



Volume: 9 Issue: 08  
September 2020

# Kerala IMA News Letter

OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE

**WEAR A  
MEDICAL MASK**



**USE DISPOSABLE  
GLOVES**



**SOCIAL  
DISTANCING**



**WASH  
YOUR HAND**





## Never say die

The siege within that the medical fraternity suffers is inexplicable. Half a decade of struggle against NMC has left behind a post ictal phase. Somewhere down the line the fire in the belly is quiescent. Rip van Winkles do not save the day. We are Casabiancas neither.

Covid should not blind us. Lock Downs and the pandemic need not be a smoke screen. The Second Freedom Struggle is on. Did you hear what ? They are coming for your Universities. They are after your degrees as well. The kitchidi makers of history. The evidence based medicine is to be brothed down with pseudo science. One Nation One System is official. Niti Aayog is the culprit. They mix everything. Or is it they mess everything? Crosswired at Carpus Callosam they are on a binge. If Corona the single strand could send them back packing, we should fair better.

Time to wake up. Siraj ud Daulas and Ettappans of our times should be declared persona non grata. They betrayed the mother land. This time we are awake. Modern Medicine is not for sale.

Sisters and Brothers, our time is now. Be it quackery or mixopathy or crosspathy we need to challenge, Resist in the name of our people. Integration of systems is a fallacy and fantasy. Throwback to old Stone Age. Crime against Humanity. We need to STOP. They say in ten years from now modern medicine will be extinct. We are no dinosaur. We are not cold blooded.

Who eradicated the Small pox? What about Polio? Cholera , Typhoid and Plague are history. Who fights Covid? 27 was the life span when Britain left. A newborn Indian can expect 70. IMR and MMR have fallen by our blood and sweat. Modern Medicine has done India proud. Vaccinations, Interventions, Front line technology and drugs are survival kits of modern medicine.

We shall overcome. Let not the light that shines in this country that led the Health Revolution blink. We owe it to our people.

**DHARAMKSHETRA KURUKSHETRA.**

Dr R. V. Asokan



## President's Column

Never be an owner of love, Be a donor of love....

Dear friends,

Warm greetings to you all from IMA KSB!!!!

We are indeed happy to see that most of the branches have conducted their branch elections on time and the installation functions are also going on. Remember our IMA year starts on October 1 and ends on September 30 next year. Request all branches to follow the below three guidelines consistently every year :

1. Conduct the auditing and present it to the general body in the last General Body meeting in a year.
2. Conduct the elections in the month of September.
3. The new team of office bearers in each branch should takeover by Oct 1.

The Reforms committee for the scheme constituted by the State President had several round of discussions and has come out with lot of proposals which will make our schemes more attractive. This is being sent to all branches for further discussions amongst our members. The new proposals and suggestions will be studied and if required will be added to the reforms. This will be finalized in the State Council meeting which is going to be held on November 14.

Due to the COVID protocols, we could only organize virtual meetings for the last 8 months. Thanks to all branches/Dist committees who were regularly conducting meetings. Congratulate Malappuram DC who organized lecture series during this Covid pandemic.

Many of our members are facing anxiety, stress and strain after the advent of this dreaded virus. Your practice is badly affected, income markedly reduced, unable to meet our colleagues & family members and many other issues. Amidst all these issues, some of us were finding happiness in painting, gardening, cultural events etc. Always remember, real happiness comes from inside. Nobody can give it to you. Try to reach out to members who can't find happiness during this pandemic.

Success is the sum of small efforts, repeated day in and day out. Never be an owner of love, be a donor of love.

**Dr. Abraham Varghese**  
State President

Best wishes to all .  
*Jai Hind.... Jai IMA*



## From the Editor's Desk...

Dear colleagues,

We are at the fagend of this IMA year; a different year in so many aspects. The Covid pandemic has forced us to modify our activities. Virtual meetings are the norm today.

We were able to intervene effectively in the disease prevention control measures from the very beginning. Now the numbers of affected people are on the increase and steeply climbing up. We have to stress upon the need to take adequate protection ourselves while practicing. Let us be sure that we do not contract the disease nor are we a source of transmission. Infection control measures are to be strictly adhered to.

Membership drive, though not that vigorous, has increased our membership. Schemes have been active. SSS 1 campaign from September 15 to 30 is really worth mentioning. Reaching out to members is easy during this pandemic through the virtual platform. Congratulations to Chairman Dr. Susan Samuel and Secretary Dr. C.V. Prasanth. Health Scheme was the first to take up the initiative and the State followed suit. PDSS is planning their strategy to have a campaign. It is encouraging to see that more members are joining the webinars than during the physical GB and CME. The message will be passed on to more and more members.

