



November 2022
&
December 2022

Kerala IMA News Letter

OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE

IMACON 2022



IMA KSB Kerala Creates History @ NATCON 2022



**INDIAN
MEDICAL
ASSOCIATION
KERALA STATE BRANCH**

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INDIAN MEDICAL ASSOCIATION

Kerala State Branch

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President's Column

"EMPOWERING YOUTH EMBRACING SCIENCE 100%

Making a slogan for the year 2023 was not at all a challenge for me, to be honest. The profession is facing plenty of challenges attack against the pure modern medicine by pro mixopathy and challenges faced by the young doctors are the priorities at the moment. So I did not hesitate to adopt the slogan "empowering youth embracing science". The young doctors from Kerala state and other parts of the country as well as from foreign countries are facing big challenges in the field of job opportunities, post graduate education etc.

IMA has decided to give maximum stress to their issues. Hospital violence is a major issue in our country .Kerala is not different. Around 5 Hospital violence's per month is happening and there were about 200 incidents of Hospital violence's in our State in last 2 years. Immediately after taking up charge as State president a committee to give suggestions regarding amendments in hospital protection act is formed and they gave a report in minimum time Leadership has met all the political leaders including the chief minister, health minister, law minister, chief secretary etc. We met almost all members of the legislative assembly and now amendment is a definite possibility. The file is moving fast and authorities have given an assurance to make the amendments in next assembly if not in this session. We are following up the case in high court meticulously regarding Hospital violence. We did get some intrim orders in this regard.

Government of Kerala has invited Indian medical association for a discussion in this regard too. Amendment is a real possibility and its huge achievement for IMA Kerala. We are meticulously following up clinical established bill public health bill etc. IMA Kerala has declared a campaign to reach out to members especially youngsters.

STRIDES

Walk with IMA

"Few steps together Giant leap for the profession"
is the name given for this year's Yatra /membership campaign.

We will walk in all major medical college campuses and hospitals across Kerala meeting youngsters and seniors inviting them to IMA and also to propagate the message of modern medicine.

Let's empower youth.
Let's embrace science.

Yours in IMA

Jai Hind....Jai IMA

**Dr. Sulphi N.
State President**



From the Editor's Desk...

EMPOWER YOUTH....

Empower Youth.... Is the main focus area of our President for the year 2022 –'23, the objective being to invigorate and revitalize the Indian Medical Association. Youth empowerment is a crucial aspect of development for any society, and this holds especially true for the Indian Medical Association (IMA). The visionary emphasis laid on youth empowerment will surely fetch rich dividends in the years ahead.

The Indian Medical Association is a professional body of doctors in India, and youth empowerment is critical for its growth and success. Empowering the youth in the field of medicine has several benefits for the IMA, including a more diverse and dynamic medical community, increased innovation, improved healthcare outcomes, and the creation of future leaders in the field.

One of the key benefits of youth empowerment is the promotion of diversity and dynamism in the medical community. By empowering the youth, we can attract a more diverse range of medical professionals, including those from different backgrounds, regions, and cultures. This diversity can bring fresh ideas and perspectives to the medical community, leading to innovation and the development of new approaches to healthcare.

Another benefit of youth empowerment is the promotion of innovation. Young people are often more open to new ideas and approaches, and empowering them can lead to increased experimentation and innovation in the field of medicine. This can result in the development of new treatments, technologies, and procedures that can improve healthcare outcomes for patients.

Empowering the youth in the field of medicine can also lead to improved healthcare outcomes. Young people who are given opportunities to take on leadership roles or to develop new approaches to healthcare can make a significant impact on the field. They can identify gaps in healthcare provision and develop new solutions that can improve the quality of care and reduce healthcare disparities.

Finally, youth empowerment in the field of medicine can create future leaders in the medical community. By providing opportunities for young people to develop their skills and take on leadership roles, the IMA can build a pipeline of future leaders who can help to shape the direction of the organization and the field of medicine as a whole.

In conclusion, youth empowerment is critical for the growth and success of the Indian Medical Association. Empowering young people in the field of medicine can lead to a more diverse and dynamic medical community, increased innovation, improved healthcare outcomes, and the creation of future leaders in the field. By investing in youth empowerment, the Indian Medical Association can position itself as a leader in the field of medicine and ensure that it continues to make a positive impact on healthcare in India for years to come.

Dr. Joseph Benaven
State Secretary

State Annual Conference





Team 2022 - 23 took charge of IMA Kerala State Branch on 16.11.2022





**MCH Trivandrum - Doctor assault
Police station March and Dharana by PG Association,
Thiruvananthapuram Medical College.
Inaugurated by IMA State President
25.11.2022**



**RECEPTION TO STATE OFFICE BEARERS
HOST : IMA TRIVANDRUM BRANCH – 25.11.2022**



INAUGURATION OF IMA HOUSE, PALA BRANCH

26.11.2022





**BRANCH PRESIDENTS SECRETARIES MEET
IMA STATE HQ - 04.12.2022**



SCHEME OFFICE BEARERS MEET IMA PERIYAR HOUSE - 18.12.2022



National Award Winners 2021 - 22

Sl No	Name of Award		Name of Awardee
1	IMA Dharendra Nath Dutta Award in Cardiology	for Young Doctors	Dr Mathew Paul
2	IMA Dr. C.T. Thekkar Award	for Young Doctors	Dr Sebarinath
3	IMA Dr. C.L. Jhavedi Safe Motherhood Activity Award	for Individual Members	Dr Ravi Varma
4	IMA Dr. Kanak Gopi Award	for Safe Motherhood Project	Dr Kochu S Mani
5	IMA Prof. Rajen Authlingom Award	for Safe Motherhood Project	Dr Kochu Nanyani
6	IMA Dr. D.S. Munagur Award	for Research	Dr Rajeev Jayadevan
7	IMA Dr. K. Sharan Cardiology Excellence Award	for Research	Dr K.P. Marikoz
8	IMA Dr. Ramachandra N. Menon Award in Psychiatry	for Research	Dr Suresh Kumar P N
9	IMA Dr. A.P. Shukla Memorial Distinguished Service Award		Dr Babu Ravindran
10	IMA Dr. Jyoti Prasad Ganguli Memorial Award	for Outstanding & Distinguished Services	Dr V.J. Sebastian
11	IMA Dr. P.C. Bhada Award	for Outstanding & Distinguished Services	Dr Ramesh R
12	IMA National President's Appreciation Award	for Best adjudged President of State	Dr Samuel Koshy
13	IMA National President's Appreciation Award	for Best adjudged Hony. State Secretary	Dr Joseph Benaven
14	IMA National President's Appreciation Award	for Best adjudged President of a Local Branch	Dr B. Nanyana Naki
15	IMA National President's Appreciation Award	for Best adjudged President of a Local Branch	Dr Min. Sakathishnan
16	IMA National President's Appreciation Award	for Best adjudged President of a Local Branch	Dr C.V. Prasanth
17	IMA National President's Appreciation Award	for Best adjudged President of a Local Branch	Dr Mohammed Abdul Nazar F.K.
18	IMA National President's Appreciation Award	for Best adjudged President of a Local Branch	Dr Joy Manjila
19	IMA National President's Appreciation Award	for Best adjudged President of a Local Branch	Dr R. Madanmohan Nar
20	IMA National President's Appreciation Award	for Best adjudged President of a Local Branch	Dr Oommen Varghese
21	IMA National President's Appreciation Award	for Best adjudged Hony. Secretary of a Local Branch	Dr Khasim T
22	IMA National President's Appreciation Award	for Best adjudged Hony. Secretary of a Local Branch	Dr Anitha Thilakan
23	IMA National President's Appreciation Award	for Best adjudged Hony. Secretary of a Local Branch	Dr Sankar Mahadevan
24	IMA National President's Appreciation Award	for Life Long Services to IMA	Dr V.L. Beethi
25	IMA National President's Appreciation Award	for Best Branch for organising Community Services	IMA Kollam Branch
26	IMA National President's Appreciation Award	for IMA Community Service for individuals	Dr Praveen G Rai
27	IMA National President's Appreciation Award	for Best CME / Scientific Programme	IMA Tiruvallur Branch
28	IMA National President's Appreciation Award		Dr Sasidharan P
29	IMA National President's Appreciation Award		Dr Sri Kumar Vasudevan
30	IMA National President's Appreciation Award		Dr Sreedhisan K.A.
31	IMA National President's Appreciation Award		Dr Mohan Nair
32	IMA National President's Appreciation Award		Dr Ramalingam
33	IMA National President's Appreciation Award		Dr Sandhya Kurup
34	IMA National President's Appreciation Award		Dr Cyril Thomas
35	IMA National President's Appreciation Award		Dr A.P. Mohammed
36	IMA National President's Appreciation Award		Dr Venugopalan B
37	IMA National President's Appreciation Award		Dr Lath Sundaram
38	IMA National President's Appreciation Award		Dr Nigel Kurukcos Mathew
39	IMA National President's Special Membership Award	to be given to a Local Branch enrolling maximum number of Life Members	Dr Siby Kurian Philip
40	IMA National President's Life Membership Enrollment Award	to be given to a Local Branch enrolling maximum number of Life Members	IMA Kozhikode State
41	IMA National President's Appreciation Award	for Maximum Units of Blood Collected Trophy of Dr. S.B. Sukumar of a Local Branch	IMA Cochin Branch
42	IMA National President's Appreciation Award	for Best Project of IMA	IMA Age Friendly Hospital Initiative Project
43	IMA National President's Appreciation Award	for Best National Office Bearer	Dr Kavitha Ravi
44	IMA National President's Appreciation Award	for Best State Office Bearer	Dr Chir Phytadashini
45	IMA National President's Appreciation Award	for Best State Office Bearer	Dr Shanmudhan K.P. (IMAGE Project)
46	IMA National President's Appreciation Award	for Best Life Member	Dr M.N. Shanon
47	IMA National President's Appreciation Award	for Best Young Doctor	Dr Daber Parood
48	IMA National President's Appreciation Award	for Best Medical Student	Miss Rabia Siddique
49	IMA National President's Appreciation Award	for Best Medical Interned	Miss Sandra Sujith
50	IMA National President's Appreciation Award	for Best Medical Resident	Dr Rahul Peter
51	IMA MEMBERSHIP DEVELOPMENT AWARD	for Best IMA Local Branch Rotating Trophy of Gujarat State Branch (for Major Branch > 500 members)	IMA Kozhikode Branch
52	IMA MEMBERSHIP DEVELOPMENT AWARD	for Best IMA Local Branch Rotating Trophy of Dr. N.S. Chandra Bose (for Medium Branch 101 - 500 members)	IMA Panthelmann Branch
53	IMA MEMBERSHIP DEVELOPMENT AWARD	for Best IMA Local Branch Rotating Trophy of Dr. (Mrs.) Narmada Bose (for Small Branch 1 - 100 members)	IMA Kovalam Branch



NATCON 2022



IMA KSB creates history having been decorated with 53 (an all time record) National Award Winners







NATCON 2022

**IMA KSB creates history
having been decorated with
53 (an all time record)
National Award Winners**





**STATE PRESIDENT
ADDRESSING THE
CONVENTION
DURING ശിവഗിരി
തീർത്ഥാടനം 31.12.2022**



**State President and leaders met
Smt. P. K. Sreemathy Teacher, former Health Minister
regarding liaison work for amendment in the Hospital Protection
Act**

Artificial Intelligence (AI) in Orthopaedics - Decoded

What is Artificial Intelligence?

"Artificial Intelligence" is a term coined by John McCarthy, a Professor Emeritus of Stanford, in 1955, defined as "the science and engineering of making intelligent machines". In simplest terms, it denotes computers that learn to perform tasks through pattern recognition with minimal human support. More specifically, it is a technology that adapts to humans. Within the umbrella term of artificial intelligence, we also have machine learning which denotes computers that are programmed to improve or 'self-correct' the algorithms by conducting trial-and-error experiments. Deep learning is a subfield of machine learning where layers of computer circuits interact to form artificial neuronal networks.

AI- where are we now?

AI has permeated every stream of life, both in the real and virtual world, making its mark not just in fundamental sciences to space technology but in something as small as making an online purchase recommendations. There is practically no technology immune from AI in the present world.



Dr. Nijith Ompedathil Govindan

Consultant Joint Replacement,
Arthroscopy And Sports Surgeon, Kochi

AI in Health Care

Artificial intelligence is revolutionising almost every sector and health care is no exception. It is reported that the global market for AI for the healthcare sector had reached \$6 billion in 2021 and these figures are expected to rise much higher. The key categories of applications involve diagnosis and treatment recommendations, electronic health record systems, patient communication, to name a few. One of the major areas where AI has found practical application are in Oncology decision support

AI in Orthopaedics

Potential applications AI in Orthopaedics are immense. They may be categorised as pre operative, intra operative and post operative applications. The American Academy of Orthopedic Surgeons has developed best practise guidelines to standardise patient selection process for surgery based on medical history, symptoms severity etc. Another popular target of AI technologies is in orthopaedic imaging. Most of the researches used AI for image interpretation, image recognition and automatic segmentation of an area-of-interest or as a tool in clinical decision making. Spine, knee and hip are the joints most commonly studied. Researchers have also applied AI to trauma radiographs for diagnosing fracture, to predict limb salvage surgery, predicting models of complications and



mortality after surgery, and pattern identification. Immersive virtual reality is an AI-based surgical training tool that provides representations of many surgical techniques in a 360-degree viewing mode. Wearable and connected tools (IoT), remote monitoring systems to optimise patient management, to measure functional outcome etc., forms possible post operative applications.

AI in Joint Replacement

Perhaps the zenith of AI in orthopaedics can be identified as the application of Robotics in joint replacement surgery. Robotic arthroplasty is currently applicable for knee and hip joint.

Robotic-assisted total knee and total hip arthroplasty has been developed to recreate joint kinematics, for intelligent alignment, great functional outcomes, to expedite recovery, and improve implant survivorship. Robotic devices are classified into active/autonomous, semi active/haptic, and passive, based on their degree of freedom. With the active system, the surgeon does not need to directly manipulate the instruments, and the robot will independently perform the osteotomy. The semi-active system limits the range of movement of surgical instruments controlled by the robotic arm. The surgeon has more flexibility and can move the instruments freely within the defined boundaries. A passive system only provides a 3D virtual model for accurate preoperative planning but does not assist in the procedure. Among the above three, the semi-active system is most widely used and representative examples include MAKO Rio Robotic Arm System, VELYS™ Robotic-Assisted Solution by DePuy Synthes, CuvisJoint Robotic System by Merilife etc.

Computer Assisted Navigation is another application of AI. It allows the surgeons to obtain real-time feedback during joint replacement and its advantages include a smaller physical

footprint compared to the robotics system, a lower cost, the ability to have the intraoperative data in the same field of view, and an easier workflow.

How robotics makes a difference? What it means to patients?

The advantages of robotic-assisted Total Knee and Total Hip Replacement (TKA) are optimal kinematics, implant positioning and more soft tissue protection. Most controlled researches suggest a better short-term functional outcome with robotics compared to the conventional total joint replacement however mid- or long-term outcomes need further evidence based research. The downside of robotic-assisted joint replacement includes a huge capital investment, long learning curve for surgeons and staff, longer operative time, and compromised cost-efficiency. Moreover, the incompatibility of a robotic system with different types of implants also pose a problem.

Despite so many promising applications, day-to-day clinical adaptation of AI in Orthopaedics remains limited. Ethical considerations regarding the ownership and the use of big data in health care are also a concern. But despite the above glitches, AI is here to stay. Generating awareness amongst the medical professionals is the key step towards laying the foundation for adoption of AI initiatives. Surgical skills cannot be substituted by artificial intelligence. 'Augmented' intelligence, to assist the health care providers, and not to replace them remains the ultimate aim.



ISSUANCE OF MEDICAL CERTIFICATES

Of late there are debates going on about issuance of certificates by Regd Med Practitioners. Some doctors were recently booked or suspended in connection with certificates, as they got trapped by some media 'sting operations'.

Ethics Committee or IMA - our mighty organisation as such is strictly against unethical practices in the profession. This message has been reiterated on and off by our leaders and officials so that members stay ethical. Many of the doctors go astray because of the lack of knowledge about ethical practices and regulations stipulated by the erstwhile medical council, which are currently followed by the NMC as well. A minority insists on treading on the wrong track. This has to be condemned at any cost.

National Medical Commission (NMC) is an Indian regulatory body of 33 members which regulates medical education and medical professionals. It replaced the Medical Council of India on 25 September 2020.

The Ethics Committee of IMA KSB shall be imparting such information to members from time to time, so that members stay updated on the right practice of their profession.

Given below are the Guidelines on Certificates, taken from the Code of Medical Ethics, and currently followed by NMC. Please go through it carefully.

1.3.3 A Registered medical practitioner shall maintain a Register of Medical Certificates giving full details of certificates issued. When issuing a medical certificate he / she shall always enter the identification marks of the patient and keep a copy of the certificate. He / She shall not omit to record the signature and/or thumb mark, address and at least one identification mark of the patient on the medical certificates or report. The medical certificate shall be prepared as in Appendix 2.

1.3.4 Efforts shall be made to computerize medical records for quick retrieval.

SUGGESTIONS TO MEMBERS....

1. Never issue certificates without examining the patient / person.
2. Do not issue a Treatment Certificate if you have not treated the person.
3. Record at least one Identification mark of the person; Get the person's signature on the Certificate.
4. Feel free to verify his ID if you suspect impersonation.
5. Never give pre-dated or post-dated certificates
6. Keep a copy of the Certificate
7. Keep a Register of Certificates for future reference; Computerisation will help safe storage and quick retrieval. of documents
8. Follow instructions given by authority, for certificates given for specific purposes.
9. You have the right to collect the prescribed Fees. (It is not a bribe as projected by the media & politicians.)
10. Provide Medical records to authorities/patient/attendant on written request, within 72 hours. Do sign on each page of the documents to discourage any foul play of changing, or adding fabricated documents to the file given by you.

STAY ETHICAL, STAY SAFE

Dr. Menon M.N.
Chairman, ETHICS COMMITTEE IMA KSB

Dr. Jain Chimmen
Convener, ETHICS COMMITTEE IMA KSB

APPENDIX 2

1. FORM OF CERTIFICATE RECOMMENDED FOR LEAVE OR EXTENSION OR COMMUNICATION OF LEAVE AND FOR FITNESS

Signature of patient

or thumb impression _____

To be filled in by the applicant in the presence of the Government Medical Attendant, or Medical Practitioner.

Identification marks:-

1.

2.

I, Dr. _____ after careful examination of the case certify hereby that _____ whose signature is given above is suffering from _____ and I consider that a period of absence from duty of _____ with effect from _____ is absolutely necessary for the restoration of his health.

I, Dr. _____ after careful examination of the case certify hereby that _____ on restoration of health is now fit to join service.

Place _____ Date _____

Signature of Medical attendant. Registration No. _____
(Medical Council of India / State Medical Council of State)

Note:- The nature and probable duration of the illness should also be specified . This certificate must be accompanied by a brief resume of the case giving the nature of the illness, its symptoms, causes and duration.

FORMAT FOR MEDICAL RECORD

(see regulation 3.1)

Name of the patient :

Age :

Sex :

Address :

Occupation :

Date of 1st visit :

Clinical note (summary) of the case :

Prov. : Diagnosis :

Investigations advised with reports :

Diagnosis after investigation :

Advice :

Follow up :

Date:

Observations:

Signature in full

Name of Treating Physician

LIST OF CERTIFICATES, REPORTS, NOTIFICATIONS ETC. ISSUED BY DOCTORS FOR THE PURPOSES OF VARIOUS ACTS / ADMINISTRATIVE REQUIREMENTS

- a) Under the acts relating to birth, death or disposal of the dead.
- b) Under the Acts relating to Lunacy and Mental Deficiency and under the Mental illness Act and the rules made thereunder.
- c) Under the Vaccination Acts and the regulations made thereunder.
- d) Under the Factory Acts and the regulations made thereunder.
- e) Under the Education Acts.
- f) Under the Public Health Acts and the orders made thereunder.
- g) Under the Workmen's Compensation Act and Persons with Disability Act.
- h) Under the Acts and orders relating to the notification of infectious diseases.
- i) Under the Employee's State Insurance Act.
- j) In connection with sick benefit insurance and friendly societies.
- k) Under the Merchant Shipping Act.
- l) For procuring / issuing passports.
- m) For excusing attendance in courts of Justice, in public services, in public offices or in ordinary employment.
- n) In connection with Civil and Military matters.
- o) In connection with matters under the control of Department of Pensions.
- p) In connection with quarantine rules.
- q) For procuring driving licence.

Foot Note: The Principal Regulations namely, "Indian Medical Council (Professional Conduct, Etiquette and Ethics) Regulations, 2002" were published in Part – III, Section (4) of the Gazette of India on the 6th April, 2002, and amended vide MCI notifications dated 22/02/2003, 26/05/2004 & 14.12.2009.

Mission Pink Health

Mission Pink Health - November

NORTH ZONE

KASARAGOD

02.11.2022: Conducted Sowharda adolescent classes for Kasaragod Govt. High School students. Dr. Maya Mallya took an awareness class on adolescent health, substance abuse, STD, HPV vaccine, electronic media addictions, POSCO etc covered.

THALASSERY

06.11.2022: Conducted a BLS and first aid training session at MES School Thalassery. Class by Dr. Shameel Usman (ELS resource person).

07.11.2022: National Cancer Awareness Day programme at General Hospital, Thalassery presided over by Dr. Suja Ajith class by Dr. Sandeep. Cancer awareness at PRNSS College, Mattannur on zoom Platform by Dr. Suchitra Sudhir.

10.11.2022: Adolescent Reproductive Health Session at Kolakkad Santhome HSS by Dr. Suchitra Sudhir.

11.11.2022: Awareness class on Drug Abuse and Sex Education at VHSS Chirakkara by Dr. Reshmi Ramesan.

14.11.2022: Conducted a Diabetic Awareness Class at FHC Kadirur by Dr. Sreeja Viswan and PHC Kolassery by Dr. Vidya.

14.11.2022: Children's Day Celebration inaugurated by Dr. Mini Balakrishnan. Awareness Class by Dr. Sajeev Kumar P B. Dr. Jayakrishnan Nambiar and family visited Child Care Home, Chirakkara, Thalassery and donated sports equipment, study materials and other requirements raised by the authorities were also met.

