 : Represented the IMA WDW State level inauguration at Periyar House, Aluva



IMA THRISSUR & WDW

01.01.2020 : Inauguration of the library @ Palliative care unit, GH Thrissur
03.01.2020: Hosted the first IMA DC Meeting of Thrissur Dist. at IMA House.
04/01/2020- DISTRICT LEVEL CME - INTERACTIVE TALK ON COMMUNICATION SKILL
11.01.2020 - General Body Meeting, Reception to State Leaders, New Year Celebration & Family Meet
13th January 2020: Executive Meeting
15.01.2020 - IMA END TB Initiative District Level TB Elimination Training programme



16.01.2020-General Body Meeting, Honouring State Leaders of Branch & Scientific Session
18.01.2020 Red - Responsible Eating Drive conducted a seminar on Responsible Eating Drive at Don Bosco HSS Mannuthy Thrissur



25.01.2020 Observed Palliative Care Day
26.01.20: Observed Republic day.



28.01.2020 IMA AMSTHRISSUR District Level CME on 2019 novel CORONAVIRUS CHINA

31.01.2020 : Corona Awareness Class @ Govt. Law College, Thrissur.

KASARAGOD

16.01.20: General body meet and CME was held at Hotel Highway Castle

24/01/2020 - attended the speciality medical camp organised for schedule tribe people of Perdala colony of badiadkapanchayat of Kasaragod district.



IMA COCHIN & WDW

01.01.2020: New Year Celebrations. Meeting with Press Club Office bearers on 1.1.2020 at IMA house.

05.01.2020: attended State Inaugural function at PERIYAR HOUSE



21.01.2020: Basic life support training for members of Inner wheel club, Cochin west

22.01.2020 :WDW Meeting on in Pink attire; Topic- Insurance and

Investments

23.01.2020: attended the disease preparedness meeting

26.01.2020: Republic Day flag hoisting.

Drive against Plastic – Efforts to stop plastic spoons, an innovative effort



IMA KOLLAM & WDW

14/01/2019 -Awareness class MRMK MMHSS, Varkkala. Xmas and new year celebration was held together with IMA and WDWkollam branch

16/1/2020 -Awareness class at Sankar Institute of Science & Technology, Chathanoor on blood donation.

19/01/2020 –WDW ,IMA Kollam actively participated in the pulse polio immunization

21/02/2020 -WDW conducted a class on palliative care at MNM Technical college, Mukundapurampavumba, Chavara.

23/01/2020 -Awareness class on Adolescent health problems was taken at was done at Meenaksyvilasom higher secondary school . Blood donation Camp was conducted at NSS college, Kottiyam.

24/01/2020 -Menstrual hygiene class was conducted for the higher secondary girls of Meenaskhivilasom higher secondary school, Puthalathazham.

24/01/2020 -GB meeting with talk on endocrine disorders

26/01/2020 -Republic day celebrations

27/01/2020 -Blood donation Camp at John F Kennedy Memorial VHSS

IMA KUNNAMKULAM & WDW

January 5th- introduction of the officials of WDW Kerala State Branch and inauguration of the launching of proposed activities for the year 2020 at IMA House Aluva.

January 14th-An antenatal counseling class "Anupamammathruthwam" was conducted at PHC Perumbilavu.

January 14th-Executive meeting of WDW at IMA House.

January 15th-Pain and Palliative Day was observed.

January 16th-IMA Community Service Day was observed

January 19th-WDW participated in the National Pulse Polio Immunization Program.

January 26th-WDW participated in the flag hoisting ceremony. participated in the free medical camp conducted at IMA House.



25.01.20: conducted third GB.

26.01.20: actively participated in the flag hoisting on Republic Day at Taliparamba IMA hall

WDW NORTH PARAVUR

16th Jan 20: Inauguration of WDW North paravur branch

19th Jan 20: conducted ophthalmology camp

31st Jan 20: Class on menstrual hygiene for plus 2 students at edavanakkad.



WDW PALA

5th Jan 20: conducted xmas new year celebration by variety of entertainment programs. Attended district committee meeting and monthly CME meeting.

THAMARASSERY

24th Jan 20: The third General Body meeting of IMA, Thamarassery at Hotel Wayanaduregency, Thamarassery.

30 Jan 20: Executive committee meeting

KOLENCHERY

29.01.2020 - General Body Meeting followed by CME Programme.

WDW PERUMBAVOOR

5th Jan 20: The Christmas New year celebrations of IMA Perumbavoor

15th Jan 20: The monthly meeting and cme at the Imahall. The topic was on metabolic syndrome and hypertension.

26th Jan 20: Organized the republic day celebrations

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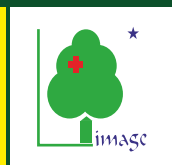


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