



IMA News Letter

February 2023
&
March 2023

OFFICIAL NEWS LETTER OF INDIAN MEDICAL ASSOCIATION KERALA STATE





**INDIAN
MEDICAL
ASSOCIATION
KERALA STATE BRANCH**

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INDIAN MEDICAL ASSOCIATION

Kerala State Branch

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President's Column

MISINFORMATION PANDEMIC - Silent Killer

We are coming to the end point of covid-19 pandemic. The pandemic has killed millions of People. But a silent misinformation pandemic is there for decades. If the covid-19 affected the lungs and killed people, this pandemic is affecting all the systems. There are misinformation about all specialties, we have to collectively work and put an end to this misinformation, disinformation in social media.

If the covid-19 pandemic killed people by affecting the lungs, this silent pandemic affects all systems of the body. We need to take necessary steps to put an end to this misinformation pandemic in all Pathological conditions by using technological development too. We have to think about using artificial intelligence assisted tools to verify the social media and other media misinformation spread all over the world especially in Kerala and in India.

Artificial intelligence is going to help the health profession in a big way. There are apprehensions regarding the AI interventions in health sector. But we have to think positively regarding A I assisted tools to seek help in our professional activities. A I assisted tool which can help doctors in making diagnosis, making documents, analysing investigation results, doing research etc. will be a Big Boon for the health profession. If we can use it intelligently, more job opportunities will come in our way rather than losing jobs.

Regarding the misinformation, I request all the doctors of Indian Medical Association to very actively participate social media discussions by spreading scientific knowledge to the community. Let's try to develop our profession with the help of Technological developments too.

Dr. Sulphi N.
State President



From the Editor's Desk...

Healthcare Violence

Healthcare professionals have always been regarded as heroes and lifesavers. They work tirelessly to ensure the well-being of their patients, often putting their own health and safety at risk. However, in recent times, especially in the post covid era, violence against doctors and healthcare workers has become a growing concern with almost an incident reported every 6 days in Kerala.

The consequences of violence against doctors and healthcare workers are significant and far-reaching. It not only harms the physical and mental health of the healthcare professionals, demoralizing and demotivating them, affecting the quality of care they provide to their patients. The fear of violence can lead to a situation where healthcare workers leave their jobs or even the profession altogether. This can result in a shortage of healthcare professionals and a decline in the quality of healthcare services.

To address this issue, it is crucial to implement measures to prevent violence against doctors and healthcare workers. One approach is to increase public awareness of the issue and its consequences. This can be achieved through education campaigns and media coverage to highlight the importance of respecting healthcare professionals and the consequences of violence against them. Additionally, healthcare facilities should have adequate security measures in place, such as cameras, security personnel, and panic buttons, to protect healthcare workers from violence.

Moreover, healthcare professionals need to be trained to deal with violent situations effectively. They should be provided with skills to de-escalate situations, manage aggressive behavior, and respond to emergencies. This training can include self-defence techniques, communication strategies, and psychological counselling to manage the trauma and stress caused by violent incidents.

The Indian Medical Association has adopted a four pronged approach to tackle this issue; judicial intervention, liaison with the government to make the existing Hospital Protection Act more stringent, preventive measures and response preparedness to violent situations. Of late we have been effective in counter offensive by mobilizing immediate support for the victim and also engaging legal assistance to take the case to its logical conclusion. All efforts are made to ensure that the assailants do not go unpunished, which would serve as a deterrent to future incidents. The historic medical strike on the 17th March, 2023, exhibited our resolve to take the bull by its horns.

Violence against doctors and healthcare workers is a significant issue that needs to be addressed urgently. It is time for society to recognize and respect the valuable work of healthcare professionals and provide them with a safe and secure working environment as we move towards affordable, accessible and equitable Health for All.

Dr. Joseph Benaven
State Secretary



**274th STATE WORKING COMMITTEE AT IMA
STATE HQ TRIVANDRUM – 12.02.2023**



**INAUGURATED THE RENOVATED MEETING HALL IN 2nd FLOOR
IMA STATE HQ - 12.02.2023**



STATE PRESIDENT INAUGURATING SMART BRAIN SMART MIND PROGRAM PALA - 25.02.2023



**INAUGURATION OF MEMBER CAMPAIGN 2022 - 23
KOTTAYAM MEDICAL COLLEGE - 25.02.2023**



**MEMBERSHIP PROMOTION COMMITTEE MEETING
IMA PERIYAR HOUSE - 26.02.2023**



**EMERGENCY LIFE SUPPORT MEETING
IMA PERIYAR HOUSE - 26.02.2023**



**STATE PRESIDENT INAUGURATING WALKATHON
WORLD HEARING DAY TRIVANDRUM - 03.03.2023**



STATE PRESIDENT INAUGURATING WORLD HEARING DAY FUNCTION IMA STATE HQ, TRIVANDRUM - 03.03.2023



State President & State Secretary inaugurated the strike at Kozhikode - Doctors and healthcare workers boycotted OP duty and hit the streets in large numbers on Monday (06.03.2023) in protest against the manhandling of Dr P K Asokan, Senior Cardiologist at Fathima Hospital, who was brutally thrashed and injured allegedly by a patient's relatives on Saturday night.



**SENIOR CARDIOLOGIST ATTACKED IN FATHIMA HOSPITAL
KOZHIKODE - 06.03.2023**



**PRESS MEET IN CONNECTION WITH KOZHIKODE HOSPITAL
ATTACK IMA HQ TRIVANDRUM - 11.03.2023**



EMERGENCY SWC IN CONNECTION WITH KOZHIKODE HOSPITAL ATTACK IMA HQ TRIVANDRUM - 12.03.2023



STATE SECRETARY ADDRESSING EMERGENCY DC - KANNUR
IMA KANNUR - 12.03.2023



PRESS MEET REGARDING HOSPITAL ATTACK
ERNAKULAM - 12.03.2023



CANDLE LIGHT PROCESSION ACROSS ALL 108 BRANCHES IN STATE





**HISTORICAL
STRIKE -
17.03.2023
HEALTHCARE
SERVICES
PARALYZED
(ALL
ASSOCIATIONS
& SECTORS
JOINED
HANDS)**



MEDICAL STRIKE THIRUVANANTHAPURAM

Not the least, I sincerely thank Vice Chairman Dr. Syamal S., Convenor Dr. Padmaprasad P.S. and Joint Convenor Dr. Swapna S. Kumar for giving all the support

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MEDICAL STRIKE KOLLAM

IMA Medical Strike of Pathanamthitta district conducted at Pathanamthitta General Hospital and inaugural address by Dr. Jose Abraham, Vice Chairman, Pathanamthitta District Committee. Protest Dharna conducted at various hospitals.

Protest Strike conducted at Muthoot Medical Center, Pathanamthitta.

The activities of Thiruvalla IMA branch for the day started at 9am today at the three major hospitals in Thiruvalla including Puthuppagri Medical College Hospital, Thiruvalla Medical Mission Hospital and Believers Church Medical College Hospital. The protest at Puthuppagri Medical College was led by Central Council Member Dr. P.T. Thampi and State Council Members Dr. Tony Philip, Dr. George Thomas and Dr. Kuran R. The Administrative Director of Puthuppagri MCH, Rev. Fr. Thomas Periyaram and various other senior leaders supported the protest and spoke for the doctors during the meeting. After the meeting in front of the hospital, there was a protest rally to the venue of the public meeting near the open air stage near private bus stand, Thiruvalla.

The protest at TMN Hospital was coordinated by the Pathanamthitta District Co-ordinator Dr. C.R. Radhakrishnan, Senior leader Dr. Prasad A. Cheeranattom and Secretary Dr. Anu Thomas F. All the doctors joined together in front of the casualty and they were addressed by the co-ordinators following which the doctors reached the venue.

Dr. Cheyap C. Philip, Joint Secretary Thiruvalla IMA and State Council Member Dr. Mohan Varghese, led the protest meeting and in Believer and thereafter to the public meeting near private bus stand.

The public meeting was attended by over 130 doctors. Treasurer Thiruvalla IMA coordinated the meeting. KGMCTA and UIMA collaborated with us in the meeting. President IMA Thiruvalla and Dr. Thomas George Secretary meeting and proclaimed their solidarity towards our leaders of IMA spoke during the meeting. CWC member and Dr. P.T. Thampi spoke strongly during the meeting on doctors. Dr. Prasad Cheeranattom, former President the crowd about our demands and need to create an senior member KGMOA, Dr. Tony Philip, Principal, Varghese and Dr. Kuran R. CWC members also spoke was proposed by the Secretary, Dr. Anu Thomas F. public meetings held by Thiruvalla IMA for any cause. It was a grand success.



MEDICAL STRIKE PATHANAMTHITTA

We did a march from General hospital to Alappuzha Collectorate at 10 am today (17.03.2023). All the branches of Alappuzha along with Indian Dental Association Dental students Nursing Students participated and it was a great event. Medical students PG Asstn. House surgeons etc. participated in a separate Dharna conducted by LGMCTA at Alappuzha Medical College.

Meeting at Collectorate inaugurated by District Committee Chairman Dr. A.P. Mohammed and presided by Alappuzha Branch President Dr. Krishna Kumar. KGMOA District President Dr. Sabu Sugathan, KGMOA Dist. Asst. Dr. Riaz IDA Dist. President Dr. Rajesh C.V., Ex. MP Dr. K.S. Manoj were participated. District Committee Convenor Dr. Oommen Varghese expressed Vote of Thanks.

Again met at IMA Hall Alappuzha and all branch leaders spoke at the occasion.

All the private and Govt. Hospitals in the district participated fully in the strike including Medical College Hospital, General Hospital ESO Hospital and all Govt. institutions participated fully in the strike.

Strike in Alappuzha District is full.

IMA Alappuzha District Strike

Procession started at 10 am from General Hospital, Alapuzha, flag of done by Dr. P.T. Zacharias, Past State President & Dr. Susan Samuel, State SSS-1 former Chairperson. Procession ended at collectorate covered 1.7 km through the heart of Alappuzha town.

Dharna in front of collectorate started at 11. President Dr. Krishnakumar presided the Chairman Dr. A.P. Mohamed inaugurated welcomed the crowd, KGMOA District President Alappuzha MP Dr. K.S. Manoj, IDA President Rajesh, Dr. Venugopal, IMA Branch 5 (Mavelikara), Dr. Natarajan V.S. (Kayar (Cherthala), Dr. Kuruvilla George (Chengam Harigad) addressed the crowd. Dr. Oommen done the vote of thanks. 270 people attend WDW district Chairperson Dr. Sheryl Philip



MEDICAL STRIKE ALAPPUZHA

MEDICAL STRIKE KOTTAYAM

The medical strike in Kottayam was 100% with total participation of the doctors in the district. There was no OP in the hospitals in Kottayam including the corporate hospitals, Chai hospitals, government hospitals and Kottayam Medical College. Kottayam District Committee conducted a protest rally from Kottayam district hospital to Kottayam collectorate. About 1500 doctors including MA members and medical students participated in the protest programs. The protest rally was flagged off by Dr. T.B. Zacharias, Mid Zone Joint Secretary. The protest meet in front of the collectorate was addressed by Past National Vice President Dr. Roy Abraham Kalliyayalil. Past National Vice President Dr. Joseph Mani, District Committee Chairman Dr. Jose Kuruville Koidat, Branch Presidents and representatives from different associations.

The Day Kottayam Doctors Etched their Mark in History

The resounding call for justice and for the rights of the doctors will forever be etched in the annals of the medical profession in Kottayam.

The Day Kottayam Doctors Etched their Mark in History

The resounding call for justice and fair treatment by the doctors of Kottayam will forever be etched in the annals of history. The recent strike, which was held under the aegis of Kottayam IMA, was a historic moment that saw the united strength of over a thousand doctors from all walks of life. For the first time in history, all government and private hospitals including Kottayam Medical College, Caritas, Mar Sleeva, Matha, Bharat, SH Medical Centre, Mitera, St. Thomas Chethipuzha, Mary Queens Kanjirappalli, HOM Muttuchira, and many more came together in solidarity for a common cause.

recently joined member of our protest. This show of strength, it also fighters for their rights. I am going in to not be alone if I am going in to e. The pride of being an IMA serious organizations such as I, was heartening.



IMA Kattappana branch conducted protest at St John's Hospital, Kattappana. Dr. Varadharajan, President welcomed the gathering.

Dr. Jolly Varghese, SWC member had done the media briefing.

Members of IMA Kattappana from St. John's hospital, Cooperative hospital, Balu hospital, Christy hospital and Guruchithra hospital, Erattayar were gathered and sensitized the public for the need of the strike.

We at Adimali, all Govt. hospitals, private hospitals, private clinics, took part in strike.

Only casualty of Adimali Taluk Hospital, Morning star was working

Strike was complete in Munnar branch. All the peripheral clinics were closed. In High Range Hospital, all elective surgeries posted for today were postponed to tomorrow. OPDs restricted and casualty functioned.