16.11.2022: World COPD Day programme at District TB Centre Kannur. Class by Dr. Rejna Dilnath.

17.11.2022: Reproductive Health class for students Chirakkara Higher Secondary School by Dr. Suja Ajith.

18.11.2022: Class on Adolescent Health by Dr. Suja Ajith.

18.11.2022: Malabar Cancer Care Society arranged a Cervical Cancer Awareness programme for the students about Cervical Cancer participated by Dr. Mini Balakrishnan and Dr. Suchitra Sudhir.

19.11.2022: Dr. Maya Jithin gave a talk on "How to escalate antibiotics in paediatrics" at General Hospital in connection with World Antimicrobial Awareness Week.

19.11.2022: Class on Menstrual Cup & Menstrual Hygiene to anganwadi workers, asha workers and public by Dr. Suja Ajith at LP School Kayyath Road.

25.11.2022: Elimination of violence against women at College of Nursing, Mannayad, Nettur, Thalassery. Welcome address by Dr. Suja Ajith. Dr. Swapna Jose, Shemi Mol, Dr. Swapna M V and Sukhanya delivered classes on the subject of Elimination of violence against women.



14.11.2022: IMA Thalassery conducted a Free Diabetes Detection Camp at Tellicherry Co-operative Hospital presided over by Dr. Jayakrishnan Nambiar.



MID ZONE

COCHIN

08.11.2022: Adolescent Reproductive Health class at Govt. VHS School Tripunithura by Dr Marie Simon.

30.11.2022: Emotional Wellbeing and Mental Health Awareness class for high school students at Chinmaya Vidyalaya, Thripunithura by Dr. Marie Simon



THODUPUZHA

14.11.2022: Free diabetes detection camp as part of World diabetes day observation by Dr. Mohana.

14.11.2022: Public awareness class on World diabetes day by MBBS students by Dr. Sarah Chirayath.

SOUTH ZONE

NEMOM

01.11.2022: Organized a COLS and First Aid training session for the NCC Cadets of Cotton hill Government Girls Higher Secondary School Vazhuthacaud, Thiruvananthapuram. Dr. Rajesh Babu Additional Head Master of the School inaugurated the programme and Dr. A.S Pradeep Kumar Former Additional Director of Health Services delivered the keynote address.



Mission Pink Health - December

NORTH ZONE

KANNUR

06.12.2022: WDW & MPH of IMA Kannur in association with Souhruda Club conducted Reproductive Health Class at IMNS GHSS Mayyil by Dr. Rejna Dilnath, Consultant Pulmonologist, District TB Centre.

THALASSERY

01.12.2022: AIDS Day programme at PHC Dharmadam coordinated by Dr. Dilnath, Dr. Dhanya and Dr. Fahad. Awareness class for inmates of sub jail, Kannur & FHC Muzhapilangad by Dr. Sreeja Viswan.

World AIDS Day programme in General Hospital Thalassery by College of Nursing in association with IMA, WDW, Lions Club, TB Unit, inaugurated by Supdt Asharani & Felicitation by Dr.Suja Ajith. An exhibition on AIDS, Video presentation and puppet show was arranged. Dr. Suja participated in pledge as part of AIDS Awareness.



AIDS Day class and pledge at PHC Chokli. Class by Dr. Amruthakala. Awareness class at 9K Girls BN NCC Nirmalagiri College, Kuthuparamba on Zoom Platform by Dr.Rejna Dilnath.

02.12.2022: Reproductive Health Session for adolescent Group at Govt Brennen HSS by Dr.Suja Ajith.

02.12.2022: Free Thyroid Camp at Thalassery Mission Hospital presided by Dr. Jayakrishnan Nambiar.

03.12.2022: International Day of People with Disabilities - Health Check-up for children conducted at HOPE Early Intervention Centre, Thalassery by Dr.Dhanya Chandran and Dr.Shyam.

04.12.2022: Reproductive Health Session for adolescent Group at AKG Memorial Higher Secondary School by Dr. Radhika Aravind.

06.12.2022: Reproductive Health Session for adolescent group at Kavumbhagam HSS School by Dr. Radhika Aravind.

06.12.2022: Adolescent Reproductive Health Class at Mattannur HSS by Dr. Suchitra Sudhir.

09.12.2022: Dr. Maya took awareness class for Anganwadi workers.

09.12.2022: Dr. Aishwarya A P gave an awareness class on Kannur News Channel regarding 'Post Covid Lung Fibrosis'.

10.12.2022: Human Rights Day - awareness class to Asha workers at PHC Dharmadam by Dr. Dhanya Chandran.

Conducted a talk on "Human rights in Medical Practice" by Dr. Srikumar Vasudevan, National Faculty & Trainer of International Chair in Bioethics.

18.12.2022: Don't do Drugs Campaign inauguration at Lotus Auditorium. Honourable Chief Minister of Kerala Mr Pinarayi Vijayan inaugurated Don't Do Drugs Campaign. Honourable Speaker Adv A N Shamseer was the Chief guest of the day. Unveiling of official logo of Don't do Drugs also done by Hon'ble Chief Minister.



27.12.2022: Don't Do Drugs-Awareness Campaign at NSS Camp students, Pattiam West UP School presided by Teacher Jisha Chidanandan and Dr. Sajeev Kumar P B lead the class

31.12.2022: Health camp at Andaloor Basic UP School by Dr. Dhanisha.

PERINTHALMANNA

31.12.2022: Awareness Class on Adolescent Health & Nutrition by Dr. Rema Krishnakumar, Chairperson WDW Perinthalmanna at Sacred Heart CMI Public School, Perinthalmanna.

MID ZONE

KUNNAMKULAM

05.12.2022: World Disability Day Program at Ansar Special School Perumbilavu. IMA and wdw visited Ansar School for Children with Special abilities as part of the observation of the World Disability Day. Donated Football and Cakes.

09.12.2022: World UNICEF Day, IMA, WDW & MPH visited the children of Blind school, Kunnamkulam. Dr

Shaji P. S, and Dr Padmasini, addressed the gathering. The head mistress of Blind School Mrs Kousiya gave the welcome speech. Dr Dhanya gave a health education talk to the students on personal hygiene and healthy diet. Donated a music system with microphone to the Blind School for encouraging their singing and cultural activities.



THODUPUZHA

04.12.2022: Talk on observation of International Day of Persons with Disabilities (IDPD), by Dr Sandhya at Thodupuzha.

29.12.2022: Christmas day celebration with family and cultural programmes.

SOUTH ZONE

NEMOM

01.12.2022: WDW & MPH, organised an interactive session on 'Mental Health issues in Adolescents' in Government GHS, Manacaud, Thiruvananthapuram inaugurated by the Principal Mr Sajan S Bennison.



WOMEN DOCTORS WING - NOVEMBER

Madhya Kerala

- 01.11.2021: "Kerala Piravi"- Members participated in the musical video.
09.11.2022: Awareness & Workshop on COLS & First AID, Manickamangalam & Crescent Public School.
12.11.2022: WDW participated in the Annual State Meeting of WDW at the 65th Annual State Conference.



- 14.11.2022: Observed World Diabetes Day. Divya Bijoy and Alvina Rose presented a video on Diabetic Food "Basen Chila" the recipe contributed by Devika K. Dr. K. N. Sobhana, talked on the importance of early detection and prevention of Diabetes and its complications. Sr. Dr. Litty Mariya gave an awareness class on Diabetes at Carmel Hospital Aluva & Dr. Aswanikumari took an awareness class on Diabetes and other lifestyle diseases at Koinonia Medical Mission Hospital, Vengola, Perumbavoor.
Dr. Judy Joseph gave an awareness talk on YouTube about Diabetes & its complications and also participated in the Diabetes awareness campaign conducted at Little Flower Hospital, Angamaly.
Free Diabetes detection and Eye Screening Camp was conducted at Metro Station, Aluva by Dr. Tony Fernandez Eye Hospital Aluva.
14.11.2022: Observed Children's Day at Keezhmad Blind School & free diabetes detection test was conducted for the public, at Sreemoolanagaram, the camp organized by Dr. S. K. Rajeswari Amma. Dr. Liza Thomas conducted a growth check-up camp on Children's Day at Kothamangalam. Dr. Rafeeq A. K. & Sr Dr Litty Mariya organized Children's Day Celebrations at Carmel Hospital, Aluva
16.11.2022: National Paedodontic Day: Dr. Liza Thomas spoke about the necessity of educating parents and caretakers in taking care of oral & dental hygiene from early infancy.
16.11.2022: Sexual & Reproductive Health, an awareness class by Dr. Bindu Suresh.
17.11.2022: Awareness Class on Cervical Cancer by Dr. Gisy George Kurian.
17.11.2022: Lifestyle Diseases Screening Camp.
19.11.2022: Medical Camp at Thuruthy.
21.11.2022: World COPD Day. PFT and IGE test were done for all patients with history of respiratory problems.
25.11.2022: Awareness on "Reversal of Diabetes".
26.11.2022: International Day for Elimination of Violence against Women for with a candle light night walkathon over Mahilalayam Thuruthu Bridge, Aluva.

- 27.11.2022: Free Lifestyle Diseases Screening Camp, Malayattoor.
27.11.2022: Conducted Paediatric Camp, Awareness session on healthy Lifestyle, Gynaecology camp, General Medicine camp & ENT Camp at Malayattoor.
27.11.2022: WDW members participated in the "Dandiya Garbha Dance" Choreography workshop on Sunday at "The Village" Mangattukara, Angamaly by "Mudra Centre for Dance" organised by "Edelweiss club" Angamaly.
28.11.2022: Medical Camp & Anaemia detection camp was held at Sreemoolam Clinic, Sreemoolanagaram.

Cochin

- 01.11.2022: Dr. Sheeja Srinivas took part in a Human Chain at Kuzhipilly Panchayat and oath taking against Drug menace in FHC Ayyampilly.
04.11.2022: Diabetes Awareness Session by Dr. Sheeja Srinivas for the employees of Reliance store Thevara.
04.11.2022: Dr. Bindu and team took part in the Run against Drug Menace by Kerala Police at Marine Drive Ernakulam.
05.11.2022: Dr. Marie Simon spoke on Pregnancy and Postpartum Blues in Doctor live TV.
06.11.2022: WDW members took an active part in IMA Kochi's drive to plant fruit saplings in the IMA House campus.
08.11.2022: Dr. Marie Simon conducted Adolescent Reproductive Health class at Gov. VHS School Tripunithura.
10.11.2022: Dr Sheeja Srinivas conducted an online session on Diabetes for 200 participants – Jio Customer sales associates.
12.11.2022: Wdw members attended Annual GB Meet at Kunnankulam and received best branch third prize award & other achievements awards.



- 13.11.2022: Dr. Ashalatha, Neurologist spoke on Epilepsy at IMATELCON.
14.11.2022: Dr Mumtaz Khalid, Nutritionist took part in a Live interview programme on Healthy Food habits during Health Time in Raj News Channel.
14.11.2022: Dr Sheeja Srinivas conducted a Diabetes awareness class for the public at Cheranalloor in connection with World Diabetes Day.
14.11.2022: Dr. Sheeja Srinivas organized a "Beach Walk" at Kuzhipilly beach with team FHC Kuzhipilly.
14.11.2022: Dr. Anitha and team participated in the Diabetes day Walkathon organized by Kochi IMA.
17.11.2022: Dr. Maria Varghese participated in a programme organised for children who have recovered from Epilepsy at Epilepsy Care Centre, Medical trust hospital, Ernakulam.

WOMEN DOCTORS WING

18.11.2022: Dr. Gracy took Premarital Education at Ashirbhavan.

18.11.2022: Monthly Meet. The invited speaker Mrs. Divya Ajay, Clinical Psychologist, Lourdes Hospital Ernakulum gave a talk on 'Women are from Venus' on Women's mental health.

29.11.2022: Dr. Marie took a class on Emotional Wellbeing & Mental health for adolescents at Chinmaya Vidyalyaya, Tripunithura.

Kozhikode

09.11.2022: WDW Installation Meeting. Welcome speech by Chairperson Dr. Sapna Nambiar and Secretary Dr. Noufira P presented the report. Installation of office bearers and executive committee members was done by Dr. Sandhya Kurup K.

09.11.2022: WDW conducted a CME on "Exercises in Diabetes" in connection with World Diabetes Day. The talk was given by Dr. Roy R Chandran, Associate Professor of PMR, GMC, Kozhikode.

12 & 13.11.2022: WDW Chairperson and senior members attended the IMA State conference.



14.11.2022: Observation of Children's Day at Marthoma Centre Chevayur, was celebrated with talks on importance of this day and nutritional requirements in children by Dr. PN Ajitha, Past State Chairperson WDW and Dr. Noufira P, Secretary of IMA WDW Kozhikode.

14.11.2022.: WDW Executive Meeting through Zoom.

16.11.2022. Observation of World COPD Day . Walkathon at Calicut Beach.

16.11.2022. Diabetes Week. Diabetes screening Camp conducted at Calicut Beach & Railway Station.

17.11.2022: Observation of National Epilepsy Day at Providence Women's College. Awareness talk on "Epilepsy - An overview and its impact on women" by Dr. Poornima, Consultant Neurologist, Meitra Hospital & second session by Dr. Ticini Joseph, Consultant Neurosurgeon, on the "Role of Surgery in Epilepsy management".

18.11.2022: Cervical Cancer Awareness session by Dr. Mini Balakrishnan for the cleaning staff at Thalassery Co-operative Hospital.

24.11.2022: Diabetes Screening Camp in association with Calicut Med. College in Indian Coffee House inaugurated by the Principal Dr. E. V. Gopi.

25.11.2022: Diabetes Screening Camp & Awareness Programme. Major Pawan Yadav the Adjt of the battalion introduced the team, after which Dr. Ranjini Kurian, senior consultant physician of Meitra hospital spoke on diabetes and Pre diabetes and Dr. Sapna Nambiar chairperson WDW Kozhikode and Associate Professor of ENT, Govt

medical college.

26.11.2022: Dr Mili Moni was the chief guest in ARHPC and spoke about human rights, issues faced by women work place & also violence against doctors & hospitals.

Thalassery

01.11.2022: Dr. Mini Balakrishnan took part in the All India Malayalee Association Kerala piravi day celebration and took part in the Bhasha Pledge.

07.11.2022: National Cancer Awareness Day programme at General Hospital, Thalassery. Dr. Suja Ajith presided over the function. Cancer awareness class at PRNSS College, Mattannur on Zoom Platform by Dr. Suchitra Sudhir.

11.11.2022: National Filaria Day programme at PHC Dharmadam. Class was taken by Dr. Dhanya Chandran.

14.11.2022: Diabetic Awareness Class at FHC Kadirur by Dr. Sreeja Viswan and PHC Kolassery by Dr. Vidya. Health walk was conducted by FHC Anjarakandy.



14.11.2022: Children's Day Celebration inaugurated by Dr. Mini Balakrishnan & Class by Dr. Sajeew Kumar P B.

16.11.2022: World COPD Day class by Dr. Rejna Dilnath.

19.11.2022: Dr. Arjun gave a talk on Antibiotic resistance, role of health care workers and public at General Hospital. Dr. Maya Jithin gave a talk on "How to escalate antibiotics in paediatrics" at General Hospital.

20.11.2022: WDW Thalassery conducted a Floral Centrepiece Workshop at Hrudhya Academy, 2nd floor, Opp. Mubarak High School.

23.11.2022. WDW Executive Committee meeting at IMA Hall Thalassery. Dr. Geetha M presided over the function.

25.11.2022. Elimination of violence against women at College of Nursing, Mannayad, Nettur, Thalassery. Welcome address by Dr. Suja Ajith.

Kottayam

17.11.2022: Online Session on Cervical Cancers screening and Vaccination by Dr. Preethy Korah to inner wheel club members of Kottayam.

29.11.2022: An awareness class on CA Cervix Brest and Oral Cavity was given to health staff Asha workers and Kudumba Sree members on Pallikkathod Panchayath by Dr. Neetha Paul.

Organized a session on Diet for skin by Dr. Deepa Augustine state the treasurer WDW.

WOMEN DOCTORS WING



WDW had a special discussion on how to deal with violence at work place. Raji explained the events that happened recently at TVM & conducted free diabetes Detection Camp.

Nemom

02.11.2022: COLS and First Aid training session for the NCC Cadets of Cotton Hill Government Girls Higher Secondary School, Vazhuthacaud, Thiruvananthapuram. Dr. A. S. Pradeep Kumar, Dr. Chandini Devi and Dr. Vighnesh conducted the session.

02.11.2022: Dr. Chandini Devi, Dr. Leena Ratnam and Dr. J. Indira Amma participated the Cabinet Meeting in online platform.

09.11.2022: Dr. Chandini Devi, Dr. Leena Ratnam, Dr. Beena Rani, Dr. J. Indira Amma participated the WDW meeting & 2nd executive meeting.

12 & 13.11.2022: Members attended Annual conference at Kunnankulam. The branch bagged 5 awards.



16.11.2022: Dr. Indira Amma attended Charge handover function of KSB officers in HQ.

17.11.2022: An awareness session on Menstrual health and cancer cervix' at Attakulangara Vanitha Jail under Swayam project of WDW.

22.11.2022: CME on 'Substance Abuse' attended by Dr. Chandini Devi, Dr. Leena Ratnam, Dr. Beena Rani, Dr. J. Indira Amma.

30.11.2022: General Body Meeting & CME. Dr. Chandini Devi, Dr. Leena Ratnam, Dr. J. Indira Amma and Mrs. Mini participated.

30.11.2022: Honoured Dr. Jothydev Kesavadev. Dr. Chandini Devi, Dr. Leena Ratnam, Dr. J. Indira Amma and Mrs. Mini participated.

Perinthalmanna

02.11.2022: Installation of new office bearers & the official functions was followed by cultural events organised by WDW Perinthalmanna.



02.11.2022: First Aid Training Programme for General public by Dr Sasidharan at private bus stand Perinthalmanna.

05.11.2022: Medical camp at Pakalveedu by Dr Bineesh Neurologist.

08.11.2022: Endodiabcon-CME programme at IMA Hall Perinthalmanna.

08.11.2022: IMA and WDW Perinthalmanna along with KGMoa Malappuram district conducted a protest at Malappuram Collectorate addressed by Dr Samuel Koshy President IMA KSB.

10.11.2022: World Immunisation Day Programme.

10.11.2022: International Science Day Celebration at Valluvanad HSS.

12.11.2022: Members attended State IMA conference - La Esperanza at Kunnankulam. WDW Perinthalmanna bagged the second best branch at the IMA State conference held at Kunnankulam.

13.11.2022: Endodiabcon-CME Programme.

14.11.2022: World Diabetes Day Walkathon and awareness class.

14.11.2022: COLS Training for public.

17.11.2022: National Epilepsy Day Programme at Moulana Hospital.

19.11.2022: COLS training to Bharat Scouts and Guides unit GVHSS Edathanattukara by Dr Sasidharan.

24.11.2022: Monthly CME Programme of IMA Perinthalmanna.

Nedumbassery

14.11.2022: WDW IMA Nedumbassery along with Muscat region Wings of Women's World (WWW-a global organization of women) organized a session on "Know About Diabetes from Experts" in Muscat, Oman.

The session started with Welcome speech by Dr Rajyashree, WDW executive member and cofounder of WWW who welcomed the Chief guest, the speakers and the audience. Dr Beena Harikrishna, Secretary WDW addressed the audience and gave an introduction on Women Doctors Wing and their activities. Dr Usha Gopakumar-Muscat region head of WWW gave an insight into Wings of Women's World.

Dr Gopakumar gave detailed information on Diabetes/ Pre diabetes – prevention and control and management. Dr Edwin explained in detail regarding Diabetic Foot, prevention and care, Dr Bindu explained in detailed

WOMEN DOCTORS WING

regarding symptoms of diabetic retinopathy and the need for regular screening to prevent complications.



Desinganad

01.11.2022: Conducted monthly general body meeting and CME.

“FATTY LIVER TO LIVER CIRRHOSIS” by Dr. Sreejith S, Consultant- HPB & Liver Transplant Surgery, KIMS Health- TVM. A Music program “MUSIC SYMPHONY” by Dr. Nigyl & Team.

13.11.2022: Awarded Dr.Venugopal Memorial award for best state office bearer 2021-22- Dr Cini Priyadarsini V A.

18.11.2022: Best caption contest as a part of Drug Addiction awareness.

20.11.2022: CME and inaugurated our Cultural wing in association with WDW. CME: “PCOD” by Dr. Reena N R, Consultant Gynaecologist, DH Kollam.

WOMEN DOCTORS WING - DECEMBER

NEMOM

01.12.2022: Organised an interactive session on 'Mental Health issues in Adolescents' in Government GHS inaugurated by the Principal Mr Sajan S Bennison.

01.12.2022: Scientific session on World AIDS Day on 'Post Exposure Prophylaxis in HIV/AIDS'. Dr. Santhosh Kumar, Professor of Paediatrics added specific points to be taken care of in children. Dr. V. Mohanan Nair, Public Health expert and Specialist in Medical Ethics explained about the ethical issues in breaking the confidentiality in HIV/AIDS.

16.12.2022: COLS and ELS training session under the auspices of its WDW and ELS Training Wing. IMA, WDW and MPH in association with NSS unit, KSWDC, women cell and Health Club of Madhavakavi Memorial Arts and Science College conducted COLS and ELS training to the students.

16.12.2022: Visited Asadeepam buds' special school in Malayinkeezhu and observation of international day for differently abled people.

20.12.2022: CME and General Body meeting of branch and WDW Executive meeting. CME on “Gliptins – Revisited” by Dr. V. Mohanan Nair, Diabetologist and Public Health Specialist. Then, Xmas and New year celebrations conducted.



26.12.2022: COLS & ELS Training session and medical camp in LBS Institute of Technology, Poojapura in association with NSS unit VVHSS Nemom inaugurated by Dr. Vijayakumar. The classes by Dr. Leena Ratnam &

Dr. Vighnesh. A medical camp was also conducted there on the same day by Dr. Vighnesh.

26.12.2022: COLS & ELS Training session in Government UP School in association with NSS unit.

27 & 28.12.2022: Participated Dr. Chandini Devi and Dr. Indira Amma in NATCON at Prayagraj.

PERINTHALMANNA

01.12.2022: Observed World Aids Day at Craft Hospital. The public awareness class was by Dr. Shaji A, President.

