



INDIAN MEDICAL ASSOCIATION KERALA STATE BRANCH

# NEWS LETTER

NOVEMBER 2023







INDIAN  
MEDICAL  
ASSOCIATION  
KERALA STATE BRANCH

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## *Memories down the lane...* @IMA Tellicherry in 2008



Inauguration of CGP Sub faculty at IMA Thalassery in 2008.  
Leaders seen include Dr.V.C.Velayudhan Pillai, Dr. Abdul Hameed &  
Dr.E.K.Ummer who are no more with us.....



# President's Column



**Dr. Joseph Benaven**  
State President  
IMA Kerala

## Celebrating Fraternal Fellowship

Dear Colleagues,

The slogan for the year 2023-24 "Celebrating Fraternal Fellowship" was conceptualised after much thought and consideration. One may wonder if our renowned association of modern medicine Practitioners is losing focus & deviating from the core issues that concern us and the profession - **the logic** - Since very many years & even in the present, the Indian Medical Association is in constant struggle to thwart off the challenges and threats faced by the profession and to uphold the dignity and pride of the medical fraternity. As doctors we are in constant stress, not only at the work place but also collectively as an association. Seldom do we come together in a fraternal fellowship and devote time to celebrate our very being with all its pitfalls, struggles and achievements. It's time we change our ways and come together in the fellowship of our fraternity.

Fraternal Fellowship is a concept that emphasizes the importance of unity and support among individuals. It promotes mutual respect, cooperation, and a sense of belonging within our medical community.

Celebrating Fraternal Fellowship is a way to recognize and appreciate these values, and to strengthen the bonds that connect us. One of the key aspects is the acknowledgment of shared goals and aspirations.



It is an opportunity for us to come together, regardless of our backgrounds or differences, and work towards a common purpose. This collective effort will foster a sense of camaraderie and unity, enabling us to achieve more than we could on our own individually.

During these celebrations, various activities will be organized to promote interaction and collaboration among the various segments that form our fraternity. Through these activities and programs members can learn from each other, share their experiences, and acquire new skills. This exchange of knowledge and expertise enriches us as a whole and empowers us to reach our full potential. Furthermore it provides an opportunity for personal and professional enrichment and fulfillment. Celebrating Fraternal Fellowship also involves recognizing and appreciating the unique qualities and strengths of each one among us. It is about creating an inclusive environment where everyone feels valued and supported. By celebrating diversity and encouraging the contributions of all the members, we foster a sense of belonging leading to the creation of a stronger and more resilient association.



In conclusion, Celebrating Fraternal Fellowship is a way to honor the values of brotherhood, unity, and support. It brings us together and promotes stronger personal bonds. By celebrating our shared goals and appreciating the unique qualities of each individual, we create a stronger and more inclusive association where each individual is valued and respected.

Let us embrace the spirit of fraternal fellowship and celebrate the power of our unity.

Truly yours



# From the Editor's Desk



**Dr. Sasidharan K**  
State Secretary  
IMA Kerala

## EACH ONE HOLD ONE...

Greetings from State Headquarters...

Day by day we are losing many of our colleagues, who themselves decide to end their lives. For a professional organisation like IMA it's high time we need to intervene and find a way out of this menace. Each one of us must be ready to hold one of our brothers or sisters, with compassion. So that we will be able to alleviate many of the issues leading to a mental health crisis.

"Buddy system".... which helps to promote friendship, better support for behavioral and social needs, and can foster a greater sense of belonging and a more inclusive community. Let us take the initiative to build up such a system in all IMA branches, health care institutions, medical education institutions and other groups.

Promote friendship.... through empathy rather than sympathy.

This year IMA KSB has decided to concentrate more on issues faced by the profession. Health of our members, both physical and mental, needs due concern. We will be joining hands with the Government in important health projects for the needy. Young Doctors and medical students are expecting a lot from IMA and we are committed to support the new generation.

Expecting your sincere support and blessings.

Let us "Celebrate the Fraternal Fellowship".



# 66<sup>th</sup> Annual State Conference

@Vijaya International Convention Centre, Thiruvalla  
on 11<sup>th</sup> & 12<sup>th</sup> November 2023















State Awards....



# State Awards....







State Awards....



# State Awards....









# STATE ACTIVITIES

NOVEMBER 2023

4<sup>th</sup> & 5<sup>th</sup>

IMA State Secretary & President Elect Dr. Joseph Benevan addressing the IAP State Conference at Wayanad.



14<sup>th</sup>

The Indian Medical Association Kozhikode Branch orchestrated a vibrant Walkathon on World Diabetes Day 2023, in collaboration with WIMA, Calicut Forum for Diabetes, Diabcare India & RSSDI. Dr. Joseph Benaven, President of IMA Kerala, flagged off this impactful initiative at 6.30 am on 14<sup>th</sup> November 2023.





16<sup>th</sup>

TEAM 2023-24: Took Charge of IMA Kerala State Branch  
- IMA State HQ, Trivandrum





17<sup>th</sup>

## State President Inaugurated Renovated Hall of IMA Taliparamba & Reception



17<sup>th</sup>

## Inauguration of Kannur Sahodaya Annual Sports Meet





19<sup>th</sup>

Reception to State President  
Host: IMA Alappuzha Branch



State Secretary meets Chief Minister, Health Minister & Chief Secretary on the occasion of "Navakeralam Sadass" program at Thalassery.





23<sup>rd</sup>

State President was Chief Guest at the inauguration of "Micromed", specialty referral lab at Kannur.



24<sup>th</sup>

State President Attended the Installation Ceremony of New Office Bearers of IMA Pathanamthitta Branch.





26<sup>th</sup>

Cabinet Meeting @ IMA Periyar House



26<sup>th</sup>

Meeting of Committee for Mental Health & Suicide Prevention @ IMA Periyar House







**Dr. V. P Surendra Babu**  
Consultant Pulmonologist, Thalassery  
Chairman, Committee for prevention of  
hospital violence

# Why, Wegener?

## Why, Wegener ?

To get a disease named after a physician is a great sign of recognition of his work.

In 1937, Friedrich Wegener, a German pathologist, identified a disease characterized by chronic granulomatous inflammation of the vessels of the lungs and kidneys, which came to be known as 'Wegener's granulomatosis'.

Later, the Mayo Clinic honored Wegener with a symposium, and the American College of Chest Physicians bestowed upon him the title of 'Master Clinician'. The American Lung Association instituted a prize after his name, for young pulmonologists. Things went very well until Wegener died in 1990, at the ripe age of 83.

Later, suspicions about Wegener's collaboration with the Nazi medicine surfaced. He was exonerated due to lack of evidence that he had taken part in Hitlerism. Mayo Clinic Rheumatologist Eric Matteson's curiosity did not subside. His research showed that Wegener was a dedicated Nazi, who had joined a pro-Hitler paramilitary organization, Sturmabteilung, (Brown shirts) in 1932, even before Hitler rose to power. This was unlike other physicians, who had to cooperate with Nazism out of helplessness. Wegener worked as a military pathologist at Lodz, Poland, where the first Jewish/ Gypsy ghetto was installed, with more than 250 thousand inmates. It was impossible for Friedrich





Wegener to be unaware of what was happening. Moreover, Wegener's office was part of the 'Nazi embolism study' that involved injecting oxygen into the bloodstreams of prisoners.

Medical societies rescinded the honors and prizes in the name of Wegener and began a movement to rename the disease. Many of the patients in the western world were very upset about having a disease connected with the Nazi past. By 2011, an alternative name, 'granulomatosis with polyangiitis', was agreed upon, which now appears in all standard textbooks.

Wegener is not the only physician with Nazi ties to have his name stripped from the hall of fame. Why, Wegener? Why healers?