ആഗുപ്തരി നാടകങ്ങളെ നിരക്കു വരികിലോട്ടു ആഗുപ്തരി നാടകങ്ങളെന്നും, ഹാസത്തി ആഗുപ്തരിയിൽ അതിനു പ്രതികളു ആഗുപ്തരി ചെട്ടുനാടകങ്ങളിൽ സംഗ്രഹനാടകമൊക്കെ നാടകത്തിൽപ്പെട്ടു ചെട്ടുനാടകം ഇതിൽ ചിലതു കൂടെ ചെട്ടുനാടകം.

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MEDICAL STRIKE IDUKKI



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MEDICAL STRIKE PALAKKAD

ആശുപത്രി ആക്രമണങ്ങൾ അവസാനിപ്പിക്കുക, ആശുപത്രിയെ സംരക്ഷിച്ച് മേഖലതലത്തിൽ പ്രഖ്യാപിക്കുക മുതലായ ആവശ്യങ്ങൾ ഉന്നയിച്ച് കൊണ്ട് ഐ.എം.എ. കേരളം ഘടകത്തിന്റെ ആഹ്വാന പ്രകാരം മാർച്ച് 11-ന് സംസ്ഥാനവ്യാപകമായി നടന്ന മേഡിക്കൽ സമരത്തിൽ പാലക്കാട് മുഴുവൻ ഡോക്ടർമാരും പങ്കെടുത്തു.

സമരത്തിന്റെ ഭാഗമായി മുന്നോറോളം ഡോക്ടർമാരും മേഡിക്കൽ വിദ്യാർത്ഥികളും പങ്കെടുത്ത പ്രകടനവും ധർമ്മേട്ടയും പാലക്കാട് നഗരത്തിൽ നടന്നു. ഐ.എം.എ. യോഗാദായം കേരള ഗവൺമെന്റ് മേഡിക്കൽ ഓഫീസേഴ്സ് അസോസിയേഷൻ, ഇന്ത്യൻ ഡെന്റിൽ അസോസിയേഷൻ, പാലക്കാട് മേഡിക്കൽ കോളേജ് ടീച്ചേഴ്സ് അസോസിയേഷൻ, കേരള ഗവൺമെന്റ് ഇൻഷുറൻസ് മേഡിക്കൽ ഓഫീസേഴ്സ് അസോസിയേഷൻ, ജൂനിയർ ഡോക്ടേഴ്സ് നെറ്റ് വർക്ക്, ജനറൽ പ്രാക്ടീഷണേഴ്സ് അസോസിയേഷൻ, മേഡിക്കൽ സ്റ്റുഡൻസ് നെറ്റ് വർക്ക് തുടങ്ങിയ സംഘടനകളും സമര പരിപാടികളിൽ പങ്കെടുത്തു.

ഐ.എം.എ. ജില്ല കമ്മിറ്റി ചെയർമാൻ ഡോ. വേലായുധൻ കെ. അദ്ധ്യക്ഷം വഹിച്ച യോഗത്തിൽ ഐ.എം.എ. മുൻ സംസ്ഥാന പ്രസിഡന്റ് ഡോ. സി.കെ. ചന്ദ്രശേഖരൻ ധർമ്മേട്ട ഉദ്ഘാടനം ചെയ്തു.

ആരോഗ്യപ്രവർത്തകർക്കെതിരെ ആവർത്തിച്ചാണ് കൂടുതൽ നേരോട്ട് ചോദ്യമെന്ന് ഡോ.



1000+ doctors participated in the Protest March of IMA Malappuram District Committee.
More than 1000 members participated in Malappuram HQ Protest March and Dharna.
Senior Vice President Dr. A.I. Kamarudheen inaugurated the Dharna. Imm. Past President Dr. Samuel Koshy, Malappuram District Committee Chairperson Dr. Asoka Valsala T.A., Past National Vice President Dr. V.U. Seethi, KGMOA, KGMCTA, KPMCTA, IDA, Medical Student Network leader, Dr. Sajeev Kumar Convener DC Spoke in Dharna.

MEDICAL STRIKE MALAPPURAM



MEDICAL STRIKE KOZHIKODE



ഏകദേശം ഏഴുനൂറോളം വോട്ടുകൾ മാത്രമായി പങ്കെടുത്തു.

Medical strike was total in Wayanad district on 17.03.2023. All private institutions remained closed on that day. Only emergency were attended. Demonstrations were done at Kalpetta, Mananthavady and Sultan B. participated by closing OPD. No untoward incident in Wayanad.



MEDICAL STRIKE WAYANAD

All the nine branches under Kannur District Committee participated overwhelmingly in the strike.

All the branches conducted candle light protest at key places.

All the hospital and clinics were provided with banners and posters from Tuesday onwards.

Today (17.03.2023) morning around 1000 members reached Kannur IMA Hall at 9.30 in buses with banners of the strike. The protest rally consisting of IMA members, IDA, AMSTA, KGMMA, Nursing staff and students, MSN from Govt Medical College Parayaram was flagged off by Dr. Mohammed Ali, Past State President. The members walked till Kannur collectorate with slogans and banners. But notices were distributed to public regarding the reason for strike and the problems faced by our profession.

The members had Dharma at collectorate. The Dharma was presided by District Committee Chairman Dr. Laith Sundaram. Welcome address by Dr. Rajmohan DC members.

Dharma was inaugurated by Past National Vice President Dr. T.N. Rajmohan.

Dr. Mohamed Ali also spoke. For

National President Elect of IDA D

Association. Gynecological Society

spoke. Leaders of WDW also spoke.

Load and powerful slogans echoed.

At 12.45 Dharma ended and lunch

it was a huge success and show of

All clinical establishments remained

MEDICAL STRIKE KANNUR



OP Boycot - 6 am to 6 Pm (100%). No private practice. No Elective Surgery conducted. Even Doctors from Mangalore who attending Kasaragod Hospitals boycotted OPD.

Strike Protest inaugurated by Dr. Sreekumar Vasudevan, Past President IMA KSB. Welcome by Dr. B. Narayana Naik, IMA Kasaragod District Committee Convener. Presided by Dr. Suresh Babu, Kasaragod District Committee Chairman. Chief guests who addressed the gathering are Prof. Gopinathan, Rtd. Principal, Govt. College, Kasaragod & Social Worker and Prof. Sreenath, Rtd. Kannada Prof. Govt. College, Kasaragod & Social Worker, PNDT Member. Felicitations by Dr. Ganesh Mayya (Branch President), Dr. Ajithesh (IDA President), Senior IMA Members Dr. B.S. Rao, Dr. Bharathan A.V., Dr. Sreepathy Kajampady, Dr. Janardhana Naik, Dr. Rekha Rai (WDW President). Members of IMA, KGMMA, IDA, Paramedical staff, Staff Council GH Members were participated in the Strike. More than 200 members participated.

There was silent rally in the t Kasaragod.

MEDICAL STRIKE KASARAGOD





**STATE PRESIDENT HANDED OVER
THE IMAGE COFFE TABLE BOOK &
IMAGE DOCUFICTION TO THE
HON'BLE GOVERNOR - 30.03.2023**



**STATE PRESIDENT & TEAM
SUBMITTED MEMORANDUM
REGARDING THE HPA -
30.03.2023**



Mission Pink Health

Mission Pink Health - February

NORTH ZONE

THALASSERY

04.02.2023: World Cancer Day
Awareness programme on Cancer Day
FHC Muzhapilangad by Dr. Sreeja
Viswan and Dr. Megha.

Cancer Prevention Awareness
programme at Thalassery Justice V R
Krishnayyar Municipal Stadium.

Cancer Prevention Drive programme at
Chinmaya Higher Secondary School,
Kannur.

Cancer Awareness and Cancer
Detection programme at Pallissery
Anganwadi.

06.02.2023: Blood Donation Camp at
Koodarapura Charitable Trust,
Thalassery

09.02.2023: Awareness Class on
Adolescent Health at Chodavoor HSS by
Dr. Radhika.

10.02.2023: Awareness class on TB at
Krishnan Menon Women's College &
awareness Class on TB and LTBI in SN
Vidhya Mandir Talap, Kannur by Dr.
Rejna Dilnath.

13.02.2023: Adolescent Reproductive
Health Class at Chirakkal HSS Kannur
by Dr. Geetha M.

16.02.2023: Inauguration of VIVA
Programme at Kadalpalam Thalassery
by Municipal Chairperson Mrs.
Jamuna Rani Teacher.

16.02.2023: Awareness class on TB at
Kannur University Campus by Dr.
Rejna Dilnath.

22.02.2023: As part of the Don't do
Drugs campaign, Awareness classes at
SN College Kannur by Dr.
Jayakrishnan Nambiar and Dr. Sajeew
Kumar.

23.02.2023: Awareness Class on
Adolescent Health at Mubarak HSS by
Dr. Radhika

24.02.2023: Social Life Wellness
Programme

26.02.2023: Zumba Fitness Party &
Dance Workshop at Kadalpalam.

SOUTH ZONE

NEMOM

07.02.2023: Training Session on ELS
and First Aid in GGHSS, Cotton Hill by
Dr. Chandini Devi & Dr. Leena Ratnam.

10.02.2023: Motivational Session to the
Examination Going Students in
GGHSS, Malayinkeezhu by Dr.
Mohanan Nair.

10.02.2023: Motivational Session to the
Examination Going Students in
GGHSS, Cotton Hill by Dr. V. Mohanan
Nair.

NORTH ZONE

PAYYANNUR

03.03.2023: Awareness class on World Hearing Day

THALASSERY

03.03.2023: World Hearing Day

04.03.2023: World Obesity Day

08.03.2023: International Women's Day celebrated in various Hospitals in Thalassery.

14.03.2023: An awareness class on Adolescent Health and Hygiene.

16.03.2023: Immunization classes to health workers of different places.

21.03.2023: World Down Syndrome Day programme was conducted at HOPE Intervention Centre, Thalassery

24.03.2023: Observed World TB Day.



INDIAN MEDICAL ASSOCIATION Kerala State Branch

IMA നമ്മുടെ ആരോഗ്യം
ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ പ്രസിദ്ധീകരണം



വരിക്കാരാവാൻ നിങ്ങൾ ചെയ്യേണ്ടത്

- വരിസംഖ്യ നമ്മുടെ ആരോഗ്യം അക്കൗണ്ടിലേക്ക് ട്രാൻസ്ഫർ ചെയ്യുക.
- ട്രാൻസ്ഫറിന്റെ വിവരങ്ങളും പൂർണ്ണ മേൽവിലാസവും മൊബൈൽ നമ്പറും വാട്ട്സ് ആപ്പ് ചെയ്യുക.

Whatsapp No: 94 000 126 00

വരിസംഖ്യ
1 വർഷം : 300 രൂപ
2 വർഷം : 580 രൂപ
3 വർഷം : 850 രൂപ

Account Details:

Nammude Arogyam
A/c No. 2769101002614
Canara Bank, Pettah Branch
IFSC Code: CNRB0002769

IMA Kerala State Headquarters
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Thiruvananthapuram 695029
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WOMEN DOCTORS WING - FEBRUARY

NEMOM BRANCH

05.02.2023: Participation in Installation meeting of WDW, IMA KSB 2022-23

07.02.2023: Training session on ELS and First Aid in GGHSS, Cotton Hill

08.02.2023: Awareness session on Cancers in women in Vanitha Jail chaired by Dr. Beena Rani, Medical Officer, G.H. Dr. K. M. Chandini Devi, Chief Gynaecologist & Chairperson of WDW conducted the classes.

08.02.2023: Participation in CME on "Focus on glycaemic hexad: are the Gen. 2 basal insulins hexad compliant?" by Dr. Mohanan Nair V

08.02.2023: Participation in Executive Committee meeting of the branch

10.02.2023: Submission of memorandum to MLA Kattakada

10.02.2023: Motivational session to the examination going students in GGHSS, Cotton Hill by Dr. Mohanan Nair V

12.02.2023: Lifestyle Disease clinic in Karamana

16.02.2023: CME for observing Anti Leprosy Day by Dr. Babukuttan, Chief Consultant in Dermatology.

26.02.2023: Participation in General Body meeting of the branch and CME by Dr. Mohammed Safeer, Senior Consultant Nephrologist of Neyyar Medicity and Dr. Arun Shankar, Medical Director of Dr. Jothydev's Diabetes Centre led the CME on "Finerenone"- its role in arresting the progression of CKD related to Diabetes. Dr. V. Mohanan Nair moderated the session, which was well attended and highly interactive.

26.02.2023: General Body meeting of WDW

KODUNGALLUR

17.02.2023: Orphanage visit ("Dhaya Agadhi mandhiram") & donation.

NEDUMASSERY

10.02.2023: An Online session on Exam Stress Management for students and parents of Class 9-12 by Dr Reshmy Krishnan.

KOZHIKODE

03.02.2023: World Cancer Day Observation. Members participated in the "Pradhirodha Mathil" organized by "Pratheeksah", MVR Cancer Centre and NSS at Manachira square.

04.02.2023: World Cancer Day Observation – Public Awareness Program.