03.12.2022: International Day for differently abled people was observed at palliative hall and Moulana hospital academic hall with various programmes. Sri Najeeb Kanthapuram, an honourable MLA, opened the event.

08.12.2022: General Body & CME on 'ECMO When To Consider IT' by Dr Mahesh, Director of Critical Care medicine and ECMO services at Aster MIMS Calicut.

08.12.2022: The monthly general body meeting addressed by Dr Rema Krishnakumar.

02.12.2022: IMA provided COLS and First Aid instruction to the general public as part of a Kadambazhippuram Gramapanchayath initiative, with assistance from Moulana Hospital.

CPR first aid and trauma care class was conducted at the fire station Perinthalmanna to the fire safety workers by Dr Shihab and team with the support of Moulana Hospital.

07.12.2022: A COLS and First Aid training programme at Pookkottukavu Primary Health Centre with the assistance of Moulana Hospital.

16.12.2022: COLS Training at St Joseph HSS Kolathur. Dr. Nilar Mohammed launched the event organised by IMA and provided COLS and First Aid training to the "Balaganasakhysm" Kolathur unit at St. Joseph's HSS in Puthanathani.

24.12.2022: The Indian Medical Association pain and palliative under the auspices of the women's collective 'Koodu', organized a Christmas New Year Celebration for 'Pakalveedu' and 'Santhvanam' inmates.

WOMEN DOCTORS WING



25.12.2022: COLS and First Aid Training to scouts and guides of Kattukulam HSS.

NORTH PARAVUR

19.12.2022: IMA WDW in association with Inner Wheel Club Muzris City and KMK Hospital conducted a Cervical Cancer Screening Camp on at KMK Hospital. Dr. M. K Mohandas, President inaugurated, Dr. P. Sudha WDW Chairperson welcomed the gathering, keynote address by Mrs. Rajeswari Unnikrishnan & felicitated by Dr. Vinayak Hiremath.



DESINGANAD

13.12.2022: Monthly General Body Meeting & CME on "Emerging and Remerging Diseases in Kollam District" by Dr. Timmy R George, Training Coordinator & Assistant Surgeon, DMO & CME on "An Update on Brain Tumours" by Dr. Ajaya Kumar A, HOD Department of Neurosurgery, Azeezia Medical College Hospital.

KUNNAMKULAM

01.12.2022: Conducted Health Workers Training Programmes on "Post Exposure Prophylaxis in HIV" in Shanthi Hospital Punnayurkulam, Unity Hospital, Kanippayur and Ittimani Memorial Hospital, Kunnampkulam in connection with World AIDS Day.

05.12.2022: World Disability Day Program at Ansar Special School & visited there with Special abilities as part of the observation of the World Disability Day.

09.12.2022: World UNICEF Day, IMA & WDW visited the children of Blind school, Kunnampkulam. Dr Shaji P. S, and Dr Padmasini, addressed the gathering. Dr Dhanya gave a health education talk to the students on personal hygiene and healthy diet and donated a music system with microphone to the Blind School for encouraging their singing and cultural activities.



29.12.2022: IMA Wdw in association with Govt High School, Pazhanji conducted a First Aid Class and a Basic Life Support (BLS) training program for Students of National Service Scheme.

Christmas and New Year Celebrations - "ELECTRA 2023" on New Year Eve at IMA House, Kanipayyur inaugurated by Dr. Shaji PS & Christmas Message by Dr. Sara Thomas. There were plenty of cultural programs including group dances, carol singing, duets, skits, reels roll and cine ramp walk by IMA members.

MADHYAKERALA

01.12.2022: Talk on "Adolescent Mental Wellbeing" Awareness Class organized by IMA Madhyakerala by Dr. Neeraj H., MD Psychiatry (NIMHANS), Consultant Psychiatrist, Apollo Adlux Hospitals, Angamaly at Viswadeepthi Vidyalaya Public School.

01.12.2022: Thyroid function test for patients at Sreemoolam Clinic, Sreemoolanagaram by Dr. S. K. Rajeswari Amma.

02.12.2022: Dr. Aswanikumari (Diabetologist; Executive Committee Member, WDW MKB) conducted free Bone Marrow Density Tests for 106 CKD and Dialysis patients at Koinonia Medical Mission Hospital, Perumbavoor.

03.12.2022: Care & Cure for the Elderly - Medical check-up and free medicines for inmates of Deivadan Centre, Kanjoor, by Dr. K. N. Sobhana.

03.12.2022: Observed World Disability Day. Dr. K. N. Sobhana visited the inmates of Deivadan Centre, Kanjoor, distributed sweets & gifts.

03 & 04.12.2022: Dr. Elizabeth Joseph was guest faculty at "SPOSION 2022", the annual conference of Strabismus and Paediatric Ophthalmological Society at Chandigarh.

08.12.2022: Gynaecology Camp. Dr. Gisy George Kurian & Dr. Chanchal Kurian organized a Woman's Camp at K. G. Hospital, Angamaly with free medical check-up & tests for Gynaecological illnesses.

10.12.2022: Fighting Diabetes & Lifestyle Diseases - Medical checkup and free medicines for inmates of Deivadan Centre, Malayattoor, by Dr. K. N. Sobhana.

11.12.2022: On-going Project-COLS & First Aid Training for Youth Association of St. Mary's Jacobite Syrian Church conducted by Dr. Letha T. R., Paediatrician, Taluq Hospital, Puthenvelikkara. Dr. Liza Thomas, spoke on the importance of training each and every member of the society so that lives can be saved by this easy-to-learn hands-only CPR.

11.12.2022: Dr. Anitha R. Krishna, participated in "Santa Run" organized by Rotary Club in connection with fund

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raising for autistic kids.

14.12.2022: Lifestyle Diseases Screening Camp at Angamaly for members of Angamaly Drivers & Cleaners Union, organized by IMA WDW in association with CITU & Muthoott Snehashraya, providing awareness, free lifestyle diseases screening tests, medical check-up, counselling & free medicines to the beneficiaries.



15.12.2022: Dr. Liza Thomas donated 10,000/- towards the Santhwanam Charity Project of YMCA Chelad.

20.12.2022: Dr. Liza Thomas handed over clothes to the inmates of Dharmagiri Vikas Society, Kothamangalam. Dr. K. N. Sobhana, examined & counselled the beneficiaries of a free Diabetes (RBS, HbA1C) screening camp organized at Vimala Hospital, Kanjoor.

21.12.2022: Human Rights Day. WDW Members took the Human Rights Pledge of National Human Rights Commission & the Pledge for Women Rights formulated by National Commission for Women at the monthly General Body Meeting. The pledge read by Dr. M. N. Soman.

21.12.2022: Monthly Scientific Program by wdw at Govt. JBS LP School, Desom.

Dr. Sr. Sheela Mariya conducted the class for the NSS volunteers.

27.12.2022: COLS & First AID Training.

30.12.2022: Human Rights Day. An awareness class on Students' Rights for NSS Volunteers of Vidyadhiraja School, Aluva by Adv Meritta Shaju, TLSC, KELSA, Aluva at Govt High School, Kuttamassery.

KOZHIKODE

01.12.2022: World AIDS Day was observed at Govt Medical College Kozhikode by IMA WDW Kozhikode along with ART Clinic, Dept of Medicine Govt Medical College and Red Ribbon Club, Govt College of Nursing. The theme of "**Equalize**" was spread among the masses with use of Flash mob, Talks by eminent speakers and taking the pledge.



03.12.2022: Public Awareness programme for the parents of differently abled children on 'Role of Parents in behaviour modification' by Dr. Varsha Vidyadharan, Asst. Prof. of Psychiatry & Past Secretary WDW Kozhikode.

07.12.2022: Executive Committee Meeting. Dr. Sapna Nambiar, Chairperson welcomed the gathering; Dr. Noufira P, Secretary WDW presented the report of activities of November.

07.12.2022: General Body Meeting & CME on "Prevention of sexual harassment at work place" by Dr. (Brig) Aruna Menon, HOD of OBG at Meitra Hospital. WDW Kozhikode expressed solidarity towards "Orange the World Campaign", the mission against gender based violence at the meeting. This was followed by a pledge taken by all members present and declared our support to the social cause of Violence against women.

08.12.2022: Awareness class on "Sexual and reproductive health" at GHSS Cheruvadi by Dr. Sreela P, Asst. Surgeon and Paediatrician at CHC, Thalakkulathur.

11.12.2022: An orientation class on the topic "**Adolescent health**" by Dr. Sreela P, Asst. Surgeon and Paediatrician at CHC, Thalakkulathur for the students of GVHSS Payyanakkal.

12.12.2022: Dr. Mili Moni participated in KMTA Panel discussion on Clinical Establishment Act

17.12.2022: Sangamam of persons with Coronary Heart Disease which was organized by Kerala Heart care society, Rotary club of Calicut & Malabar Hospitals at Nalanda Auditorium A.G. Road, Calicut Sri.PSSreedharan Pillai Hon. Goa Governor inaugurated the function, felicitation by Dr. Mili Moni MD, Malabar Hospitals and gave talk on 'Opening heart program'.

17.12.2022: Dr. Mili Moni, Past Secretary WDW received Amrut Veni CGDA excellence award for best woman entrepreneur.

Dr. Mili Moni donated the cash prize received from Amruteveni CGDA Award to empower the girl child at Sukritham Girls Home.

19.12.2022: Basic Neonatal Resuscitation talk, follow up by training program conducted by Neonatal department held at Malabar hospital. Dr. Divya gave talk on 'Golden Hour'

31.12.2022: New Year celebration at IMA Hall with songs, instrumentals, stunning dance performances and a fun filled skit by our WDW members. The cultural wing headed by Dr. Sreela P, Dr. Sheeba T Joseph, Dr. Lakshmi along WDW team & IMA Kozhikode did the new year eve a memorable one.

WOMEN DOCTORS WING

KOZHIKODE

01.12.2022: Dr. Maria Varghese participated in the programme distributing FREE Menstrual Cups to HIV patients at GH Ernakulam on the occasion of World AIDS day.

02.12.2022: WDW members gathered in ORANGE COLOURS for the UNITE Campaign at IMA House with a talk by Dr. Maria Varghese on Elimination of Violence against Women.



06.12.2022: Dr. Marie Simon conducted a class on CUP OF LIFE for the Staff of Giridhar Eye Hospital Ernakulam.

06.12.2022: Dr. Chithrathara took a Cancer Awareness class at Angamaly.

10.12.2022: WDW Monthly Meet & Christmas Celebration at IMA House. The invited guest was Dr. Srinivas Kamath. Dr. Anitha Thilakan spoke on Elimination of Violence against Women. Mrs. Susan Varghese delivered the Christmas message, followed by Christmas Carols etc.

17.12.2022: Dr. Maria Varghese gave Menstrual Cup training to Staff at Medical Trust hospital Ernakulam.

21.12.2022: Dr. Marie Simon addressed Anganwadi staff in a class about Health Awareness in women of all ages, at Amrita Urban Health Centre Kaloor.

27.12.2022: Dr. Girija Sarojini gave a talk on Examination Stress with Air Kochi FM.

Dr. Anitha Thilakan was presented with IMA National President's Appreciation Award for best adjudged Secretary of a local IMA Branch at the IMA (HQs) Annual National Conference at Prayagraj, UP.

KODUNGALLUR

12 & 13.12.2022: President Dr Nadhira and Secretary Dr Ajirani represented WDW Kodungallur at IMACON state conference. Dr Feriyal Nazer Honoured IMA State president's Appreciation Award for her contribution as Mid Zone Joint Secretary, Wdw.

World Diabetic Day by conducting awareness classes to the public as per Diabetic day theme '*Educate to Protect tomorrow*'. We had conducted two awareness classes in association with Medigreen Hospital Konathkunnu and St. Vincent Diabetic Centre Irinjalakuda.

KOLLAM

29.12.2022: General Body meeting via Zoom platform. ELS Training Programmes conducted by Dr Athura Das and team.

KANNUR

06.12.2022: WDW of IMA Kannur in association with Souhruda Club conducted Reproductive Health Class at IMNS GHSS Mayyil. Dr. Rejna Dilnath, Consultant Pulmonologist, District TB Centre, took the class.



THALASSERY

02.12.2022: Reproductive Health Session for adolescent Group at Govt Brennen HSS by Dr. Suja Ajith.

04.12.2022: Reproductive Health Session for adolescent Group at AKG Memorial Higher Secondary School by Dr. Radhika Aravind.

06.12.2022: Reproductive Health Session for adolescent Group at Kavumbhagam HSS School by Dr. Radhika Aravind.

06.12.2022: Adolescent Reproductive Health Class at Mattannur HSS by Dr. Suchitra Sudhir.

06.12.2022: Reproductive Health Session for adolescent Group at IMNS GHSS by Dr. Rejna Dilnath.

07.12.2022: Reproductive Health Awareness Class at Govt Brennen HSS by Dr. Suja Ajith.

11 & 12.12.2022: Reproductive Health Class at Muzhapilangad Higher Secondary School by Dr. Geetha M.

23.12.2022: Conducted a talk on "Delaying the Inevitable Skin Antiaging Approaches" by Dr. Susna Ranjith presided by Dr. Geetha M.



WDW member Mrs. Soniya Pushparaj conducted bouquet making unit in Chamber Expo 2022 conducted at Kannur.

25.12.2022: Conducted ELS Training class at Kadambur School by Dr Shameel Usman.

31.12.2022: ELS Training Programme for the Health workers of Tellicherry Co-operative Hospital by Shameel Usman Moidu.

31.12.2022: Conducted a School Health camp at Andaloor Basic UP School by Dr. Dhanisha.

Branch Activities - NOVEMBER 2022

1

BRANCH : NEYYATTINKARA

PRESIDENT : Dr. Ajaiyakumar S.K.

SECRETARY : Dr. Varun R.V.

05.11.2022: Installation Ceremony & General Body Meeting. Dr. V. Mohanan Nair was the Guest of honour, and Dr. Kavitha Ravi, National Secretary - Women Doctors Wing addressed the gathering. Dr.S.K.Ajaiyakumar installed as the president of IMA, Neyyattinkara by the installation officer Dr.Sulphi Noohu



10.11.2022: Combined Executive Committee Meeting presided by Dr. Sobhana Mohandas & Dr Joseph George presented the minutes.

12 & 13.11.2022: Participated the 65th IMA State Conference.



Dr.Prasanth.C.V, inaugurated the unit of Junior Doctors Network. The official announcement of a new initiative "BOOST" - 'Build Opportunities Optimise Skills & Talents' of young doctors for better performance was done & the new logo of 'BOOST' was launched by Dr. S. Binoy.

2

BRANCH : THRISSUR

PRESIDENT : Dr. Shobhana Mohandas

SECRETARY : Dr. Joseph George

01.11.2022: IMA joined with the hands of Indian Menopause Society (IMS).

02.11.2022: Dr. Andrews C.V received Certificates of Appreciation for Research and Community contributions at Jubilee Mission Medical College.

03.11.2022: IMA in association with District Medical Office conducted Thrissur Health Line (അറിവ്), a combined Technical committee meeting with District Panchayath at the chamber of District Medical Officer



3**BRANCH : KULANADA****PRESIDENT : Dr. Babu K.N.****SECRETARY : Dr. Sreekanth K.**

01.11.2022: General Body with CME and Installation ceremony. Installing officer and guest speaker was Dr Roy Abraham Kallivayalil. CME was conducted on the topic "Importance of Person-centred Care in Medical Practice" which was followed by an active interactive session.

**4****BRANCH : KOZHIKODE****PRESIDENT : Dr. Venugopalan B.****SECRETARY : Dr. Sandhya Kurup**

01.11.2022: Kerala Piravi Dhinaghosham in association with All India Malayalee Association (AIMA) at IMA Hall, Kozhikode inaugurated by Dr. B. Venugopalan.

02.11.2022: District level seminar on NTEP updates for Medical Practitioners in association with District TB Centre.

03.11.2022: Meeting through Zoom.

04.11.2022: Executive Committee Meeting.

09.11.2022: WDW Installation Meeting & CME on "Exercises in Diabetes" by Dr. Roy R Chandran.

09& 10.11.2022: SSS II membership campaign & 54 new members enrolled.

12&13.11.2022: Participated IMA State Conference @ Kunnampulam & bagged 24 awards including Dr. SS Rao Memorial Shield for the Best Branch 21-22 and Best Secretary Dr. Sankar Mahadevan.



14.11.2022: Observed Children's Day.

16.11.2022: Observed World COPD Day. Walkathon & Awareness programme in Calicut Beach.

16.11.2022: Observed Diabetes Week. Diabetes screening Camp at Calicut Beach & Railway station. Dr. Sandhya Kurup gave awareness class to the public.

16.11.2022: Observation of National Epilepsy Day, AMS Monthly Meeting & CME on Epilepsy work up – An update by Dr. V. Abdul Gafoor, Asso. Prof. of Neurology, GMCH Chaired by Prof. James Jose, Prof. & HOD of Neurology, GMCH.



17.11.2022: Observation of National Epilepsy Day at Providence Women's College.

17.11.2022: CIMAWARS General Body Meeting.

19.11.2022: Second Pen Activities. Writer Sri. Sreekanth Kottakkal releasing of "Mohavazhikalilode", a book of Dr. Mohan Pulikoottil handing over a copy to Dr. Nazer.

20.11.2022: Inauguration of Football World Cup 2022 & big screen projection at IMA Hall.

21.11.2022: 'An Evening with Dr. Sashi Tharoor MP'. Dr. B. Venugopalan presided over the function. Dr. VG Pradeep Kumar, Past SP and Dr. PN Ajitha, felicitated. Dr. K. Sandhya Kurup proposed vote of thanks followed by Cultural programme organised by cultural wing.



23.11.2022: MBS Managing Committee Meeting.

23.10.2022: CGP Monthly CME on Practical update on Insulins by Dr. Rojith Balakrishnan, Dr. Joe George & Dr. Gayathri R.

24.11.2022: Diabetes Screening Camp in association with Calicut Med. College in Indian Coffee House inaugurated by Dr. E.V. Gopi.

07, 14, 24, 25 & 29.11.2022: CIMAWARS Building Committee Meeting.

25.11.2022: WDW Diabetes Screening Camp & Awareness Programme.

25.11.2022: Dr. B. Venugopalan releasing souvenir of Dhristi 2022 in connection with Annual State Conference of Kerala Ophthalmic Society.

26.11.2022: General Body Meeting.

BRANCH : THALASSERY

5

PRESIDENT : Dr. Jayakrishnan Nambiar C.K.

SECRETARY : Dr. Nadeem Abootty

01.11.2022: Kerala Piravi Day Celebration. Dr. Mini Balakrishnan took part in the All-India Malayalee Association and took part in the Bhasha Pledge.

01.11.2022: Dr. Mini Balakrishnan was an invited guest in the Drug abuse campaign organized by Thalassery Municipality. Programme was inaugurated by Thalassery ASP Nithin Raj IPS. Vazhayil Sasi (Vice Chairman, Thalassery Municipality), Sri. Suresh (Retd. Joint Excise Commissioner), Major P Govindan (Brexia General Secretary), Sri. Anil (Inspector of Police) and Dr. Mini Balakrishnan addressed the gathering.

02.11.2022: Fibro scan Test Camp by Dr. Sandeep Narayanan at Tellicherry Co-operative Hospital.

02.11.2022: Pan India Legal Awareness Program at Sub Jail was inaugurated by Dr. Jayakrishnan Nambiar & presided by Judge Mrs Lincy.

02.11.2022: IMA Pain and Palliative Clinic regularly conducted Free Palliative Clinic at General Hospital on every Wednesday.

05.11.2022: National IMA AMS Conference "AMSCON 2022". Dr. K. Sasidharan and Dr. Aravind C Nambiar attended & received the award for the Best branch from IMA National President Dr. Sahajanand Prasad Singh at the venue. Dr. K. Sasidharan and Dr. Lalith Sundaram received the award for best State AMS award from IMA National President.



05.11.2022: IMA & IAP conducted One day workshop for parents.

06.11.2022: IMA conducted BLS and first aid training session at MES School Thalassery by Dr. Shameel Usman.

07.11.2022: National Cancer Awareness Day programme at General Hospital, Thalassery presided by Dr. Suja Ajith & Cancer awareness class at PRNSS College, Mattannur on Zoom Platform by Dr. Suchitra Sudhir.

09.11.2022: Executive Committee Meeting.

10.11.2022: Adolescent Reproductive Health Session at Kolakkad Santhome HSS by Dr. Suchitra Sudhir.

11.11.2022: National Filariasis Day programme at PHC Dharmadam by Dr. Dhanya Chandran.

11.11.2022: Awareness class on Drug Abuse and Sex Education by Dr. Reshmi Ramesan at VHSS Chirakkara.

12.11.2022: Palliative Care Volunteers Training by Mr. Abdul Rahman Kolathayi at Muthuvana Madrasa.

12.11.2022: 25 Members attended State Conference IMACON 2022 & received 18 awards.



13.11.2022: Free Ortho Camp.

14.11.2022: Diabetic Awareness Class at FHC Kadirur by Dr. Sreeja Viswan & Class on Prevention of Diabetes by Dr. Vidya at PHC Kolassery.

As a part of World Diabetes Day, a Health walk was conducted at FHC Anjarakandy took part by Dr. Arunima and Dr. Volga.

Conducted Zumba work out and life style disease detection camp at FHC Anjarakandy, supervised by Dr. Arunima and Dr. Volga & also conducted a Free Diabetes Detection Camp at Tellicherry Co-operative Hospital. Dr. Jayakrishnan Nambiar presided the function. Diabetes day class and diet exhibition at PHC Chokli by Dr. Amritha Bejoy.

14.11.2022: Children's Day. Dr. Jayakrishnan Nambiar and family visited Child Care Home, Chirakkara, Thalassery and donated sports equipment, study materials and other requirements raised by the authorities were also met & dinner sponsored.

IMA in association with Small Wonders Early Intervention Clinic and Autism Centre conducted Parenting Management Training for parents of Children with Autism on part of Children's Day & inaugurated by Dr. Mini Balakrishnan. Awareness Class by Dr. Sajeev Kumar PB.

16.11.2022: Conducted a World COPD Day programmes at District TB Centre Kannur taken by Dr. Rejna Dilnath.

16.11.2022: Press Conference for Mega Medical Camp.

17.11.2022: Reproductive Health class for students Chirakkara Higher Secondary School. Class by Dr. Suja Ajith.