Researchers say that unethical behaviour of any professional can be driven by individual, issue-specific, and environmental factors. Some obey unethical directives of the authority,



merely to avoid punishment.

Instinctive human greed for money, fame and power also contributes.

Then there is the issue of a gradual erosion of ethical behavior that occurs in individuals below their level of awareness. Recent studies show that ethical erosion is one of the most challenging bioethical problems throughout the world.

And, there is the all pervading political clout which conveniently hides unethical acts, thereby

encouraging the evil doers. How could Dr. Josef Mengele, the most atrocious Nazi doctor, (the Angel of death) manage to evade capture and escape to south America to lead a peaceful life for 35 years, till the age of 68 ?

Hans Reiter, (of Reiters syndrome / Reactive arthritis) at the Neuremberg trials had admitted to helping criminal undertakings at Buchenwald concentration camp, resulting in over 200 deaths. How did he gain an early release from jail? Had he assisted the 'Aliies' with his knowledge of germ warfare ?

It looks as if the breach of bioethics, sadly, is in the world to stay. What we can do is to strive for a sense of professional and ethical behavior arising from moral maturity. Otherwise, any flaws in the ethical attitudes and behaviors of today's practitioners and medical students will directly affect their clinical performance and seriously challenge the health care system. ■

## JOIN US ON TELEGRAM...

Dear Members,

Greetings from IMA Kerala State Branch!!

This Telegram platform has been created by IMA KSB to reach out and disseminate information to each and every member of the State, following suggestions from a wide section of our members. This will primarily function as a broadcast group for the State leadership to convey important matters and decisions directly to the members. Various schemes and activities of the state may be promoted through this medium.

Telegram will not be a substitute to the whatsapp groups being popularly used at present but will compliment the present channels of communications albeit with a wider reach connecting members to the state leadership.

Its kindly requested that the link be circulated widely among our members through the branches to onboard all our members on to this platform. Branch Presidents and Secretaries may please take up the responsibility to popularise Telegram in their respective branches.

Thank you for your cooperation  
**Dr. Sasidharan K.**  
State Secretary, IMA KSB

Link: <https://t.me/imakerala>







# INDIAN MEDICAL ASSOCIATION

Kerala State Branch



## Social Media Platforms

YouTube - [youtube.com/@IMAKeralaofficial](https://youtube.com/@IMAKeralaofficial)

Facebook - [facebook.com/IMAKerala](https://facebook.com/IMAKerala)

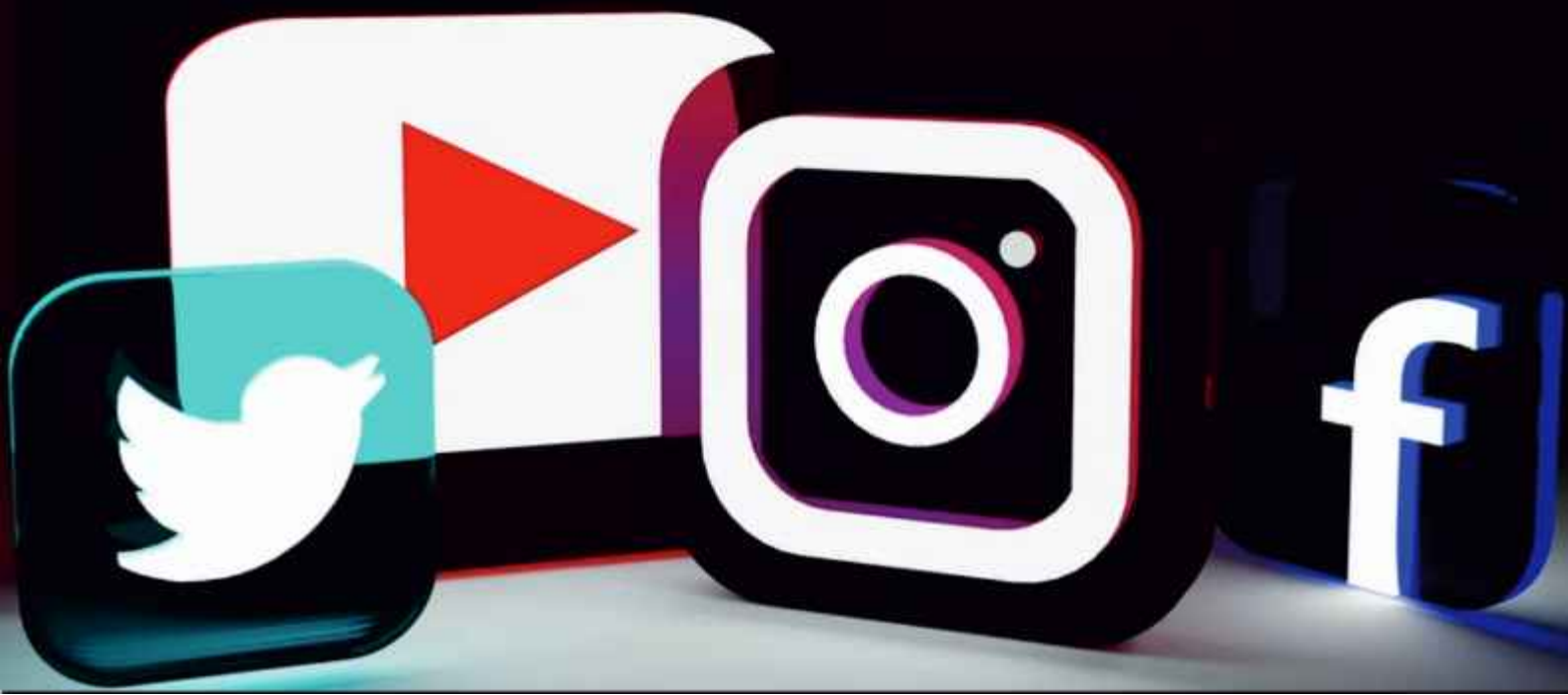
Instagram - [instagram.com/imakerala](https://instagram.com/imakerala)



Dr. Joseph Benaven  
State President, IMA Kerala



Dr. Sasidharan K.  
State Secretary, IMA Kerala





# WOMEN DOCTORS WING



## Kollam

10.11.2023: The National Cancer Awareness Day Class which aimed to educate and raise awareness about cancer, emphasizing its prevention, early detection, and available treatments.

Dr.Sulthana Ansar, Master of Public health PG, AMCHSS, SCTIMST, TVM, shared valuable insights on various types of cancer, their risk factors, and the importance of adopting a healthy lifestyle. The class provide a platform for attendees to engage in open discussions, addressing common misconceptions and fears surrounding cancer.

11.11.2023: Dr Rajalekshmi, STATE WDW Chairperson, commenced the meeting with her introductory note following which the reviews of accomplishments and milestones achieved by WDW in the last year by Dr



Deepa Augustine, STATE WDW SECRETARY. The main highlights of the accomplishments included the successful outreach programs like free menstrual cup distribution, various awareness campaigns and further contributions to healthcare activities. Members had the opportunity to scrutinize the financial health of the organization. The meeting further proceeded with the debates regarding whether to continue WDW or WIMA, for which majority were in favour of WIMA. Dr.Joseph Benaven, marked his presence towards the end of the meeting and mesmerized all with his vibrant words.

12.11.2023: A medical camp organized by the Rotary Club of Quilon North at Rotary Convention Center, Beach, Kollam.