05.02.2023: Members attended the installation ceremony of WDW state level leaders at IMA Periyar House, Aluva

08.02.2023: Executive Committee Meeting

08.02.2023: General Body Meeting & CME on Management of Acute Otitis media recent advances by Dr. Ashwin Menon, Asst. Professor of ENT, KMCT Medical College & on Depression - An overview by Dr. Shynu R, Junior Consultant Psychiatrist, Tirurangadi Thaluk Hospital.

16.02.2023: Vani Jayaram Nite - A tribute to the legendary Play back singer Padmabhushan Vani Jayaram.

26.02.2023: Visit to IMAGE Plant - Palakkad

PERINTHALMANNA

04.02.2023: World Cancer Day Awareness programmes.

04.02.2023: COLS - HANDS ON TRAINING

05.02.2023: members actively participated in the State WDW meet held at IMA Periyar House.

WOMEN DOCTORS WING

05.02.2023: COLS Hands on training programme @ Anamangad

10.02.2023: Adolescent health class by Dr Febeenaseethi at GGVHSS Perinthalmanna

13.2.2023 Adolescent health class by Dr FebinaSeethi at GVHSS Kunnakavu

15.02.2023: CPR Training at FHC Chemmalasserri

17.02.2023- executive committee meeting

17.02.2023: CPR and First Aid training to volunteers

18.2.2023: Adolescent Health class by Dr FebeenaSeethi at kadungapuram High School

20.02.2023: COLS and First AID training at Elamkulam

21.02.2023: Executive Committee Meeting.

28.02.2023: General Body Meeting & CME on Diabetic Management during Ramdan by Dr Anish Ahammed.

KASARAGOD

04.02.2023: Observed World Cancer Day

05.02.2023: A family trek to Ranipuram. Active participation of both seniors and juniors made it a grand success. General body meeting & stay at "Orchid Home Stay"

14.02.2023: A "Musical nite" in memory of the soldiers who sacrificed their life in the Pulwama terror attack.

24.02.2023: Executive meeting to discuss the upcoming programs for the month of March.

COCHIN

06.02.2023: Dr. Marie Simon conducted an online class on The Menstrual cup for first year lady medical students of Government Medical College, Idukki.

12.02.2023: Members participated in the 'Oppam' medical camp at UC college, Aluva on 12th February.

Arm wrestling, Carroms, Sudoku, Chess, Rummy Track and Field events
1. Swimming classes.

2. Zumba classes for our members will be starting from 1st March 2023 at IMA House.

12.02.2023: Members participated in the cultural and academic programmes at the All Kerala Congress of OG Society, KOLLAM on 12th February.

15.02.2023: Dr. Maria Varghese spoke at a Menstrual cup Awareness Programme at Alameen College, Aluva.

17.02.2023: Monthly meet and Valentine's day celebration - Entertainments which included our members' February birthday celebrations and Valentine's day celebrations, fun games and dances, WDW Kerala State Office bearers Inaugural ceremony at IMA Periyar house Aluva was attended by IMA State President, Secretary and other dignitaries.

Dr Preethi Charles ENT Surgeon spoke on the topic 'From Giddiness to Vertigo' Dr Mumtaz Khalid, Nutritionist gave a talk on 'How to make My Kitchen a Healthy World' at the CME that followed the Official function

WOMEN DOCTORS WING - MARCH

COCHIN

02.03.2023: Health Education Classes. Anaemia detection camp
03.03.2023: Observed World Hearing Day
04.03.2023: Anaemia detection ICDS camps for antenatal and lactating mothers at Anganwadis
05.03.2023: Medical camp at Shanthi Bhavan
07.03.2023: Health talk to ladies of Cochin Corporation & awareness class given to cochin Coconut Development Board. Free Cancer screening camp for women. Pink Midnight Marathon.
08.03.2023: Women's Day Celebrations & distributed WIMA Achiever's award 2023; and a Panel discussion on 'Decoding Equity and Equality'; cultural events by the members.
08.03.2023: Health awareness classes conducted in various places. Cancer detection and Gynaec check-up camp at BPCL
09.03.2023: Health awareness class for staff at Naval Aircraft yard
15.03.2023: Speciality medical camp for those affected by Brahmapuram fire disaster.
16.03.2023: Antenatal class.
17.03.2023: Members actively participated in the Rally and dharna by IMA and all other groups at Kakkanad for the cause - 'Stop Violence against Healthcare professionals'.
21.03.2023: Menstrual cup training class at Government Press.

THALASSERY

03.03.2023: Awareness Class for Health Workers at General Hospital in connection with World Hearing Day.
04.03.2023: Awareness class in connection with World Obesity Day
08.03.2023: Observed International Women's Day, conducted awareness classes.
14.03.2023: Awareness class on Adolescent Health and Hygiene at Govt Girls Home.
17.03.2023: All members from the branch attended the District Level Protest March arranged at Kannur followed by Dharna in front of Kannur Collectorate.
21.03.2023: Observed World Down Syndrome Day.
22.03.2023: Observed World Kidney Day & talk on Symptoms and Diagnosis of Kidney Diseases".
24.03.2023: World TB Day. Beach run and Zumba Dance for creating awareness regarding TB Elimination "TB FREE AIR" & conducted awareness classes.

27.03.2023: Black Day Observation regarding Act of Rajasthan National Wide protest Day called by National IMA was observed in the branch by wearing black badges by all the IMA members.
28.03.2023: Medical camps.

PERINTHALMANNA

01.03.2023: Adolescent health and nutrition class
02.03.2023: Adolescent Health and Nutrition class
03.03.2023 : WORLD HEARING DAY rally; Adolescent health class and class on menstrual cup at Government Girls high school
03.03.2023 : INTERNATIONAL WOMENS DAY PROGRAMME
04.03.2023: An awareness class about cancer and life style diseases
08.03.2023 : International womens Day programme at Moulana Hospital, . TALK ON ADOLESCENT HEALTH; awareness class on ca Cervix and Ca Breast for municipality staff and councillors
09.03.2023: Medical and Dental Camp as a part of IWD programme at Pulamanthole
9.03.2023. Awareness class on Ca Breast and Cervix for Municipality Staff and councillors
09.03.2023: First Aid training programme for ambulance drivers
09.03..2023 : CME on Heart Transplantation and recent advances in ECMO, medical camp and health awareness class
10.03.2023: TALK ON GENDER EQUALITY
12.03.2023 : Participated State IWD Programme at Kozhikode
15.03.2023 : Candle light procession in support of medical bandh
17.03.2023 : All kerala Medical Strike
18.03.2023: Mental Health Awareness Programme – a mental health awareness session on Suicide prevention for ASHA workers, ward members, councillors
21-03-2023: Monthly GB and CME
30.03.2023: Medical Camp for fire and safety worker.

WOMEN DOCTORS WING

KOZHIKODE

03.03.2023: Observed World Hearing Day.

06.03.2023: IMA Strike against violence to Doctors

07.03.2023: Class on menstrual hygiene at Ganapath girl's school

08.03.2023: International Women's Day observed and conducted health awareness sessions; awareness classes about menstrual physical conditions and disease risks and distribution of free menstrual pads to students.

11.03.2023: A “Mom-to-be” get together 'Celebrating Motherhood'.

An interaction session including all Gynaecologist and Pediatrician, photo contest, reel contest and other events on “How to observe Ramzan fasting during Pregnancy”, on “When should you stop travelling when pregnant?”, “Diet control for the diabetic pregnant women”, “Is it safe to exercise during pregnancy?”, “What are the benefits of Breast feeding techniques?”, “What does a UTI feel like when pregnant?”

12.03.2023: Awareness class about women health

12.03.2023: State meet of IMA WDW Kozhikode - KAIROS 2023

14.03.2023: Took part in the candle light protest.

16.03.2023: WDW members represented the “torch light protest” organized by Medical College Union in solidarity to the striking doctors across Kerala; Save Green Agriculturist Welfare Cooperative Society inaugurated the cooperative bonus loan to a common people of the society under the name of Cooperative Vishukani for the Vishu celebration.

18.03.2023: World Glaucoma Week.

22.03.2023: World Down syndrome day

24.03.2023: Observation of World TB day

30.03.2023: Awareness programs on menstrual cup and menstrual hygiene for Anganwadi and Kudumbasree.

PALA

10.03.2023: The International Women's day celebration ; executive meeting presided over by Dr Pradeep Mathew and chaired by WDW Chairperson DR Sabitha Augustin. Our chief guest was Rn Parvathy Regunath, Ex RBI ASSISTANT manager. The meeting was followed by fashion show by our members; arranged a week long cervical cancer screening camp; took a class on menstrual hygiene and menstrual cup at Govt UPS Elampally.



Branch Activities- FEBRUARY 2023

1 **BRANCH : KANHANGAD**
PRESIDENT : Dr. Padmanabhan T.V.
SECRETARY : Dr. John John K.

04.02.2023: *WORLD CANCER DAY* - Cancer Screening Camp @ IMA House Kanhangad. Dr Raju Mathew, oncologist District Hospital Kanhangad spoke about the theme of this year- "close the care gap". Gynecologists examined and took pap smear samples; General surgeons managed the surgery camp; ENT surgeon screened people for oral and head and neck cancers; Assistant surgeon, managed the general checkup clinic. Staff & ASHA workers of FHC Anandashram, Shashirekha Hospital and Sunrise Hospital were actively involved in organising the camp.



2 **BRANCH : MALAPPURAM**
PRESIDENT : Dr. Vijayan K.
SECRETARY : Dr. Abdu Salam O.K.

17.02.2023: Met honourable MLA Sri. TV IBRAHIM and submitted memorandum for amendment in HPA.
28.02.2023: GB and CME on heart failure.
Membership promotion committee formation.



3 **BRANCH : THALASSERY**
PRESIDENT : Dr. Jayakrishnan Nambiar C.K.
SECRETARY : Dr. Nadeem Abooty

01.02.2023: "Why should I be an IMA member?" campaign by Thalassery IMA branch was inaugurated at Kannur Medical College by Dr Babu Raveendran (Past National Vice President IMA)

04.02.2023: ENT Camp at Pinarayi UP School and distributed medicine for free.

04.02.2023: World Cancer Day programme at General Hospital Thalassery inaugurated by Dr.Rajeevan V K, Supdt GH Thalassery. Health Awareness class given by Dr.Sandeep, Oncologist and Dr.Suja, Secretary WDW Thalassery.

Awareness programme on Cancer Day FHC Muzhapilangad. Class was taken by Dr.Sreeja Viswan and Dr.Megha.

04.02.2023: IMA Thalassery, Malabar Cancer Centre and Kannur Dist Cancer Control Consortium conducted Cancer Prevention Awareness programme at Thalassery by Justice V R Krishnayar; Dr.Mini Balakrishnan (IPP) addressed the gathering.



Dr.Geetha M (Chairperson WDW) attended the programme conducted by Malabar Cancer Care Society and various institutions on the Cancer Prevention Drive programme.

IMA Thalassery, General Hospital Thalassery and Thalassery Municipality together conducted Cancer Awareness and Cancer Detection programme at Pallisseri Anganwadi. Mrs.Jamuna Rani Teacher (Municipal Chairperson,Thalassery) inaugurated the function. Dr.Suja Ajith (Secretary WDW) and Dr.Rajitha examined the patients. PAP Smear test was conducted by Dr.Suja Ajith(Secretary WDW Thalassery)

05.02.2023: Dr.Babu Ravindran (Past National Vice President IMA) attended “NER REKHA PROGRAMME” by Kannur Vision and was a panelist on the debate regarding “The doctor patient relationship that goes wrong”.

06.02.2023: Blood Donation Camp at Koodarapura Charitable Trust inaugurated by Dr.Mini Balakrishnan.

07.02.2023: Basic Life Support Training Class at Edakkad Police Station for Auto taxi drivers and FHC Staff by Dr.Anand K.

09.02.2023: IMA Thalassery Cricket team participated in All Kerala Professional Cricket league conducted by Thalassery Engineering College.

09.02.2023: Awareness Class on Adolescent Health at Chodavoor HSS on 9th February by Dr. Radhika(Consultant Gynaecologist,Tellicherry Co-op Hospital).

10.02.2023: Dr.Nadeem Abootty,Secretary IMA Thalassery inaugurated school level “HAPPY DRINKS” programme at Madrasa Anwariya LP School and gave an Health Awareness talk.

10.02.2023: IMA Thalassery conducted an Awareness class on TB at Krishnan Menon Women's College and LTBI in SN Vidhya Mandir Talap,Kannur by Dr.Rejna Dilnath.11.02.2023: ENT Camp at Sree Narayana Nursery School at Kuttimakool and distributed medicine for free.

11.02.2023: Dr.Jayakrishnan Nambiar (President IMA) was the chief guest on the inauguration of New Snehakoodu shifted to Dharmadam.

12.02.23: Attended the State Working Committee meeting at IMA Head Quarters Trivandrum.

13.02.2023: Adolescent Reproductive Health class in Chirakkal HSS Kannur by Dr.Geetha M.