17.11.2022: National Epilepsy Day. Class was taken by Dr. Rajeev Nambiar.

18.11.2022: Class on Adolescent Health by Dr. Suja Ajith.

18.11.2022. Malabar Cancer Care Society arranged a Cervical Cancer Awareness programme for the students about Cervical Cancer. Dr.Suja Ajith Performing classical music at Mridanga Shyleshwari Temple.

18.11.2022: Beach walk for awareness regarding Cervical Cancer.



18.11.2022: Cervical Cancer Awareness session by Dr.Mini Balakrishnan.

18.11.2022: Dr.Hanish Haneefa gave an awareness class on Kannur News Channel regarding Nose and Snoring.

19.11.2022: World Antimicrobial Awareness Week. A talk on Antibiotic resistance, role of health care workers and public at General Hospital, Thalassery by Dr. Arun and presided by Dr. Ajith. Dr.Maya Jithin gave a talk on "How to escalate antibiotics in paediatrics" at General Hospital, Thalassery.

19.11.2022: Dr.Suja enlightened the public in video presentation of General Hospital Thalassery for antimicrobial resistance week observation.

19.11.2022: Adolescent Awareness Session at Aaralam by Dr.Gopeenathan.

19.11.2022: Class on Menstrual Cup & Menstrual Hygiene to anganwadi workers.

19.11.2022: Dr.Jayakrishnan Nambiar inaugurated IMA Kannur Branch First Annual Sports meet Cricket Tournament at Pallikunnu Kannur.

20.11.2022: IMA Thalassery, Heed N Heal Clinic, Kannur Medical College and Mizhi Eye Care Hospital together conducted free mega medical camp for Residents of Temple Gate, Kallayi Thiruvangad, Saidar palli and Weavers Ward of Thalassery Municipality.



20.11.2022. IMA and Kuthuparamba Co-op Hospital conducted Free Medical Camp at Kuthuparamba Co-op Hospital. Dr.Ajith Kumar K N examined the patients. Free medicines were distributed.

21.11.2022. Press Forum Thalassery, E K Nayanar Smaraka Library, Rovers Football Academy and IMA

conducted a campaign under the name and style "From addiction to Football addiction" held Near Kadalpaalam port office.

23.11.2022: General Body Meeting.

23.11.2022: IMA CGP CME on "Update on Autism spectrum disorder" by Dr.Deepa Menon.

23.11.2022: World Antimicrobial Awareness Programme Inaugurated by Dr.Santhosh Dy.Suptd.'Judicious use of antibiotics in pregnancy' Topic presented by Dr.Sreedevi; Dr. Suja addresses the programme.

24.11.2022: Dr.Sandeep Narayanan conducted a Free Fibroscan Test Camp at Tellicherry Co-operative Hospital.

26.11.2022: IMA and Kannur Medical College Anjarakandy jointly conducted BLS Training for JRC students by Dr. Anand at Kannur Medical College, Anjarakandy.

27.11.2022: IMA Kannur conducted a Doctor's Badminton League Championship at Dream Badminton Arena Indoor Stadium, Kakkad.

28.11.2022: Dr.Jayakrishnan Nambiar was invited as the Special Guest of Perfect Car and Bike Wash, inauguration Thalassery.

29.11.2022: IMA in association with JCI Special School conducted one day workshop for parents of Specially Abled Children.

29.11.2022: IMA in association with IMAAMS conducted Clinical Club Inauguration at IMA Hall Thalassery. Panel discussion on 'Approach to neck swelling' was conducted.

29.11.2022. Launched the Music Club.

6

BRANCH : KASARAGOD

PRESIDENT : Dr. Ganesh Maiya A.

SECRETARY : Dr. Khasim T.

01.11.2022: IMA in Association with Lions Club of Kasaragod and Maiya's Eyecare centre conducted free eye check-up for school children, and donated spectacles to the students of GUP School.

03.11.2022: Executive Committee Meeting.

10.11.2022: Education Curriculum Seminar held at GUP School Kasaragod.

10.11.2022: CME Conducted by faculty from Yenepoya Speciality hospital Mangaluru.

12 & 13.11.2022: Participated in IMA State conference & won 13 awards.



14.11.2022: IMA in association with Lions Club, IAP, WDW, GH and Malikdinar School of Nursing conducted a Walkathon at GH Kasaragod. Dr Jamal Ahmad Dy Supt G H welcomed the gathering. Dr Ganesh Maiya delivered

the Diabetes Day message. Sri N A Nellikunnu Hon MLA Kasaragod inaugurated the program and did the Flag off of the Walkathon.

14.11.2022: IMA in association with Lions club conducted Diabetes detection camp for general public at New bus stand Kasaragod in connection with World Diabetes Day.

14.11.2022: Public Awareness Class at GH Kasaragod by Dr Krishna Naik and Miss Jeeva, Nursing Student.

14.11.2022: IMA in association with GH Kasaragod and Malik deenar School of Nursing conducted a Flash mob by Nursing Students.

14.11.2022: IMA in association with WDW conducted CME on world diabetic day, installation ceremony of WDW and children's day celebration.

15.11.2022: Dr. Manjunath Kamath, Paediatrician Malik Deenar Hospital Kasaragod conducted Annadana to inpatients of GH Kasaragod, in memory of his Parents Ganesh Kamath and Kasthuri Kamath.

17.11.2022: IMA in Association with IAP, GH, JPHN School conducted National Epilepsy Awareness Day at GH Kasaragod. Dr Rajesh Krishnan Consultant Neurologist took awareness Class to General Public & Dr Jamal Ahammed, Dy Supt GH Inaugurated the programme.

18.11.2022: IMA in association with WDW conducted oral hygiene class in Kendriya Vidyalaya 2 Udayagiri Kasaragod.

18.11.2022: IMA Kasaragod paid homage to senior annual member Dr Latheef Cherkala at his residence.

22.11.2022: ELS Training program to GH Kasaragod Staff. Hands on BCLS training First aid, choking demonstration was done. Distributed BLS / COLS Certificate to participants.

22.11.2022: Handed over Social Security 1 Death Benefit of Dr Sripad Rao to his family members at IMA House Kasaragod.



24.11.2022: Valedictory function of antimicrobial awareness week and Oath taking.

24.11.2022: General Body meeting and CME on 'Thoracoscopy beyond boundaries'.

25.11.2022: Conducted ELS Training to GH Kasaragod Staff & Nursing Students..

26.11.2022: Annadana. IMA in association with WDW conducted Cricket practise session at Hill top arena indoor stadium.

27.11.2022: Life Skill Training camp SMART 40 under ORC held at Girls GHS Nellikunnu Kasaragod.

30.11.2022: Aids Awareness Rally.

30.11.2022: Conducted Candle lighting Ceremony at GH Kasaragod on the occasion of World Aids day.



BRANCH : DESINGANAD
7 PRESIDENT : Dr. Anuroop Shanker
SECRETARY : Dr. Vinod S.

01.11.2022: Monthly General Body Meeting and CME on "Fatty Liver To Liver Cirrhosis" by Dr. Sreejith S, Consultant- HPB & Liver Transplant Surgery, KIMS Hospital & a Music program "Music Symphony" By Dr. Nigyl & Team

13.11.2022: Attended Annual conference at Kunnankulam.



18.11.2022: Conducted a Best caption contest as a part of Drug Addiction awareness.

20.11.2022: Conducted CME and Inaugurated our Cultural wing in association with WDW. CME: "PCOD" by Dr. Reena NR, Consultant Gynaecologist, DH Kollam.



24.11.2022: Conducted Monthly Executive Meeting with active participation of executive members.

BRANCH : NEMOM

8 **PRESIDENT : Dr. Vijayakumar J.**
SECRETARY : Dr. Pradeep Kumar A.S.

02.11.2022: Organised COLS and First Aid training session, under the auspices of its WDW and ELS Training Wing, for the NCC Cadets of Cotton Hill Government Girls Higher Secondary School inaugurated by Sri. Rajesh Babu, Additional Headmaster of the school.

02.11.2022: Conducted the Cabinet meeting in virtual platform.

03.11.2022: Conducted Awareness session on "Health and Hygiene" for the newly admitted B.Tech students as part of Student Induction Programme (SIP) in Mar Baselios College of Engineering and Technology (MBCET), Thiruvananthapuram.

05.11.2022: The branch officials attended the installation meeting of Thiruvananthapuram branch and actively participated in discussions.

07.11.2022: Attended the installation meeting.

09.11.2022: The second meeting of the Executive Committees of WDW and the Branch at Hotel White Dammar, Pappanamcode. Dr. Sajith. V. S. conducted the CME session on GERD.

12 & 13.11.2022: Participation in Annual conference at Kunnamkulam. The branch bagged 10 awards.



16.11.2022: The handing over function of KSB officers in HQ.

17.11.2022: Awareness session at Attakulangara Vanitha Jail under Swayam project regarding Menstrual health and Cancer cervix at Attakulangara Vanitha jail.

22.11.2022: CME on 'Substance Abuse' by Dr. Arun V.

25.11.2022: Participation in Protest march against the assault of PG doctor in Medical College, Thiruvananthapuram.

26.11.2022: Participation in Candle light protest march against the assault of PG doctor in Medical College, Thiruvananthapuram.

27.11.2022: Diabetes awareness camp in Jothydev's Diabetes Research Centre.

30.11.2022: General Body meetings. Inauguration of AMS activities of Nemom Chapter & the activities started with a Rheumatology CME on "Approach to Aches and pains" by Dr. Vishad Viswanath.

30.11.2022: Dr. Jothydev, the Chairman of IMA AMS Nemom Branch Chapter was felicitated and honoured on his latest achievement of being awarded the "American College of Physicians India chapter Excellence Award". Dr. Jothydev was honoured in a colourful function organised in Hotel White Dammar, Pappanamcode.



BRANCH : THIRUVANANTHAPURAM
9 **PRESIDENT : Dr. Vijayakrishnan G.S.**
SECRETARY : Dr. Althaf A.

04.11.2022: BLS Training Program at LNCP Campus Karyavattom inaugurated by Sri Prem Krishnan, IAS, Director for sports and youth affairs.

04.11.2022: Dr. Ratheesh KH, and Dr. Ramiz Raja along with IMA President Dr. G.S Vijayakrishnan attended the meeting of Select Committee on Kerala Public Health Bill 2021 held at the Legislature Complex.

10.11.2022: IMA AMS Management Committee was formed by 20 selected senior members and representatives from the executive committee of the IMA Trivandrum branch.

11 & 12.11.2022: Attended State Conference. Dr Sulphi Noohu, was installed as IMA Kerala State President 2022-23.



14.11.2022: IMA in association with Diabetes Care Centre organised a leadership summit with the topic "Reverse Diabetes". Theme for Diabetes day observation was "Access to Diabetes education". Dr Sreejith N Kumar, Dr Unnikrishnan, Dr Sreejith R, Dr Pradeep Kidangoor, Dr Swapna and Dr Veena Sreejith attended the program.

14.11.2022: Children's Day Program. Eye Check Up Camp at Arya Central School.

16.11.2022: The new office bearers of IMA KSB including State President Dr. N Sulphi and South Zone Joint Secretary Dr. CV Prasanth assumed office. Dr. A Marthanda Pillai, Dr Alex Franklin, Dr Sreejith N Kumar, Dr R C Sreekumar, Dr G.S Vijayakrishnan, Dr Sreejith R, Dr Siby Kurian Philip, Dr Ajith Kumar and other senior leaders were present.



18.11.2022: Executive Meeting.

21.11.2022: CGP TVPM chapters meeting at Hotel Residency Tower with the CME by Dr P Arjun on "Asthma & COPD-GP's perspective" followed by the Inaugural ceremony of CGP TVPM Chapter. Dr Sivaprasanth.P CGP Chairman welcomed the dignitaries & Dr Vijaykrishnan rendered the presidential address. Dr Sulphi Noohu president Kerala IMA inaugurated the meeting.

24.11.2022: PG Resident doctor assault at MCH Trivandrum, IMA took part in the protest Dharna and March at MCH premises.

25.11.2022: Police station March and Dharna by PG Association, Thiruvananthapuram Medical College inaugurated by IMA State President Dr Sulphi N.



25.11.2022: General Body Meeting & CME on 'Antimicrobial resistance' by Dr. Aravind R.

Palliative Care "Snehasanthanam", Home visit conducted 12 days.

10

BRANCH : THALIPARAMBA
PRESIDENT : Dr. Latha Mary Jose
SECRETARY : Dr. Arun Sankar

02.11.2022: First Executive Meeting & decided to make necessary arrangements for the conveyance of the members for the state committee meeting. It also decided to strengthen the Social Security Schemes by special membership drive.

12 & 13.11.2022: IMA State Conference 'IMACON 2022' at Kunnankulam was actively attended from the branch.

14.11.2022: World Diabetes Day program at Taluk Head Quarters Hospital, Taliparamba. The Diabetes awareness rally & an awareness class for nursing students by Dr.Latha Mary Jose.



23.11.2022: CME related to COPD Day - 'Taking Care of COPD - A Patient Tailored Approach' by Dr. Manoj DK, HOD, Department of Pulmonology, Government Medical College, Kannur and General Body Meeting. Spirometry camp was also conducted for members.

11

BRANCH : TIRURANGADI
PRESIDENT : Dr. Shajahan M.
SECRETARY : Dr. Hasna P.P.

25.11.2022: Monthly Meeting and General Body by raised concerns regarding the increasing number of assault on healthcare workers & a class on 'Cancer Cervix' by Dr Remya Binesh, Consultant in Obstetrics and Gynaecology, Aster Mims, Kottakkal.



12

BRANCH : IRINJALAKUDA
PRESIDENT : Dr. Jom Jacob Nellissery
SECRETARY : Dr. Sreenath V. Nair

06.11.2022: Cycle Rally conducted by cycle club and IMA Irinjalakuda in connection with Diabetic Day.

09.11.2022: First Executive Meeting.

24.11.2022: General Body Meeting with Lions Club Karuvanoor & conducted training for basic life support for asha workers.



13

BRANCH : MALAPPURAM
PRESIDENT : Dr. Vijayan K.
SECRETARY : Dr. Abdu Salam O.K.

08.11.2022: Collectorate Dharna against not arresting culprits of vandoor doctor attack case by KGMOA



12 & 13.11.2022: Participated in the Annual Conference - IMACON 2022 & received awards.



16.11.2022: Dr K A Pareed gave awareness class about Diabetes at St Gemma's School Malappuram.

17.11.2022: Executive Committee Meeting & CME.

24.11.2022: Monthly General Body Meeting & CME on "recent advance in oncology" and "Immunotherapy in Oncology" by Dr Shafi and Dr Rahul R Sankar respectively.

26.11.2022: Dr Narayanan took an awareness class about "Life style diseases" to Pensioners in Makkaraparamba.

27.11.2022: Dr Nandakumar took awareness Talk on 'Measles' to ward members.

29.11.2022: Attended DC Meeting.

14

BRANCH : KARAKONAM
PRESIDENT : Dr. Anusha Merlin J.
SECRETARY : Dr. Anu J.

04.11.2022: IMA Karakonam and the Internal medicine department, Dr SMCSI Medical College conducted a mega medical camp and diabetic unit inauguration. The attractions of the camp were free speciality consultation including, free diabetic neuropathy screening, free investigations including FBS and RBS and 50% reduction for various lab tests and free diabetic treatment for inpatient services including oral hypoglycaemic agents and insulin.



12 & 13.11.2022: Attended the Annual Conference at Kunnankulam & Dr. Ajin Sam received Young Doctors Award.

14.11.2022: IMA Karakonam and the Internal Medicine Department, Dr SMCSI Medical College conducted a Diabetic Day Awareness Rally and Seminar in connection with International Diabetic Day. The rally was inaugurated by the Honourable MLA Sri K Ansalan.

18.11.2022: General Body Meeting.

BRANCH : VATAKARA
15 PRESIDENT : Dr. Anandan C.K.
SECRETARY : Dr. Vinod Kumar B.

01.11.2022: Executive Committee Meeting and Keralapiravi celebration presided by President Dr.C.K.Anandan. Report of last Executive Committee was presented by Dr.Rakesh Raju and detailing of last SWC was done by Dr.K M Abdulla.

12 & 13.11.2022: State Conference was attended by few members & got award for 3rd best branch for Vadakara in the 300-500 members category at the conference.



14.11.2022: Drawing Competition for children as part of children's day and a diabetes awareness class for public taken by Dr. Afros as part of diabetes day. Diabetes Awareness Class for school children at SN HS was conducted by Dr.Jyothikumar.

15.11.2022: General Body and CME on stroke by Parco hospital.

17.11.2022: Cervical Cancer Awareness Class by Dr.Jeena Baburaj.

23.11.2022: Medical Check-up camp at SN LP School.

25.11.2022: Seminar on violence against women was conducted in IMA hall.

16 **BRANCH : HARIPAD**
PRESIDENT : Dr. Adarsh R.
SECRETARY : Dr. Rohith S. Jayaraj

25.11.2022: Monthly GB Meeting & CME on 'rabies prevention and control' by Dr. Viswakala VS.



17 **BRANCH : THIRUVALLA**
PRESIDENT : Dr. Cyril Joseph
SECRETARY : Dr. Anu Thomas P.

11 & 12.11.2022: Branch representatives attended the 65th IMA State conference at Kunnamkulam & Thiruvalla IMA branch had successfully got the bid to conduct 66th IMA State conference in November 2023.

24.11.2022: Second General Body meeting & Dr. Shilpa Abraham, Asst. Prof and HOD-Paediatric Intensive Care Unit, Believers Church Medical College Hospital, Thiruvalla spoke on Emergencies in children - Basic and best practices.



26.11.2022: A silent protest was arranged by Thiruvalla IMA branch along with IMA MSN Kerala state by donning black badges for work in solidarity towards the attack that happened against the lady doctor at Thiruvananthapuram Government Medical College Hospital on 23rd November 2022.

18 **BRANCH : CHERTHALA**
PRESIDENT : Dr. Muralikrishnan U.
SECRETARY : Dr. Aroosh T.P.

23.11.2022: The first GB meeting started with a silent prayer followed by flag salutation by Dr. Karthik. President Dr Muralikrishnan.U welcomed the gathering and a CME on Dyspepsia evaluation and management by Dr Benoy Sebastian, Consultant Gastro Enterologist, Medical Trust Hospital, Ernakulam.



19 **BRANCH : COCHIN**
PRESIDENT : Dr. S. Sreenivasa Kamath
SECRETARY : Dr. George Tukanal

09.11.2022: Executive Committee Meeting at IMA House.



23.11.2022: Monthly General Body Meeting and CME by Dr. Bobby Jacob, Dr. John T. John and Dr. Sujit Jos on Shoulder Impingement, Rotator Cuff Tear and Shoulder Dislocation and conducted a panel discussion on 'Are all shoulder problems Peri Arthritis'.

28.11.2022: Senior Doctors Forum of IMA Cochin meeting held at IMA House & a talk on Preventable Deaths & Mishaps.



12.11.2022: WDW members attended Annual General Body Meet at Kunnamkulam.

World day of remembrance, for road traffic Victims and short film release "വീടുകൾ മുൻപാലം" by Motor vehicle department.

A mega camp at Apollo Adlux, Angamaly & conducted a session on Sex Education by Dr. Femi Abdulla at Govt VHS Kaitharam.

29.11.2022: Emotional Wellbeing and Mental Health Class for Adolescents at Chinmaya Vidyalaya Tripunithura on 29th Nov 2022.

Total 1027 units of blood collected and 1980 units of blood and its components were issued to various hospitals.

20

BRANCH : NEDUMANGAD
PRESIDENT : Dr. Mohammad Asharaf P.A.
SECRETARY : Dr. Hema Francis

08.11.2022: First Executive Committee Meeting.

12 & 13.11.2022: Attended 65th State Council Meeting at Telcon International Convention Centre, Kunnumkulam



16.11.2022: Felicitations given to the New Team of IMA KSB 2022-23 taken charge at IMA Hqrs.

19.11.2022: First General Body Meeting and CME on 'Current Trends in Neuro Intervention' by Dr. Santosh Joseph & on 'Snake Bite' by Dr. Satish.B. The meeting was presided over by Dr.Muhammad Asharaf & the minutes presented by Dr. Hema Francis.



20.11.2022: As a part of Tribal Community Care project, **"Mission Swasthya Gothra Reksha"** in association with Sri Sathiya Sai Seva Samithi conducted a free medical camp presided by Dr. Hema Francis & Shri. Shinu Madathara, President Peringamala Panchayat inaugurated the session.

21.11.2022: IMA and JDN organized a free medical camp and Diabetes screening in connection with World Diabetes Day inaugurated by Adv. G Stephen MLA & presided by Dr. Hema Francis. Awareness class conducted on 'Lifestyle Disorders' by Dr.Abhijith, Chaiman JDN.

22.11.2022: IMA and MPH in association with UBA IISER – TVM conducted a seminar at Govt HSS,Vithura, presided by Dr.Hema Francis and inaugurated by Smt.Sindhu Rani, Headmistress, Govt VHSS,Vithura. The Health Talk was presented on the topic 'Adolescent Health' by Dr.Anju K Kanmani Paediatrician, Taluk Hospital, Vithura.

23.11.2022: Leaders took part in the protest and march at MCH as part of assault against PG resident doctor.

24.11.2022: Leaders attended the emergency DC meeting

to discuss about the safety at work place.

26.11.2022: Leaders participated in the candle light protest in the Medical College Campus.

27.11.2022: Leaders attended the DC meeting at HQ Anayara to discuss about the protest on attack against doctors.

28.11.2022: IMA and WDW in association with women's club Govt College; Nedumangad conducted a seminar on 'women empowerment' by Dr.Hema Francis, and inaugurated by Dr.Alex, Principal Govt College Nedumangad.

**21**

BRANCH : KOYILANDY
PRESIDENT : Dr. Satheesan K.
SECRETARY : Dr. Abhilash C.

29.11.2022: General Body Meeting and CME on 'Basics of CBC' by Dr. Firoze. M, former professor & HOD - department of pathology Medical College Kozhikode



17.11.2022: Executive Meeting & discussed about the working pattern of coming IMA year and executive committee expansion and strengthening the work of women doctors wing and regarding the annual working fund.

22

BRANCH : PERUMBAVOOR
PRESIDENT : Dr. Shine G.
SECRETARY : Dr. Joseph Saritha

02.11.2022: Executive Meeting. Agenda was monthly plan, participation in the state conference & to decide about branch share.