18.11.2023: Women IMA Wing celebrated a momentous occasion with the formal installation of the new office bearers – the Chairperson, Secretary, and Treasurer. The ceremony commenced with a prayer song by Adv. Sujatha, followed by a warm welcome address by Dr. Anitha Balakrishnan. Dr. Biju Nelson (South zone joint secretary IMA KSB) delivered an inspiring address, acknowledging the importance of women's leadership in healthcare and the critical role played by the Women's IMA Wing. Under the guidance of senior WIMA leader Dr. Uma Mohandas, induction of new leaders of WIMA for the year 2023- 24 was done. WIMA working fund was inaugurated by Dr. Bindu by giving the fund to WIMA treasurer, Dr. Lakshmi M Narayanan.

30.11.2023: General Body Meeting & CME session, and a Poster Competition, all centered around the critical theme of Antimicrobial Resistance. CME session, by Dr. Meghana Venunath.

## Kochi

14.11.2023: Monthly meet along with Diabetes day/ Diwali/Children's day celebrations were held at IMA house.

Dr Sheeja Sreenivas conducted an interactive session on Diabetes in women, followed by a short quiz on diabetes.

Conducted Hb A1C testing for 50 registered members as part of Diabetes day celebration.

## Kozhikode

Superintendent of Sub Jail Kozhikode Sri. Unis and Regional Welfare Officer Sri. Sivaprasad participated in the function.

General Body Meeting & International Men's Day Celebration - Flag off by State President Dr. Joseph Benavan. State Secretary Dr. Sasidharan, State treasurer Dr. Roy R Chandran, Dr. Raju, other state



and distinct office bearers participated Felicitation by Dr. Sureshkumar, Diabetologist Diabcare India Diabetic centre Kozhikode.

14.11.2023: Children's day Celebration @ Govt. LP School Thoppayil as a part of World Kindness Day 2023. Theme focussing on Children.

18.11.2023: Launch of HPV Vaccination under Project SWASTHYA Diwali Celebration & Children's Day Celebration.

19.11.2023: WIMA Kozhikode Project Swasthya. International Day for Elimination of Violence Against Women - inauguration by Honourable Mayor Dr. Beena Philip.

30.11.2023: Awareness class of screening methods for cancer cervix. PAPSMEAR camp for staff of WC hospital Kozhikode.

## Nemom

11 & 12.11.2023: Attended IMA State Annual Conference at Tiruvalla.

14.11.2023: Observance of World Diabetes Day

WIMA NEMOM organised a sensitisation programme on Gestational Diabetes in connection with the observance of World Diabetes Day, virtually, in which access to Diabetes care in the context of Gestational Diabetes was highlighted. Dr. Jayakumari, Professor of Medicine, Government Medical College elaborated the diagnostic criteria and current treatment guidelines of GDM and Dr. Keerthi Suresh, Senior Consultant Gynaecologist of Neyyar Medicity, Kattakkada, Trivandrum highlighted the real world experiences regarding barriers to care for GDM patients. Dr. Susi P Alex, Senior Consultant Gynaecologist of KIMS Health moderated the session chaired by Dr. Indira Amma, the Chairperson of WIMA NEMOM. Earlier Dr. Vijayakumar, the Branch President opened the meeting. Dr. Mohanan Nair, Former State Vice President inaugurated the CME. Doctors from all over the State and also from outside joined the virtual programme. The session had very active interaction from participants.

14.11.2023: Observance of World Diabetes Day - Dr. Beena Rani, the Joint Secretary of IMA NEMOM conducted the session highlighting the theme "access to Diabetes Care".

17.11.2023: Observance of National Epilepsy Day WIMA NEMOM organised an awareness session in Vellarada in connection with the National Epilepsy Day in association with the Rukmini College of Nursing. The

students of the college enacted a skit on the subject and about 50 persons attended the session. Dr. Beena Rani, Joint Secretary, IMA NEMOM coordinated and led the programme.

18.11.2023: Observance of World Antimicrobials Awareness Week

26.11.2023: Meeting of District Committee and reception to Central Minister

28.11.2023: MINI JPEF -AMS CME

29.11.2023: GB meeting of IMA Nemom and WIMA. "Heart rhythm disorders in heart failure" by Dr Aneez Thajudeen.

## Kunnamkulam

11.11.2023: IMACON was attended by WIMA members.

14.11.2023: Awareness session was conducted under the leadership of Dr Geetha Devi at Pazhanji Clinic. A "Walkathon" was organized by the South Zone Diabetes Centre.

IMA Kunnamulam and WDW Kunnamkulam in association with Ansar Hospital conducted Childrens day celebration.

17.11.2023: Antenatal class by Dr Naima Khader at Al Ameen Hospital. Importance of Prenatal checkup and Anemia complicating pregnancy was briefed.

20.11.2023: An awareness class on Anemia by Dr Geetha Devi.



21.11.2023: CAN Thrissur cancer awareness programme at FHC Thaikkad for kudumbasree workers, Anganwadi workers and Ashworkers. Symposium on cancer awareness headed by MO in charge Dr Jisha Gangadharan and awareness class about cervical and breast cancer by Dr Sreekala, Gynaecologist Santhi Nursing Home. Executive Meeting Scientific Session on Tackling AMR in Real World Susceptibility Data.

28.11.2023: Diabetic detection camp at Pazhanji by Dr Geetha Devi. General Body meeting and Installation of WIMA Kunnamkulam CME on "NUTS AND BOLTS OF ALLERGY DIAGNOSIS" by Dr Xavier Thomas.



# BRANCH ACTIVITIES

## 1 Kannur

02.11.2023: Talk on RIRS DISS: New generation – Endoscopic Treatment for Kidney Stone.

09.11.2023: Talk on Radiation in Medical Imaging

16.11.2023: Talk on Patient-tailored treatment for stable COPD

23.11.2023: Panel Discussion on Antimicrobial Resistance (AMR)

30.11.2023: Journey of Hope: Illuminating the HIC odyssey.

## 2 Desinganad

07.11.2023: Monthly executive meeting.

11.11.2023: Attended 66th Annual Conference IMA KSB IMACON 2023.



26.11.2023: Conducted "World AMR Awareness Week 2023 GO BLUE CAMPAIGN" at Hotel All Seasons, Mathilil Kollam in Association with KGIMOA Kollam Unit.

CME on "Preventing Antimicrobial Resistance Together" by Dr. Bindu Mary Francis, President, IMA Desinganad.  
CME on "Communicational skills in Clinical Practice" by

Dr. Jayasankar C R, Additional DMO, TVM.

28.11.2023: Monthly General body meeting and CME on "NEWER ORAL HYPOGLYCEMIC AGENTS" by Dr. Karamchand B, Consultant Internal Medicine, Taluk Hospital, Punalur.

## 3 Kottayam

07.11.2023: Medical camp in association with Rotary Club.

07.11.2023: ELS class for Drivers association

08.11.2023: ELS class for students.

13.11.2023: Awareness class on diet & fitness as part of World Diabetic Day.

29.11.2023: World Anti-microbial awareness class

29.11.2023: First GB & Scientific session and panel discussion on Mid Life Crisis.

## 4 Thalassery

01.11.2023: HUMAN CHAIN on the 157th Birthday of the Thalassery Municipality, Dr. Rajeev Nambiar (IMA Thalassery) inaugurated the Human Chain formation.

A Reproductive Health Awareness Session at Kadambur Higher Secondary School Thalassery by Dr.Radhika Aravind (IMA Thalassery).

02.11.2023: NCD Awareness Class by Dr.Sreeja Viswan (Vice President, IMA Thalassery).

05.11.2023: Installation of Office bearers of Kottakkal IMA branch by Dr. K Sasidharan, State Secretary of IMA Kerala





06.11.2023: Sika Virus Awareness Class at Shadabdi Hall in association with District Medical Office Kannur, General Hospital, Thalassery and Bar Association Thalassery by Dr. Sasidharan K (State Secretary IMA & Consultant Physician, General Hospital, Thalassery).