16.02.2023: IMA Thalassery conducted an Awareness class on TB at Kannur University by Dr.Rejna Dilnath.

23.02.2023: IMA Thalassery conducted an Awareness Class on Adolescent Health at Mubarak HSS on 23rd February by Dr. Radhika(Consultant Gynaecologist,Tellicherry Co-op Hospital).

13.02.2023: Adolescent Reproductive Health class in Chirakkal HSS Kannur by Dr.Geetha M.

16.02.2023: VIVA Inauguration of VIVA Programme on 16th at Kadalpalam Thalassery by Municipal Chairperson Mrs.Jamuna Rani Teacher by Flying kites and Dr.Suja Ajith(Secretary WDW Thalassery) felicitated the programme. An Awareness class on TB at Kannur University by Dr.Rejna Dilnath.

22.02.23: GB & CME on “Surgical Management of Gall stones and its Complications” by Dr.Ramalingam T (Consultant Gastro Surgeon, Baby Memorial Hospital, Kozhikode) and “Gall stones and medical management, Management of Choledocholithiasis” by Dr.Athul Hareendran (Consultant Gastroenterologist, Baby Memorial Hospital, Kannur).

22.02.2023: As part of the Don't do Drugs campaign IMA conducted Awareness programme at SN College Kannur on 22.02.2023

23.02.2023: Awareness Class on Adolescent Health at Mubarak HSS.

26.02.2023: All India Malayalee Association conducted Family meet at Gokulam Fort Thalassery honoured by Dr.Jayakrishnan Nambiar, Dr.Mini Balakrishnan, Dr.Rajeev Nambiar, Dr.Madhusoodanan and Dr.Suchitra Sudhir.

26.02.2023: As part of Say no to drugs but to fitness the programme of Zumba Fitness party and dance Workshop was held at Kadalpalam,Thalassery.Dr.Mini Balakrishnan(State Secretary MPH) inaugurated the function.

24.02.2023: PathWay Social Life Wellness Programme 2023 conducted by Care & Cure Foundation in association with Coaching Centre for Minority Youth, Chokli under Kerala State Minority Department. Certificate distribution by Dr.Mini Balakrishnan(State Secretary MPH).

25.02.2023 & 26.02.2023: Cricket tournament for doctors in North Zone of Kerala at historic Thalassery Municipal Stadium. Tournament was conducted as a part of membership campaign to get connected with new young doctors and also to interact with likeminded doctors in IMA so that organisation can be strengthened. 13 teams consisting only doctors participated in two days tournament. Cricket tournament was officially inaugurated by Thalassery Municipal chairperson Smt.Jamunarani Teacher in presence of senior IMA leaders. Dr Joseph Beneven IMA State secretary was the chief guest for finals.



26.02.2023: Free Medical Camp at Chittariparamba Govt Higher Secondary School.

Free Kidney Disease Detection camp at Bright School Chettamcon. Free Fibro scan organized by Thalassery IMA at Co-operative Hospital, Thalassery. All India Malayalee Association conducted Family meet at Gokulam Fort Thalassery

27.02.2023: Conducted a special psychiatry camp at Chitrari Asha School. Dr Sajeew Kumar senior Consultant Psychiatrist evaluated school children there and prescribed medications for the behavior problems of kids. Also interacted with parents and teachers on behavioral therapy and educated on parenting skills to manage autistic kids at home.

28.02.23: Clinical Club meeting on 28th February at IMA Hall Thalassery. Topic 1: "A Case of Sepsis" by Dr. Akhil P R, Consultant Nephrologist, Thalassery Co-operative Hospital and Topic 2: "Unusual Causes for Cytopenia", Speakers Dr. Vivek, Fellow in Hemato Oncology and BMT, MCC Thalassery, Dr. Gaurav, Fellow in Hemato Oncology and BMT, MCC Thalassery and Dr. Aadya, Senior Resident, Oncopathology, MCC Thalassery.

4 **BRANCH : KARAKONAM**
PRESIDENT : Dr. Anusha Merlin J.
SECRETARY : Dr. Anu J.

04.02.23: IMA Karakonam in association with Kunnathukul gramapanchayat and Dr. SMCSI Medical College observed World cancer day 2023 at UP school, Kunnathukul inaugurated by IMA President, Dr. Anusha Merline.

09.02.23: General Body Meeting.

12.02.23: attended SWC meeting held at IMA State Hqs, TVM.



5 **BRANCH : DESINGANAD**
PRESIDENT : Dr. Anuroop Shanker
SECRETARY : Dr. Vinod S.

14.02.2023: Observed Valentine's Day and Conducted a Couple Reels contest.

17.02.2023: ELS Training at Kollam Railway station.

20.02.2023: ELS Training at Palm Fibre Factory Alappuzha.

21.02.2023: General body meeting and CME on 'National Tuberculosis Elimination Program' by Dr. Anuroop Shankar S.

Conducted a Awareness class on Professional Protection Scheme (PPS) by Dr. Cini Priyadarsini V A, PPS District Representative, Kollam.

28.02.2023: Monthly executive meeting with active participation of executive members.



6 **BRANCH : CHANGANACHERY**
PRESIDENT : Dr. Narayana Panicker M.
SECRETARY : Dr. Jinny John

Monthly meeting for February 2023 was conducted on 24th at media hall St. Thomas Hospital Chethipuzha, Changanacherry. Had a talk on management of sepsis by Dr sunil Mathew, Pushpagiri medical college hospital.

7 **BRANCH : GURUVAYOOR**
PRESIDENT : Dr. Rohith N.M.
SECRETARY : Dr. Nepun K.N.

27.02.2023: General body and CME on "Recognising and treating Depression and Anxiety in general practice."



8 **BRANCH : NORTH WAYANAD**
PRESIDENT : Dr. Gokul Dev
SECRETARY : Dr. Binija Merin Joy

20.02.2023: President Dr Gokuldev, Secretary Dr Binija and Past president Dr TV Surendran met MLA Mr. OR Kelu and handed over the amendment regarding Hospital Protection Act also had some relevant discussions regarding DH/MCH issues at Mananthavady.



9

BRANCH : KASARAGOD
PRESIDENT : Dr. Ganesh Maiya A.
SECRETARY : Dr. Khasim T.

04.02.2023: Observed World Cancer Day. Conducted Walkathon flag off done by Dr Suresh babu Chairman IMA Kasaragod DC started at GH Kasaragod.



05.02.2023: trekking to Ranipuram- The Ooty of Kerala.
 05.02.2023: General body meeting at "Orchid Home Stay".
 07.02.2023: District Committee meeting and CME on 07.02.2023.
 14.02.2023: Musical Night Family program by on 14.02.2023 at Cosmos Club Kasaragod.



16.02.2023: Executive committee meeting.
 20.02.2023: ELS Hands on training program to staff and patients of the dialife medical centre Kasaragod.
 23.02.2023: GB and CME conducted.
 25.02.2023: Family karaoke singing program.

10

BRANCH : KANNUR
PRESIDENT : Dr. Suresh V.
SECRETARY : Dr. Rajamohan C.K.

02.02.2023: GB & Hybrid CME on Oncological emergencies an overview by Dr Manu Prasad, Medical oncology MCC Thalassery.
 09.02.2023: Seminar against Hospital violence
 16.02.2023: Hybrid CME on Recent guidelines in the management of heart failure by Dr Vinod Krishnan, Aster Mims
 23.02.2023: Hybrid CME on Current role of endoscopic ultrasound and its emerging application by Dr Jaseem Ansari.



11

BRANCH : VATAKARA
PRESIDENT : Dr. Anandan C.K.
SECRETARY : Dr. Vinod Kumar B.

07.02.2023: Conducted a class on 'Parenting & Screen Time' by Dr.Premraj M at Maniyoor High school.
 12.02.2023: Attended State working committee.



14.02.2023: Executive committee meeting.
 16.02.2023: Zoom meeting on District Sports Meet.
 24.02.2023: GB and CME on 'Advancement in cosmetology' by Dr. Anjali.

12

BRANCH : IRINJALAKUDA
PRESIDENT : Dr. Jom Jacob Nellissery
SECRETARY : Dr. Sreenath V. Nair

25.02.2023: Executive meeting.

13

BRANCH : NEMOM
PRESIDENT : Dr. Vijayakumar J.
SECRETARY : Dr. Pradeep Kumar A.S.

08.02.2023: Awareness session on Cancers in women in Vanitha Jail in connection with 'World Cancer Day'. The function was chaired by Dr. Beena Rani, Medical Officer, G.H. Forte and Secretary WDW of IMA Nemom Branch and inaugurated by Smt. Jaya, New Superintendent of Jail.

10.02.2023: Session on 'Closing the gap in cancer awareness' - a cancer awareness program in connection with 'World Cancer Day' for the students by Dr. A.S. Pradeep Kumar, Public health specialist and Secretary of Nemom branch. NSS Red ribbon coordinator Smt. Saritha Sivasdas welcomed the gathering and Principal Sri. Suresh inaugurated the session.



10.02.2023: Motivational session to the examination going students in GGHSS Malayinkeezhu

10.02.2023: Session on 'Closing the gap in cancer awareness'

12.02.2023: Lifestyle Disease clinic in Karamana

12.02.2023: Participation in SWC meeting in Thiruvananthapuram

16.02.2023: CME for observing Anti Leprosy Day

26.02.2023: General Body meeting of the branch and CME

26.02.2023: General Body meeting of WDW



14 **BRANCH : AMALA NAGAR**
PRESIDENT : Dr. Jayakrishnan Kolady
SECRETARY : Dr. Sudheer U.

10.02.2023: General Body Meeting



15 **BRANCH : NEDUMBASSERY**
PRESIDENT : Dr. Vivek Kamath
SECRETARY : Dr. Hashim Veerankutty

The online academic meeting of IMA Nedumbassery for the month February 2023 was called to order by Dr Vivek Kamath, honorable president of IMA Nedumbassery Dr Vivek welcomed the speaker Dr Abhilash Alex, the moderator Dr Paul Abraham and the participants to the meeting.

He congratulated the immediate past president of IMA Nedumbassery, Dr Nigel Kuriakose for being selected by IMA KSB as the overseas IMA coordinator.

Dr Paul Abraham, past president IMA Nedumbassery was the moderator for the CME and introduced Dr Abhilash Alex. Dr Alex delivered the lecture on "Vertigo and Dizziness-an ENT perspective".

The topic was well received with the members actively participating in the post lecture discussion. Branch secretary Dr Hashim Veerankutty proposed the vote of thanks.

16 **BRANCH : MAVELIKARA**
PRESIDENT : Dr. Sonia Suresh
SECRETARY : Dr. Dileep Kumar K.

15.02.2023: A road show was conducted by students of Saint Marys Cathedral Public School, Mavelikara in association with IMA Mavelikkara at various strategic locations of the town with the aim of propagating the anti-substance abuse campaign.

19.02.2023: An awareness class and a medical camp were conducted at Janayugam office at Kollam by IMA Mavelikara in association with Kambissery Karunakaran memorial library. MLA G S Jayalal inaugurated the meeting. Dr. Sonia Suresh conducted an awareness class on lifestyle diseases.

21.02.2023: An awareness class was conducted on prevention of drug abuse at Providence engineering college by Dr. Sherlyn Elizabeth Mammen and Mr. Sajikumar of Excise department in association with IMA Chengannur and NSS unit of Providence Engineering College inaugurated by Dr. Sonia Suresh.

26.02.2023: General Body meeting and CME.



17

BRANCH : CHERTHALA**PRESIDENT : Dr. Muralikrishnan U.****SECRETARY : Dr. Aroosh T.P.**

08.02.2023: GB meeting. Special membership rates were presented; CME on 'Why & when to select candidates for epilepsy surgery' & 'Surgical Procedures for Epilepsy' by Dr.Prof.Ashalatha & Dr.Biji Bahuleyan.

Met both Aroor and Cherthala MLA and gave the memorandum and discussed about Hospital violence.

**BRANCH : THRISSUR**

18

PRESIDENT : Dr. Shobhana Mohandas**SECRETARY : Dr. Joseph George**

01.02.2023: Paid Homage to late Dr.Sivadas

02.02.2023: Observed World Leprosy Eradication Day.



07.02.2023: Executive Committee Meeting

11.02.2023: Free Spine Health Screening Camp

12.02.2023: Members attended IMA State Working Committee meeting at IMA Head Quarters Trivandrum.

19.02.2023: IMA AMS Thrissur organised an Advanced Training Program in the Management of Osteoporosis

19th February 2023 @ Hotel Ashoka INN Thrissur

23.02.2023: honoured Dr MohananKunnummal, Vice Chancellor, KUHS @ Hotel Elite International.



Panel Discussion on Hospitals as Special Protected Zone for prevention of Hospital Violence at Hotel Elite International.

24.02.2023: Breast Cancer Awareness Class on behalf of World Cancer Day for the PG students of Vimala College Thrissur.