05.11.2022: Paid homage to Dr. Shirley's mother at her residence.

12 & 13.11.2022: Members participated in the state conference.

16.11.2022: General Body Meeting and CME on 'relevance of sulphonyl urea in contemporary diabetes management' by Dr. Praveen Kumar (Diabetologist, Sunrise hospital).



24.11.2022: Members paid homage to mother of Dr. Babu Varghese and Dr. Suja.

26.11.2022: Members participated in the night walkathon conducted by IMA Madhya Kerala.



30.11.2022: CME on 'Recent Advances in Laparoscopic Surgery' by Dr. Deepak Varma.

23 **BRANCH : KOLLAM**
PRESIDENT : Dr. Vinod George Philip
SECRETARY : Dr. Jinaraj Kumar M.S.

10.11.2022: Executive Committee meeting.

12 & 13.11.2022: Members participated in the State Conference at Kunnamkulam & achieved Chairperson's Appreciation Award 2021-22 for Enrolling Maximum Life Membership for Social Security Scheme I.



13.11.2022: Conducted an ELS programme for heavy drivers at Kollam & SOLES of Kollam Marathone Group by Dr. Athura Das.

25.11.2022: Second General Body Meeting & CME on 'Prevention Of Communicable Diseases' by Dr. Sarath

Rajan, Asst Surgeon, Directorate of Health Services, Kollam.

26.11.2022: Conducted Inauguration of TRACK (Trauma Care And Road Accident Aid Centre in Kollam) Karunagappally unit and an ELS programme at Civil Defence, Karunagappally by Dr. Athura Das and team.



24 **BRANCH : KANNUR**
PRESIDENT : Dr. Suresh V.
SECRETARY : Dr. Rajamohan C.K.

03.11.2022: General Body Meeting & Hybrid CME on 'Haematology Vignettes' by Dr. Rajesh Krishna.

Indian Medical Association, Kannur
Cordially invite you for GB & Hybrid CME
(Both Physical & Online) on
03rd Thursday
Nov'22 08.00 PM

"Haematology Vignettes"
Expert Speaker
Dr. Rajesh Krishna
MD (Gen. Medicine), MRCP(UK)
FRCPath (Haematology), CCT Hematology (UK)
Consultant Hematologist, Hemato-oncologist
& Bone marrow transplant physician
Yenepoya Medical College, Mangalore

Zoom Meeting ID: 859 2714 9705
Passcode: IMAKANNUR
You can also watch Live via Facebook
<https://www.facebook.com/imanaturbranch8>

Twitter: <https://twitter.com/imanaturbranch8>
Instagram: <https://www.instagram.com/imanaturbranch8>

President: **Dr. V. Suresh**
Secretary: **Dr. Rajamohan C.K.**
Treasurer: **Dr. S. S. Suresh**

08.11.2022: Executive Committee Meeting.

10.11.2022: Hybrid CME on 'Common Neonatal problems in clinical practice' by Dr. Prasad Kumar.

17.11.2022: Hybrid CME on 'Vertigo – A Diagnostic Dilemma' by Dr. Aswin Chandran.

19.11.2022: Organised cricket tournament.

20.11.2022: Inter hospital football tournament conducted – champions: KGMOAKannur.

24.11.2022: Hybrid CME on 'Diabetes - Not really sweet for Kidneys' by Dr. Midhun Ramesh.

25 **BRANCH : VARKALA**
PRESIDENT : Dr. Ramakrishna Babu M.
SECRETARY : Dr. Saju Sahadevan

13.11.2022: Members attended State Conference.
 Dr.Syam D Gopal elected as Headquarters Joint Secretary.
 17.11.2022: General Body Meeting and CME program.
 24.11.2022: Dr.Saju Sahadevan and Dr.Ramakrishna Babu conducted a Medical Camp (Diabetic Retinopathy detection and HbA1C) at Varkala Police Station.

26 **BRANCH : KAZHAKUTOM**
PRESIDENT : Dr. Syamlal S.
SECRETARY : Dr. Kalpana Gopan P.

03.11.2022: Executive Meeting in zoom platform.
 District Committee Meeting.
 Free Medical Camp conducted & Dr. Kalpana took Cancer Awareness Class.
 12 & 13.11.2022: Members participated in Annual Conference.



14.11.2022: A talk by Dr. Benny to adolescents of St Vincent School on 'Diet & Diabetes'.
 17.11.2022: Observed National Epilepsy Day.
 23.11.2022: General Body with CME by Dr Arun PS, Consultant Neurosurgeon, KIMS Health on 'lifting the lid in stroke'.
 Dr Vineetha Nair's talk on COPD in Doordarsan.
 IMA Members attended protest march at MCH against assault of PG doctor. Participated IMA PG Association, KGMCTA & KGMOA.



27 **BRANCH : THRIPRAYAR**
PRESIDENT : Dr. Moly Baby
SECRETARY : Dr. Ajay Rajan

13.11.2022: Attended Annual State Conference.
 14.11.2022: Observed World Diabetes Day & awareness class at FHC Maranalur.



17.11.2022: Observed National Epilepsy Day.
 21.11.2022: Observed World COPD Day.
 25.11.2022: Observed international day for the elimination of violence against women.

28 **BRANCH : CHALAKUDY**
PRESIDENT : Dr. Prakash V.
SECRETARY : Dr. Dinesh P.S.

12 & 13.11.2022: Participated in the IMACON held at Kunnankulam.
 17.11.2022: Executive Committee Meeting, in which discussions were held to finalise arrangements for other activities.
 25.11.2022: Monthly Meeting at Hotel Sidhartha with CME on 'sports injuries and arthroscopic management' and a discussion on attack against lady doctor in MCH Thiruvananthapuram. Resolution was passed recommending boycott of medical camps and other elective activities requiring participation if IMA members till our issues are addressed by the authorities, in consultation with district, state and national IMA.

29 **BRANCH : THODUPUZHA**
PRESIDENT : Dr. Thomas Abraham
SECRETARY : Dr. Edwin George

09.11.2022: CME on Common errors in Insulin Therapy by Dr Nibu Dominic followed by cultural extravaganza by members and family members. Pre-recorded cultural videos shared by Dr Aji, Dr Reji, Dr Ebin.



14.11.2022: World Diabetic Day was observed with great passion and theme of the day was propagated by the members at their work places. An awareness talk was given by the secretary at Al-Azhar Medical College. MSN and IMA Thodupuzha jointly organized public awareness skit on diabetes. Poster competition on complications of diabetes was conducted and prizes were distributed.

24.11.2022. GB and CME. Gb discussed organizational matters and its stand against hospital violent and condemned the unfortunate incident that happened at trivandrum medical college where a lady Doctor on duty was attacked by a bystander.



31 **BRANCH : KOTTARAKARA**
PRESIDENT : Dr. Sabeena Sundares
SECRETARY : Dr. Nithin Raju

14.11.2022: Children's Day & observed World Diabetic Day. Free diabetes screening camp was conducted at KSRTC bus stand Kottarakkara. In that program kids from different schools had taken pledge for a healthy lifestyle.



10.11.2022: The Great Walkathon Kottarakkara was conducted in connection with diabetic week.

26.11.2022: In connection with Rapha Aroma hospital 'Diabela' IMA also joined.



32 **BRANCH : MADHYAKERALA**
PRESIDENT : Dr. Thomas M.P.
SECRETARY : Dr. Freddy T. Simon

01.11.2021: "Kerala Piravi" observed. Members participated in the musical video.

08.11.2022: Executive Committee Meeting.

12 & 13.11.2022: Attended Annual State Conference. Awards were received by the branch members at the meeting.



IMA expressed its condolences over the death of veteran physician Dr Joy and father in law of Dr Sajan. IMA team including the office bearers visited both the bereaved family members personally and paid their tributes.

30 **BRANCH : MUVATTUPUZHA**
PRESIDENT : Dr. Manju Rajagopal
SECRETARY : Dr. Muhammed Hassan

03.11.2022: Dementia Awareness Programme organised by the Bodhi (Program under Social Justice Department) in association with the IMA, Muvattupuzha & Bar Council, Muvattupuzha & inauguration by Justice Sini Kuruvilla. Chief Guest Dr Jithu Jacob Varghese conducted awareness class on Dementia.

04.11.2022: IMA, wdw and Blood storage centre, GH Muvattupuzha conducted an awareness session on blood transfusion services to staff nurses. Discussed various aspects in safe blood practices including collection, bed side administration, compatibility testing, transfusion reactions and do and don'ts in safe blood practices.

14.11.2022: IMA, IAP Malanadu and General Hospital Muvattupuzha observed Children's day 2022 at GH, presided by RMO Dr Dhanya, Dr N Ajithkumar welcomed the gathering. Dr Manju Rajagopal inaugurated the function.

17.11.2022: IMA Muvattupuzha in association with Charis Hospital and ISA Malanad organised COLS-BLS training program for doctors and staff nurses. Welcome address by Dr Aji Balakrishnan. Program was coordinated under the guidance of Dr Manju Rajagopal.



14.11.2022: World Diabetes Day observed. Divya Bijoy and Alvina Rose presented a video on Diabetic Food “Basen Chila” the recipe contributed Devika K.

14.11.2022: Children's Day. Dr. Liza Thomas Paediatrician; Secretary conducted a growth check-up camp on Children's Day at Kothamangalam. Weight, Height and other parameters were measured and kids were screened for symptoms of nutritional deficiencies. Awareness was given on proper and balanced nutrition, periodic deworming and personal hygiene.

16.11.2022: General Body Meeting.

16.11.2022: Scientific Program. Dr. Vishnu P. S. (Consultant Neurosurgeon, Welcare Hospital, Kochi) talked about Lumbar IV Disc Prolapse & Dr. Abel Thomas Oommen (Consultant Neurologist, Welcare Hospital) about Diabetic Neuropathy at the General Body Meeting of the branch.

16.11.2022: National Paedodontic Day. Dr. Liza Thomas spoke about the necessity of educating parents and caretakers in taking care of oral & dental hygiene from early infancy.



25.11.2022: Kerala Ophthalmological Society Annual Conference. Dr. Elizabeth Joseph, (Consultant Ophthalmologist, LF Hospital, Angamaly) spoke at the annual conference of Kerala Ophthalmological Society at Calicut.

26.11.2022: International Day for Elimination of Violence against Women for with a candle light night walkathon over Mahilalayam Thuruthu bridge, Aluva.

27.11.2022: Free Lifestyle Diseases Screening Camp, Malayattoor.

27.11.2022: Conducted Paediatric Camp, Awareness session on healthy Lifestyle, Gynaecology camp, General Medicine camp & ENT Camp at Malayattoor.

28.11.2022: Medical Camp & Anaemia detection camp was held at Sreemoolam Clinic, Sreemoolanagaram.

28.11.2022: Blood tests to screen Diabetes, Kidney function and Hyperlipidemia were done free of cost in

association with Muthoott Snehashraya. Medicines were distributed free of cost. Father Davis Chirammel, popularly known as “Kidney priest” attended and felicitated the camp activities.



33 **BRANCH : SULTHAN BATHERY**
PRESIDENT : Dr. Abdul Gafoor Kakkodan
SECRETARY : Dr. Sunny George Eluvathingal

29.11.2022: General Body Meeting & CME on 'Managing Liver Tumours- Where do we stand' by Dr. Noushad, Aster Mims Calicut.



34 **BRANCH : KUNNAMKULAM**
PRESIDENT : Dr. Shaji P.S.
SECRETARY : Dr. Jerry Joseph K.

01.11.2022: 16th General Body and 10th CME on “A Multifaceted approach to Vertigo management” by Dr Siddharth Suresh, consultant ENT Surgeon, Mother hospital, Thrissur. Dr Devdas, organising chairman presided the organising committee meeting. Installation of Women Doctors Wing Committee was also conducted in the same function.

08.11.2022: Executive Committee Meeting & a resolution was passed by the executive committee.

09.11.2022: Finance Committee Meeting for annual state conference. Committee chairman Dr Varghese Paul presented the various income and expenditure reports.
 10.11.2022: Organising Committee Meeting of IMA State Annual conference at IMA House, Kanippayur.
 12.11.2022: Press Conference at Kunnamkulam regarding the State Conference. IMA Kunnamkulam along with IMA State officials President Dr Samuel Koshy and Secretary Dr Joseph Benaven conducted press meet prior to the 65th State Annual Conference at Kunnamkulam Press club. Branch president Dr Ditto Tom, Organising Chairman Dr Devadas and Publicity convenor Dr Shameer Sulaiman also briefed at press meet.



Reception Committee Meeting at IMA House, Kanippayur.

12.11.2022: Medical camp at Kunnamkulam Town with regard to IMACON.

11.11.2022: Reception to state leaders at Telcon International Convention centre prior to State annual conference.

12 & 13.11.2022: Annual State General Body Meeting at Telcon. IMACON 2022 - LA ESPERANZA, Kunnamkulam. The 65th Annual State Conference of IMA KSB at Telcon International Convention Centre, Pannithadam, Kunnamkulam with Dr. K V Devadas as Organizing Chairman, Dr. Koshy George T as Organizing Co Chairman and Dr. Saju P K as Organizing Secretary under the leadership of branch president Dr. Ditto Tom P & branch secretary Dr. Unnikrishnan T.



15.11.2022: Organising Committee appraisal Meeting at IMA house, Kanippayur.

24.11.2022: Planning Committee Meeting prior to installation of new office bearers.

26.11.2022: Annual General Body of IMA Kunnamkulam branch and installation of new office bearers.



35 **BRANCH : NORTH PARAVOOR**
PRESIDENT : Dr. Mohandas M.K.
SECRETARY : Dr. Sunil P.K.

24.11.2022: Monthly GB with CME on "when should we refer a patient with epilepsy to a comprehensive epilepsy centre" by Dr Ashalatha Radhakrishnan, Epileptologist & HOD, Medical trust hospital & 'status Epilepticus in children' by Dr Sandeep Prabhu, Medical trust Hospital, Kuzhupully.



36 **BRANCH : CHERUKUNNU**
PRESIDENT : Dr. Purushotham Basappa
SECRETARY : Dr. Roshna Raveendran

17.11.2022: General Body and installation of new office bearers 2022-23.

29.12.2022: Installation of new office bearers. Dr Srikumar Vasudevan Past State President installed Dr Purushotham as Branch President of Cherukunnu and new team. New WDW President Dr Swarnalatha & Secretary Dr Jelna Mary Saju.

37 **BRANCH : NORTH WAYANAD**
PRESIDENT : Dr. Gokul Dev
SECRETARY : Dr. Binija Merin Joy

12 & 13.11.2022: The 65th Annual Conference IMACON 2022 hosted by IMA Kunnamkulam was attended by President Dr. Gokul Dev, IPP Dr. Roshin Balakrishnan, Joint Secretary Dr. Savan Sara Mathew, Senior members Dr.T.V Surendran and Dr Swamidasan. Our Central Council member who was the district representative of SSIII was awarded Chairman's appreciation award.

22.11.2022: Emergency Executive Meeting to discuss regarding the incident which happened in the Emergency Department of District Hospital, Mananthavady on 20/11/2022.

38 **BRANCH : NEDUMBASSERY**
PRESIDENT : Dr. Vivek Kamath
SECRETARY : Dr. Hashim Veerankutty

14.11.2022: World Diabetes Day. IMA Nedumbassery along with Muscat region Wings of Women's World (WWW-a global organization of women) organized a session on "Know About Diabetes from Experts" for the

public on 17th November in Muscat, Oman. Three Experts in this field were invited to be speakers: Dr Gopakumar, Specialist Diabetologist; Dr Edwin Stephen, consultant vascular surgeon, and Dr Bindu Das, Senior specialist, Ophthalmology Chief guest for the evening was Mr P.M. Jabir Maliyakkal, a selfless social worker in Oman , and director of Kerala Pravasi Welfare Board .Dr Usha Gopakumar- muscat region head of WWW gave an insight into Wings of Women's World .Dr Gopakumar gave a detailed information on Diabetes/ Pre diabetes – prevention and control and management. Dr Edwin explained in detail regarding Diabetic Foot, prevention and care, Dr Bindu explained in detailed regarding symptoms of diabetic retinopathy and the need for regular screening to prevent complications.



39 **BRANCH : KOTTAYAM**
PRESIDENT : Dr. Elias Joseph
SECRETARY : Dr. Ganesh Kumar J.R.

10.11.2022: General Body Meeting.
 17.11.2022: Online Session on Cervical Cancers screening and vaccination by Dr. Preethy Korah to inner wheel club members of Kottayam.
 22.11.2022: Inauguration of the renovated District Palliative Care unit.
 29.11.2022: An awareness class on CA Cervix Breast and Oral Cavity was given to health staff, Asha workers and Kudumba Sree members on Pallikkathod Panchayath by Dr Neetha Paul.



40 **BRANCH : PERINTHALMANNA**
PRESIDENT : Dr. Shaji Abdul Gafoor
SECRETARY : Dr. Jaleel K.B.

02.11.2022: Installation of new office bearers. The official functions followed by cultural events organised by WDW.
 02.11.2022: First Aid Training Programme for General public by Dr Sasidharan at private bus stand.

05.11.2022: Medical camp at Pakalveedu by Dr Bineesh, Neurologist.

08.11.2022: Endodiabcon-CME programme inaugurated by Perinthalmanna Municipal Chairman Sri Shaji. Classes led by Endocrinologist Dr. Anish Ahammed and Dietician Sudha Sreejesh.



08.11.2022: IMA Perinthalmanna along with KGMOA Malappuram district conducted protect organised at Malappuram Collectorate addressed the gathering by Dr Samuel Koshy President IMA KSB.



10.11.2022: Conducted an awareness session for mothers regarding benefits of vaccination in connection with World Immunisation Day by Dr Bavitha V Junior consultant, Paediatrics.

10.11.2022: International Science Day Celebration at Valluvanad HSS. Conducted a science exhibition, Dr Soumya Sathyan Consultant Physician, Moulana Hospital was the Chief Guest and conducted a seminar for the students.



13.11.2022: Members Attended State IMA conference La Esperanza at Kunnankulam. IMA Perinthalmanna bagged the best Branch award for 300-800 members category & Dr PT Cheriyan Award.

13.11.2022: Endodiabcon - CME Programme.

14.11.2022: World Diabetes Day Walkathon and awareness class & arranged a COLS awareness class for

the public & an exhibition at Moulana Hospital inaugurated by Dr Shaji. And a fitness session was also organised at EMS Hospital Perinthalmanna.

14.11.2022: COLS Training for public.

17.11.2022: National Epilepsy Day Programme at Moulana Hospital. Dr Bineesh neurologist Moulana Hospital conducted an awareness session on epilepsy.

19.11.2022: COLS Training to Bharat Scouts and Guides unit GVHSS Edathanattukara by Dr Sasidharan.

24.11.2022: Monthly CME Programme.

41 **BRANCH : UPPALA**
PRESIDENT : Dr. Kunhiraman M.
SECRETARY : Dr. Veerendra K.H.

17.11.2022: Installation Ceremony at KNH Hospital, Uppala.

42 **BRANCH : KANHANGAD**
PRESIDENT : Dr. Padmanabhan T.V.
SECRETARY : Dr. John John K.

09.11.2022: Executive Committee Meeting.

25.11.2022: General Body Meeting & CME on 'Interventional Radiology in Clinical Practice'.

43 **BRANCH : KANNUR MALABAR**
PRESIDENT : Dr. Cletus Kanakappalli
SECRETARY : Dr. Suresh Babu M.P.

Conducted General Body Meeting.

44 **BRANCH : MAVELIKARA**
PRESIDENT : Dr. Sonia Suresh
SECRETARY : Dr. Dileep Kumar K.

14.11.2022: Observed World Diabetes Day. IMA members, Nursing students and Nurses from Sreekandapuram Hospital and VSM hospital along with staff of Preethi clinic and members of Rotary Club of Mavelikkara participated. It was followed by Diabetic Camp and Awareness class held at VSM Hospital and Preethi Clinic Mavelikkara.



25.11.2022: The GB and CME on 'peptic ulcer - an overview' by Dr. Jijo Varghese consultant Gastroenterologist.

45 **BRANCH : PONNANI**
PRESIDENT : Dr. Salim N.M.
SECRETARY : Dr. Arun M.P.

18.11.2022: General Body Meeting and CME on 'ECG in Chest Pain' MIMS Kottakkal Cardiology department Dr. Thensin Naduvancheri, Dr. Suhail, Dr. Jenu James, Dr. Mohammed Musthafa and Dr. C.V. Roy are participated.

46 **BRANCH : KONDOTTY**
PRESIDENT : Dr. Naseer C.P.
SECRETARY : Dr. Saibin Ahamad Sageer P.K.

22.11.2022: General Body Meeting & CME on 'Bone Marrow Transplantation' by Dr. Shinto Francis, Thekkkudan.



47 **BRANCH : THALAPILLY**
PRESIDENT : Dr. Saleem P.M.
SECRETARY : Dr. Manoj C. Varghese

07.11.2022: Executive Meeting was held at IMA hall Wadakkanchery Presided by President Dr. P.M Saleem.

15.11.2022: General Body Meeting was held @ Hotel Deliza Wadakkanchery & CME on 'liver & amp ATT'. Guest Speaker was Dr. Praveen Kumar; HOD of Govt Medical College Thrissur.

Benefits of SS Scheme handed over to family Members of our deceased member Dr. Vijayakumar.

IMA participated in the Felicitation meeting organised by Divine Medical Centre for Wadakkanchery Municipality, for having secured honours in implementing various health programmes.

Medical camps were conducted by IMA in association with Divine Medical Centre Wadakkanchery at various places.

48 **BRANCH : CHANGANACHERY**
PRESIDENT : Dr. Narayana Panicker M.
SECRETARY : Dr. Jinny John

25.11.2022: Monthly Meeting was conducted at Contour Backwater's Changanacherry & had a talk on 'interventional pulmonology' by Dr Praveen, Consultant pulmonologist, Aster Kochi.

49 **BRANCH : VANIAMKULAM**
PRESIDENT : Dr. Bharathan C.S.
SECRETARY : Dr. Mikhael Joseph Paul

15.11.2022: General Body Meeting to elect the representatives.

50 **BRANCH : THAMARASSERY**
PRESIDENT : Dr. Abraham G. Thomas
SECRETARY : Dr. Bijin Joseph

Installation Ceremony.