07.11.2023: NATIONAL CANCER AWARENESS MCC and Kannur District Cancer Consortium jointly associated a charity programme 'Student's birthday challenge'.

07.11.2023: BREAST CANCER AWARENESS PROGRAMME: The core philosophy in early detection that "Hope Must Prevail Over Fears In Breast Cancer" is re-emphasised.

11.11.2023 & 12.11.2023: Members attended State Conference "IMACON 2023" at Thiruvalla and bagged awards.

13.11.2023: Awareness Class to Asha Workers at FHC Dharmadam by Dr.Dhanya M K

14.11.2023: Diabetic Awareness Class at Busthanul Ulum Secondary Madrasa Muzhapilangad by Dr.Sreeja Viswan (Vice President IMA Thalassery).

Meet and Chat with Speaker Programme at IMA Hall Thalassery presided by IMA President Dr.Aravind C Nambiar.

15.11.2023: World COPD Day programme- Training for staff Nurses at District Chest Centre Kannur by Dr. Rejna Dilnath (Consultant Chest Specialist).

A Reproductive Health Awareness Class at Indira Gandhi Public School, Mambaram by Dr. Mini Balakrishnan (Consultant Gynaecologist & Past President IMA).

17.11.2023: Sensitization on HPV Vaccine and Cervical Cancer Screening Camps at Kendriya Vidyalaya Kannur. Awareness class on Menstrual Hygiene to Adolescent Girls at Koorara LP School by Dr.Dhanya M K (IMA Thalassery).

18.11.2023: Awareness Class on Adolescent Health Issues at Meethala Peedika AUP School by Dr.Dhanya M K(IMA Thalassery).



An awareness class on Anemia in women and Menstrual Hygiene for Adolescent Girls at FHC Muzhapilangad by Dr.Sreeja Viswan (IMA Thalassery).

20.11.2023: Awareness Class for Nursing students at District

TB Centre Kannur by Dr.Rejna Dilnath (IMA Thalassery).

21.11.2023: Lifestyle disease detection and awareness camp. Members represented in the Navakerala Sadassu at Thalassery Stadium.

22.11.2023: Dr Sasidharan K(State Secretary IMA), Dr Aravind C Nambiar(President IMA Thalassery), Dr Rajeev Nambiar(State Council member), Dr Bithun Balan(Secretary IMA) and Dr.Akhil (Treasurer IMA) met Hon Chief Minister Sri Pinarayi Vijayan, Speaker Adv AN Shamseer, Health Minister Smt Veena George, and Minister of Excise MB Rajesh at hotel pearl view.

22.11.2023: Discussion about implementing antibiotic stewardship programs in the hospitals.

24.11.2023: Distributed WHO AWARE e-book to all the members as a part of observation of antimicrobial resistance.

25.11.2023: A class on Anaemia in women and Menstrual Hygiene for Adolescent Girls by Dr.Sreeja Viswan.

Dr Sasidharan K (IMA State Secretary) was an invitee at the Physician club Thalassery & honoured.

28.11.2023: BLS session for NSS students of Cooperative College of Higher education in association with IMA Thalassery & Lions Club.

29.11.2023: IMA Thalassery AMS inaugurated by past National Vice President Dr Babu Raveendran.

29.11.2023: AMS wing of IMA Thalassery conducted a Panel Discussion in continuation to the capacity building session previously done at various hospitals on Anti-microbial Resistance and importance of antibiotic stewardship. Discussion meeting regarding increasing IMAGE affiliated beds of Kannur Medical College and approval.

## 5 Guruvayur

17.11.2023: First aid booth for Sabarimala Pilgrims at GURUVAYOOR SRI KRISHNA TEMPLE premises started & Coordinated by Dr.Ranganna Kulkarni and Dr.Jiju.

28.11.2023: CME cum General body meeting. CME by Dr. Santhosh Kumar on the topic of head and neck cancers recent advances and by Dr. Jhonson K. Varghese about a theatre day in emergency department.

## 6 Kuthuparamba

07.11.2023: Observed World cancer awareness day and conducted cancer screening. Dr. Rajmohan and Dr.Geetha in HNC Kuthuparamba and Dr.Sindhu Prasanth and Dr. Nayana Rajan in HNC Mattannur gave speeches on cancer awareness.

09.11.2023: Protest against hospital attack at Taluk Hospital



kuthuparamba by Dr. Shefeer babu and president Dr.Aswin VK.

11.11.2023 & 12.11.2023: Attended the IMA state conference at Thiruvalla Vijaya international convention center. Our IPP Dr. Nikhil Mohan, DC Chairman Dr. Lalith Sundaram got recognition and accolades from the IMA state president.

30.11.2023: Antimicrobial awareness week observed by a CME session by Dr. Nayana Rajan, consultant physician, Mattannur. CME session about dapagliflozin OHA by Dr. Arjun, endocrinologist and Dr Vinu, interventional cardiologist.



## 7 Taliparamba

17.11.2023: The IMA Taliparamba branch recently hosted a joyous celebration to commemorate the remarkable achievement of its own member, Dr. Joseph Benevan, who ascended to the summit of the IMA Kerala state branch. Dr. Joseph Benevan, in his role as state president, addressed the audience, sharing insights and thoughts with the attendees.



As a symbol of progress and commitment to its members, Dr. Joseph Benevan inaugurated the renovated IMA Hall in Taliparamba. The celebration at IMA Taliparamba branch was a fitting tribute to Dr. Joseph Benevan's achievements and a testament to the unity within the IMA community.

## 8 Kothamangalam

01.11.2023: Kerala Piravi was celebrated.

02.11.2023: Sr. Maneesha (Consultant Obstetrician & Gynaecologist; Member IMA Kothamangalam) conducted awareness class on Reproductive Health & Sexual Abuse for students & teachers of St. George Public School, Kothamangalam.

03.11.2023: Resuscitation Training Program on neonatal resuscitation

03.11.2023: Women's Wing was formed.

07.11.2023: Donated a 5-litre wet grinder to the tribal hostel, Pinavoorkkudy.

07.11.2023: Installation of New Office bearers.

09.11.2023: Cricket Match.

11.11.2023: Medical Camp for Adolescents.

11.11.2023: Awareness class on "E-waste - Health Hazards & Management" by Er. Diya Bijoy, Automation Engineer, for students of Martha Mariyam Public School.

12.11.2023: Medical camp for the tribal kids.

14.11.2023: Awareness classes conducted in various hospitals as well as schools in connection with the World Diabetes Day.

Observed World Children's Day & conducted awareness sessions.

15.11.2023: Observed World COPD Day & conducted awareness sessions.

An awareness program for the differently abled kids of Santwanam Special School, Kothamangalam, in association with the Sankalp Sampurna Swasthya Program of Indian Academy of Paediatrics.



17.11.2023: Observed National Epilepsy Day and conducted awareness sessions.

World Antimicrobial Awareness Week.

18.11.2023: National Newborn Week: Home visit was done in a tribal area. Vitamin supplements were provided to the newborn and general checkup done.

19.11.2023: An awareness talk on "Hygiene: Head to Toe" by Dr. Mariya Biju, Junior Consultant, St. Joseph's Hospital Dharmagiri. Dr. Johns John Roy, Secretary, IMA



Kothamangalam, explained "Cough Etiquette" to the kids.

22.11.2023: A medical camp for adolescent girls of SSGHS Keerampara by IMA Kothamangalam. Handed over printouts of Hospital Protection Act 2023 to Sr. Abhaya, administrator, St. Joseph's Hospital Dharmagiri, to be displayed in the wards & emergency department.