I Safe and IMAGE continue their services effectively; doctors are protected and Kerala is cleaned off the Covid waste exemplifying our social commitment. I Safe project has equipped our members to practice safely in the pandemic, ensuring strict infection control measures and supply of the materials. The vision and effort of PEPS Chairman Dr. Sreejith N Kumar and Secretary Dr. Cyriac Thomas are commendable and I Safe becomes the Best project and activity this IMA year. We have to meet the need in Biomedical Waste Treatment, which we are short of, at the moment. Renovation and upgradation at the IMAGE plant will add to the facility for better service. Chairman Dr.VU Seethi and Secretary deserve appreciation. A new CBMWTF at Brahmapuram is the answer to tackle the unbearable load. Dr. Alex Franklin, Chairman of the new project will be able to materialize our dream in the near future.

The Special State Council meeting on Virtual platform held on 16th of September has decided to postpone the elections in the Annual State Council meeting and General Body meetings of Schemes this year. Hence those members elected from the previous State Council meeting and GB meetings will continue their term for one more year.

Let us continue our fight against Covid.

**Yours in IMA**

*Jai Hind....Jai IMA*

**Dr. P.Gopikumar**  
State Secretary

# Covid Webinar



**CABINET  
MEETING - 05.09.2020**

**PAST PRESIDENT  
MEETING - 06.09.2020**





**IMA THRISSUR BRANCH  
CME - 12.09.2020**



**PAST PRESIDENT  
MEETING - 13.09.2020**

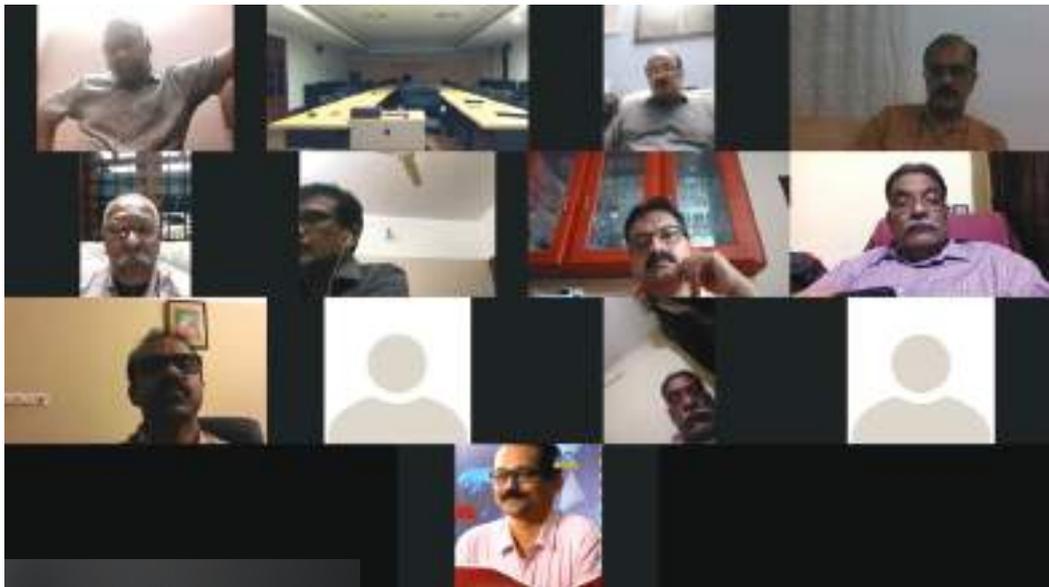


**SPECIAL STATE COUNCIL  
MEETING - 16.09.2020**



**SPECIAL STATE COUNCIL  
MEETING - 16.09.2020**





**CABINET  
MEETING - 19.09.2020**

**I SAFE LEADERSHIP  
MEETING - 21.09.2020**



**IMAGE MEETING - 22.09.2020**



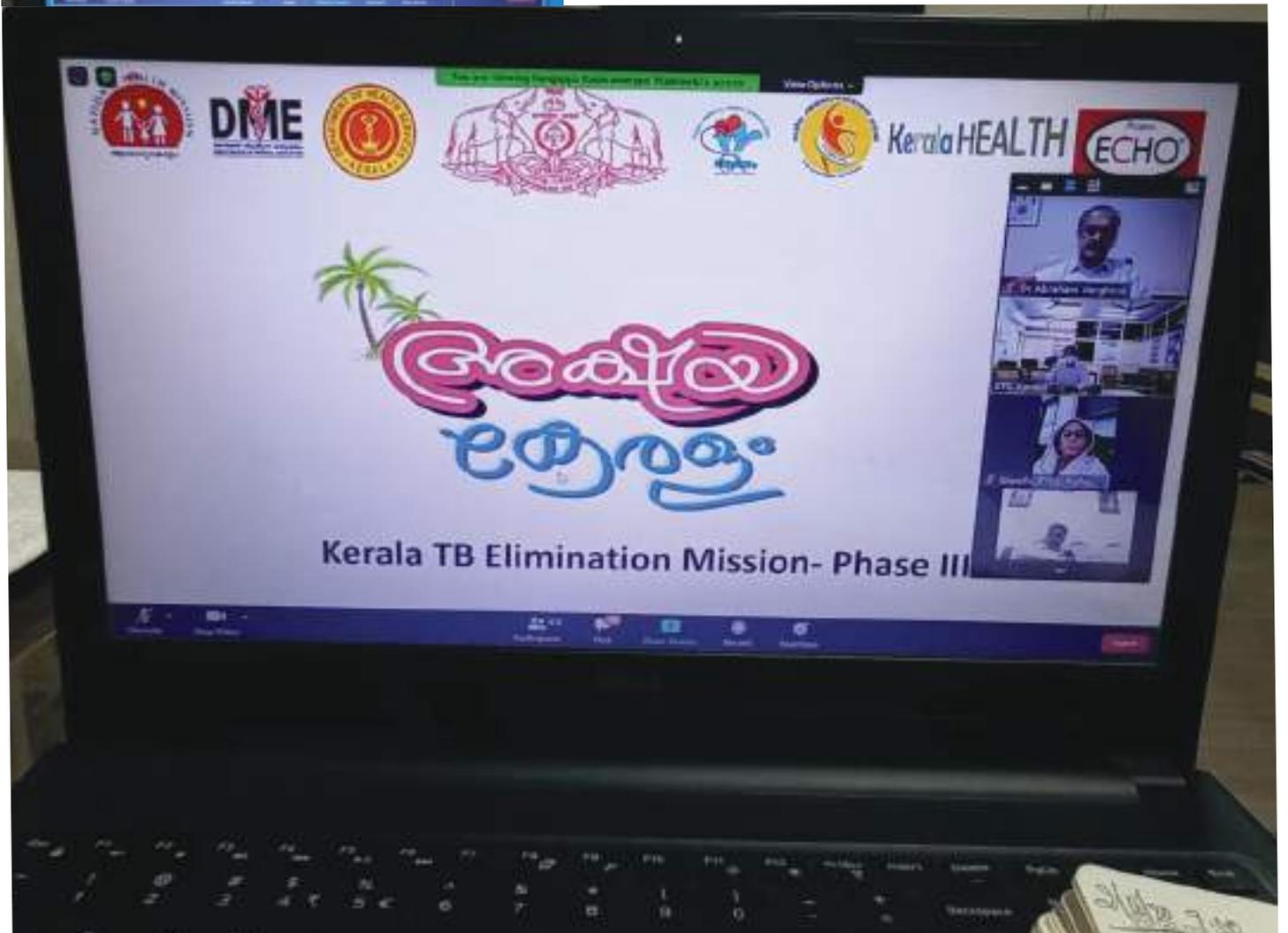
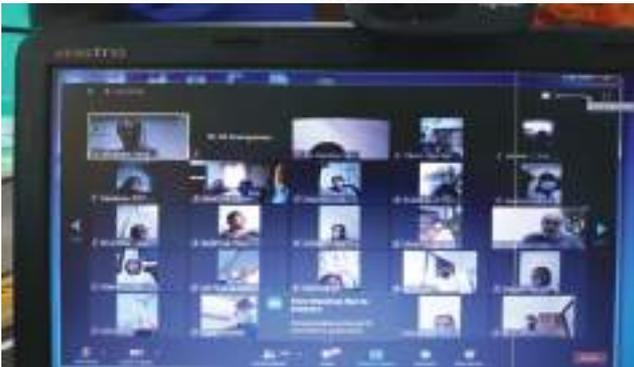
Dr Thomas John (Cochin) installed as the President of Indian Psychiatric Society Kerala chapter in the presence of IMA State President Dr Abraham Varghese.



## SIPSCON 2020



Attended Arogyakeralam inauguration of Kerala State on Oct 2nd, which was officially inaugurated by the Health Minister.





**IMAGE - CBWTF**  
NEW FACILITIES  
**INAUGURAL FUNCTION**



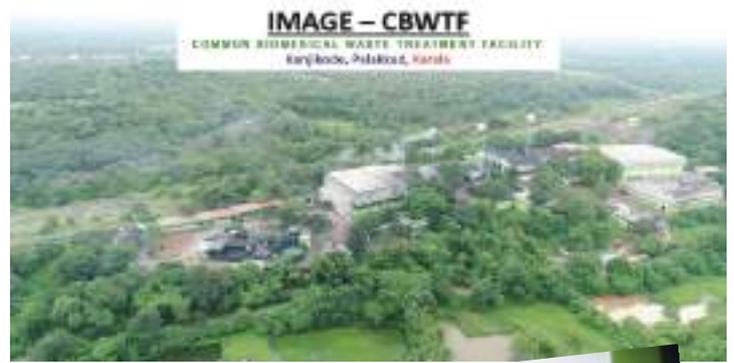
**IMAGE** is the Prestigious Project of Indian Medical Association, (IMA KSB), developed for the scientific management of Biomedical Waste generated from HCEs in Kerala