51 **BRANCH : IRITTY**
PRESIDENT : Dr. Ramesh Hariharan
SECRETARY : Dr. Ranjith Mathew

15.11.2022: General Body Meeting and Installation Ceremony held at River Breeze Gardenia, Iritty Kannur. Installation officer was Dr Srikumar Vasudevan.



52 **BRANCH : PAYYANNUR**
PRESIDENT : Dr. Haridas M.
SECRETARY : Dr. Sajin K.M.

10.11.2022: Election General Body Meeting. 35 members registered and Participated in the IMA State Conference.

14.11.2022: World Diabetic Day Celebration in association with Walkers Club. Conducted walkathon and diabetic awareness class by Dr Aboobacker at payyannur and conducted diabetic detection camp in association with Anaamaya Hospital Payyannur.

53 **BRANCH : PERAMBRA**
PRESIDENT : Dr. Sachith D.
SECRETARY : Dr. Sheeja Viswanathan

17.11.2022: Executive Committee Meeting. Main agenda was to take important decisions regarding the on-going building project.

23.11.2022: General Body & CME. Dr. Deepak Jain took a class on 'CT Scan on general practitioners perspective' & after the class, celebrated birthdays of members.

28.11.2022: Dr Sachit released next class on parenting through his You tube Channel.

54 **BRANCH : KARUNAGAPALLY**
PRESIDENT : Dr. Reghu K.
SECRETARY : Dr. Sen C.R.

11.11.2022: Executive Committee Meeting. Association matters discussed.

30.11.2022: General Body Meeting with Scientific Session. Dr. Arjun Athmaram and Dr. Vishnu R Krishnan, consultant laparoscopic surgeons of Kims Health hospital, Kollam enlighten the members with their excellent talk on Minimum invasive surgeries. Dr. C R Sen, Dr. B. Abdul Salam and Dr. K. Parameswaran pillai attended the Annual State Conference at Kunnankulam. Fraternity beneficiary amount from SSS III were handed over to the nominees of two deceased members.

55 **BRANCH : CHATHANNUR**
PRESIDENT : Dr. Jyothi K.
SECRETARY : Dr. Syam Gopinath

24.11.2022: General Body Meeting and CME was conducted at Madathil Regency, Kottiyam. Dr Sanoop KS, Cardiologist and Dr Remi George Thomas, Nephrologist (Meditrina Hospital, Kollam) presented the CME topics.



56 **BRANCH : BALUSSERY**
PRESIDENT : Dr. Venugopalan V.C.
SECRETARY : Dr. Vijayan P.

26.11.2021: Free Ophthalmology Medical Camp. Branch Secretary Dr. Vijayan P, led the camp.

57 **BRANCH : KALPETTA**
PRESIDENT : Dr. Rajesh Kumar M.P.
SECRETARY : Dr. Sreeharsha Sirigeri

President Dr. Rajeshkumar MP attended a workshop on 'Fortified rice and it's Nutritional and health benefits' organized by UNWFP and Civil Supplies Department. Members attended NTEP CME held by the District TB Office, Wayanad.

26.11.2022: In solidarity with the protest of the doctors of Govt. Medical College, Mananthavady under the leadership of KGMOA, against violence at the Medical College casualty, members of IMA Kalpetta wear black badges.

58

BRANCH : THEMMALAPURAM
PRESIDENT : Dr. Kuttamani T.K.
SECRETARY : Dr. Majesh Antony

12 & 13.11.2022: Members attended State Annual Conference. Other activities are Membership campaign, Group discussion and challenges follow up.
 29.11.2022: Malampuzha MLA visited hospital.

**59**

BRANCH : MANNARKAD
PRESIDENT : Dr. Abdu Kalladi
SECRETARY : Dr. Devendra B. Naddoni

16.11.2022: Branch conducted a School Health Program at Kalladi Abdu Haji Higher Secondary School Kottopadam.

60

BRANCH : FEROKE
PRESIDENT : Dr. Razak
SECRETARY : Dr. Ayisha Razeena E.K.

17.11.2022: Installation Ceremony of 2022-23 office bearers at Park Residency, Ramanattukara. Dr. Abdul Khader was the Installation officer.

**61**

BRANCH : KODUNGALLUR
PRESIDENT : Dr. Martin P. Joseph
SECRETARY : Dr. Sajith N.V.

12 & 13.11.2022: Members from branch attended the 65th Annual State Conference IMACON 2022. Dr. Nazar, as District representative, received President's appreciation award for target achievement of Rs. 35 Crores fraternity benefit in SSS2 and 20 members had joined. Dr. Feriyal received president's appreciation award for her exemplary performance as wdw mid zone joint secretary.

13.11.2022: Conducted 2 Diabetes Awareness Camps at Medigreen Hospital Vellangallur and St Vincent Hospital Irinjalakuda. Dr. Martin, inaugurated the camp at Medigreen Hospital, held under the leadership of Dr. Aji Rani. Dr. Nadeers Banu led the camp at St Vincent's Hospital Irinjalakuda.

14.11.2022: Observed World Diabetes Day.

**62**

BRANCH : MUKKOM
PRESIDENT : Dr. Namboodiri Arun Sankar
SECRETARY : Dr. Thanseer N.T.K.

20.11.2022: Executive Committee Meeting.

63

BRANCH : ALAPPUZHA
PRESIDENT : Dr. Krishnakumar K.
SECRETARY : Dr. Arun N.

Conducted 2 Executive Committee Meetings. GB and CME – 'Role of laparoscopy in Gynaecology And Basics of infertility workup' by Dr. Reshmi Manoj, Kinder hospital, Cherthala.

Observed World Diabetic Day in association with Health for all foundation & conducted awareness classes and free medical check-up for the public.

64

BRANCH : AMALA NAGAR
PRESIDENT : Dr. Jayakrishnan Kolady
SECRETARY : Dr. Sudheer U.

29.11.2022: IMA and MSN conducted a protest against attack on doctors. About 70 people including doctors and students participated. Secretary Dr. Sudheer and President Dr. Jayakrishnan addressed the gathering.

**65**

BRANCH : PANOOR
PRESIDENT : Dr. Salmath K.T.
SECRETARY : Dr. Sruthi K.

01.11.2022: Conducted General Body Meeting through online.

06.11.2022: IMA Panoor with Denovo Multi Speciality Health Care has arranged a CME on "Approach to Chest Pain" by Dr. Manoj Kumar, Senior Consultant Cardiologist, Baby Memorial Hospital Kannur.

Branch Activities - DECEMBER 2022

1

BRANCH : KUNNAMKULAM
PRESIDENT : Dr. Shaji P.S.
SECRETARY : Dr. Jerry Joseph K.

01.12.2022: Conducted Health Workers Training Programmes on "Post Exposure Prophylaxis in HIV" in Shanthi Hospital Punnayurkulam, Unity Hospital, Kanippayur and Ittimani Memorial Hospital, Kunnamkulam in connection with World AIDS day.

05.12.2022: IMA and wdw visited Ansar School for Children with special abilities as part of the observation of the World Disability Day and interacted with children of the school for special abilities and also conducted a Quiz program for the children and distributed gifts for the winners.

08.12.2022: Executive Committee Meeting. Secretary Dr Jerry Joseph K read out the minutes & Treasurer Dr Linto Antony presented the accounts.

09.12.2022: IMA & WDW visited the children of Blind school, Kunnamkulam in connection with World UNICEF Day. Dr Shaji P. S and Dr Padmasini addressed and Headmistress of Blind School Mrs Kousiya welcomed the gathering. Dr Dhanya gave a health education talk to the students on personal hygiene and healthy diet. Branch donated a music system with microphone to the Blind School for encouraging their singing and cultural activities.



11.12.2022: Participated in daily Medical Camp at Guruvayoor temple.



11.12.2022: Conducted a free Medical Camp at Kottol, Pazhanji for the public. 20.12.2022: General Body Meeting and an awareness session on 'Strategies to prevent and to intervene in hospital attacks by Dr Pavan Madhusudan.

29.12.2022: IMA in association with Govt High School, Pazhanji conducted a First Aid Class and a Basic Life Support (BLS) training program for Students of National Service Scheme.

Christmas and New Year Celebrations "ELECTRA 2023" on New Year Eve at IMA House, Kanipayyur inaugurated by Dr. Shaji PS & Christmas message by Dr. Sara Thomas. There were plenty of cultural programs including group dances, carol singing, duets, skits, reels roll and cine ramp walk by IMA members.

2

BRANCH : KONDOTTY
PRESIDENT : Dr. Naseer C.P.
SECRETARY : Dr. Saibin Ahamad Sageer P.K.

22.12.2022: General Body Meeting & CME on 'Latest Innovations In Cardiology' by Dr Gireesh, Interventional Cardiologist Metro Cardiac Centre.

3

BRANCH : KANHANGAD
PRESIDENT : Dr. Padmanabhan T.V.
SECRETARY : Dr. John John K.

01.12.2022: World AIDS Day Celebration in association with DMO and Government Nursing School, Kanhangad.

06.12.2022: Executive Committee Meeting.

22.12.2022: Family Meet - Christmas and New year celebrations

4

BRANCH : KOZHIKODE
PRESIDENT : Dr. Venugopalan B.
SECRETARY : Dr. Sandhya Kurup

01.12.2022: Dr. B. Venugopalan attended the district level Awareness programme at DMO office in connection with World AIDS day. District TB Office and Aids Control Society conducted Awareness programme & Candle light at Moffusil Bus Stand.



01.12.2022: Team IMA Meeting through zoom platform.
 02.12.2022: Executive Committee Meeting.
 04.12.2022: Attended Branch President's & Secretaries Meet.
 05.12.2022: Conducted ELS Training for auto drivers in association with Dept. of Anaesthesia & Dept. of Emergency Medicine, Nirmala Hospital.
 05 & 12.12.2022: CIMAWARS Building Committee Meetings.
 14.12.2022: Special Executive Committee Meeting.
 18.12.2022: Dr. K. Sandhya Kurup gave awareness class on 'Fatty liver' in All India Radio.
 18.12.2022: Scheme Managing Committee Meeting at Periyar House, Aluva.
 21.12.2022: Dr Joseph Benaven, State Secretary released the IMA Kozhikode Calendar and handed over to Sr. Vice President Dr Raju Balaram.
 21.12.2022: Building Committee of IMA signing the project agreement.
 21.12.2022: AMS Monthly Meeting & CME on 'Unravel the thread of pregnancy dermatoses' by Dr. Arya James, Senior Specialist, Aster Mother Hospital and on 'Recent advances in management of Varicose veins' by Dr. Amal V Antony, Consultant in General Surgery, Aster Mother Hospital.
 22.12.2022: Condolence Meeting & General Body Meeting.
 23.12.2022: Observation of world Disability Day & donated ordinary bed, water bed, bed sheet etc in Dept of PMR, Medical College, Kozhikode. Dr. B. Venugopalan handed over the equipment to Dr. Sreedevi Menon, HOD of PMR, Govt. Medical College.
 26 to 28.12.2022: Members attended IMA National Conference at Prayagraj & branch bagged 6 awards.
 28.12.2022: CGP Monthly CME on 'Remerging measles & common Immunization scenarios in children – A practical update' by Dr. Krishnamohan R, Consultant Paediatrician & Allergy Specialist, Govt. Health Services, Kerala.
 31.12.2022: New Year Celebration.



5

BRANCH : DESINGANAD
PRESIDENT : Dr. Anuroop Shanker
SECRETARY : Dr. Vinod S.

13.12.2022: General Body Meeting, CME and Installation Ceremony at Hotel All Season. CME on "Emerging and Remerging Diseases in Kollam District" by Dr. Timmy R

George, Training Coordinator & Assistant Surgeon and on "An Update on Brain Tumours" by Dr. Ajaya Kumar A, HOD Department of Neurosurgery, Azeezia Medical College Hospital.
 Installed New office bearers. Dr. A Marthanda Pillai was the Chief Guest and Installing officer, Guest of Honour Dr. R Ashokan & Keynote address by Dr. Alex Franklin.



24.12.2022: Dr. Cini Priyadarsini V A attended IMA National Conference NATCON at Prayagraj.



6

BRANCH : KARAKONAM
PRESIDENT : Dr. Anusha Merlin J.
SECRETARY : Dr. Anu J.

01.12.2022: Observed World AIDS day & conducted an awareness talk at LMS Amaravila Higher Secondary school. A talk by Dr. Anu J. A detailed about AIDS, it's mode of spread, the life cycle, and the need to "Equalize-The theme for AIDS day, 2022" was elaborated by MSN members. IADVL pamphlets about this year's AIDS day program were distributed among the students.

09.12.2022: General Body Meeting.
 Dr. Ajin Sam was felicitated with a certificate and a memento for achieving the "Promising young doctor award" at the state conference. The consensus of the state Presidents and Secretaries meeting at IMA HQ was given by Dr. Jithu Godwin.

7

BRANCH : NORTH WAYANAD
PRESIDENT : Dr. Gokul Dev
SECRETARY : Dr. Binija Merin Joy

05.12.2022: Members attended the Presidents/Secretaries Meet at IMA Hqs, TVM.

09.12.2022: Executive Meeting, to discuss on future plans for the year 2022-23 and was decided to conduct general body meetings on third Wednesday of every month.

21.12.2022: GB Meeting and CME on "Scope of Plastic Surgery" by Dr. Roney Johnson John, Asst. Professor of

Surgery, GMC, Wayanad inaugurated by Chief Guest Dr. K.K. Mubarak, Principal, Government Medical College, Wayanad. Dr. T.V Surendran and Dr. Swamidasan presented mementoes to the Chief guest and speaker.
29.12.2022: Conducted a class on "First Aid" at St. Joseph's TTI, Kaniyaram, by Dr. Chandan A.P, Asst Professor of Anaesthesiology, GMC Wayanad.

BRANCH : THODUPUZZHA

8 PRESIDENT : Dr. Thomas Abraham

SECRETARY : Dr. Edwin George

01.12.2022: Executive Committee Meeting & discussions reg: Christmas celebrations, Prevention and proceedings on Hospital Attacks, Renovation of IMA Hall at Nadumkandom, Inauguration of AMS activities and requesting for AMS State Conference.

14.12.2022: CME on "Caring and Treating our Senior Patients" by Dr Jino Joy, chaired by Reji Jose & vote of thanks by Dr Kim George followed by cultural extravaganza by members.



29.12.2022: Christmas Celebration. Dr Sonu Manuel conducted live Christmas quiz through online website. Santa Claus wished and blessed all IMA Family with gifts and chocolates. Followed by the presentation of the Christmas reels and photos on stage. Gifts and prizes were distributed by Santa Claus.

Ballistic event was conducted outside the hall. Dr Jacob C V introduced the chief guest Dr. Mathew Kuzhalsadan, MLA.



BRANCH : NEDUMANGAD

9 PRESIDENT : Dr. Mohammad Asharaf P.A.

SECRETARY : Dr. Hema Francis

01.12.2022: Observed World AIDS Day. Dr. Muhammed Asharaf presided and Shri. Ajayakumar inaugurated the program & vote of thanks by Dr. Arun.

IMA and Taluk Hospital Vithura observed World AIDS Day at Govt VHSS Vithura; conducted Rally and Seminar by Dr. Anju K Kanmani, Pediatrician Taluk Hospital Vithura.

IMA, DH Nedumangad and Nightingale College of Nursing observed World AIDS Day at District Hospital presided by Dr. Nita S Nair, Superintendent and inaugurated by Dr. Hema Francis. Conducted Awareness class, Poster presentation and skit for the public.

02.12.2022: Seminar meeting was presided by Dr. Hema Francis and inaugurated by Smt. Raseena, HM, Iqbal VHSS, Peringammala. The health talk on 'Adolescent Health' by Dr. Hema Francis; Smt. Sheema teacher welcomed the participants and Smt. Rani, proposed vote of thanks.

03.12.2022: Breast Cancer Awareness Class and I breast screening at Govt HSS, Anappara by Dr. Hema Francis. I breast screening was done for 35 participants.



04.12.2022: President and Secretary attended the President/Secretary's meet held at IMA HQ, Trivandrum.

13.12.2022: Executive Committee Meeting.

17.12.2022: GB Meeting.

30.12.2022: Seminar at Govt HSS Pettah presided by Dr. Hema Francis, and inaugurated by Smt. Bindu, NSS Coordinator. The health talk on 'Adolescent Health' by Dr. Hema Francis & was followed by an open interaction where in the students.



BRANCH : KAZHAKUTTOM
PRESIDENT : Dr. Syamlal S.
SECRETARY : Dr. Kalpana Gopan P.

01.12.2022: Executive Committee Meeting in zoom platform. Dr Kalpana presented the minutes. President congratulated Dr.Benny on behalf of IMA for getting National IMA award for dedicated CGP activities as CGP State Director.

07.12.2022: Adolescent Issues Class lead by Dr. Riaz.

15.12.2022: GB with CME on 'mood swings and Rides' by Dr Sheena G Soman. As part of X'mas and New year Celebration Cake cutting function done.



A session on mental health for adolescents by Dr. Susha John in Govt higher secondary school Ayiroorpara.

An excellent talk on 'Immunisation and Nutrition' at CHC. Free Medical Camp conducted by Rural Police and Pothencode Police for the Guest Laborers.



Dr. Kavitha Ravi received National President's Appreciation Award for Best National Office Bearer.

BRANCH : NEMOM
PRESIDENT : Dr. Vijayakumar J.
SECRETARY : Dr. Pradeep Kumar A.S.

01.12.2022: IMA & WDW organised an interactive session on 'Mental Health issues in Adolescents' in Government GHS, Manacaud, Thiruvananthapuram inaugurated by the Principal Mr Sajan S Bennison.

01.12.2022: Scientific session on World AIDS Day, 'Post Exposure Prophylaxis in HIV/AIDS' by Dr. Santhosh Kumar, Professor of Paediatrics added specific points to be taken care of in children. Dr. V. Mohanan Nair, Public Health expert and Specialist in Medical Ethics explained about the ethical issues in breaking the confidentiality in HIV/AIDS.

04.12.2022: Participated in President and Secretaries Meet at IMA HQ, Anayara.

06.12.2022: Conducted the Cabinet meeting in virtual platform.

11.12.2022: Conducted Life Style Disease clinic, in association with Cherupazhanjidevi Sewa Society (CHESS) in Karamana. Dr. Sreedhar, DHS (Retired) and IPP of Nemom branch conducted the clinic and health education session.

15.12.2022: Executive Committee Meeting.

16.12.2022: COLS and ELS training session under the auspices of its WDW and ELS Training Wing. IMA, WDW and MPH in association with NSS unit, KSWDC, women cell and Health Club of Madhavakavi Memorial Arts and Science College, Malayinkeezhu conducted COLS and ELS training to the students of this college.

16.12.2022: Visited Asadeepam buds' special school in Malayinkeezhu and observation of international day for differently abled people. The inmates showed their talents with music and cinematic dances.

20.12.2022: CME and General Body meeting. CME on "Gliptins – Revisited" by Dr. V. Mohanan Nair, Diabetologist and Public Health Specialist. Then, Xmas and New year celebrations were also conducted by cutting the cake.



24.12.2022: Medical camp at Government HSS Neyyar Dam in association with NSS unit of MMS Government Arts & Science College, Malayinkeezhu inaugurated by Principal Dr. Subash and Dr. Vighnesh conducted the camp.

26.12.2022: COLS & ELS Training session and medical camp in LBS Institute of Technology, Poojapura in association with NSS unit VVHSS Nemom inaugurated by Dr. Vijayakumar. The classes were taken by Dr. Leena Ratnam & Dr. Vighnesh. A medical camp was also conducted by Dr. Vighnesh.

26.12.2022: COLS & ELS Training session in Government UP School, Kulasekharam in association with NSS unit in VHSS Vattiyoorkavu.

27 & 28.12.2022: Participation in NATCON at Prayagraj.

28.12.2022: JPEF Mini CME at Residency Towers in association with P. Kesavadev Trust. The CME was inaugurated by Dr. Vijayakumar J, President, IMA Nemom. Dr. Jothydev Kesavadev, Dr. Devin Prabhakar, Dr. Benny P.V, Dr. Arun Shankar, Dr. Shahana Yasmin, Dr. Junaid Naina spoke on the occasion. 2023 new diabetes treatment guidelines were discussed in detail. The new drugs Imeglimin, Finerenone (for kidney protection) etc were also introduced.



12 **BRANCH : CHANGANACHERY**
PRESIDENT : Dr. Narayana Panicker M.
SECRETARY : Dr. Jinny John

21.12.2022: Monthly Meeting for at Medial Hall, St Thomas Hospital Chethipuzha, Changanacherry. Had a talk interesting case 'vignettes in thyroid and parathyroid disorders' by Dr Philip Finny, consultant Endocrinologist, Believers Church Medical College Thiruvalla and also conducted Panel discussion on 'Hospital violence'.

13 **BRANCH : CHERTHALA**
PRESIDENT : Dr. Muralikrishnan U.
SECRETARY : Dr. Aroosh T.P.

07.12.2022: GB Meeting. Dr Aroosh.T.P, presented the minutes. Construction of permanent compound wall in remaining IMA area was given to Mr.Sureshkumar proposed by our senior member Dr.Haridas., Auditing of accounts and file income tax for the year 22/23.The GB congratulated Dr Shaju Mathan joint secretary PEPS for his work for Employment Bureau.

CME on 'Rheumatoid Arthritis' by Dr. Padmanabha Shenoy, Care Hospital Ernakulam.



07.12.2022: Executive Meeting. 3 members took membership, 3 members joined SSS1 and 1 in PPS.

14 **BRANCH : VANDIPERIYAR**
PRESIDENT : Dr. Suresh Babu N.
SECRETARY : Dr. Muthuraj P.

30.12.2022: Family get together/Christmas and New Year Celebrations. Dr. Josan was chief guest who delivered speech about hospital attack, unemployment among doctors and various schemes.



15 **BRANCH : IRITTY**
PRESIDENT : Dr. Ramesh Hariharan
SECRETARY : Dr. Ranjith Mathew

15.12.2022: General Body Meeting and CME on 'Total Spine Surgery' by Dr. PV Nair & Dr. Mahesh Bhat.

16 **BRANCH : KANJIRAPALLY**
PRESIDENT : Dr. Babu Sebastian
SECRETARY : Dr. Mathew P. Thomas

IMA conducted Academic Session on 'Common Rheumatological Conditions'

Discussion regarding hospital attacks and building an IMA house was done.