23.11.2023: World Antibiotic Awareness Week, Poster Competition:

Sankalp Sampoorana Swasthya Program for 50 tribal LP school students at GHS Pinavoorkudy.

25.11.2023: Women's Cell Inauguration in connection with the International Day for Elimination of Violence against Women.

A candle light walkathon in connection with the international day for elimination of violence against women.

25.11.2023: A Tuberculosis Awareness Program in connection with the National TB Elimination Program, for the staff & students of St. Joseph's Hospital Dharmagiri, Kothamangalam.

## 9 Palakkad

14.11.2023: A walkathon in connection with "World diabetic day" and speech on health awareness & complication of diabetes



22.11.2023: A short talk for clinical awareness & over use of antibiotics in clinical practise by Dr Arun N M (general physician- quality clinic), Dr Satyajith ( Asso prof PKDIMS) A talk by Dr Shanmugraj (Consultant Nephrologist – Thangam Hospital) on emergencies in Nephrology- hyperkalaemia)

26.11.2023: CME for Junior Doctors & General Practitioners on diabetes

29.11.2023: In Connection with Cervical Cancer Awareness Drive, WIMA Organised Magic Show.

## 10 Kollam

09.11.2023: Executive Committee meeting.

14.11.2023: Observed World Diabetes Day & an awareness talk by Dr.Alexander K George. Child development centre was inaugurated by the magician Dr Gopinath Muthukad.



19.11.2023: Medical Quiz Program for high school students as a part of observing National Children's Day.

The Inauguration of Drug Abuse Awareness Campaign at IMA Centre, Kollam.

23.11.2023: Blood donation camp at Younus College of Engineering.

24.11.2023: observed World AMR awareness week.

24.11.2023: General Body Meeting and CME on management of stroke.

27.11.2023: Blood donation camp at IMA Blood Centre by NCC Cadets.

29.11.2023: Blood donation camp at Mannam Memorial NSS College.

30.11.2023: HIV/AIDS Awareness talk for nursing students by Dr.K.Santhosh Kumar, A.R.T Medical Officer, HIV/AIDS treatment centre, District Hospital, Kollam.

## 11 Thiriprayar

02.11.2023: Executive committee meeting.

11.11.2023: Attended the state conference at Thiruvalla.

26.11.2023: Dr. Sathidevi did voluntary service at free clinic at Guruvayur temple premises conducted by IMA Guruvayur.

## 12 Kunnankulam

05.11.2023: Representation at State Pedicon, Wayanad

11.11.2023: Members attended the IMACON Annual State Conference of IMA at Thiruvalla.

14.11.2023: World Diabetes Day observed & conducted "walkathon".





Children's Day Celebrations conducted in various hospitals. Cervical cancer detection camp and awareness class by Dr. Sreekala. V. M.

15.11.2023: COPD awareness program.

17.11.2023: National Epilepsy Day program & a class on the types of epilepsy, its causes, and treatment and an interesting mime on epilepsy was displayed by the nursing students. Antenatal class by Dr Naima Khader.



19.11.2023: BLS training at Ansar Hospital to the drivers at Perumpilav and Ansar School staff, at Ansar School, Perumpilav.

20.11.2023: Anaemia awareness and screening camp by Dr Geethadevi, WDW Co-chairperson.

21.11.2023: Cancer awareness program at FHC Thaikkad for kudumbasree workers, Anganwadi workers and Ashaworkers

22.11.2023: Lung cancer awareness program  
24.11.2023: Press conference about the social awareness and responsibilities of using antibiotics, and importance of AMR week observed by IMA.

28.11.2023: General Body, Reception to award winners, Induction of WIMA office bearers.

### 13 Pandalam

01.11.2023: Branch installation.

30.11.2023: Distributed the posters of "Hospital protection act" to all hospitals and clinics in & around Pandalam.

### 14 Kochi

08.11.2023: Executive committee meeting

22.11.2023: General Body meeting and CME on Updates in Neurosurgery & Neuro Anaesthesia by Dr. Shyama K



Papukutty, Dr.Srivatsan Thirumala, Dr. Ajaykumar Ajanvi and Dr. Arun Oommen.

Team IMA Cochin lead by Dr Sunil Mathai won the All Kerala badminton tournament conducted by ARSCK hosted by Palakkad Cosmopolitan Club.

26.11.2023: A cultural fest - THANIMA 2023 inaugurated by our office bearers, past presidents and senior doctors.

### 15 Thiruvananthapuram

07.11.2023: Executive meeting.

07.11.2023: National Cancer Awareness Day.

14.11.2023: Observed world Diabetes Day.

18 & 19.11.2023: BCLS & COLS training programmes.

18.11.2023: World COPD Day Webinar

12.11.2023: Training session on Compression Only Life Support (COLS) for TSS Health volunteers of Marthandam by Dr Derik.

08, 10 & 29.11.2023: All India National Conference organizing committee meeting at IMA State Headquarters.

24.11.2023: General Body Meeting & Navathi Oration at Hotel Residency Tower.

Monthly General body meeting at hotel Residency tower.

### 16 Munnar

30.11.2023: Monthly meeting.

Presentation on the management of paracetamol poisoning was by Dr. Besly. Second presentation on difficult airway was delivered by Dr. Ambili.

### 17 Themmalappuram

Membership campaign, Installations ceremonies, Executive committee meeting were conducted

### 18 Valluvanad

05.11.2023: Medical camp in collaboration with MSN PKDIMS and Lions Club Shornur

07.11.2023: Executive committee meeting

28.11.2023 - World AMR Awareness poster competition

29.11.2023 - World AMR awareness poster competition prize distribution





# INDIAN MEDICAL ASSOCIATION, KERALA STATE BRANCH

## COMMITTEE FOR CULTURAL & LITERARY PROMOTION

PRESENTS

STATE CULTURAL & LITERARY FEST 2024

DETAILS TO FOLLOW

**BLOCK THE DATES**





## 19 Kazhakkuttom

02.11.2023: Annual general body.



09.11.2023: First executive meeting in zoom platform. AMR Workshop inaugurated by DMO Dr. Bindu Mohan. Speakers were Dr. Aravind HOD of Infectious diseases, Dr. Dinoop. K. P Associate professor SCT TVM, Dr. Chitra. L. R Microbiologist TVM and Dr. Praveen. K. S District Nodal Officer TVM. Participants were Civil Surgeons of all block CHC's, AMR Nodal officers and Specialists of Major Hospitals. Very effective and fruitful interactive Session with Dr. Bharathi Pravin Pawar, Minister of State Health and family Welfare at IMA Head Quarters. MPH team is grateful to all the members for the support and encouragement.

## 20 Nedumangad

01.11.2023: Mega blood donation camp @ IISER Trivandrum.

07.11.2023: 1st Executive meeting

14.11.2023: Observed World Diabetic day; awareness talk by Dr. Alhil raj, secretary ima nedumangad. Observed World Childrens' Day. Celebration was inaugurated by Dr. Rekha, superintendent Nedumangad.

15.11.2023: Observed World COPD Day.

18.11.2023: An awareness class on drug abuse and free medical camp at manithukki tribal settlement, vithura by Dr. Hema Francis.

Annual General Body meeting & CME on diabetic retinopathy by Dr. Anuroop patra.

25.11.2023: Observed International Day of Elimination of violence against women.

## 21 Cherthala

02.11.2023: Attended Alappuzha district committee meeting & Chengannur branch installation.

08.11.2023: First General Body Meeting & CME on sub clinical Hypothyroidism, growth & pubertal disorders in children by Dr. Suja P. Sukumar, Consultant Endocrinologist.

14.11.2024: Celebrated World Diabetes Day & awareness talks at various hospitals.

15.11.2023: Observed World COPD Day webinar by Dr. Sailal M.