**IMAGE** Commenced operation in **2004**. Presently the **Largest CBWTF** in India. The only CBWTF for the entire state of Kerala



## IMAGE New Facilities - 20.09.2020

1. IMAGE – Avitis Clinic
2. Forest Road
3. Incinerator Plant – 1 (Renovated)
4. New Rotary Incinerator (Automated, Rotary Kiln, Dry Scrubbing Type)
5. ETP (Revamped) & Ultra Filtration Unit
6. Transformer
7. Bottle Washing Machine
8. STP (25 KLD)
9. New Autoclaves – 2 Nos (300 Kg/Cycle)
10. Sorting Conveyor



# സുരക്ഷയാരൂക്കാൻ കൈകോർക്കാം



## Awareness Campaign Social Security Scheme I

SSS 1 organised a membership campaign from 15th to 30th September. Officials of IMA Social Security Scheme 1 were interacting online via Zoom to motivate every MM doctor below 55 years to join the Scheme.

For any further assistance: 8078 42 52 44

Email: [sssimaksb@gmail.com](mailto:sssimaksb@gmail.com)

Let's ensure that every family of our professional brotherhood is secured.

Regards,

**Dr. Prasanth C V**

Secretary, SSS1, IMA KSB

Mob: 9495883376



**Dr. Susan Samuel**  
Chairperson, SSS 1

**Dr. Prasanth C.V.**  
Secretary, SSS 1



# സമരത്തിലേക്ക് കടക്കുമെന്ന് കെ.ജി.എം.ഒ.എ

കെ.ജി.എം.ഒ.എ

തിരുവനന്തപുരം : ആരോഗ്യ പ്രവർത്തകരുടെ ശമ്പളം തടഞ്ഞു വയ്ക്കുന്നതിൽ നിന്നും സർക്കാർ പിൻമാറിയില്ലെങ്കിൽ പ്രത്യേക സമരത്തിന് ഇറങ്ങുതെന്ന് കേരള ഡെപ്യൂട്ടി സെക്രട്ടറി സിദ്ധേഷ് (കെ.ജി.എം.ഒ.എ) മുന്നറിയിപ്പ് നൽകി.

സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് തുടക്കമുതൽ ആവശ്യപ്പെട്ടിട്ടും സർക്കാർ നടപടി സ്വീകരിച്ചിട്ടില്ല. ഇപ്പോൾ ആരും സമരമേൽക്കൂമെന്ന് സാലറി ചലഞ്ച് പ്രഖ്യാപിച്ചിരിക്കുന്നു. ഇത് അംഗീകരിക്കാൻ കഴിയില്ല.

24 രാജ്യങ്ങളിൽ 63,883 പുതിയ രോഗികൾ

## പ്രതിദിന രോഗികളിൽ ഇന്ത്യ ഒന്നാമത്

24 രാജ്യങ്ങളിൽ 63,883 പുതിയ രോഗികൾ

പ്രതിദിന രോഗികളിൽ ഇന്ത്യ ഒന്നാമത്

1553 പേർക്ക് കൊവിഡ് 1950 രോഗികൾ

## സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് ജൂനിയർ ഡോക്ടർമാർ

ഇന്ത്യയിലെ ഏറ്റവും വലിയ ഡോക്ടർമാരുടെ സംഘടനയായ ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ (എ.എം.എ) സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് ജൂനിയർ ഡോക്ടർമാർ അഭ്യർത്ഥിച്ചു. ഇവർ പറയുന്നത് സാലറി ചലഞ്ച് സമരം സർക്കാർക്ക് അനുകൂലമായി തീരുന്നില്ലെന്നും, ഇത് ജൂനിയർ ഡോക്ടർമാർക്ക് അനുകൂലമായി തീരുന്നില്ലെന്നും ആണ്.

## തർക്കാദിനോട് ആരോഗ്യ സർവകലാശാല എ.ഡി.വി.എസ് പാഠ്യ പുസ്തകം പുറത്തിറക്കി

അടുത്ത വർഷം ഡോക്ടർ ക്യാമ്പ്

1500 എ.ഡി.വി.എസ് പുസ്തകങ്ങൾ വിതരണം

എ.ഡി.വി.എസ്

# Be prepared for testing times in coming weeks: Health minister

Total Covid cases upto 1.6 lakh in 11 states people urged to wear face masks

The health minister said that the total number of COVID-19 cases in 11 states has crossed 1.6 lakh. He said that the number of cases is still increasing and people should be prepared for testing times in the coming weeks. He also urged people to wear face masks and maintain social distancing.