25.02.2023: DR K Ramadas received Dr. T I .Radhakrishnan Award 2023. He was awarded for the Health Services for his humanitarian services to the society.

27.02.2023: National Initiative for Safe Sound Awareness program for Assistant Motor Vehicle Inspectors @ police Academy

27.02.2023: Participated at the District Committee meeting.

28.02.2023: General Body meeting and Panel discussion at Hotel Elite International Thrissur.

IMABLOOD BANK THRISSUR - FEBRUARY 2022

Total Blood collected During Camps – 473 Units

Total Blood collected at Blood Bank – 697 Units

Total blood and components issued – 2031 Units

Total Camps Conducted– 17 Camps

19

BRANCH : THALIPARAMBA**PRESIDENT : Dr. Latha Mary Jose****SECRETARY : Dr. Arun Sankar**

08.02.2023: CME on "Dermatological manifestations of Systemic diseases" by Dr Bifi Joy, GMC Kannur.

20.02.2023: Executive meeting. Appointed Branch level and hospital nodal officers for committee against hospital violence. Decided to set up a JDN network at GMC Kannur and call for a separate meeting of JDN at the branch.

28.02.2023: General Body with CME on "Scope and expanding indications of plastic surgery" by Dr Arathy



20

BRANCH : TIRURANGADI
PRESIDENT : Dr. Shajahan M.
SECRETARY : Dr. Hasna P.P.

23.02.2023: CME by Dr. Kiren S, Consultant Urologist and Robotic Surgeon, Meitra hospital, Calicut on Urolithiasis and Dr. Deep P Pillai, Consultant interventional Neurologist, Meitra hospital, Calicut on Common Neuro interventional problems.

**21**

BRANCH : COCHIN
PRESIDENT : Dr. S. Sreenivasa Kamath
SECRETARY : Dr. George Tukan

06.02.2023: Dr. Marie held an online session on Menstrual cup for first year girl students of GMC, Idukki on 6th February 2023.

08.02.2023: Combined executive committee meeting



12.02.2023: Super speciality Medical Camp conducted at UC College, Aluva, inaugurated by Shri. P Rajeev, (Minister for Industries, Law and Coir, Government of Kerala).

Medical camp at AMAS, Ambalamughal



16.02.2023: Dr. Maria Varghese took a Menstrual cup Awareness class at Al Ameen College Aluva on 16th February 2023.

22.02.2023: Monthly General Body meeting and CME.

27.02.2023: Senior Doctors Forum. Mr. Johny Lukose, Director, Manorama News gave a talk on "A journalists challenges".

237 poor patients availed the free medicine from the medicine bank.

Total 696 units of blood were collected and 2342 units of blood and its components were issued to various hospitals in and around Ernakulam District. 36 units of blood issued to needy poor patients. The patients in 78 hospitals were the beneficiaries. A total of 10 outreach voluntary blood donation camps were conducted in the February 2023.

Training classes by Dr Rajeev Jayadevan representing IMA Cochin at safe campus project on accident-free environment (pace) volunteer training program.

Dr. S. Srinivasa Kamath handing over mementos at palliative care day celebrations organised by GH Ernakulam, Koode and SH College Thevera

IMA Cochin organized its much-awaited edition of the mega Annual Sports meet from 12th to 26th February, 2022 with great pageantry and grandeur. The meet was inaugurated on 12th February, Sunday with a football tournament. This was followed by a turf cricket tournament held on Saturday, 18th February, 2023 at DNA Sports, Kaloore.

19.02.2023: Badminton Championship as four different events.

25.02.2023: The indoor events included SUDOKU, Cards, Chess. Caroms, Swimming and Table Tennis Singles and Doubles for men and women.

17.02.2023: WDW Kochi February monthly meet and Valentine's day celebration

WDW Kerala State Office bearers Inaugural ceremony at IMA Periyar house Aluva was attended by IMA State President, Secretary and other dignitaries. WDW Kochi members also participated in the function.

Dr Preethi Charles ENT Surgeon spoke on the topic 'From Giddiness to Vertigo' Dr Mumtaz Khalid, Nutritionist gave a talk on 'How to make My Kitchen a Healthy World' (both our Kochi WDW members) at the CME that followed the Official function.

22 **BRANCH : MUVATTUPUZHA**
PRESIDENT : Dr. Manju Rajagopal
SECRETARY : Dr. Muhammed Hassan

02.02.2023: Executive meeting.

12.02.2023: Attended State working committee meeting.

16.02.2023: CGP meeting.



Dr Manju Rajagoopal President IMA Muvattupuzha delivered a talk on drug abuse at ROTARY club.

23.02.2023: General Body meeting.

CME: Current Trends in Sinusitis management by Dr Sanil Joseph

CME: Challenging Neurosurgical cases by Dr Anoop Varma



26.02.2023: Quarterly meeting.

Dr Muhammed Hassan Secretary was awarded D Asthma and Allergy during 3rd National conference on Allergy at CMC Vellore

25.02.2023: Dr Agnes chaired a session at PPMD Workshop.

Dr Maria Jerome was awarded ISAR-MEYER National Youth Icon Award at national infertility conference at Bhopal

Dr Nikhil Joseph Martin – Joint Secretary won PKS Gold medal award at KOACON 2023

23 **BRANCH : NORTH PARA VOOR**
PRESIDENT : Dr. Mohandas M.K.
SECRETARY : Dr. Sunil P.K.

19.02.2023: Executive meeting to assess the renovation work of IMA hall. Discussed about the progress of work and the financial contribution from members

24 **BRANCH : KAZHAKUTTOM**
PRESIDENT : Dr. Syamlal S.
SECRETARY : Dr. Kalpana Gopan P.

06.02.2023: Executive meeting in zoom platform

22.02.2023: Dr Mohd Niyas, convenor AMS announced this month academic session in zoom platform.

WDW and MPH planning programs at Pothencode high school on adolescent awareness, menstrual hygiene, addictions. Class for ASHA workers on anaemia at PHC and for kudumbasree other topics suggested NCD like obesity

16.02.2023: GB with CME sponsored by KIMSHEALTH.

AMS on 22.2.23 and CGP will be on 28.2.23 and requested active participation of all members

CME on Neuro intervention in ischemic and hemorrhagic stroke by Dr Santhosh Joseph, Senior Consultant and clinical head Neuro interventional radiology, KIMSHEALTH Trivandrum. It was an excellent speech and very much informative.



25 **BRANCH : NEDUMANGAD**
PRESIDENT : Dr. Mohammad Asharaf P.A.
SECRETARY : Dr. Hema Francis

02.02.2022: Leaders attended the President and Secretary meet II of IMA KSB through zoom platform

04.02.2023: Observed World Cancer Day. Awareness class on cancer by Dr.Hema Francis, Medical Officer, IISER TVM.



26 **BRANCH : KUNNAMKULAM**
PRESIDENT : Dr. Shaji P.S.
SECRETARY : Dr. Jerry Joseph K.

01.02.2023: Online talk on GERD - LPRD association and management

03.02.2023: First Aid Class and Basic Life Support training program.



04.02.23: Observed World Cancer Day by conducting awareness classes in various hospitals.

05.02.2023: Attended State WDW Inaugural function and Installation of new office bearers at IMA Periyar House, Aluva.

11.02.2023: Neonatal Resuscitation Training Program at Unity hospital



14.02.2023: Executive Committee Meeting. 80th birthday celebration of Dr. O J John.

17.02.2023: Inauguration of Teen Health Project under the 'Adolescent Health and Nutrition Project'

17.02.2023: Health education class on eye care and eye health in the digital world at Amritha school, Chavakkad

18.02.2023: Executive Committee Meeting.

23.02.2023: Online Executive Committee Meeting.

24.02.2023: Condolence Meeting in remembrance of Dr. CK Madhusudan.

27.02.2023: Executive Committee Meeting. February issue of Dhvani - the Inner Voice released online

28.02.2023: Free Medical camp and health education talk at Vazhapully AUP school

27 **BRANCH : PERINTHALMANNA**
PRESIDENT : Dr. Shaji Abdul Gafoor
SECRETARY : Dr. Jaleel K.B.

04.02.2023: World Cancer Day Awareness programmes.



04.02.2023: COLS hands on training at Speedos badminton court at Perinthalmanna; Dr Brijesh ,Drshabeel and Dr Jaleel conducted the session.

05.02.2023: COLS Hands on training programme @ Anamangad

05.02.2023: Participated the WDW meet held at IMA Periyar House.

10.02.2023: Adolescent health class by Dr Febeena Seethi at GGVHSS Perinthalmanna

13.2.2023: Adolescent health class by Dr Febina Seethi at GVHSS Kunnakavu

15.02.2023: CPR Training at FHC Chemmalasserri

17.02.2023: Executive committee meeting

17.02.2023: CPR and First Aid training to volunteers

18.02.2023: Adolescent Health class by Dr Febeena Seethi at kadungapuram High School

20.02.2023: COLS and First AID training at Elamkulam

21.02.2023: Executive Committee Meeting.

28.02.2023: CME on Diabetic Management during Ramdan by Dr Anish Ahammed.

28.02.2023: Monthly General body Meeting.



28

BRANCH : THIRUVANANTHAPURAM
PRESIDENT : Dr. Vijayakrishnan G.S.
SECRETARY : Dr. Althaf A.

01.02.2023: Compression Only Life Support Training for students of Loyola School, Sreekaryam
 04.02.2023: Observed World Cancer Day at Cotton Hill Girls HSS.



04.02.2023: IMA AMS Trivandrum chapter conducted a CME on Practice – Changing Updates Colorectal Cancer Prevention by Dr. Rajeev Jayadevan in zoom platform. Conducted Cyclothon in connection with World Cancer DayCANCER SCREENING CLINIC at PRS Hospital

05.02.2023: One day workshop on basic radiology for clinicians and post graduates.

09.02.2023: BCLS Training programme for FHC Pangappara.

12.02.2023: 274th SWC meeting at IMA Hqs hosted by Trivandrum branch.

13.02.2023: IMA AMS zoom meeting.

14.02.2023: Inauguration of JDN Trivandrum Unit at IMA Trivandrum branch hall.

15.02.2023: Executive Committee Meeting.

17.02.2023: CGP sub faculty hybrid meet on approach to Anemia – interpretation of complete blood count.

21.02.2023: CME on revolutionary new age Ultra Laba & ICS combination in OAD management by Dr. Ajoy Samuel Mammen

24.02.2023: General Body Meeting & CME by Dr. Sheetal Sharda Consultant - Clinical Geneticist, Neuberg Center for Genomic Medicine on 'Role of Genomics in Health Care'.



25.02.2023: COLS training at St. Thomas Community Hall, Poonthura led by Dr. R Sreejith.28.02.2023: BCLS training program led by Dr. R Sreejith at Regional Ayurveda research

29

BRANCH : KUTHUPARAMBA
PRESIDENT : Dr. Nikhil Mohan
SECRETARY : Dr. Ashwin V.K.

09.2.2023: EXECUTIVE COMMITTEE MEETING



18.02.2023 & 19.02.2023 : Members participated in the Palakkad IMAGE visit a short trip to Malampuzha and Parambikulam Tiger Reserve.

30

BRANCH : IRITTY
PRESIDENT : Dr. Ramesh Hariharan
SECRETARY : Dr. Ranjith Mathew

17.02.2023: GB and CME



Branch Activities - MARCH 2023

1

BRANCH : MADHYAKERALA

PRESIDENT : Dr. Thomas M.P.

SECRETARY : Dr. Freddy T. Simon

02.03.2023: Free Diabetes & Hypertension detection camp at Sreemoolam Clinic, Sreemoolanagaram by Dr. S. K. Rajeswari Amma.

04.03.2023: World Hearing Day: A talk on "Hearing & Early Detection of Hearing Abnormalities" by Dr. Bini Faizal.

04.03.2023: Zoom meeting of Mission Pink Health was attended by Dr Rajeswari Amma S. K. & Dr Beena Ajithkumar.

05.03.2023: Members attended the Membership Promotion Committee meeting.

05.03.2023: A talk on Drug Abuse by MLA Sri Anwar Sadath 'Paleli Road Residents' Association Annual Day Celebrations & Dr. S. K. Rajeswari Amma delivered a brief talk on Drug Abuse.



05.03.2023: A talk on "Paediatric Obesity and its Consequences" by Dr. Ameera K and Dr. Ravikant on "Obesity and Baritric Surgery" in connection with World Obesity Day.

05.03.2023: A Talk on Drug Abuse by Dr. Bindhu.

05.03.2023: Women's Day Celebrations at "Once Upon The River" resort at Aluva. The participants spoke on "how I pamper myself".

05.03.2023: Dr. Indukumar P. was honoured for his 47 years of services to the community at a meeting of the Kunnukara Powra Samithy.

05.03.2023: Talk on Full Endoscopic Spine Surgery by Dr. Sayuj S. Krishnan, Neurosurgeon.

05.03.2023: Dr. Liza Thomas spoke on the health benefits of millets on a video specially made in connection with World Millets Day and International Year of Millets.

07.03.2023: Executive Committee Meeting.

