



# IMA News Letter

November  
&  
December  
2025







# INDIAN MEDICAL ASSOCIATION Kerala State Branch

*Congratulations*



**Dr. Ramesh R.**  
**National Vice President**  
**IMA HQs**

*on assuming the prestigious office of  
National Vice President, Indian Medical Association  
Headquarters*





**INDIAN  
MEDICAL  
ASSOCIATION  
KERALA STATE BRANCH**

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# INDIAN MEDICAL ASSOCIATION

**Kerala State Branch**

## Android Mobile App

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<https://play.google.com/store/apps/details?id=com.icconnectapp>

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# President's Column



Dear Esteemed Colleagues,

It is my distinct honor to address you as President of our esteemed organization, representing nearly 50,000 dedicated MBBS doctors across the state. In these dynamic times for healthcare, our collective voice and action are more crucial than ever. The columns of this newsletter have always served as a platform for shared vision, and today, I wish to reflect on the core pillars that define our profession and our association: unity, integrity, commitment, financial discipline, and an unwavering focus on public health.

## Unity in Purpose, Strength in Numbers

Our strength lies in our numbers and our shared foundation: the rigorous training and scientific knowledge of modern medicine. In a world of fragmented healthcare narratives, our unified front is a testament to evidence-based practice. Let us foster a spirit of collaboration, mentorship, and mutual respect. By speaking with one voice, we can more effectively advocate for our profession, our patients, and the future of healthcare in our country.

## Integrity and Commitment: The Bedrock of Our Profession.

Integrity is the compass guiding our commitment to patient well-centered care. Each of us took an oath to prioritize our patients' well-being. This commitment extends beyond our clinics and hospital wards; it defines our role as community leaders. In our pursuit of excellence, let us hold fast to ethical standards, transparency, and the highest level of professional conduct, ensuring the trust the public places in us remains absolute.

## Prudent Management and Service to Society

To achieve our ambitious goals, we must also embrace sound financial discipline within our organization. Responsible stewardship of our resources ensures that we can effectively fund our initiatives, support our members, and maintain our independence.

contd....

Our service to society is most profoundly felt through our contributions to public health. By actively participating in health camps, awareness campaigns, and policy advocacy, we can drive meaningful change in the lives of millions, focusing on preventive care and equitable access to medical services.

#### **Championing Evidence-Based Medicine**

A pressing concern facing us today is the rise of integrative medicine, particularly the push for practitioners without a deep, foundational knowledge of modern medicine to be granted licenses to practice it. This development is potentially detrimental to public health. Our organization must take a firm, evidence-based stance against any policy that compromises patient safety. Modern medicine, grounded in scientific research and rigorous training, must remain the standard of care. We must advocate for stringent educational and licensing requirements to protect our patients from inadequate treatment.

#### **Investing in Our Future: Mentorship and Growth**

The future of healthcare rests in the hands of our medical students and junior doctors. We must actively promote mentorship programs, provide platforms for professional development, and ensure their voices are heard within our organization's leadership. Their energy, innovation, and dedication are vital assets that will propel our association forward and secure a healthy future for our nation.

Theme for the year is Empowering the healer, advancing healthcare...

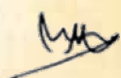
When we are empowered with the latest scientific knowledge and technological advancements, we are better equipped to deliver superior patient care. Continuous professional development and access to cutting-edge research ensure that healers can leverage scientific updates to make informed decisions.

Simultaneously, prioritizing the mental and physical health of doctors is crucial to prevent burnout and maintain a resilient healthcare workforce. This integrated strategy fosters a sustainable environment where thriving doctors can, in turn, ensure the better health of their patients.

#### **Looking Ahead**

Let us move forward with renewed vigor and a shared sense of purpose. By reinforcing our unity, upholding our integrity, and recommitting to the principles of evidence-based modern medicine and public service, we will not only strengthen our organization but also significantly improve the health and well-being of the communities we serve.

**Jai IMA, Jai Hind  
Yours in IMA**

  
**Dr. Dr. M.N. Menon**  
State President





# From the Editor's Desk...



Dear Colleagues,

It gives me immense pleasure to address you all through this edition of our IMA News Letter, following the successful conclusion of our state conference at Kozhikode. The conference, meticulously hosted by Kozhikode branch, under the leadership of Dr. V.G. Pradeep Kumar and Dr. Aneen N. Kutty has truly set a benchmark for future events. The enthusiasm, participation, and spirit of collegiality displayed during the conference reaffirmed the faith in the strength and unity of our medical fraternity.

As we embark on this new journey with the new IMA Kerala State team, I am filled with optimism about the initiatives we have planned for the year ahead. Our focus will be multifaceted, addressing both the welfare of our members and the broader challenges facing our healthcare system.

One of the initiatives our respected State President Dr. M.N. Menon this year will be the establishment of the Doctors Health Promotion Committee. For far too long, we as physicians have placed the wellbeing of our patients above our own, often at considerable personal cost. The time has come to acknowledge that healthy doctors are fundamental to a healthy society. Through this committee, we will address the physical, mental, and emotional health needs of our medical community, creating support systems and resources that recognize the unique stresses and challenges of our profession.

We had also launched a comprehensive membership drive aimed at strengthening our association. IMA's collective voice grows stronger with each new member, and our various schemes and benefits become more robust and accessible. I encourage all of you to actively participate in this drive and help us extend the IMA umbrella to every practicing physician in Kerala.