## COVID DEATH TOLL CROSSES 400-MARK

The total number of COVID-19 deaths in India has crossed 400. The health minister said that the number of deaths is still increasing and people should be prepared for testing times in the coming weeks. He also urged people to wear face masks and maintain social distancing.

# ഒറ്റ കാൾ ഇതി, ഡോക്ടറും മരുന്നും വിട്ടിലെത്തും...

വൈദ്യർക്ക് മരുന്നില്ലാത്തതാണ് പ്രധാന കാര്യം

ഒറ്റ കാൾ ഇതി, ഡോക്ടറും മരുന്നും വിട്ടിലെത്തും...

വൈദ്യർക്ക് മരുന്നില്ലാത്തതാണ് പ്രധാന കാര്യം

## കൊവാക്സിൻ പരീക്ഷണം; കുത്തിവെപ്പ് നടത്തിയവർക്ക് പാർശ്വഫലങ്ങളില്ല

കൊവാക്സിൻ പരീക്ഷണം നടത്തിയവർക്ക് പാർശ്വഫലങ്ങളില്ല. ഇന്ത്യൻ മെഡിക്കൽ റിസർച്ച് അസോസിയേഷൻ (എ.എം.എ) സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് ജൂനിയർ ഡോക്ടർമാർ അഭ്യർത്ഥിച്ചു. ഇവർ പറയുന്നത് സാലറി ചലഞ്ച് സമരം സർക്കാർക്ക് അനുകൂലമായി തീരുന്നില്ലെന്നും, ഇത് ജൂനിയർ ഡോക്ടർമാർക്ക് അനുകൂലമായി തീരുന്നില്ലെന്നും ആണ്.

## കാലാവധി കഴിയാതായി

## ഭവനമില്ല, പണിമുടക്കിലേക്ക് ജൂനിയർ ഡോക്ടർമാർ

ഭവനമില്ല, പണിമുടക്കിലേക്ക് ജൂനിയർ ഡോക്ടർമാർ. ഇന്ത്യൻ മെഡിക്കൽ റിസർച്ച് അസോസിയേഷൻ (എ.എം.എ) സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് ജൂനിയർ ഡോക്ടർമാർ അഭ്യർത്ഥിച്ചു. ഇവർ പറയുന്നത് സാലറി ചലഞ്ച് സമരം സർക്കാർക്ക് അനുകൂലമായി തീരുന്നില്ലെന്നും, ഇത് ജൂനിയർ ഡോക്ടർമാർക്ക് അനുകൂലമായി തീരുന്നില്ലെന്നും ആണ്.

## സാലറി കട്ട്: ആരോഗ്യ പ്രവർത്തകർക്ക് ഇളവില്ല

സാലറി കട്ട്: ആരോഗ്യ പ്രവർത്തകർക്ക് ഇളവില്ല. ഇന്ത്യൻ മെഡിക്കൽ റിസർച്ച് അസോസിയേഷൻ (എ.എം.എ) സാലറി ചലഞ്ചിൽ നിന്ന് ഒഴിവാക്കണമെന്ന് ജൂനിയർ ഡോക്ടർമാർ അഭ്യർത്ഥിച്ചു. ഇവർ പറയുന്നത് സാലറി ചലഞ്ച് സമരം സർക്കാർക്ക് അനുകൂലമായി തീരുന്നില്ലെന്നും, ഇത് ജൂനിയർ ഡോക്ടർമാർക്ക് അനുകൂലമായി തീരുന്നില്ലെന്നും ആണ്.

## All parties agree on need for more curbs, says CM

All parties agree on need for more curbs, says CM. The Chief Minister said that all political parties agree on the need for more strict measures to control the spread of COVID-19. He said that the government will take necessary steps to ensure the safety of the people.



# Branch Activities - AUGUST 2020

## THALASSERY

5.8.2020: CME on Evidence Based Care and Tele ICU at a Pandemic Scale.

07.08.2020: IMA & IAP Thalassery conducted a Breast Feeding Week CME on 07.08.2020.

12.08.2020: GB CUM CME Zoom meeting on 12.08.2020.

CME on Covid 19 Management.

15.08.2020: Observed Independence Day.



## WIDWTHALASSERY

Breast feeding Week - 01.08.2020 to 07.08.2020 -

Awareness class on Breast Feeding: As a part of World Breast Feeding Week Celebration on 2020, awareness class for mothers of Antenatal ward at GH Thalassery in association with IAP, IMA and WDW Thalassery & took awareness class for staff nurses, head nurses and nursing assistants of GH Thalassery.