Second Executive Committee meeting

19.11.2023: Attended Alappuzha district committee meeting.

18.11.2023 to 24.11.2023: World Antimicrobial Resistance Awareness Week celebrated.

## 22 Thrissur

01.11.2023: IMA Blood Bank Complex and Research conducted Annual General Body & unanimously accepted to host the 67th State Annual Conference of IMA Kerala State in 2024 and observed Keralapiravi dinam and installed CCTV camera.

04.11.2023: Participated in the Pelecanus 2023 at Jubilee Mission Medical College.



05.11.2023: Conducted Free Bone diseases detection camp.

07.11.2023: Observed National Cancer Awareness Day; a spoke on Oncologic Emergencies and Breast Cancer by Dr. Mithun Chacko John.

09.11.2023: Participated the installation function of new office bearers of IMA Koorkancherry branch.

12.11.2023: Conducted retinopathy screening camp in connection with World Diabetes day.

IMA CGP Thrissur in association with Kanika womens forum Thrissur chapter conducted First Aid Class for the students of the model home for girls

11 & 12.11.2023: Participated 66th IMA Annual State Conference at Thiruvalla.

14.11.2023: Free Diabetic Camp and Free Dietician Consultation in connection with World Diabetes Day and conducted Walkathon, flagged off by Smt. Ajeetha Begum, IPS DIG of Police.

15.11.2023: Executive Committee Meeting.

18.11.2023: IMA Thrissur in association with Cardiological Society of India, Thrissur chapter inaugurated "Know your





number" project, a health statistic of a doctor and reception to State leader of the branch and also conducted Medical Quiz. General Body Meeting, a scientific session on & discussed about hosting 67th State IMA Annual Conference 2024 on November 9 & 10, 2024.

23.11.2023: Observed "Preventing Anti-Microbial Resistance Together"

25.11.2023: Participated in the 50th Year Golden Jubilee Celebration of KSOS @ Hyatt, Lulu, Thrissur.

29.11.2023: participated in the Book Release "Spreading Joy" @ Hyatt, Lulu, Thrissur.

## 23 Thodupuzha

11 & 12.11.2023: Members attended the State Conference at Thiruvalla.

15.11.2023: CME on "Sudden Cardiac Death in Young" by Dr. Hisham Ahammed and Hybrid management of Ischemic and Haemorrhagic shock by Dr. Sreehari A.



General Body meeting & CME on Aware of your Liver - A NASH perspective by Dr. Mathews J Chooraken.

## 24 Chalakkudy

11 & 12.11.2023: Members attended the State Conference at Thiruvalla. Branch donated tablets to Vayomithram, Chalakkudi.

General Body Meeting & CME for World Diabetes Day.

## 25 Malappuram

05.11.2023: Attended installation of IMA Kottakkal branch.

08.11.2023: Attended Suicide Prevention zoom meeting.

09.11.2023: General Body meeting & CME on "coronary heart disease in health care workers and doctors".

11 & 12.11.2023: Members attended the State Conference at Thiruvalla.

14.11.2023: Observed World Diabetes Day



23.11.2023: Executive committee meeting.

29.11.2023: Submitted memorandum to the Health Minister on apprehensions in Clinical Establishment Act. ELS training to school children.

## 26 Nemom

09.11.2023: Cabinet meeting in online platform.

11 & 12.11.2023: Members attended the State Conference at Thiruvalla.

13.11.2023: CME on Diabetes Day theme - Access to diabetes care in online platform by Dr. V. Mohanan Nair about Barriers to accessible and affordable diabetes care; Dr. Sajith on Diabetes care in public sector; Dr. Arun Shankar on Barriers in newer technologies in diabetes care.

14.11.2023: Observed World Diabetes Day and Children's Day. An awareness class on prevention and treatment of





diabetes. A session on "Access to Diabetes Care" by Dr. Beena Rani. There were Walkathon and Patient Education Programs in connection with World Diabetes Day. CME on Gestational Diabetes in connection with the observance of World Diabetes Day, virtually by Dr. Jayakumari and current treatment guidelines of GDM by Dr. Keerthi Suresh, highlighted the real-world experiences regarding barriers to care for GDM patients.

15.11.2023: A session on Common Fallacies in Diabetes Management in connection with the observance of World Diabetes Day on Zoom platform.

17.11.2023: An awareness session in Vellarada in connection with the World Epilepsy Day in association with the Rukmini College of Nursing.

18.11.2023: An awareness session in connection with the World Antimicrobials Awareness Week celebration.

23.11.2023: CME in connection with National Newborn Day and Care of Preterm baby. Dr Anand talked on "Care of preterm baby: Small actions, Big impact".

26.11.2023: Members attended the first meeting of the IMA Thiruvananthapuram District Committee. Central Minister of State for Health and Family Welfare Smt. Bharati Praveen Pawar was the Chief Guest.

27.11.2023: CME in connection with Antimicrobial Resistance Awareness week. Dr Sivaprasad gave a talk on "AMR Challenges and antibiotic literacy".

28.11.2023: Participation in Mini JPEF in association with Jothydev's Diabetes Hospital and Research Centre.

29.11.2023: General Body meeting and CME on Heart rhythm disorders in heart failure by Dr Aneez Thajudeen.

## 27 Feroke

29.11.2023: The installation ceremony and family meet.

## 28 Koyilandy

09.11.2023: Executive meeting. Arranged travel to Thiruvalla for state meeting.

29.11.2023: Conducted General body meeting with CME on Cardiology with the help of Meittra hospital kozhikode.

## 29 Iritty

02.11.2023: General Body meeting & CME on liver transplant advances by Dr. Fawaz

30.11.2023: General body meeting & CME on Endocrinology by Dr. Navya Mary & plastic surgery by Dr. Subin Joseph.

## 30 Chirayinkeezhu

15.11.2023: World COPD Day programs - Awareness talk and medical camp at SAIGRAMAM; Walkathon at Attingal town; Pulmonology quiz at SGMC Attingal.

20.11.2023: Antimicrobial resistance awareness week: Go blue campaign

24.11.2023: General Body meeting & scientific session on Insulin Initiation & Intensification by Dr Tony P Joseph.

## 31 Cochin West

14.11.2023: Diabetes Awareness Class in connection with World Diabetes Day.

24.11.2023: AMR Awareness class.

## 32 Kanhangad

14.11.2023: Executive Committee Meeting. World Diabetes Day observance in association with DMO Kasargod

17.11.2023: Special Executive Committee Meeting.

24.11.2023: General Body Meeting & CME in association with Aster MIMS Kannur.

## 33 Kasaragod

02.11.2023: Executive Committee Meeting.

06.11.2023: Handed over Social Security III Death Benefit of Dr B S Mohammed Senior Paediatrician Kasaragod to his family members.

07.11.2023: IMA Kasaragod branch in association with All Kerala Photographers Association East Unit Kasaragod Conducted ELS Hands on training to their members and Family members.

10.11.2023: ELS/BLS/CPR Training.

11 & 12-11-2023: Members attended the State Conference at Thiruvalla.

14.11.2023: WIMA Installation ceremony. An awareness talk in connection with World Diabetes Day.





20.11.2023: Executive Committee Meeting.

22.11.2023: Handed over Death Benefits (SSS I, II & III) of Dr Manjunath Kamat to his family members

23.11.2023: Annadanam. General Body Meeting & CME on Acute Coronary Syndrome by Acute Coronary Syndrome & on the Intravenous Fluid therapy and Vasoactive Agents- What, When, Where & How by Dr Priya B Naik.

18-24.11.2023: World AMR Awareness Week- Preventing Antimicrobial Resistance Together.