07.03.2023: First Aid and BLS class at Govt HSS Chengamanad was conducted by Dr. Anitha R. Krishna.

08.03.2023: Awareness on Challenges for Women in Healthcare by Dr. Elizabeth Jacob 08.03.2023 Awareness on Menstrual Cup by Dr. S. Bindu to women staff of KSRTC Depot, Angamaly, in connection with Women's Day celebrations.

09.03.2023: Dr. Aswanikumari took class on Diabetes & explained how to manage inter-dialysis BP fluctuations, hypo/hyperglycaemia and electrolyte imbalance in a dialysis patient for the staff of Koinonia Dialysis Centre, Perumbavoor, in connection with World Kidney Day.

09.03.2023: Dr. K. N. Sobhana created an awareness video for general public highlighting the importance and ways of taking care of Kidney health.

09.03.2023: Dr. Liza Thomas, Secretary, WDW Madhyakerala, participated in the protest march launched by IMA Kothamangalam and KGMOA Kothamangalam, at Taluq Headquarters Hospital, Kothamangalam, in connection with the violence against healthworkers recently happened at Fatima Hospital, Kozhikode.

10.03.2023: Women's Day Awareness Talks spoke on the "Importance of palliative care in chronically ill patients". Dr. Liza Thomas (Paediatrician & Adolescent Specialist; Secretary, WDW Madhyakerala) spoke on "Where, When & How of Palliative Care".

10.03.2023: Talk on Palliative Care by Dr. Hyderali. He talked on the various aspects of palliative care and urged the youth to get actively involved in caring for the chronically ill.

12.03.2023: International Women's Day Celebrations in association with AOGS

12.03.2023: International Women's Day Kerala State Level: Meeting held at Kozhikode was attended by WDW Madhyakerala members.

13.03.2023: Members participated in the World Glaucoma Week program of MOSC Kolenchery

14.03.2023: Dr. Liza Thomas, spoke on "Embracing Equity & DigitALL for Equality" at the monthly GB, Clinical meeting & International Women's Day celebrations.

15.03.2023: Video against violence on HCW by Dr. K. N. Sobhana and Dr. Liza Thomas.

15.03.2023: World Glaucoma Week observed by conducting free Glaucoma screening, poster presentations and awareness classes.

15.03.2023: Scientific Program on "Practical Approach to Workup of Lymphoma" and on "Clinical Applications of Flow Cytometry" at the monthly GB.

15.03.2023: Monthly General Body Meeting.

16.03.2023: Observed National Immunization Day, spoke on "Vaccines: Prevention is Better than Cure" to the students and staff of St. Gregorios Dental College by Dr. Liza Thomas.

17.03.2023: Strike Against Violence on Healthcare Workers, members boycotted O. P. and participated in the state wide strike against violence on healthcare workers.



18.03.2023 & 19.03.2023: Members attended the annual meeting of RSSDI - Fighting Diabetes

21.03.2023: Observed World Down Syndrome Day

22.03.2023: Lifestyle Disease Screening Camp.

22.03.2023: Awareness class on "Menstrual Cups" by Dr. Bindu Suresh at the International Women's Day celebrations organized by All India Lawyers' Union Aluva Unit Women's Wing at Hotel Mahanami, Aluva.

24.03.2023: Awareness class on TB at Taluk Headquarters Angamaly in connection with World TB Day by Dr. Anitha R. Krishna.

24.03.2023: Lifestyle diseases screening camp.

25.03.2023: Awareness class on "Overview & Recent Advances in Tuberculosis" was conducted by Dr. Akhilesh Kunoor & spoke on Paediatric Tuberculosis by Dr. Liza Thomas.

25.03.2023: Examined the elderly inmates of Deivadan Centre and spent quality time with the destitutes and deprived individuals as part of the ongoing "Care and Cure for the Elderly" project.

26.03.2023: Organized poster presentations, awareness class, TB pledge and flashmob at AIMS, Cochin as part of World TB Day observation.

27.03.2023: World Downs Syndrome Day Observation at Santwanam Special School, Kothamangalam.

27.03.2023: Awareness class on "Sleep Hygiene" to the students of St. Joseph's Minor Seminary, Kothamangalam by Dr. Liza Thomas in connection with International Adolescent Health Week.

27.03.2023: International Adolescent Health Week

2 **BRANCH : NEMOM**
PRESIDENT : Dr. Vijayakumar J.
SECRETARY : Dr. Pradeep Kumar A.S.

02.03.2023: National women's week program - I: Organised a session on 'Mental Health issues and Mobile Addiction' to sensitize the women B.Ed students of Government College of Teacher Education.

04.03.2023: Conducted the Lifestyle Disease clinic.

08.03.2023 – National women's day program-II: Seminar in GCTE, Thiruvananthapuram



08.03.2023 – National Women's Day program-III: Observance in women's open jail, TVPM

09.03.2023: Participation in State level meeting in virtual platform to discuss Kozhikode issue.

12.03.2023: Special branch meeting (1) to prepare an action plan for strike on 17th March.

13.03.2023: Prepared a video of Smt. Uma Nair in favour of doctors in the context of strike.

14.03.2023: Hospital visits to mobilize health care workers for strike on 17th March

14.03.2023: Extended EC meeting to discuss the actions for strike on 17th March



15.03.2023: Special branch meeting (3) to discuss the actions for strike on 17th March

16.03.2023: Special branch meeting (4) to discuss the actions for strike on 17th March

17.03.2023: Medical Strike: Participation in Dharna in HQ, GH Nemom, Dr. Jothydev's Diabetes Centre etc

27.03.2023: Participation in All India Protest Virtual March announced by National IMA to withdraw the anti-people Right to Health Act in Rajasthan.

29.03.2023 – General Body meeting of the branch and CME on Tetanus Toxoid: Immunization dilemmas by Dr. Santhosh Kumar & on Dietary Fibre in Diabetes Management by Dr. V. Mohanan Nair
29.03.2023: Observed 'National Vaccination Day'. A talk on Tetanus Toxoid: Immunization dilemmas.

3 **BRANCH : KUNNAMKULAM**
PRESIDENT : Dr. Shaji P.S.
SECRETARY : Dr. Jerry Joseph K.

03.03.2023: As part of World Hearing Day conducted an awareness session at Kent ENT clinic, Kunnammkulam by Dr Venugopal. Dr Beena took a health education class on the present day hearing related issues and preventive measures.

04.03.2023 to 07.03.2023: arogyamela at fhc thaikkad - programs under know cancer early project and viva project



04.03.2023: Final preparations and program schedule check of the International Womens Day program by WDW IMA Kunnammkulam officials.

05.03.2023: International Women's Day Celebrations. The theme was "Embrace Equity"

Dr Sheela B inaugurated the meeting by lighting the lamp and gave her talk and message for Women's Day. The Guest of honour was Dr Rajalakshmi KA

07.03.2023: Executive Committee meeting

07.03.2023: Bone Mineral Density Evaluation camp at Shanthi Hospital, Punnayurkulam and launch of Care of Elderly project

08.03.2023: International Women's Day program and launch of menstrual cup initiative under the teen health project.

08.03.2023: International womens day program and menstrual cup distribution at shanthi nursing home, punnayurkulam

08.03.2023: International womens day observed at royal hospital.

10.03.2023: Menstrual cup distribution and awareness program for anganwadi workers in connection with international women's day

13.03.2023: Emergency general body meeting

14.03.2023: 'Hello doctor' program on kairali TV regarding the summer ailments.

15.03.2023: Doctors strike notice was issued to all hospitals under ima kunnammkulam

Press meet at kunnammkulam regarding all kerala doctors' strike

17.03.2023: Participation in all kerala strike of ima ksb



19.03.2023: ima kunnammkulam branch life support activities update

21.03.2023: general body meeting & cme on "promising combo in treating diabetes".

22.03.2023: menstrual cup initiative and health education talks at kerala vasthralaya kunnammkulam and fancy fabrics kunnammkulam for textile shop workers

24.03.2023: visit to government school for speech and hearing impaired as part of the sahayahastham project of ima kunnammkulam

24.03.2023: observation of world tb day at taluk hospital.

28.03.2023: safe motherhood project program at unity hospital, kanippayur

31.03.2023: anaemia screening camp at al ameen hospital, marathancode

4 **BRANCH : THALASSERY**
PRESIDENT : Dr. Jayakrishnan Nambiar C.K.
SECRETARY : Dr. Nadeem Abootty

03.03.2023: As a part of World Hearing Day, IMA Thalassery conducted a Awareness Class for Health Workers at General Hospital, Thalassery. Dr.Rajeevan V K (Supdt GH Thalassery) inaugurated the function. Class was taken by Dr.Vineetha Ramesh (ENT Specialist).

04.03.2023: IMA Thalassery and Co-op Hospital together conducted Medical Help Desk at Jaganath Temple Mahotsav held at Thalassery.

04.03.2023: World Obesity Day Awareness class to Health Workers on March 4th by Dr.Dhanya M K at PHC Dharmadam

05.03.2023: IMA Thalassery and Matha Amridanandamai Madam Thalassery conducted a Free Medical Camp at Matha Amridananda Madam, Thalassery. Dr. K M Ramakrishnan, Dr.Padmanabhan, and Dr.Ramesh Kumar Maroli examined the patients.

05.03.2023: IMA President and Secretary were invited guests for Thalassery Physicians Club.

06.03.2023: Medical Strike KGMOA

KGMOA General Hospital Unit conducted a protest meeting at General Hospital Thalassery related to Hospital Violence at Fathima Hospital Calicut. Dr.Sasidharan inaugurated the programme.



07.03.2023: Dr. Babu Ravindran, Dr. Srikumar Vasudevan, Dr. R. Ramesh and Dr. Gopeenathan P participated in protest rally organised at Mannanchira square by Calicut IMA regarding the violence at Fathima Hospital.

08.03.2023: International Womens Day observed. Hon'ble Speaker Adv. A N Shamseer inaugurated the function. Dr. Jayakrishnan Nambiar gave a speech on "International Womens Day".

Womens Day talk on "Innovation and Technological change education in the digital age elevate visibility of women creatives" by Dr. Mini Balakrishnan (IPP).

Womens Day Celebrated at IMA Hall, Thalassery. Health Awareness Class at Thalassery General Hospital by Nursing Officer Neethu Janardhanan.

08.03.2023: Executive Committee Meeting.

10.03.2023: Medical Help Desk at Pulliode Temple.

10.03.2023: As part of Annual Day Celebration at General Hospital Thalassery, various IMA Leaders and members participated and performed in various stage programmes.

12.03.2023: World Glaucoma Week observed by Thalassery IMA. Talk on GLAUCOMA by Dr. Swetha K, Consultant Glaucoma Specialist, Jyothis Eye Hospital, Kannur.

12.03.2023: Emergency District Committee Meeting

12.03.2023: Attended Emergency SWC Meeting on Zoom platform for planning the activities on strike day.

13.03.2023: Emergency GB meeting regarding our Branch participation and action plan for our State wide Strike on 17.3.23.

14.03.2023: International Adolescent Health Week: Awareness class on Adolescent Health and Hygiene at Govt Girls Home Thalassery by Dr. Dhanya M

15.03.2023: General Body Meeting.

15.03.2023: Dr Albert Kallat Memorial Oration conducted at Thalassery IMA Hall. Dr Sasidharan P (Chairman Kerala IMA ELS, Past President ISA Kerala, HOD Anesthesiology and Pain Management, Moulana Hospital) gave the oration on the topic "Advanced Life Support - IRC Guidelines".

15.03.2023: Kannur Dist Press Conference to announce the Medical Strike on 17th March to Press and Media.

16.03.2023: Immunisation class to health workers by Dr. Dilnath Kallat.

17.03.2023: CME on "Dermato Surgery-A Procedural Journey from Acne scar via Vitiligo to Hair Transplantation" by Dr. Mohammed Razmi T, Consultant Dermatologist, Iqra Hospital Calicut.

17.03.2023: Medical Strike attended the District Level Protest March arranged at Kannur followed by Dharna in front of Kannur Collectorate.



18.03.2023: Submitted suggestions for upliftment of Thalassery railway station to railway divisional manager Mr Yashpal Singh Thomar.

21.03.2023: World Down Syndrome Day Programme.

22.03.2023: World Kidney Day Programme. Talk on "Symptoms and Diagnosis of Kidney Diseases" by Dr. Akhil P R, Consultant Nephrologist, Tellicherry Co-op Hospital, Thalassery.

Dr. Akhil P R gave an awareness class on Kannur News Channel regarding - Diet for Kidney Disease.

22.03.2023: Handing over a mechanized wheel chair worth 30,000/- to a differentially abled child at Padiyottuchal.

23.03.2023: Free Fibro scan organized by Thalassery IMA at Co-operative Hospital.

24.03.2023: As part of World TB day observation, conducted Beach run and Zumba Dance for creating awareness regarding TB Elimination "TB FREE AIR" at Payyambalam Beach, Kannur.

25.03.2023: Honoured Dr. C O T Musthafa Thalassery Pouravali.