17 **BRANCH : ANCHAL**
PRESIDENT : Dr. Radhakrishna Pillai
SECRETARY : Dr. Chintu Oommen

13.12.2022: CME by Dr. Sajith Varghese, Associate Prof, Pushpagiri Medical College,Thiruvalla on 'Insomnia Disorders : A Rational Approach To Its Management'.



01.12.2022: AIDS Day Programme at PHC Dharmadam coordinated by Dr. Dilnath, Dr.Dhanya and Dr. Fahad and conducted awareness class for inmates of sub jail, Kannur & FHC Muzhapilangad by Dr. Sreeja Viswan. IMA & Kannur Medical College jointly conducted a Flash Mob at Chakkarakkal Bus Stand.

World AIDS Day programme in General Hospital Thalassery by College of Nursing in association with Ima, wdw, Lions Club, TB Unit, inaugurated by Supdt Asharani & Felicitation by Dr.Suja Ajith. An exhibition on AIDS, Video presentation and puppet show was arranged.

Awareness class at 9K Girls BN NCC Nirmalagiri College, Kuthuparamba on Zoom Platform by Dr.Rejna Dilnath.

01.12.2022: Condolence Meeting was held on the sad demise of Dr. Varghese. V.L.

02.12.2022: Reproductive Health Session for adolescent Group at Govt Brennen HSS by Dr.Suja Ajith.

02.12.2022: Free Thyroid Camp at Thalassery Mission Hospital presided by Dr.Jayakrishnan Nambiar.

03.12.2022: International Day of People with Disabilities. Health Check up for children conducted.

04.12.2022: Reproductive Health Session for adolescent Group at AKG Memorial Higher Secondary School by Dr.Radhika Aravind.

05.12.2022: Attended Branch Presidents/Secretaries Meet.

05.12.2022: Attended IAP Installation Ceremony at Gokulam Fort Thalassery.

06.12.2022: Reproductive Health Session for adolescent Group at Kavumbhagam HSS School by Dr.Radhika Aravind.

06.12.2022: Adolescent Reproductive Health Class at Mattannur HSS by Dr. Suchitra Sudhir.

06.12.2022: Reproductive Health Session for adolescent Group at IMNS GHSS by Dr.Rejna Dilnath.

07.12.2022: Reproductive Health Awareness Class at Govt Brennen HSS by Dr.Suja Ajith.

07.12.2022: Executive Committee Meeting welcomed by Dr.Jayakrishnan Nambiar.



09.12.2022: Dr. Maya took awareness class for Anganwadi workers on (1). Integrated management of childhood illnesses various,(2). Endemic disease of childhood,(3).Growth monitoring,(4).Immunisation in children at Anganawadi Training Centre, Pinarayi.

09.12.2022: Dr.Aishwarya A P gave an awareness class on Kannur News Channel regarding 'Post Covid Lung Fibrosis'.

09.12.2022: IMA &AMS conducted a CME at IMA Hall. CME on Guest lecture on 'Parapharyngeal Tumours Unraveling the Pyramid' by Dr.Sajith Babu ,Senior Consultant Surgical Oncology, Aster MIMS.

10.12.2022: Human Rights Day. Awareness class to Asha workers at PHC Dharmadam by Dr.Dhanya Chandran. Conducted a talk on "Human rights in Medical Practice" by Dr.Srikumar Vasudevan.

10.12.2022: St.Joseph's Higher Secondary School Centenary celebration. Dr.Rajeev Nambiar was special invitee as old student of St.Josephs HSS and delivered speech representing the old student.

11.12.2022: Unicef Day. Health Check up camp at Tellicherry Co-op Hospital.

11 &12.12.2022: Reproductive Health Class at Muzhapilangad Higher Secondary School by Dr.Geetha M.

13.12.2022: IAP CME on 'Follow up of High Risk Neonate' by Dr.Prasad Kumar P,Consultant Neonatologist, BMH Kannur.

13.12.2022: IMA & CGP conducted a CME on 'Basics of Backache' by Dr. Mahesh Bhat, Consultant Paediatric Neurosurgery,Aster MIMS Kannur.

14.12.2022: Press Meet at Press Club regarding IMA prestigious project launch Don't do drugs campaign on 18th December by Chief Minister at Lotus Auditorium, Thalassery. Dr.Jayakrishnan Nambiar and Dr.Nadeem Abootty attended the press meet and briefed the media about the upcoming programme and one Year Long Project.

14.12.2022: IMA with AMS conducted Clinical Club meeting at Hotel Navarathna INN on "Blood Transfusion-Reviewing the Practices" by Dr.Mohandoss M, and on "Human rights in Medical Practice" by Dr.Srikumar Vasudevan.

16.12.2022: Surgery Camp at Tellicherry Co-op Hospital presided by Dr. Jayakrishnan Nambiar.

17.12.2022: Mrs.Soniya Pushparaj conducted bouquet making unit in Chamber Expo 2022 conducted at Kannur.

18.12.2022: Honourable Chief Minister of Kerala Mr Pinarayi Vijayan inaugurated Don't Do Drugs Campaign. Honourable Speaker Adv A N Shamseer was the Chief guest of the day. Unveiling of official logo of Don't do Drugs also done by Hon'ble Chief Minister.



18.12.2022: IMA in association with Cycling club as a promo for official launch of "Don't Do Drugs" campaign conducted cycle rally.

23.12.2022: Blood Donation Camp at Tellicherry Co-operative Hospital by Dr.Rajiv Nambiar.

25.12.2022: ELS Training class at Kadambur School taken by Dr Shameel Usman.

26.12.2022: Dr Nadeem Abootty was the chief guest of the finals of the Super Six Cricket Tournament and distributed the prizes held at Thalassery.

27.12.2022: Don't Do Drugs . Awareness Campaign at NSS Camp students. Pattiam West UP School. Teacher Jisha Chidanandan presided over the function and Dr.Sajeev Kumar P B lead the class.

27.12.2022: Members attended IMA NATCON 2022 held at Prayagraj,UP. IMA Thalassery bagged awards.

27.12.2022: Dr.Dilnath Kallat lead an awareness session and Special Training for handling communicable diseases for health care workers / Asha workers which was conducted at PHC Dharmadam.

28.12.2022: Christmas Cake cutting in IMA Pain and Palliative Clinic at GH Thalassery. Distributed snacks to Cancer Patients and Bystanders.

28.12.2022: General Body Meeting & CME on "Role of Interventional Radiology in Clinical Practice" by Dr.Dilip Kumar, Sr.Consultant Endovascular and Neuro – Interventional Radiologist, Aster MIMS Kannur.

29.12.2022: Dr. Mohammed Yasid gave an awareness class on Kannur News Channel regarding Non-Alcoholic Fatty liver.

29.12.2022: ELS Training class for NSS Students by D.Anand K.

31.12.2022: Don't Do Drugs. Awareness Campaign at Lions Hall,Thalassery by Dr.Jayakrishnan Nambiar.

31.12.2022: ELS Training Programme for the Health workers of Tellicherry Co-operative Hospital by Shameel Usman Moidu.

Dr.Rajeev Nambiar attended "NER REKHA PROGRAMME" by Kannur Vision and was a panellist on the debate regarding Kannur airport functioning and future developments.

19 **BRANCH : CHATHANNUR**
PRESIDENT : Dr. Jyothi K.
SECRETARY : Dr. Syam Gopinath

22.12.2022: General Body Meeting. Dr Biju Nelson, District coordinator, IMA action force, Kollam led the discussion on hospital violence.



20 **BRANCH : KALPETTA**
PRESIDENT : Dr. Rajesh Kumar M.P.
SECRETARY : Dr. Sreeharsha Sirigeri

01.12.2022: World Aids Day was observed in Leo Hospital Kalpetta.

03.12.2022: International Day of Differently abled People with Disabilities. President Dr. Rajeshkumar MP visited home special School and interacted with the children.

27.12.2022: International Day of Epidemic Preparedness.

21 **BRANCH : THRISSUR**
PRESIDENT : Dr. Shobhana Mohandas
SECRETARY : Dr. Joseph George

01.12.2022: IMA Thrissur and IMA Blood Bank & Research Centre in association with Atreya Hospital Thrissur Observed World AIDS Day. Dr Ramkumar Menon, MD Atreya Hospital welcome the gathering. Dr Indudharan R, Vice President inaugurated the session.



01.12.2022: World AIDS Day. Awareness Talk at Thekkinkad Maithanam.

01.12.2022: Voluntary Blood Donation Camp at Atreya Hospital Thrissur by the Message "By Donating one Unit of Blood ,you will be saving 3 Lives". Dr V.K . Gopinathan , Director ,IMA Blood Bank welcomed the Donors.

03.12.2022: International Day of Differently Abled People at Hotel Elite. Ms Anna Daniel paediatric Occupational Therapist, Principal , BOT Program ,NIPMR, Kallettumkara , Spoke on Optimal Occupational Therapy for disabled children.

03 & 04.12.2022: GPCON 2022. IMA HQs National Conference " IMA College of General Practitioners" at Chennai. Dr Sharmila PM , Dr Joseph George and others attended.



09.12.2022: Donated medicines worth over Rs. 30,000/- to the First Aid Booth for Sabarimala Pilgrims being run by Guruvayoor IMA at Guruvayoor Temple Premises.

10.12.2022: CGP Sub Faculty conducted monthly CME at Hotel Elite International. Dr Govind Gangadharan, Medical Oncologist Lakeshore Hospital Kochi spoke on 'Breast Cancer Update 2022'. Dr P. Gopikumar past Senior Vice President KSB gave memento.

10.12.2022: Observed Human Rights Day at Hotel Elite International.

17.12.2022: Inaugural ceremony of the Newly Renovated IMA House Thrissur. Flag salutation by Dr Joseph George.

17.12.2022: Exhibition of Painting, Demo in Digital Painting and 3D Animation @ IMA House Thrissur.

17.12.2022: IMA honoured past presidents and secretaries of IMA Thrissur Branch.

22.12.2022: Dr Praveen Kumar V K, Chairman IMA CGP Thrissur, taking part in the First Aid Booth for Sabarimala Pilgrims at Sri Krishna Temple Premises.

29.12.2022: Cultural Wing IMA Thrissur tribute to legend Rajesh Khanna at Hotel Elite International. Musical Extravaganza by Dr Santhosh Babu Chairman IMA Cultural Wing.

29.12.2022: General Body Meeting and Scientific Session. Presidential address by Dr Shobhana Mohandas. Dr Joseph George, secretary presented the activity report. Scientific Session on " A Multidisciplinary Team Approach in the Management of Poly Trauma, Our Experience " by Dr Alfred Michael Consultant Neurosurgeon, Dr Abhishek KM. Consultant Orthopaedic Surgeon and Dr Jyoshid R Balan Consultant Plastic Surgeon Spoke on Poly Trauma management as team approach.

29.12.2022: Christmas and New Year Celebrated at Hotel Elite International. Chaired by President Dr Shobhana Mohandas. Cake Cutting & Musical Extravaganza by Dr Santhosh Babu Chairman IMA Cultural Wing.

BLOOD BANK REPORT

Total Blood collected During Camps	–	880	Units
Total Blood collected at Blood Bank	–	361	Units
Total blood and components issued	–	3242	Units
Total Camps Conducted	–	28	Camps

BRANCH : COCHIN

22 PRESIDENT : Dr. S. Sreenivasa Kamath
SECRETARY : Dr. George Tukan

10.12.2022: Monthly Meet & Christmas Celebration at IMA House. The Invited Guest was Dr. Srinivas Kamath, Kochi IMA President. Dr. Anitha Thilakan spoke on Elimination of Violence against Women. Mrs. Susan Varghese delivered the Christmas message, followed by Christmas Carols etc.

11.12.2022: IMA Cochin and Office of Mr. Hibi Eden, MLA jointly organized a Mega Medical Camp held at Rajiv Gandhi Indoor Stadium, Ernakulam.



14.12.2022: Executive Committee Meeting.

18.12.2022: IMA Cochin Branch organized a cultural fest for the IMA members and their family at IMA House, Kaloor. THANIMA 2022 is first of its kind that an association conducting a cultural fest exclusively for the doctor communities. Ms. Saniya Iyappan, Malayalam Actress inaugurated the fest.



21.12.2022: Monthly General Body meeting and CME. Dr. K. Ramadas, Director Clinical Operations and allied Services, Karkinos Health Care presented a talk on 'Challenges in Cancer Care India Ltd', Dr. Moni Abraham Kuriakose, CEO & Director Medical Affairs, spoke on 'Need for Integration of Primary and Cancer Care' and Dr. Ajith Nambiar Director of Lab Services, presented a talk on 'Cancer Diagnosis in Molecular Era'.

21.12.2022: Conducted a Christmas celebration by cutting cake and carol dance during the monthly meeting held at IMA House.

26.12.2022: Senior Doctors Forum of IMA Cochin meeting at IMA House. Mr. Thankachan T J, Rtd. Motor Vehicles Inspector gave a talk regarding "friendly MVD tips".

IMA Voluntary Donor Blood Centre. Total 572 units of blood were collected and 1678 units of blood and its components were issued to various hospitals in and around Ernakulam District. 250 poor patients availed the free medicine from our medicine bank.

BRANCH : VATAKARA

23 PRESIDENT : Dr. Anandan C.K.
SECRETARY : Dr. Vinod Kumar B.

01.12.2022: Executive Committee Meeting.

01.12.2022: World Aids Day. An excellent class was taken by Dr. Raheena MCH Calicut.



04.12.2022: Attended branch President's Secretaries Meet at IMA Hqrs Trivandrum.

13.12.2022: General Body and CME by Dr.Jithinlal, BMH,Calicut, Topic was 'Management of Lower urinary tract infection'

16.12.2022: Press Meet at IMA Hall. President Dr. C K Anandan, Secretary Dr.Vinod Kumar and Dr. M Muraleedharan interacted with them. 'Gazal Sandhya' was enjoyed by IMA members & family as well as selected music lovers at IMA hall.

31.12.2022: New Year Celebration was at Meadow view resort, Ayancheri.



24 **BRANCH : THALIPARAMBA**
PRESIDENT : Dr. Latha Mary Jose
SECRETARY : Dr. Arun Sankar

01.12.2022: World AIDS Day. Conducted a Health Awareness Quiz program for college students. 14 students from 7 different colleges in Kannur district attended the quiz program. Dr Madhavan K T was the quiz master.

12.12.2022: Executive Meeting.

14.12.2022: CME with General Body Meeting. CME on 'Endoscopic Spine surgery' taken by Dr Mahesh Bhat.T, Senior Consultant, neurosurgery and endoscopic spine surgery, Aster MIMS, Kannur.

31.12.2022: Christmas and New year celebrations. IMA Taliparamba welcomed the new year in a grand way. Hon. State Secretary Dr Joseph Benaven was also present at his home branch to welcome the new year.



25 **BRANCH : MALAPPURAM**
PRESIDENT : Dr. Vijayan K.
SECRETARY : Dr. Abdu Salam O.K.

01.12.2022: Measles Campaign at Madin Public School Malappuram.

04.12.2022: Dr. Vijayan and Dr. Abdu Salam attended Branch Presidents Secretaries Meet at IMA Hqrs.

5,6 & 07.12.2022: Dr Pareed KA conducted awareness class on Food & Exercise for Dialysis Patients at Shihab Thangal Free Dialysis Centre.

07.12.2022: Measles Camp at Madin Public School Malappuram. Dr. Nandakumar taken awareness class about Measles and importance of vaccination for children.

18.12.2022: Dr K A Pareed Participated in Malappuram Marathon.

20.12.2022: Dr. Asoka Valsala attended Measles Vaccination Camp at Madin School.



21.12.2022: Condolence Meeting for bereaved member Dr Ramakrishnan.

Dr Daber Pareed K State Convener JDN got best Junior Doctor Award from National President of IMA.

29.12.2022: Malappuram DC conducted a CME on Vaccination. President Dr Sulphi inaugurated the session. Dr. Samuel Koshy Dr, V.U.Seethi, Dr.Ajitha, D.M.O, leaders of IAP, KGMOA and all the leaders from different branches and active participation from the members also was there.

30.12.2022: Conducted X mas and New year Celebration, Family Meet and General Body Meeting.



26 **BRANCH : KANNUR**
PRESIDENT : Dr. Suresh V.
SECRETARY : Dr. Rajamohan C.K.

01.12.2022: General Body & Hybrid CME on 'HIV the story so far & road ahead' by Dr. Rakesh T.P.
 WDW Installation: Installed President Dr. Asha Rani & Secretary Dr. Shaheeda.
 08.12.2022: CME on Current concepts in 'Paediatric Surgery' by Dr. Vijay Ganesh.
 15.12.2022: CME on Cutaneous markers of systemic diseases' by Dr. Bifi Joy.
 22.12.2022: CME on 'Recent updates on molecular diagnostics' & 'TSH – A reliability study' by Dr. Krishna Chandran & Dr. Harisankar.



29.12.2022: Executive Meeting.

27 **BRANCH : KOLLAM**
PRESIDENT : Dr. Vinod George Philip
SECRETARY : Dr. Jinaraj Kumar M.S.

01.12.2022: The commissioning of IMA Blood Bank Project 2022 aided by Rotary international and supported by Rotary club of Quilon west was conducted at IMA Centre, Asramam, Kollam. The equipments Installed and handed over were Cryofuge 8 and Platelet agitator with incubator. The function was inaugurated by Dr. Sujith Vijayanpillai MLA and Rtn.K.Babumon District Governor was the Chief guest. PDG Dr. G.A.George our own member and his team helped us to achieve the same.



01.12.2022: Voluntary Blood Donation Camp was conducted at Mannam Memorial NSS College, Kottiyam after giving awareness on blood donation by Blood Bank Medical Officer Dr Anitha Balakrishnan.

04.12.2022: Dr Vinod George Philip, Dr Jinaraj Kumar M S and Dr Amal Girisankar attended the Branch Presidents /Secretaries Meet.

06.12.2022: Voluntary Blood Donation Camp was conducted at IHRD, Kundara.

08.12.2022: Executive Committee meeting at Dr.S.Mohandas Memorial Hall.

09.12.2022: Voluntary Blood Donation Camp was conducted at St.Gregorious College, Kottarakkara.

17.12.2022: Voluntary Blood Donation Camp was conducted at IMA Blood Centre, Kollam in Association with Kavadiappuram Association of Arts & Sports.

20.12.2022: Awareness class at Upasana School of Nursing by Dr Deepthi Prem.

21.12.2022: Voluntary Blood Donation Camp was conducted at TKM Institute of Management, Ezhukone.

23.12.2022: General Body Meeting & CME on 'Community Acquired Pneumonia – Basics' -Diagnosis And Management by Dr.Dhanya Vijayan, Consultant Pulmonologist, Sanker's Hospital & SIMS Kollam. ELS Training Programmes conducted by Dr Athura Das and team.



28 **BRANCH : ALAPPUZHA**
PRESIDENT : Dr. Krishnakumar K.
SECRETARY : Dr. Arun N.

Conducted Executive Committee Meeting and Cabinet Meeting.

27.12.2022: Monthly GB and CME on 'Vertigo' by Dr Swathi Shenoy, Lakeshore Hospital Kochi.

29 **BRANCH : THIRUVANANTHAPURAM**
PRESIDENT : Dr. Vijayakrishnan G.S.
SECRETARY : Dr. Althaf A.

02.12.2022: IMAAMS inauguration of activities for 2022-23 was done by Dr A Marthandapillai Past National President, keynote Address by Dr R C Sreekumar Chairman IMA AMS Kerala. Congrats to AMS Chairman Dr Pradeep Kidangoor and Convenor Dr Anand Marthandapillai. CME on 'Behavioural problems in Chronic medical illness' by Dr Arun B Nair.



03.12.2022: International Day of Persons with Disabilities has been observed at District Hospital Peroorkada. BMD Camp, flash mob and a public function were organised. Dr. Churchin Ben delivered the key note address. Dr. Vijayakrishnan, President, inaugurated the function.

04.12.2022: IMA organised COLS Training for Bhagathsingh Youth Force Volunteers at Sahithya Panjanana Grandhashala Vattiyoorkavu. Dr. Sreejith R was the trainer.

08.12.2022: IMAAMS Clinical Club zoom Meeting.

13.12.2022: Comprehensive Resuscitation Training Centre & IMA gave COLS to Reserve Bank of India staff. Dr Sreejith R, led the training programme.

15.12.2022: IMA CGP Sub Faculty Academic programme.

16.12.2022: IMA AMS conducted a journal club on zoom platform.

16.12.2022: Middle East Chapter has been formed. The first meeting of the chapter was held at Hotel Lavender, Dubai. Dr. Althaf A, Hon. Secretary representing the branch President, inaugurated the meeting. G.S Vijayakrishnan nominated Dr. A. Abdul Gafoor (Medical Director, Jabal Sina Medical Centre, Ajman) as Chairman of the Middle- East Chapter and Dr. Jaseem A (Aster, Dubai) as Convenor.



18.12.2022: WDW IMA Trivandrum conducted a Christmas shopping cum food festival at IMA Trivandrum Branch. The function was inaugurated by Manju Pillai (Cine Artist) in the presence of WDW Chairperson Dr Simi Harris, Convenor Dr. Regi Jose and WDW members.

22.12.2022: Regular Executive Meeting. Dr Vijayakrishnan delivered the Presidential address & Dr Althaf presented the minutes.

23.12.2022: Academy of Medical Specialities. Conducted 'Enriching Ourselves' Practice changing updates. "Topic Rabies Facts & Prevention by Dr. Praveen KS.

24.12.2022: Covid Current Scenario and concerns in Zoom.

27.12.2022: X'mas & New Year Celebrations held at IMA-HQ Anayara along with monthly General Body

Meeting was a huge success in terms of participation and the colour and richness of our cultural events. Dr Vijayakrishnan G S delivered the presidential address, Dr Althaf A secretary presented the minutes. Dr Thomas Mathew was the chief guest.

29.12.2022: CRTC IMA Trivandrum conducted training programme for 50 student NSS volunteers as part of NSS camp organised by education department at Vilavoorkal Higher secondary school, Trivandrum. Dr Sreejith R, led the programme.

31.12.2022: CRTC IMA Trivandrum in association with Lions Club of Sreekaryam conducted COLS for NSS volunteers of Engineering College, Muttathara, Trivandrum on this New Year Eve. 75 NSS volunteers participated in the training programme. Dr Sreejith R, Nodal officer CRTC IMA Trivandrum inaugurated the training and led the program.