24.11.2023: A talk on antimicrobial awareness and a mega medical camp.

25.11.2023: Free Medical Camp.

30.11.2023: Red Ribbon Candle Lighting on the occasion of World AIDS Day observation.

### 34 Thalappilly

11 & 12-11-2023: Members attended the State Conference at Thiruvalla.

22.11.2023: Executive meeting through zoom.

28.11.2023: General Body meeting & CME on High Insulin Requirements in Diabetes Mellitus - A Dilemma by Dr Archana Lakshman.

Conducted COLS training sessions.

### 35 Ponnani

17.11.2023: Executive meet.

26.11.2023: Anti-microbial resistance awareness program

28.11.2023: General Body meeting & CME on Anti-microbial resistance - the current scenario by Dr.Jasmine.K.A.

### 36 North Paravur

23.11.2023: IMAAMS conducted a CME on managing GERD with sodium alginate by speaker Dr N Madhu, Chaithanya hospital, North Paravur.

### 37 Kanjirappally

General body meeting.

Academic session on newer methods in interventional radiology & the committee was formed for constructing a new building for the branch.

### 38 Vadakara

01.11.2023: Kerala Piravi Celebration, chief guest Jisa Jose (Writer and Educational activist)

07.11.2023: World Cancer Day class by Dr Sreekala Poroor.

11.11.2023: Attended State Conference held in Thiruvalla

14.11.2023: Diabetic Day Awareness Rally and Class in association with Rotary Vadakara and The Badagara Sahakarana Asupathri. Awareness rally flagged off by Regional Transport Officer Vadakara. Awareness Class by Dr Jyothikumar.

14.11.2023: Diabetic Day Class by Dr Sakeer Hussain.

14.11.2023: Executive Committee Meeting.

17.11.2023: Diabetic Week End Celebration along with unveiling of programme for next year, in association with Diamond Health Care and Angel's Vadakara.

21.11.2023: Celebrated Children's Day.

Met Health Minister and Minister Krishnan Kutty handed over the Petition regarding CEA Bill and Understaffing in Government Hospitals.

28.11.2023: General Body Meeting and CME on Anaemia by Dr Jyothikumar.

### 39 Chathannur

22.11.2023: General Body meeting and CME on Kidney - The Solids, Liquids and Gases by Dr Jayalal Jayapalan.

### 40 Karakkonam

13 to 18.11.2023: Medical camp at Dr. SMCSI MCH in connection with world diabetic day inaugurated by Kunnathukal panchayath president Mrs.Ambili and Dr. Anushka spoke on the importance of prevention of Diabetes mellitus.

14.11.2023: Conducted a walkathon inaugurated by Mr. Hareendhran MLA and distributed pamphlet regarding prevention of diabetes among the community.

17.11.2023: A seminar on therapeutics on diabetes mellitus in association with clinical club by Dr.Shiburaj.

### 41 Muvattupuzha

02.11.2023: First executive committee meeting.

04.11.2023: Members visited the IMA bought land for the proposed IMA complex.

07.11.2023: Members visited IMA Kothamangalam for installation function.

09.11.2023: Branch cricket team played a friendly cricket match against IMA Kothamangalam as a part of doctors club activity.

11&12.11.2023: Attended State Conference held in Thiruvalla



14.11.2023: Childrens Day celebration. Diabetes awareness talk by Dr Aji Balakrishnan, Dr Abraham, Dr Sreelatha and Dr Minu Aji.



30.11.2023: General Body meeting & CME on "Osteoporosis - A Silent epidemic" by Dr Tom babu.

## 42 Mavelikkara

02.11.2023: Attended the installation ceremony of Chengannur IMA.

11&12.11.2023: Attended State Conference held in Thiruvalla.

14.11.2023: World Diabetes Day was observed & conducted a walkathon in association with Rotary club Mavelikara and District Hospital Mavelikara followed by Diabetes Camp and Awareness class and QUIZ & Dr Shalu Susan (Family Physician) conducted diabetes awareness class. Dr Ranimol



(Gynecologist) conducted awareness class on hygiene for adolescents. Dr Jayasankar (Psychiatrist) conducted awareness class on Drug Abuse.

19.11.2023: Members participated in boating trip conducted IMA Alappuzha District Committee.

26.11.2023: General Body meeting and CME on road rules by Mr Saju P Chandran, Asst MVI.

## 43 Thamarassery

29.11.2023: General Body meeting & a family get-together. CME on radiation oncology and non-oncological application of FDG PET CT by American Oncology Institute of Baby Memorial Hospital, Kozhikode.

## 44 Madhya Kerala

01.11.2023: Executive Committee Meeting.

03.11.2023: Blood donation camp at SCMS Karukutty by Dr. Beena Mary Thomas.

10.11.2023: An awareness class on the necessity of immunization in children and adults by Dr. Sobhana.

11&12.11.2023: Attended State Conference held in Thiruvalla.

14.11.2023: Free Diabetes Detection Camp in connection with World Diabetes Day by Dr. M N Menon & Dr. Rajeswari Amma. Retinopathy Screening, Neuropathy detection, lifestyle modification was held at Koinonia Dialysis Centre by Dr. Ashwini Kumari. Free blood sugar test by Dr. Sobhana K R. Dr. Judy Joseph conducted a mobile diabetes screening program.

Childrens Day programs conducted & Painting competitions for different age groups conducted & there were dance and music performances.

15.11.2023: Blood Donation Camp by Dr. Beena Mary Thomas and team.

A talk on COPD by Dr. Akhilesh.

16.11.2023: First Aid and BLS training by Dr. Anitha Krishnan.

19.11.2023: Members participated in the Ethics Seminar held by the National IMA.

21.11.2023: A Seminar on how to make a patient friendly hospital by Dr. Sobhana.

22.11.2023: General Body Meeting. ELS training to the health care staff by Dr. Anitha Krishna.

Monthly clinical meeting & Dr. Harsha Jeevan, cardiologist from Apollo Hospital spoke on Uncommon Myocardial Infarction and Dr. Roy John, Urologist from Apollo Hospital spoke on Robotics in Urology.

25.11.2023: Free Medical camp by Dr. Sobhana.

## 45 Varkala

11&12.11.2023: Attended State Conference held in Thiruvalla.

14.11.2023: Diabetic Camp and Walkathon in corporation with KGMOA, Navayikulam PHC and Navayikulam Grama Panchayat.

30.11.2023: General Body meeting and CME.

An awareness camp on menstrual cup by Dr.Saritha at FCH Keezhattingal and distributed 200 menstrual cup.

## 46 Pala

11&12.11.2023: Attended State Conference held in Thiruvalla.

14.11.2023: Observed World Diabetes Day in association



with IHM Hospital Bharanangaanam, Rotary club & RSSDI Kerala chapter & World diabetes day awareness rally was flagged off by Mani C Kappen MLA. Free blood glucose check-up, special screening test to detect complications of Diabetes, Seminar, and diabetic diet exhibition also arranged. The executive committee meeting & discussed various organizational matters.

24.11.2023: General Body Meeting & CME on basic infertility evaluation and introduction to IVF by Dr Reshmi and Dr Shilpa. Dr Vinod P district nodal officer of AMR programme took class in connection with anti-microbial awareness week.

## 47 Perinthalmanna

04.11.2023: Airway Management, basic and Advanced- IIRCF guidelines to nurses and technicians with hands on training at Moulana Hospital academy hall, organised by IMA Perinthalmanna and ISA Malappuram.

05.11.2023: BCLS training for hospital staff by Dr. Brejesh, Dr. Sasidharan P, Dr. MA Nazar EK.

09.11.2023: Doctor's enclave meeting.

11&12.11.2023: Attended State Conference held in Thiruvalla.