07.08.2020: Zoom Meeting - IMA & IAP Thalassery conducted a Breast Feeding Week CME on 07.08.2020.

CME on "Covid Pandemic and Breast Feeding" and "Breast Feeding and BFHI obstetrician Perspective".

12.08.2020: GB CUM CME Zoom meeting on 12.08.2020.

15.08.2020: Independence Day Celebration and Inauguration of "Smrithi Mandapam" at GH Thalassery.

Flag hoisted by Supdt Dr. Peeyush Nambathiripadu and felicitation by RMO Dr. Jithin V S & Dr. Subash. MLA Shamsheer Inaugurated Smrithi Mandapam and

Municipality Chairman Ramesan C K did presidential address & Dr. Moyallithil delivered pledge.

25.08.2020: Eye Donation Fortnight starts - As part of eye donation fortnight day observation, a class was conducted at PHC Peringolam. Observed virtual Onam celebration during the pandemic situation with various programs.



## KANHANGAD

02-08-2020: Inaugural ceremony of IMA House Kanhangad at 10.00 am. Due to Covid-19 control restrictions ceremony was conducted on virtual platform zoom meeting. The building was inaugurated by Sri Chandrasekharan E, minister for revenue and housing, Government of Kerala in presence of Sri Rajamohan Unnikrishnan, M P Kanhangad, Sri V V Rameshan, municipal chairman, Kanhangad, Dr K G Pal, president IMA Kanhangad, secretary Dr Proween Arora and IPP Dr Raghavan M. Dr Abhishek V, convener building committee delivered the welcome address.

11.08.2020 & 18.08.2020: Executive Meetings.

15-08-2020: IMA Kanhangad observed Independence Day flag hoisting ceremony at new IMA House.

24-08-2020: Monthly GBM & CME on 24-08-2020 on zoom meeting. Dr K G Pal welcomed the members and guest speaker Dr Rejesh Joydevan, president IMA Cochin. Dr T V Padmanabhan introduced the speaker. Dr Proween Arora proposed vote of thanks.





### **THODUPUZHA**

03.08.2020: Physical executive committee meeting was conducted to discuss the COVID-19 situation and to explore the possibility of COVID 19 positive Doctors in Thodupuzha itself. Chezhikattu Hospital Managing Director expressed willingness to hand over the old Chezhikattu hospital building to the Government to convert it as a tertiary care center for COVID 19 patients. The Executive committee supported the same and expressed willingness to cooperate for the smooth functioning. Doctors of the major private hospitals expressed their willingness to treat symptomatic COVID positive Doctors in their respective hospitals with the consent of Hospital Managements.

15.08.2020: Independence day celebrations were conducted at IMA house, Thodupuzha.

### **PERINTHALMANNA**

01.08.2020-07.08.2020: Observed BREAST FEEDING WEEK with various online programs. There was a webinar on Breast feeding and its importance at MES Medical College Perinthalmanna in association with Dept of Community Medicine of MES Medical College. There was a talk about "Importance of breast feeding". A quiz program was organized for PG students on the Importance of breast feeding.

01/08/2020: Attended IMA NORTH ZONAL MEETING of RPSScheme

02/08/2020: COMMUNITY PSYCHIATRY CAMP AT MARANCHERY PAIN AND PALLIATIVE CLINIC and distributed free medicines during the camp.

05/08/2020: IMA PERINTHALMANNA members actively

participated at Covid 19 Academia meeting organized by IMA DC on 05 August 2020. Topic was symptomatology of covid.

06/08/2020: IMA PERINTHALMANNA Branch conducted Blood Bank managing Committee meeting to decide on the working conditions for the newly installed Truist Machine near IMA Blood bank on 06 Aug at IMA house.

06/08/2020: IMA perinthalmanna members actively participated in a webinar conducted by district committee Malappuram for educating police force about covid on 06.08.2020. 07/08/2020: IMA PERINTHALMANNA members actively participated in the online CME on 'radiological diagnosis & extra pulmonary manifestations of covid 19' on 07/08/2020.

09/08/2020: The TRUINAT machine inaugurated by MLA Manjilambady AI at the blood bank building. The monthly Free Community Psychiatry Camp organized by IMA Perinthalmanna at Manikada Pain and Palliative Clinic was held on 09/08/2020, examined the patients in the camp and distributed free medicines for the patients.

14/08/2020: ACTIVE PARTICIPATION AT ONLINE CME on screening ,contact tracing, quarantine BY IMA DC MALAPPURAM -Our branch members actively participated at Covid 19 Webinar organized by IMA DC Malappuram on 14th August.

14/08/2020: IMA Perinthalmanna In association with WDW and Perinthalmanna obstetrics society organized a webinar to celebrate International Youth Day 2020 on 14<sup>th</sup> August 2020. The topic of the webinar was 'Coping with Covid 19 Pandemic—Youth Perspective'.