30 **BRANCH : PANOOR**
PRESIDENT : Dr. Salmath K.T.
SECRETARY : Dr. Sruthi K.

04.12.2022: Members attended Branch President's Secretaries Meet at IMA Hqrs Trivandrum

31 **BRANCH : GURUVAYOOR**
PRESIDENT : Dr. Rohith N.M.
SECRETARY : Dr. Nepun K.N.

Executive Committee Meeting Conducted at IMA Hall Guruvayur. The main topics for discussion decided to conduct a Family Meet & to do maintenance work for IMA Building.

IMA conducted Sabarimala Aid Camp for Ayappa pilgrims.



32 **BRANCH : KASARAGOD**
PRESIDENT : Dr. Ganesh Maiya A.
SECRETARY : Dr. Khasim T.

01.12.2022: Aids Day at GH Kasaragod. IMA in association with ART centre observed World Aids Day.

01.12.2022: IMA visited Kasaragod SP Dr Vaibhav Saxena IPS on and invited him for Inauguration of IMA Cricket Premiere League.



02.12.2022: Dr Ganesh Maiya inaugurated Ortho OP and Secretary Dr Khasim T Inaugurated Rehabilitation Centre in Janardhana Hospital Kasaragod.

03.12.2022: IMA in association with WDW conducted Cricket premiere League at Hilltop Arena Naimarmoola Kasaragod. Dr Jithendra Rai Convener Sports Committee welcomed the gathering. Dr Vaibhav Saxena IPS, Superintendent of Police Kasaragod inaugurated the program.

04.12.2022: Dr Ganesh Maiya and Secretary Dr Khasim T Participated in the installation ceremony of IAP Kasaragod branch at hotel city Tower Kasaragod.

08.12.2022: IMA Conducted ELS/BLS Class to Electrical Inspectorate staff Of Kasaragod at Civil station Kasaragod Conference Hall. Dr B Narayana Naik Conducted hands on Training.

08.12.2022: Executive Committee Meeting at Residence of Dr B Narayana Naik.

10.12.2022: IMA inaugurated Karaoke Club and Table Tennis at IMA House Kasaragod. Dr Ganesh Maiya and Dr Khasim T inaugurated the Karaoke system in IMA house.

14.12.2022: IMA conducted ELS hands on Training to the Staff of Krishna Hospital Kasaragod. Dr B Narayana Naik and Dr Krishna Naik were the faculty for conducting BCLS Hands on training.

15.12.2022: IMA AMS Kasaragod 2022-23 Chapter Inauguration and CME by Dr Mithun Sekhar Consultant Interventional Neuro Radiologist and Dr Mohammed Shameem Kattathadka neurologist, First Neuro Brain and spine hospital Mangalore.

23.12.2022: IMA conducted ELS hands on Training to the 2nd batch Staff of Krishna Hospital Kasaragod. Dr B Narayana Naik and Dr Krishna Naik were the faculty.

23.12.2022: IMA inaugurated Shuttle badminton court at IMA House. Dr Ganesh Maiya inaugurated the shuttle court. Dr Khasim T felicitated the occasion. Dr Suresh Mallya Chairman, DC Jithendra Rai Convener Sports Committee.

27.12.2022: IMA in association with NSS conducted ELS Programme on NSS Govt College Kasaragod and annual Special Camp GLPS Athitkuzhy. Dr Krishna Naik Consultant in General Medicine, General Hospital was the faculty in the hands on training of COLS & Choking.

27.12.2022: IMA conducted ELS hands on training program at Higher Secondary school Chemnad, Kasaragod. Dr Kayinhi was the faculty in training program.

29.12.2022: IMA attended IMA National Conference NATCON 2022 at Prayagaraj, UP. Dr Janardhana Naik C H. Dr B Narayana Naik and Secretary Dr Khasim T were in

the team. Dr B Narayana Naik bagged National presidents appreciation award for best Branch President and Dr Khasim T has been awarded with National Presidents appreciation award for best branch Secretary.



30.12.2022: General Body Meeting, Family meet, X-Mas Celebration and New year Celebration conducted at IMA House.

BRANCH : FEROKE
33 PRESIDENT : Dr. Razak
SECRETARY : Dr. Ayisha Razeena E.K.

29.12.2022: IMA Conducted Executive Committee Meeting

BRANCH : TIRUR
34 PRESIDENT : Dr. Mohamed Navas
SECRETARY : Dr. Azim Ahdar M.P.

IMA Members attended Malappuram District Committee Meeting.

BRANCH : NADAPURAM
35 PRESIDENT : Dr. Bharathan P.
SECRETARY : Dr. Ismail N.K.

23.12.2022: Installation Ceremony of new office bearers for the year 2022-23, installed by Dr. R Ramesh.



IMA Conducted Basic Life Support Training for NSS and Primary Health Centre.

BRANCH : PERINTHALMANNA
PRESIDENT : Dr. Shaji Abdul Gafoor
SECRETARY : Dr. Jaleel K.B.

01.12.2022: Observed World Aids Day at Craft Hospital. The public awareness class was led by Dr. Shaji A, President. Various programmes including poster presentation & awareness.

02.12.2022: IMA provided COLS and First Aid instruction to the general public as part of a Kadambazhippuram Gramapanchayth initiative, with assistance from Moulana Hospital.

03.12.2022: International Day for differently abled people was observed at palliative hall and Moulana hospital academic hall with various programmes.



04.12.2022: Regular Monthly Free Community Psychiatry Camp at Maranchery Pain and Palliative Clinic attended by Dr Mohammed Musthafa examined patients and distributed free medicines during the camp.

04.12.2022: Attended the meeting for President's /secretaries at IMA headquarters Trivandrum.

04.12.2022: COLS Training. Dr. Shihab and his colleagues at Fire Station Perinthalmanna, with the help of Moulana Hospital, conducted a CPR, First Aid, and Trauma Care Awareness training session.

07.12.2022: COLS Training. IMA organised a COLS and First Aid training programme at Pookkottukavu Primary Health Centre with the assistance of Moulana Hospital.

08.12.2022: General Body & CME on 'ECMO When To Consider IT' by Dr Mahesh Director of Critical Care medicine and ECMO services at Aster MIMS Calicut.

09.12.2022: Attended the meeting of Pain and Palliative Perinthalmanna.

11.12.2022: The monthly Free Community Psychiatry Camp organised by IMA at Mankada Pain and Palliative Clinic. Dr. Ajith Premnath the Consultant Psychiatrist of MES Medical College examined the patients in the camp and distributed free medicines for the patients.

13.12.2022: Awareness Class by Dr Rema, Gastroenterologist at Moulana hospital, class for 8 to 10th students of sacred heart school, about adolescent health and nutrition.

16.12.2022: COLS Training at St Joseph HSS Kolathur. Dr. Nilar Mohammed launched the event organised by IMA and provided COLS and First Aid training to the "Balaganasakhysm" Kolathur unit at St. Joseph's HSS in Puthanathani.

18.12.2022: The Monthly Free Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic, Kootnadu. Dr. Ashish Nair attended the Camp and examined patients during the Camp.

22.12.2022: IMA congratulates differently abled Umar Farooq as he attended the world cup football matches at Qatar.



24.12.2022: Christmas Celebration at Santhvanam. The Indian Medical Association pain and palliative under the auspices of the women's collective 'koode', organized a Christmas new year celebration for 'pakalveedu' and 'santhvanam' inmates. State Paralympics winners Saji and National Para swimming Gold Medalist Sadiq were presented with a gift by Dr. Kochu. S. Mani, Dr Shaji Gafoor and Kuttiri Manuppa.

25.12.2022: Community Psychiatry Camp at Elamkulam.

26.12.2022: IMA Perinthalmanna in association with ISA Malappuram conducted emergency life support training for scouts and guides of Kattukulam HSS school Cherpulassery.

26.12.2022: COLS Training at Adakkaputhur.

26.12.2022: IMA attended National conference of IMA 'NATCON 2022' held at Uttar Pradesh. Dr. Samuel Koshy awarded -Best adjudged State Branch President.

29.12.2022: CME on Vaccination. Malappuram DC held a CME on vaccination on the Zoom platform. Dr. Sulphi, the IMA state president, opened the meeting. Dr. Samuel Koshy, Dr. V. U. Seethi, Dr. Ajitha, Dr. Ajitha, D. M. O, leaders of IAP, KGMOA, and all the leaders from other branches were present, along with active participation from the members.

30.12.2022: Dr. Asoka valsala and Dr. Sasidharan presented COLS and First Aid awareness to Malappuram College NSS students.

BRANCH : THAMARASSERY
37 PRESIDENT : Dr. Abraham G. Thomas
SECRETARY : Dr. Bijin Joseph

01.12.2022: General Body Meeting and CME at Hotel Wayanad Regency. Flag salutation by Secretary Dr. Bijin Joseph. Presidential address and welcome speech by Dr. Abraham Thomas. Introduction of Guest Speaker Dr. Ashwin Menon by Dr. Amal Jacob. CME on 'An approach to stabilize a patient with acute vertigo'.

38 **BRANCH : KOYILANDY**
PRESIDENT : Dr. Satheesan K.
SECRETARY : Dr. Abhilash C.

29.12.2022: Conducted General Body Meeting and CME on 'The evolving science of assisted reproduction' by Dr. Aravind. R, Consultant in Reproductive Medicine, Iqraa Hospital Kozhikode.

Conducted Free Medical Camp under programme of eradication of leprosy by Dr. Satheesan KV.

39 **BRANCH : AMALA NAGAR**
PRESIDENT : Dr. Jayakrishnan Kolady
SECRETARY : Dr. Sudheer U.

30.12.2022: Conducted General Body Meeting, discussed association matters.

40 **BRANCH : THEMMALAPPURAM**
PRESIDENT : Dr. Kuttamani T.K.
SECRETARY : Dr. Majesh Antony

Conducted General Body Meeting. Main Agenda was Membership Campaign, Group discussion with various matters & Challenge's follow up.

41 **BRANCH : ATTAPADI**
PRESIDENT : Dr. Dibin Raj
SECRETARY : Dr. Binoy Babu

07.12.2022: General Body Meeting was conducted at 'Opera Mini', GTSH Kottathara. President Dr. Narayanan chaired the meeting. Dr. Narayanan, spoke about the need of strengthening branch activities after the lull created by covid pandemic and the need for electing new branch leadership. Dr. Dibin, talked about bringing new members to IMA to strengthen the branch. Dr. Padmanabhan spoke about steps to be taken in order to strengthen the branch. Branch election was conducted.

42 **BRANCH : COCHIN WEST**
PRESIDENT : Dr. Joy George
SECRETARY : Dr. Muhammad Jabeel

04.12.2022: Secretary Dr Muhammed Jabeel attended the Branch president's secretary meeting at IMA Headquarters.

10.12.2022: Executive Committee Meeting.

16.12.2022: General Body Meeting and New Year Christmas celebrations conducted.

43 **BRANCH : PERAMBRA**
PRESIDENT : Dr. Sachith D.
SECRETARY : Dr. Sheeja Viswanathan

09.12.2022: Executive Meeting. The main agenda was regarding the completion of IMA building project in stipulated time. Discussions were made regarding New year program, member ship campaign & various schemes of IMA.

11.12.2022: Conducted an Eye Camp at Mattanod Up School Perambra.

12.12.2022: Dr. Abdul Rasik took a class on 'adolescent problems for school Children' at MES College Kallanthod. Dr. Sachit dream project for the kids with learning disabilities are in full swing with weekend classes for parents, training for teachers, & Seminars for the public.

44 **BRANCH : TIRURANGADI**
PRESIDENT : Dr. Shajahan M.
SECRETARY : Dr. Hasna P.P.

29.12.2022: Conducted monthly CME by Dr. Sajith, Consultant Anaesthetist, KIMS Alshifa Hospital, Perinthalmanna on 'Live Life Wealthwise'. MC Abdurahiman handed over the memento to the speaker.



45 **BRANCH : NORTH PARAVUR**
PRESIDENT : Dr. Mohandas M.K.
SECRETARY : Dr. Sunil P.K.

08.12.2022: Executive Committee Meeting.

22.12.2022: A Panel discussion on "Violence against Doctors & Hospitals". The Panelists were Renjith Krishnan, Hon Sub Judge, Vivek Kumar IPS, District Police Chief, & Dr Gopikumar, Past Secretary IMA KSB. Moderator was Dr M N Venkiteswaran. The panel discussion followed an active interaction between Panellists & members.



46 **BRANCH : THRIPRAYAR**
PRESIDENT : Dr. Moly Baby
SECRETARY : Dr. Ajay Rajan

01.12.2022: Observed World Aids Day.

04.12.2022: Attended State Branch President's Secretaries Meet.

07.12.2022: ELS Class to Asha workers from all PHC's in Thrissur District by Dr. Ajay Rajan



Attended Medical Camp for Sabarimala Pilgrims organised by IMA Guruvayoor

BRANCH : MADHYA KERALA
47 PRESIDENT : Dr. Thomas M.P.
SECRETARY : Dr. Freddy T. Simon

01.12.2022: Free Thyroid function test for patients at Sreemoolam Clinic, Sreemoolanagaram by Dr. S. K. Rajeswari Amma.

01.12.2022: Talk on "Adolescent Mental Wellbeing" awareness class organized by IMA Madhya Kerala was conducted by Dr. Neeraj H, MD Psychiatry (NIMHANS), Consultant Psychiatrist, Apollo Adlux Hospitals, Angamaly at Viswadeepthi Vidyalaya Public School.

03.12.2022: Observed World Disability Day.

03 & 04.12.2022: Dr. Elizabeth Joseph was guest faculty at "SPOCON 2022", the annual conference of Strabismus and Paediatric Ophthalmological Society at Chandigarh.



04.12.2022: Attended Branch President's Secretaries Meet.

06.12.2022: Executive Committee Meeting.

06 & 07.12.2022: Palliative Volunteer Training Class by Dr. C. M. Hyderali, to NSS students of St. Xavier's College, Aluva.

11.12.2022: KENDOCON 2022 scientific meet - Fighting Diabetes & Lifestyle Diseases.

15.12.2022: Dr. Liza Thomas donated 10,000/- towards the Santhwanam Charity Project of YMCA Chelad.

20.12.2022: Dr. Liza Thomas handed over clothes to the inmates of Dharmagiri Vikas Society, Kothamangalam.

21.12.2022: General Body Meeting.

21.12.2022: Members took the Human Rights Pledge of National Human Rights Commission & the Pledge for Women Rights formulated by National Commission for Women at the monthly General Body Meeting.

21.12.2022: Monthly Scientific Meeting. Dr. Praveen Kumar K. S, Senior Consultant, Dept. of Orthopaedics & Sports Medicine, Kinder Multispeciality Hospital, Cochin spoke on "Role of Arthroscopic Surgery in Clinical Practice". Dr. Murugan Babu chaired the session. Dr.

Smitha Surendran, Consultant, Dept of Obstetrics & Gynaecology, Kinder Multispeciality Hospital, Cochin, spoke on "Preterm Premature Rupture of Membranes". Dr. Georgy Joy Eralil chaired the session. "Action Plans Against Violence" was explained in detail by Dr. M. N. Menon, Act force.



27.12.2022: Dr. M. N. Menon received the award at the National Conference, NATCON 2022 held at Prayagraj UP.

30.12.2022: Organized an awareness class on Students' Rights for NSS Volunteers of Vidyadhiraja School, Aluva by Adv Meritta Shaju in connection with Human Rights Day.

31.12.2022: Dr. M. N. Menon honoured by Sreemoolanagaram Residents' Association IMA State & National Awards.

BRANCH : NEYYATTINKARA
48 PRESIDENT : Dr. Ajaiyakumar S.K.
SECRETARY : Dr. Varun R.V.

GB and New Year Family Celebration; flag salutation by Dr Varun R V, Sec IMA Neyyattinkara followed by Welcome and Presidential Address by Dr S K Ajayakumar, President. Minutes and Secretary's report presented by Dr Varun R V. Various Organisational matters were discussed and the urgency to start the building construction was discussed in detail.

The New Year celebrations followed by various entertaining family activities and games; the Chief Guest was Dr A Marthanda Pillai introduced by Dr S K Ajaiyakumar. The on-going attack against medical professionals was discussed in detail.

CME on "Approach to Inflammatory arthritis" by Dr GlaxoAlex.

BRANCH : MAVELIKARA
49 PRESIDENT : Dr. Sonia Suresh
SECRETARY : Dr. Dileep Kumar K.

10.12.2022: A class was conducted for Sahrudha Club Govt S.V.H.S Kudassanad by Dr.Sonia Suresh on 'Adolescent Health awareness'.



12.12.2022: A class on 'CPR' at Govt.Higher Secondary School,Chathiyara.

18.12.2022: A Mega Medical Camp was conducted jointly by IMA Mavelikara and Kayamkulam in association with All India Peace and solidarity organisation at SNDP Samskrita School,Vallikunnam. Free ECG, free medicines, free sugar testing, Doppler and BMD evaluation were part of the camp & an awareness class on life style diseases and cancer screening by Dr.Sonia Suresh and Dr.N Sasidharan.

50 **BRANCH : CHENGANNUR**
PRESIDENT : Dr. Kuruvilla George
SECRETARY : Dr. Jinu Thomas John P.

Christmas & New Year celebrations; Padmakumar cine artist was the chief guest followed by various entertaining dance & Christmas Carol & honouring of national award winners.



51 **BRANCH : KOTHAMANAGALAM**
PRESIDENT : Dr. Biju Chacko
SECRETARY : Dr. Gerald Gorking Mathew

07.12.2022: Executive Board Meeting. Various topics were been discussed. 9 members attended the meeting.

52 **BRANCH : VALLUVANAD**
PRESIDENT : Dr. Prethi Kumar C.N.
SECRETARY : Dr. Sachin Sreedharan

General Body Meeting. Supporting the opinion on conducting meeting and put forward steps to prevent violence against medical profession. Discussed regarding the on-going cases as well had a detailed discussion between us in view of steps to be taken.

Aim of action (a) to avoid direct interaction between the volatile crowd and the consultant or staff involved it is easier to diffuse the situation when others can mediate the situation rather than person involved.

(b) When we too have a large no of doctors present there the opposite crowd will hesitate in any doing anything rash. Strength in numbers does help even after everything if push comes to shove.

53 **BRANCH : KOLLAM WEST**
PRESIDENT : Dr. Jyothi Ignatius
SECRETARY : Dr. Roy Manuel

13.12.2022: Installation Ceremony

54 **BRANCH : PANDALAM**
PRESIDENT : Dr. Muhammed Siyavulhakh
SECRETARY : Dr. Krishna Mohan

23.12.2022: General Body Meeting and CME on 'Hospital Violence' by Dr. Mohanan Nair.

55 **BRANCH : HARIPAD**
PRESIDENT : Dr. Adarsh R.
SECRETARY : Dr. Rohith S. Jayaraj

23.12.2022: Annual General Body Meeting and CME conducted presided over by the unit president Dr. Adarsh; after a silent prayer and flag salutation the minutes presentation by Secretary Dr.Rohith S Jayaraj.

CME by Dr.Anoop an ENT surgeon on "The snoring conundrum in children".



Had 2 Building Committee Meeting at the residence building committee chairperson Dr.Krishnadevi & handed over a check of 3 lakhs to the contractor for the continuation of the construction.

Attended the leadership Training Program conducted at Dr.Oommen's Eye Hospital, Chengannur.

56 **BRANCH : PATHANAMTHITTA**
PRESIDENT : Dr. Joseph T.P.
SECRETARY : Dr. George T. Varghese

08.12.2022: Executive Board Meeting. The audited accounts were unanimously passed by the Executive Committee and decided to present the same during the next General body meeting.

14.12.2022: A sponsored CME by Aster med city. The speakers Dr.Deepak Charles and Dr. Johnson K Varghese were introduced by Dr. Stanly George.



57 **BRANCH : KOTTARAKARA**
PRESIDENT : Dr. Sabeena Sundares
SECRETARY : Dr. Nithin Raju

01.12.2022: World Aids Day, in association with Taluk Hospital Kottarakkara & conducted Rally, started from KSRTC Bus Stand to Taluk Hospital inaugurated by Municipal Chairman. There was a flash Mob in front of bus stand by nursing students and other students from colleges. The meeting of Taluk was inaugurated by RMO Dr. Anil. The members from IMA and President Dr Sabeena, Secretary Dr. Nithin and Treasurer Dr. Mathew participated.



58 **BRANCH : KOTTAYAM**
PRESIDENT : Dr. Elias Joseph
SECRETARY : Dr. Ganesh Kumar J.R.

01.12.2022: Awareness classes were conducted for nurses and paramedical staff in connection with World Aids Day. Dr. Sajith Kumar, Professor Medical College Kottayam, took the classes.



59 **BRANCH : KULANADA**
PRESIDENT : Dr. Babu K.N.
SECRETARY : Dr. Sreekanth K.

19.12.2022: IMA Kulanada branch conducted it's GB and CME on "Approach to Headache". Speaker was Dr Baiju P, Consultant Neurologist, CM Hospital, Pandalam, followed by an active interactive session.

Have done 2 social activities in the form of campaign against substance abuse and drug addiction for young adults (Dyuthi Camp). Speaker was our member Dr Kiran Babu, Consultant Psychiatrist.



60 **BRANCH : VARKALA**
PRESIDENT : Dr. Ramakrishna Babu M.
SECRETARY : Dr. Saju Sahadevan

22.12.2022: General Body Meeting and CME program & small Christmas Celebration. Dr.Syam D Gopal and Dr.Sidharthan attended Natcon 2022 at Allahabad. President and Secretary attended official meetings of IMA.

61 **BRANCH : KARUNAGAPALLY**
PRESIDENT : Dr. Reghu K.
SECRETARY : Dr. Sen C.R.

04.12.2022: Branch President Dr. K. Reghu and branch Secretary Dr. C R Sen attended the Presidents and Secretaries meeting held at IMA Headquarters, Trivandrum

14.12.2022: Routine Executive Committee Meeting, and association matters discussed.

28.12.2022: General body Meeting. District Convener of IMA Act Force Kollam Dr. Biju Nelson enlightens the members on Hospital Violence and the role of IMA in tackling and preventing it.



With best wishes from

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Commitment to keep our Green Land
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Contact us for more details....



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