14.11.2023: world Diabetic Day Awareness programs, Walkathon were conducted. Then football match between IMA JDN TEAM & JANA MYTHRY POLICE TEAM. Flash mob of Nursing students. Awareness classes of Senior Doctors.

15.11.2023: Diabetic day awareness class on Juvenile Diabetes - How to overcome by Dr. Shaji A.

17.11.2023: Observed World Epilepsy Day & awareness classes by Dr. Bineesh C and Dr. Alex Baby & conducted quiz competition about epilepsy COLS and First Aid Training organised by Vellinezhi Grama Panchayat inaugurated by Panchayat President.

23.11.2023: CME with WIMA & JDN activities by Sri. V.R Vinod IAS, Malappuram District Collector.

24.11.2023: COLS training and First Aid awareness class.

25.11.2023: IMA Medical camp at Govt. Boys HSS Perinthalmanna.

26.11.2023: Awareness in COLS, BCLS and First Aid to NCC students at annual training camp at Chelari in Malappuram District by Dr. Sasidharan and Dr. Hawas.

29.11.2023: SARANG MUSIC NIGHT - IMA CULTURAL PROGRAMME at IMA HOUSE

30.11.2023: Branch President Dr.Shaji Gafoor along with Dr.Kochu.S.Mani former WIMA State Chairperson and senior member Dr. Sasidharan P met and appeal to the Health Minister as a part of chief ministers Navakerala sadassu Programme at Perinthalmanna.



## 48 Tirur

08.11.2023: Branch installation ceremony.

09.11.2023: IMA AMS session by Dr Vishnu Vijayan.

11&12.11.2023: Attended State Conference held in Thiruvalla.



23.11.2023: IMAAMS session by Dr Hussain

28.11.2023: General Body meeting & CME.

30.11.2023: Handed over the cheques of claim for SSS1, SSS2, and SSS3 for senior member Dr. Vijayagopal to his wife Dr. Nalini.

## 49 Tirurangadi

07.11.2023: Executive meeting

30.11.2023: General Body meeting & CME on ECG, offering a simplified version of ECG reading by Dr. Jameel shajeer.

## 50 North Wayanad

New President, Dr. Gokul Dev and secretary Dr. Savan Sara Mathew were nominated & planned to conduct installation ceremony in December.

## 51 Kulanada

29.11.2023: General Body meeting and CME on "Management of Snake bite" by Dr Sunil Mathew followed by an active interactive session.



## 52 Mannarkkad

24.11.2023: Branch meeting and discussed about branch house inauguration.

## 53 Jubilee Mission

06.11.2023: Installation ceremony.



14.11.2023: World Diabetic Day was organized & conducted Free Blood sugar estimation and Diabetic Retinopathy Screening.

18-24.11.2023: In connection with the world AMR awareness week, CME and a flash mob followed by Street play by medical students & the events were conducted in association with the Department of Microbiology & Hospital Infections Control Committee.

## 54 Kattappana

02.11.2023: Installation ceremony of New members followed by CME on management of hyponatremia by Dr. Shaun Jacob.

## 55 Perumbavoor

01.11.2023: First Executive Meeting of the new team of office bearers.

07.11.2023: Cancer Awareness day observed by distributing pamphlets to patients waiting in the OPD. This was done by Dr Elizabeth Sunny Chairperson WIMA Perumbavoor. Awareness videos also displayed in the monitor in the waiting area.

08.11.2023: Cancer awareness class on cervical Cancer by Dr Anjali Mahesh Gynaecologist.

11 & 12.11.2023: IMACon, the 66th Annual conference was attended by the members.

14.11.2023: Diabetic day observation.



15.11.2023: First General Body Meeting & CME on POCSO Act by Dr Asokkumar, chaired by Gynaecologist Dr Latika Sukumaran Second Session during the CME is on a communication skill topic On Medical Errors Taken by Communication skill trainer of IMA Dr Harimohan, chaired by Physician Dr Sabu Paul.

Antimicrobial resistance awareness week was observed by online CME for doctors by Dr Jacob K Jacob HOD General Medicine Government Medical College Ernakulam.

23.11.2023: Awareness class on Menstrual cup by President Dr Deepa Augustine.

24.11.2023: A discussion on antimicrobial resistance was held in the local television. Awareness class on Menstrual cup by President Dr Deepa Augustine.

## 56 Ettumanoor

Executive meeting on the first week and actively trying to enroll new members. Planned to attend the state meeting on December 3rd.

## 57 Nedumkandom

08.12.2023: General body meeting presided over by Dr. Joson Varghese & discussion about smooth functioning of branch. By law presented at GB for discussion.

## 58 Changanassery

11&12.11.2023: Participated in state conference at Vijaya convention centre Thiruvalla.

## 59 Amala Nagar

23.11.2023: Monthly CME & General Body Meeting

**Branch Secretaries are requested to forward the monthly activity report to [newsletter@imakerala.com](mailto:newsletter@imakerala.com) on or before 15th of every month.**





## UPCOMING EVENTS



Dates	Meetings	Venue
13.01.2024	DC Meeting	Kozhikode
15.01.2024	DC Meeting	Kannur
16.01.2024	DC Meeting	Kasaragod
20.01.2024	DC Meeting	Malappuram
22.01.2024	DC Meeting	Trivandrum
23.01.2024	DC Meeting	Alappuzha
24.01.2024	DC Meeting	Palakkad
25.01.2024	DC Meeting	Thrissur
28.01.2024	Managing Committee Meeting	Periyar House
28.01.2024	Inaugural function of Committee to Promote Cultural & Literary Talents	Madhya Kerala
03.02.2024	DC Meeting	Pathanamthitta
04.02.2024	Managing Committee Meeting	HQ, Trivandrum
11.02.2024	CGP North Zone Conference	Taliparamba
18.02.2024	278th SWC Meeting	Kozhikode



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Kerala State Branch

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# MEMBERSHIP DHAMAKKA

Upto 31.03.2024

## LIFE SINGLE MEMBERSHIP

### Less than 1 year

Existing Rate	₹ 16,649/-
With National Discount	₹ 10,000/-

PG / DNB students With National Discount	₹ 11,500/-
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### Upto 3 years

Existing Rate	₹ 16,649/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 11,500/-
16.02.24 to end of National Discount	₹ 12,500/-

### 3 - 6 years

Existing Rate	₹ 18,449/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 12,500/-
16.02.24 to end of National Discount	₹ 14,000/-

### More than 6 years

Existing Rate	₹ 25,061/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 17,000/-
16.02.24 to end of National Discount	₹ 19,000/-

## LIFE COUPLE MEMBERSHIP

### Less than 1 year

Existing Rate	₹ 24,974/-
With National Discount	₹ 16,000/-

PG / DNB students With National Discount	₹ 17,000/-
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Exclusive offer for PG/DNB: PPS Membership @ ₹ 1500/- each

### Upto 3 years

Existing Rate	₹ 24,974/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 17,500/-
16.02.24 to end of National Discount	₹ 19,000/-

### 3 - 6 years

Existing Rate	₹ 27,674/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 19,000/-
16.02.24 to end of National Discount	₹ 21,000/-

### More than 6 years

Existing Rate	₹ 38,192/-
Jackpot Discount (01.01.24 - 15.02.24)	₹ 27,000/-
16.02.24 to end of National Discount	₹ 29,000/-

## LIFE SINGLE TO LIFE COUPLE

(03.01.'24 to end of National Discount)

Existing Rate	₹ 13,125/-
With National Discount	₹ 9,844/-



Dr. Joseph Benaven  
State President, IMA KSB



Dr. Sasidharan K.  
State Secretary, IMA KSB

\* Branch share & Working fund as applicable