15/08/2020: IMA PERINTHALMANNA OBSERVED Independence Day on 15/08/2020.

16/08/2020: Monthly Free Community Psychiatry Camp at Prothesaksha Pain and Palliative Clinic, Kootradu was held on 16/08/2020. Free medicines were distributed for the patients during the camp.

17/08/2020: Branch members actively participated in a Webinar on Covid 19 organized by IMA DC Malappuram on 17 August. Topic was 'essentials of infection control practices'.

18/08/2020: Branch members actively participated in a webinar by POGS & IMA on 18th August. Dr. Jayalalshree AI and Dr. Kochu S Meni actively were among speakers.

18.08.2020 and 22.08.2020: SWAB TAKING TRAINING - IMA members participated in the training program for healthcare workers from various hospitals on Nasopharyngeal and oropharyngeal swab collection for Covid testing.

19/08/2020: Branch members actively Participated in the

webinar on "Diagnostic Tests in Covid19" organized by IMA DC Malappuram on 19 August.

20/08/2020: IMA PERINTHALMANNA Donated N95 and 3layer masks to "Sarthwanam" Society of the differently abled on 20 August.

23/08/2020: The monthly Free Community Psychiatry Camp organized by IMA Perinthalmanna at Elamkulam in association with the EMS Trust and DMHP was held on 23/08/2020. Free medicines were distributed for the patients during the camp.

26/08/2020: Branch members actively participated in a Webinar by IMA DC Malappuram on 26 August. Topic was CPR & AIRWAY MANAGEMENT IN COVID SETTING.

27/08/2020: IMA PERINTALMANNA conducted Zoom EXECUTIVE meeting on 27 August.

28/08/2020: Members actively participated in Online CME on Covid 19 organized by IMA Malappuram District Committee on 28 August 2020. Topic was 'ICU management of covid patients'.

30/08/2020: Conducted Onam celebration through zoom on 30/08/2020.

30/08/2020: Members actively participated at E- Onam Celebration organized by IMA DC Malappuram District on 30 August.



#### **WDW PERINTHALMANNA**

01.08.2020-07.08.2020: Observed 'breast feeding week' with various online programs. There was a webinar on Breastfeeding and its Importance at MES Medical College Perinthalmanna in association with Dept of Community Medicine of MES Medical College. The talk was about "Importance of breast feeding". A quiz program was organized for PG students on the Importance of breast feeding.

14.08.2020: WDW Perinthalmanna in association with IMA and Perinthalmanna obstetrics society organized a webinar to celebrate International Youth Day 2020 on 14<sup>th</sup> August 2020. The topic of the webinar was 'Coping with Covid19 Pandemic—Youth Perspective'.

15.08.2020: Women Doctors Wing Perinthalmanna members were present in the flag hoisting ceremony at IMA House Perinthalmanna and at various hospitals.

18.08.2020 and 22.08.2020: WDW members participated in the training program for healthcare workers from various hospitals on Nasopharyngeal and oropharyngeal swab collection for Covid testing.

27.08.2020 - WDW members attended the online Executive Committee Meeting held on 27<sup>th</sup> August 2020, discussed the online Onam celebration and election of new office bearers of IMA and WDW Perinthalmanna.

30.08.2020 - WDW Perinthalmanna in association with IMA Perinthalmanna celebrated Onam in Zoom platform on 30<sup>th</sup> August 2020. The members with family celebrated Onam with various cultural events.



#### **WDW COCHIN**

Breast feeding week from 1<sup>st</sup> -7<sup>th</sup> August was celebrated by different members of WDW Kochi

National Nutrition Month of India was celebrated between 1<sup>st</sup> September to 7<sup>th</sup> September 2020 with online nutrition camp.

Online Nutrition Camp for Children.

## **MEMOR**

21.08.2020 : CME on "Initiation and dose titration of Insulin" (Zoom) which was attended, not only by the members of ANS chapter but also by many practicing doctors in the state.

22.08.2020 : CME on "Initiation Workshop" (Zoom)

09.09.2020 : CME on "Initiation and dose titration of Insulin" (Zoom).



## **MADHYAKERALA**

5<sup>th</sup> August 2020 : Dr.Sagith and Dr.Raileeq protested through the social media against the sharp criticism thrown against the doctors in the wake of tragic end of a boy followed by swallowing a coin.

7<sup>th</sup> August 2020 : Webinar on Prinx Insulins . Dr.Shyam Mukundan, Senior consultant physician Lakshmi Nursing home Aluva spoke on the topic .Dr.Ashok kumar and Dr.Akhlesh moderated the session.

12<sup>th</sup> August 2020 : Executive committee meeting. Discussed IMA Madhya Kerala Branch election 2021.