27.03.2023: In regarding to RTH Act of Rajasthan National Wide protest Day called by National IMA was observed in the branch by wearing black badges by all the IMA members.

28.03.2023: Handed over a carton of books to the local public library at Veliyamparamba.

28.03.2023: Pap smear camp at General Hospital Thalassery for staff GH Thalassery..

29.03.2023: Dr. Sayid Faisal T M gave an awareness class on Kannur News Channel regarding Scanning during pregnancy.

29.03.2023: IMA Thalassery and IMA AMS Chapter conducted Clinical Club meeting.

The Clinical Club was followed by a lively interaction.

BRANCH : PERINTHALMANNA
5 PRESIDENT : Dr. Shaji Abdul Gafoor
SECRETARY : Dr. Jaleel K.B.

03.03.2023: WORLD HEARING DAY rally.



03.03.2023: INTERNATIONAL WOMENS DAY PROGRAMME.

04.03.2023: An awareness class about cancer and life style diseases for ECHS Beneficiaries

by Dr Pavithra, Consultant Gynaecologist Moulana Hospital at ECHS Polyclinic.

08.03.2023: International womens Day programme at Moulana Hospital; An awareness class on Adolescent health at Moulana College of Pharmacy by Dr Soumya Sathyan & awareness class on ca Cervix and Ca Breast for municipality staff and councillors by Dr. Kochu S Mani.

09.03.2023: Medical and Dental Camp as a part of IWD programme at Pulamanthole

09.03.2023. Awareness class on Ca Breast and Cervix for Municipality Staff and councillors

09.03.2023: First Aid training programme for ambulance drivers

09.03.2023: Monthly CME programme at IMA Hall.

12.03.2023: State IWD Programme at Kozhikode

15.03.2023: Candle light procession in support of medical bandhh



17.03.2023: All kerala Medical Strike

18.03.2023: Mental Health Awareness Programme.

21.03.2023: Monthly GB and CME

30.03.2023: Medical Camp for fire and safety worker

6

BRANCH : KONDOTTY

PRESIDENT : Dr. Naseer C.P.

SECRETARY : Dr. Saibin Ahamad Sageer P.K.

14.03.2023: Emergency executive meeting.

15.03.2023 & 16.03.2023: Worked for strike publicity and visited all clinics and hospitals.

17.03.2023: 'Strike vilambaram' done in front of Relief hospital kondotty.



7

BRANCH : KARAKONAM

PRESIDENT : Dr. Anusha Merlin J.

SECRETARY : Dr. Anu J.

03.03.2023: As part of the World Obesity Day celebrations, an obesity screening camp at LMS UP school Kottukonam. Awareness talk about obesity was given by Dr. Anu and Dr. Rahul Chandran to the children of standards 4-7.

16.03.2023: General Body Meeting.

17.03.2023: The participation of medical strike declared by the Kerala State Branch.



8

BRANCH : DESINGANAD

PRESIDENT : Dr. Anuroop Shanker

SECRETARY : Dr. Vinod S.

05.03.2023: Observed International women's Day.

08.03.2023: ELS Training at Indian Rare Earths Chavara.

08.03.2023: Observed International Womens Day and a Virtual Panel Discussion on "DIGITALL: INNOVATION & TECHNOLOGY FOR GENDER EQUALITY" Chief guest: Merin Joseph, Commissioner of Police, Kollam.

14.03.2023 : General body meeting and CME on 'MEDICAL DOCUMENTATION & LITIGATIONS' by Dr. A V Jayakrishnan, Neuro & Spine surgeon, EMS MEMORIAL Hospital, Pathanamthitta.

17.03.2023 : Medical Strike on "Stop violence" against Hospital and Health care professionals.



28.03.2023 : Executive meeting.

9

BRANCH : KOTTAYAM
PRESIDENT : Dr. Elias Joseph
SECRETARY : Dr. Ganesh Kumar J.R.

17.03.2023: Joined Kottayam district members at district headquarters kottayam for collectorate march and protest

25.03.2023: Monthly meeting for march 2023 was conducted on 24th at Contour backwater resorts, Changanacherry. Inauguration of WDW Changanacherry wing done by Dr Rajalekshmy WDW state chairperson and elected Dr rekha G muricken as president and Dr Archana as secretary. Dr Rajalekshy did a talk on 'Noise and Hearing'. 60 members attended the meeting.

10
BRANCH : KANNUR
PRESIDENT : Dr. Suresh V.
SECRETARY : Dr. Rajamohanan C.K.

02.03.2023: GB & Hybrid CME SPEAKER Dr. MANU THOMAS topic current perspectives on obesity management

06.03.2023: Special GB, GB conducts the attack against Gathima hospital issue and decided to actively involves in all actions taken by state Ima against Hospital Violence.

09.03.2023: Hybrid CME on Green Neprology by Dr. Bijoy Antony

13.03.2023: Emerging GB, Agenda Ima strike

17.03.2023: GB decided to actively participate in the strike by becoming out patient services and electric procedures and decided to participate.

16.03.2023: Hybrid CME on "Glaucoma the sneak thief of sight" by Dr Swetha K

17.03.2023: One day strike, all members actively participated

23.03.2023: Hybrid CME on Surgical management of Epilepsy by Dr Ramesh C V

30.03.2023: Hybrid CME on An update on dengue management by Dr Abhilash N



11

BRANCH : KUTHUPARAMBA
PRESIDENT : Dr. Nikhil Mohan
SECRETARY : Dr. Ashwin V.K.

02.03.2023: EXECUTIVE COMMITTEE MEET

12.03.2023: Emergency district committee meeting chaired by Dr Lalith Sundaram, District Committee Chairman



14.03.2023: Emergency GB meeting. Various decisions of strike and members participating in Kannur Dharna were decided.

15.03.2023: Candle light protest in front of taluk hospital kuthuparamba

17th March: strike, historical with support of IDA, KGMOA and all medical speciality organisations



12

BRANCH : TIRURANGADI
PRESIDENT : Dr. Shajahan M.
SECRETARY : Dr. Hasna P.P.

16.03.2023: Monthly CME on 'Everything a doctor must know in medico-legal issues' by Dr Abraham Mamman, senior consultant and HOD, Paediatric Surgery, Aster Mims, Calicut.



17.03.2023: Member actively participated in the statewide strike against attack on healthcare workers. Members withheld from patient care except emergency services. A team of doctors including senior members participated in the protest march and dharna conducted at district headquarters.



13 **BRANCH : NORTH WAYANAD**
PRESIDENT : Dr. Gokul Dev
SECRETARY : Dr. Binija Merin Joy

02.03.2023: GB meeting and CME by Vice President Dr Amal Shyam. Dr. Rajesh KM, Associate Professor, Dept of Biochemistry on "Preanalytical errors-A challenge in Lab reporting" followed by an active panel discussion.
28.03.2023: Executive meeting discussed regarding land sale and new building for IMA.

14 **BRANCH : KOLLAM**
PRESIDENT : Dr. Vinod George Philip
SECRETARY : Dr. Jinaraj Kumar M.S.

03.03.2023: World Hearing Day was observed. The programme was inaugurated by Sri Zacchariah Mathew, Asst Police Commissioner, 'C' Branch, Kollam City and Dr P Babu Chandran, NISS South Zone Co-ordinator was the Chief Guest. Moto for the day was "Avoid Noise Pollution and Preserve your Hearing".



07.03.2023: Conducted an outdoor blood donation camp at TKM Engineering College, Karicode, Kollam.
08.03.2023: Celebrated women's day at The Raviz Ashtamudi, Kollam started with boating and distributed price for the winners.
09.03.2023: Executive Committee meeting & conducted an outdoor blood donation camp at Janakeya rakhthadaanasena, Chithara.
13.03.2023: Candle light dharna.
17.03.2023: MEDICAL STRIKE



21.03.2023: Glaucoma awareness walk by Kollam Ophthalmic Association.
31.03.2023: General Body Meeting & CME on "NINE POINTS TO REMEMBER WHEN YOU TREAT BACK PAIN" by Dr. AJITH R

15 **BRANCH : KOTHAMANGALAM**
PRESIDENT : Dr. Biju Chacko
SECRETARY : Dr. Gerald Gorking Mathew

11.03.2023: Tribal medical camp at Thalavechuppara Kuttampuzha
12.03.2023: Submitted the memorandum to the MLA Sri. Antony John, regarding the violence against Doctors.
14.03.2023: CME on approach to stabilize patients with vertigo by Dr. Madusudhanan MS
17.03.2023: Doctors strike, conducted a rally, Doctors, Dental doctors, paramedical staff attended the strike.
24.03.2023: Took initiative to conduct National TB day along with District TB
March 27: Black badge day, Solidarity to Rajasthan

16 **BRANCH : KANHANGAD**
PRESIDENT : Dr. Padmanabhan T.V.
SECRETARY : Dr. John John K.

03.3.2023 : world hearing day celebration - distributed awareness posters to hospitals in and around kanhangad
08.3.2023: International Women's Day Celebration and family meet



09.3.2023: Cricket match against Indian Dental Association Kanhangad
 13.3.2023 : Executive Committee Meeting
 15.3.2023 : Special GB & Light candles to inaugurate the strike at branch level.



17.3.2023: Medical Strike- conducted Gathering at District Hospital Kanhangad
 21.03.2023 : observed World Down's Syndrome day at ROTARY SPECIAL SCHOOL KANHANGAD
 23.3.2023: conducted Haemoglobin testing camp at Vital Agro Industries along with FOGSI, as part of ANEMIA MUKTH BHARAT INITIATIVE.
 24.3.2023: Monthly GB and CME on Surgical management of Epilepsy
 27.03.2023 : Special GB- passed resolution against Right to Health act passed in Rajasthan.. expressed solidarity with the IMA state branch of Rajasthan.
 31.3.2023: Cricket match against JCI Kanhangad.

17 **BRANCH : MUVATTUPUZHA**
PRESIDENT : Dr. Manju Rajagopal
SECRETARY : Dr. Muhammed Hassan

06.03.2023: Protest at general hospital Muvattupuzha
 08.03.2023: WDW -IMA Muvattupuzha- Womens Day Variety entertainment programmes by the kids..Talks which included topics like *Health Education, importance of motivation ,nutritional counselling* etc



14.03.2023: Emergency executive meeting.
 16.03.2023: PRESS CONFERENCE
 16.03.2023: CANDLE LIGHT PROTEST MARCH - by lighting candle and march was followed towards IMA HALL MUVATTUPUZHA.



16.03.2023: EMERGENCY GENERAL BODY MEETING & CME on Role of Essential Phospholipids in management of Fatty Liver by Dr Sanjoy Joseph
 17.03.2023: Members attended the march DOCTORS STRIKE. All the hospitals – govt – private – clinics – Govt and Private Doctors of IMA Muvattupuzha participated 100% in doctors strike
 23.03.2023: 3rd CGP Meeting of IMA MUVATTUPUZHA was organised at IMA HALL MUVATTUPUZHA on Topic – Pregnancy and Thyroid and moderated by Dr Tamanna

18 **BRANCH : IRITTY**
PRESIDENT : Dr. Ramesh Hariharan
SECRETARY : Dr. Ranjith Mathew

09.03.2023: Cme and GB by Dr BASIL MATHEW on LASER IN UROLOGY
 16.03.2023: Candle light march at iritty town gardenia Iritty



17.03.2023: Protest at Kannur



19 **BRANCH : VANDIPERIYAR**
PRESIDENT : Dr. Suresh Babu N.
SECRETARY : Dr. Muthuraj P.

18.02.2023: monthly/family meeting at Hotel karar garden.



20 **BRANCH : NEDUMANGAD**
PRESIDENT : Dr. Mohammad Ashraf P.A.
SECRETARY : Dr. Hema Francis

Conducted free Medical Camp and Diabetic Screening at Challimukku Palode

08.03.2023: Executive Committee Meeting



10.03.2023: IMA WDW Nedumangad in association with Womens cell Govt College, Nedumangad observed IWD AIIMA 2023. Anemia Screening, BMI Evaluation and poster competition were done

15.03.2023: Conducted Candle light protest against Hospital Violence at Pazhakutty Nedumangad



17.03.2023: Members participated in all Kerala Medical Strike

18.03.2023: CME on Adolescent Relationships by Dr. Anju K Kanmani, Pediatrician, Taluk Hospital, Vithura.

21 **BRANCH : KOZHIKODE**
PRESIDENT : Dr. Venugopalan B.
SECRETARY : Dr. Sandhya Kurup

02.03.2023: CIMAWARS committee meeting
 03.03.2023: Observation of World Hearing Day – Conducted walkathon @ Calicut beach.

03.03.2023: Executive Committee Meeting
 05.03.2023: Press Meeting in IMA Hall
 05.03.2023: Emergency GB to decide and brief on protest plans
 06.03.2023: Medical Strike in Kozhikode. Dharna @ Kidson Corner, inaugurated by State President Dr. Sulphi N
 06.03.2023: IMA KSB organised the meeting with officials of KGMOA KGMCTA, KGIMOA, KPHA & other organisations in IMA Hall @ 1 pm for future planning
 07.03.2023: CGP – Monthly CME on Hyponatremia – A practical approach by Dr. Shiji PV.
 08.03.2023: WDW - Observation of International Women's Day.
 10.03.2023: Emergency special executive committee meeting.
 12.03.2023: KAIROS 2023: State level programme of International Women's Day at IMA Hall, Kozhikode.

13.03.2023: Press meeting reg. State wide Medical strike
 14.03.2023 & 15.03.2023: President & Secretary visited all hospitals in Kozhikode city for the support to the striking doctors across Kerala

14.03.2023: President & Secretary met Asst. Police Commissioner reg. All Kerala Medical Strike

14.03.2023: Candle Light Protest @ Kidson Corner. Kozhikode branch members demonstrated in support of the State wide medical strike on 17th March

15.03.2023: Second Pen – programme with Calicut Book club at IMA Hall.

15.03.2023: AMS Monthly Meeting & CME on Changing Landscapes in LRTI by Dr. Sudheer Kumar K.

15.03.2023: Emergency General Body Meeting reg. to brief on state wide medical strike

16.03.2023 & 17.03.2023: Vehicle rally and awareness in all hospitals for the support of the State wide medical strike

17.03.2023: State wide Medical Strike. Dharna @ Kidson Corner, inaugurated by Past State President Dr. V.G. Pradeep Kumar



22

BRANCH : NORTH PARAVUR
PRESIDENT : Dr. Ramakrishna Babu M.
SECRETARY : Dr. Saju Sahadevan

10, 11, 12.03.2023: Anemia detection camps at KMK Hospital North Paravur.

14.03.2023: Emergency general body

A candle light procession held at SNIMS chalakka in association with MSN unit to protest hospital violence.

17.03.2023: Medical Strike

23

BRANCH : NORTH PARAVOOR
PRESIDENT : Dr. Mohandas M.K.
SECRETARY : Dr. Sunil P.K.

10, 11, 12.03.2023: Anemia detection camps at KMK Hospital North Paravur.

14.03.2023: Emergency general body

A candle light procession held at SNIMS chalakka in association with MSN unit to protest hospital violence.

17.03.2023: Medical Strike

**24**

BRANCH : THRISSUR
PRESIDENT : Dr. Shobhana Mohandas
SECRETARY : Dr. Joseph George

08.03.2023: Awareness Program & Distribution of Menstrual Cups

Awareness Talk on women's health at Vidya Engineering College.

International Women's Day Celebrations.

11.03.2023: Participated in Emergency District Committee meeting.

13.03.2023: EMERGENCY GENERAL BODY MEETING

14.03.2023: Press conference



15.03.2023: Participated in an emergency District Committee meeting

Candle Light March At Thrissur Govt. Medical College campus

16.03.2023: IMA AMS Thrissur Observed National Vaccination Day

17.03.2023: Medical Samaram - strike for 12 hours, boycotting OP/other treatments.



20.03.2023: General Body meeting and Scientific Session on Novel Drugs in the Management of Heart Failure.

27.03.2023: Executive Committee Meeting

30.03.2023: CME - Allergic Rhinitis: Clinical Diagnosis, Empirical Therapy, Tests and Treatment

30.03.2023: IMAAMS Meeting

25

BRANCH : THALIPARAMBA
PRESIDENT : Dr. Latha Mary Jose
SECRETARY : Dr. Arun Sankar

08.03.2023: Emergency General Body meeting to discuss the recent hospital attack at Calicut and preparation of an action plan for statewide protest.

12.03.2023: Participated in the Emergency District Committee Meeting.

14.03.2023: Candle light procession in solidarity with statewide strike conducted.

17.03.2023: Members participated in the district rally and collectorate march. Around 40 students from MSN & JDN network conducted a rally at GMC

22.03.2023: General Body Meeting & CME on Management of urinary stones by Dr. Goutam Gopinath, HOD, Dept of Urology, GMC Kannur.

31.03.2023: Movie club meeting.



26 **BRANCH : KASARAGOD**
PRESIDENT : Dr. Ganesh maiya A.
SECRETARY : Dr. Khasim T.

03.03.2023: walkathon on world hearing day
 04.03.2023: observation world obesity day
 05.03.2023: cme on adolescent paediatrics
 06.03.2023: dharna in gh kasaragod against hospital violence.
 07.03.2023: els training to auto drivers
 08.03.2023: women's day celebration.



11.03.2023: attended ima kasaragod dc meeting on zoom platform.
 14.03.2023: executive comitte meeting
 14.03.2023: emergency general body meeting to discuss regarding the medical strike,
 14.03.2023: candle light protest against hospital violence
 15.03.2023: press meeting regarding medical strike
 17.03.2023: dharna & medical strike inaugurated by dr srikumar vasudvan



24.03.2023: WORLD TB DAY OBSERVATION & CME Session.
 25.03.2023: FAMILY KARAOKE.
 29.03.2023: ELS TRAINING to Students of 6 th & 7 th standard of Sri Lakshmi Venkatesha Vidyalaya.

27 **BRANCH : PERUMBAVOOR**
PRESIDENT : Dr. Shine G.
SECRETARY : Dr. Joseph Saritha

01.03.2023: Executive committee meeting.
 06.03.2023: Members participated in different kinds of protests done at various places



09.03.203: Members visited and honoured wives of senior IMA members by adorning ponnada and giving gifts.
 12.03.2023: International women's day celebrations.
 15.03.2023: Emergency general body méting to discuss about the plans for the medical stike. Also did a candle light protest on the same day.
 17.03.2023: Members actively participated in district dharna in front of collectorate.



19.03.2023: CME on Updates on Tuberculosis

28 **BRANCH : COCHIN**
PRESIDENT : Dr. S. Sreenivasa Kamath
SECRETARY : Dr. George Tukan

02.03.2023: Dr. Gracy Thomas was honoured at the Women Managers Summit 2023
 07.03.2023: Marathon runners at the Pink Midnight Marathon



08.03.2023: Executive committee meeting
 08.03.2023: Cup of Life awareness classes by Dr. Maria Varghese.
 BLS class by Dr. MM Haneesh & Dr. Rajeev Jayadevan in association with PACE and Drive to life project at Al-Ameen college Edathala
 12.03.2023: Monthly General Body meeting and CME
 12.03.2023: Glaucoma Awareness Walk
 17.03.2023: Medical strike.



17.03.2023: Our members actively participated in the Rally and dharna - 'Stop Violence against Healthcare professionals'.
 22.03.2023: WDW winners at IMA Sports Prize distribution
 27.03.2023: Senior Doctors Forum; Mr. Rajkumar, Assistant Commissioner of Police, Cochin City gave a talk on "Third Eye of Police".

29 **BRANCH : VATAKARA**
PRESIDENT : Dr. Anandan C.K.
SECRETARY : Dr. Vinod Kumar B.

08.03.2023: World millets day on International women's day.
 09.03.2023: Seminar on food safety



14.03.2023: Executive committee meeting.
 Then there was a candle light procession to District hospital, Vatakara to show our support to the strike on 17th.
 16.03.2023: Torch bearing procession to Vatakara town in support to the strike on 17 th.
 17.03.2023: Dharna and strike at Calicut



19.03.2023: District sports meet 'GAME ON 23' at Vatakara
 27.03.2023: Emergency GB in support of the protest by members of Rajasthan IMA against the draconian bill by the state government

30 **BRANCH : IRINJALAKUDA**
PRESIDENT : Dr. Jom Jacob Nellisery
SECRETARY : Dr. Sreenath V. Nair

17.03.2023: A rally and candle light procession at irinjalakuda town.



23.03.2023: Monthly GBM regarding food poisoning.

31 **BRANCH : MAVELIKARA**
PRESIDENT : Dr. Sonia Suresh
SECRETARY : Dr. Dileep Kumar K.

08.03.2023: World Womens day was celebrated.
 17.03.2023: Doctors participated in the March and meeting that followed at Alappuzha Collectorate to mark the State wide protest and strike called by IMA KSB. The hospitals and clinics across Mavelikara extended fully participation in the strike.



26.03.2023: The GB meeting and CME on "Laparoscopic thyroidectomy"

32 **BRANCH : CHERTHALA**
PRESIDENT : Dr. Muralikrishnan U.
SECRETARY : Dr. Aroosh T.P.

08.03.23: GB meeting.

12.03.2023: Decision taken in SWC meeting presented by Dr.Sudeep.

13.03.2023: EB Meeting to discuss about the Steth down strike planned on March 17.

16.03.2023: Candle light March

17.03.2023: Members attended the protest march organized by Alappuzha DC.



33 **BRANCH : KAZHAKKOOTAM**
PRESIDENT : Dr. Syamlal S.
SECRETARY : Dr. Kalpana Gopan P.

13.03.2023: Emergency Executive meeting.

KGMCTA State Secretary addressing the protest at Trivandrum Medical College
 14.03.2023: Emergency GB

15.03.2023: Candle light protest in front of CSI mission hospital



17.03.2023: Medical Strike.



34 **BRANCH : PERAMBRA**
PRESIDENT : Dr. Sachith D.
SECRETARY : Dr. Sheeja Viswanathan

05.03.2023: Branch level sports meet & Executive & Emergency GB.



17.03.2023: Participated the Medical strike on 17.03.2023.

28.03.2023: Attended SSS2 Smarties Kozhikode DT.Meet. Conducted Eye camp

35 **BRANCH : THIRUVANANTHAPURAM**
PRESIDENT : Dr. Vijayakrishnan G.S.
SECRETARY : Dr. Althaf A.

03.03.2023: World hearing Day Programme at IMA Hq inaugurated by Dr Sulphi N State president IMA KSB, Chief Guest was Sri Balram Kumar Upadhyaya IPS Director General of Prisons Kerala state.



07.03.2023: Attukal ponkala –medical camp

08.03.2023: International women's day at IMA Headquarters inaugurated by Mrs. Rooji Sulphi. CME on 'Cyber Security focusing on Ladies and Children'

05.03.2023: Mission pink health - Anemia screening & Health awareness camp for the students of Dr BR Ambedkar Memorial Residential School, Kattela.

11.03.2023: IMA Trivandrum CRTC & IMA Trivandrum Academy of Medical Specialties Compression only life

support (COLS) Training program for cyclotrivans
 12.03.2023: IMA Trivandrum Academy of Medical Specialties National cardiac life support training programme at Ananthapuri Hospital
 13.03.2023: IMA AMS Trivandrum seminar on diabetes remission at IMA Headquarters. Dr Roy Taylor and Dr Sreejith N Kumar were the Speakers
 15.03.2023: Executive meeting through zoom platform
 16.03.2023: Press meet
 17.03.2023: Medical Strike – Medical College Trivandrum, Medical college campus & IMA State Hqs



20.03.2023: AMS REVISITING THE BASICS SESSION On Zoom Platform & CME on 'Statins- Bane or Boon ' by Dr Scaria Thomas, Associate Professor, Dept of Pharmacology GMC ,Alappuzha.
 23.03.2023: IMA AMS National Tuberculosis Day on Zoom meeting on *NTEP-RECENT UPDATES * by Dr Sanjeev Nair ,Additional Professor,Dept of Pulmonary Medicine,GMC,Thrissur.
 24.03.2023: Observed WORLD TB DAY
 25.03.2023: IMA AMS WORKSHOP ON BASIC PULMONOLOGY
 26.03.2023: IMA CGP sub faculty Trivandrum and CRTC Trivandrum (tot) cols
 27.03.2023: AMS journal club zoom platform
 27.03.2023: District level Workshop on AEFI & VPD
 31.03.2023: Monthly general body meeting & CME by Dr C R Anantharajan on ' Life style disorders: a different perspective, and the hidden role of Insulin'
 Palliative care cell “snehasanthwanam” report for the month of March 2023 home visit conducted 09 days

JOIN US ON TELEGRAM...



Dear Members,

Greetings from IMA Kerala State Branch!!

This Telegram platform has been created by IMA KSB to reach out and disseminate information to each and every member of the State, following suggestions from a wide section of our members. This will primarily function as a broadcast group for the State leadership to convey important matters and decisions directly to the members. Various schemes and activities of the state may be promoted through this medium.

Telegram will not be a substitute to the whatsapp groups being popularly used at present but will compliment the present channels of communications albeit with a wider reach connecting members to the state leadership.

Its kindly requested that the link be circulated widely among our members through the branches to onboard all our members on to this platform. Branch Presidents and Secretaries may please take up the responsibility to popularise Telegram in their respective branches.

Thank you for your cooperation

Dr. Joseph Benaven
 State Secretary, IMA KSB

Link: <https://t.me/imakerala>

With best wishes from

image - CBWTF



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Commitment to keep our Green Land
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Waste Management



The Biomedical Waste Management Service of IMAGE-CBWTF Ensure the Compliance to the
Biomedical Waste Management Rules and is Monitored by the Central & State Pollution Control Boards



Contact us for more details....



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