13<sup>th</sup> August 2020 : Webinar on the Impact of the present pandemic in Dermatology practice . Dr.Rajesh Sankar consultant Dermatologist Ernakulam, spoke on the topic . Dr. M N Menon and Dr.Naseeruddin moderated the session.

13<sup>th</sup> August 2020 : Covid Care Kit .IMA MKB with the help of Kochin branch provided this kit at the rate of Rs2000 for our members .

15<sup>th</sup> August 2020 : 74<sup>th</sup> Independence Day . This day was celebrated at IMA hall Aluva . Dr.Muraleedharan hoisted the flag in the presence

of Dr.Matthew Isac , Dr.Rajeswari Amma ,Dr.Aswari, Dr.Ashok Kumar ,Dr.Fisheroddy and Dr.Sagith.

15<sup>th</sup> August 2020 : Dr.Rajeswari Amma distributed merits awards at Palell road residence association Sreemoolanagaram.

17<sup>th</sup> August 2020 : Quarantine facilities. IMA MKB made a tie up with Flora Airport International if any situation arises for our members and their family.

29<sup>th</sup> August 2020 : E- CME ,On practical approach to management of Covid 19 . Dr.Fathohudeen ,vice prindpal and HOD pulmonary medicine . GMC Ernakulam spoke on this topic .Dr.Akhlesh and Dr.Dorphy moderated the session.

31<sup>st</sup> August 2020 : Thiruvonam sadya , 390 vegetarian meals were delivered to our members and their families as their Thiruvonam gift.

Date: August 29<sup>th</sup> 2020 Saturday

Time: 7:30 PM to 8.30 PM

## **Practical approach to management of Covid-19**

Speaker



**Dr. Fathohudeen**  
MB, MS (Pulm), Professor and Head, Department of Pulmonary and Critical Care Medicine and Head of the In-vent 18, 2000 Institute, International Centre for Infectious Diseases, Kochi, Kerala, India

Moderator



**Dr. Akhlesh**  
MB, Pulmonary Medicine Hospital

Moderator



**Dr. Dorphy P D**  
MB, Endocrinology and Physician, Madhav Hospital, Bangalore

Panelist



**Dr. Muralidharan AK**  
Professor, IMA, MKB

Panelist



**Dr. Sagith MA**  
Secretary, IMA, MKB

Please join the E- CME by clicking on the link sent with this invite





## Monthly Questionnaire for IMA Blood Bank

1. Name of blood bank: IMA Blood Bank Society Thodupuzha

2. Reporting month & year: August -2020

3. Awareness class on VBD: Nil

(Insert pictures with place and date)

4. Total VBD camps conducted: Nil

5. Total Blood collected during camps: Nil

Males-, Females-

6. Total blood collected at blood banks-286

Males-282, Females-04

7. Total blood and components issued:-602

a. WB 01 d. SCP 00 g. FFP-113

b. RCC 279 e. Cryo 00

c. PLC 209 f. Bully 00

Independence day flag hoisting was done by Blood Bank Society Dr. Ajl P N on 15th August 2020 8:00 AM in front of the IMA blood Bank.



## MONTHLY QUESTIONNAIRE FOR IMA BLOOD BANK, THRISSUR

- 1 Name of Blood Bank : Janakeeya Samithy (Arogyam)  
IMA Blood Bank Complex & Research Centre  
Ramavarmapuram, Thrissur – 680 631  
Ph: 0487 – 2320784
- 2 Reporting Month & Year : August 2020 COVID 19 - LOCK DOWN
- 3 Awareness class on VBD : 0
- 4 Total VBD Camps conducted : 0
- 5 Total blood collected during camps : 0  
Males : 0 Females : 0
- 6 Total blood collected at blood banks : 1120  
Males : 1098 Females : 22
- 7 Total blood and components issued : 2284  
a. WB : 76 e. SDP : 0  
b. PRBC : 992 f. Cryo : 0  
c. PLC : 368 g. Buffy: 0  
d. FFP : 848
- 8 Training if any : NIL COVID 19 - LOCK DOWN
- 9 Other activities : NIL
- 10 Important days observed : NIL

11 Beneficiaries : PATIENTS OF THRISSUR, PALAKKAD & MALAPPURAM DIST.

Place: Ramavarmapuram

Date: 03.09.2020

Dr. S.M. Balagopalan  
Blood Bank Medical Officer In-charge

Janakeeya Samithy (Arogyam)  
I. M. A. Blood Bank Complex & Research Centre  
A Project With District Panchayath & I. M. A. Thrissur  
P. O. Ramavarmapuram, Thrissur 680631  
Ph: 0487-2323964 - 2320784

Dr. S.M. Balagopalan  
MBBS DCP  
Blood Bank In-charge

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