Perhaps one of our most critical endeavors will be continuing our dialogue with the government regarding the Clinical Establishment Act. Small and medium hospitals form the backbone of Kerala's affordable healthcare system, bringing quality medical care within reach of common citizens across our state. We are committed to working constructively with the authorities to ensure that regulations, while maintaining necessary standards, remain practical and conducive to the functioning of these vital healthcare institutions.

The road ahead demands our collective effort, wisdom, and dedication. I am confident that together, we will navigate the challenges and emerge stronger, continuing to serve both our profession and the people of Kerala with distinction.

**Jai IMA, Jai Hind**  
**Yours in IMA**

With warm regards,

**Dr. Roy R. Chandran**  
State Secretary

**IMACON 2025**  
**November 8th & 9th @ Kozhikode**









## KGMCTA Strike @ Kozhikode Medical College on 13.11.2025



## Taking Charge.... 14.11.2025







## Reception to State Leaders by IMA Trivandrum on 14.11.2025







## Nedumbassery Office Bearers Installation on 23.11.2025





## Mavelikara Branch Installation on 23.11.2025

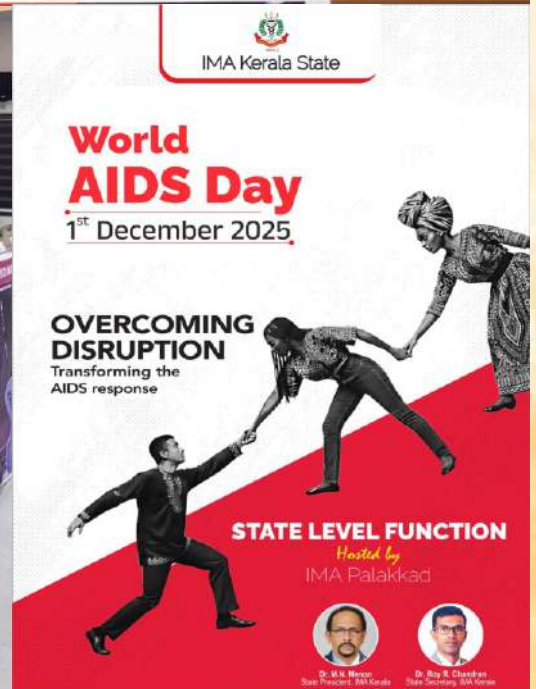


## Guest of honour at the inauguration of IAPMR Kerala Chapter Mid Term State Conference on 29.11.2025 @Kannur





## Observation of World Aids Day, hosted by IMA Palakkad on 01.12.2025



State Secretary Guest of honour @ Inspire 2025, Sports meet for differently abled, organised by IAPMR Kerala, TVM Physiatrists Society and IMA Chirayinkizhu in connection with the observation of International day of persons with disability on 04.12.2025



## Cabinet Meeting on 13.12.2025



## Branch Presidents, Secretaries & Treasurers Meet @ Periyar House, Aluva on 13 & 14 December 2025





**State Secretary Guest of Honour @DEMMCON 2025, Emergency Medicine Conference @ Malabar Medical College, Kozhikode 21.12.2025**



**Visited DGP of Kerala, Shri. Ravada Chandrashekhar and offered X'Mas & New Year Wishes from IMA Kerala. Had a fruitful discussion on prevention of hospital violence and follow up of previous violences. He offered to organise district wise meetings with concerned District Police Chiefs. Dr. M.N. Menon, Dr. R.C. Sreekumar, Dr. Roy R. Chandran, Dr. Sharafudheen participated the meeting that lasted more than an hour at his residence.**



## Inauguration of IMA Doctors Enclave by IMA Manjeri Branch on 21.12.2025





## X Mas & New Year Celebration @ IMA HQ on 22.12.2025





## Doctors Club X Mas & New Year Celebration on 22.12.2025



## Karakonam Branch Installation Ceremony & Reception of State Officer on 24.12.2025





**Meeting with Chairperson Tribal Welfare Committee  
Shri. Justin Mohan, IFS (APCCF) on 24.12.2025**



## **Up Coming EVENTS**

- 15.1.2026: DC Convention of Thrissur**
- 18.1.2026: Inauguration of activities of WIMA 2025-26 @Periyar house**
- 18.1.2026: Cabinet meeting @ Periyar house**
- 21.1.2026: DC Convention of Malappuram @ Tirur**
- 24.1.2026 & 25.1.2026: MCM of schemes @Periyar house**
- 24.1.2026: Cabinet meeting @ Periyar house**
- 27.1.2026: DC Convention of Kasargod**
- 28.1.2026: DC Convention of Kannur**
- 29.1.2026: DC Convention of Idukki**
- 30.1.2026: State Secretary Chief guest @ WIMA installation of Nedumbasserry branch**
- 01.02.2026: DC Convention of Kottayam**
- 03.02.2026: DC Convention of Ernakulam**
- 04.02.2026: DC Convention of Palakkad**
- 05.02.2026: DC Convention of Kozhikode**
- 07.02.2026: Conclave against Hospital Violence @ IMA HQ**
- 07.02.2026: DC Convention of TVM @ IMA HQ**
- 08.02.2026: SWC @ IMA HQ Trivandrum, Hosted by IMA Karakonam**
- 10.02.2026: DC Convention of Pathanamthitta**
- 12.02.2026: DC Convention of Kollam**
- 15.02.2026: DC Convention of Wayanad**



# NATCON 2025







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# INDIAN MEDICAL ASSOCIATION Kerala State Branch



## MEMBERSHIP DRIVE\* TWIN BONANZA (January to March 2026)

Category	Up to 1 year of Registration	1 to 3 yrs of MCR	3 to 5 yrs of MCR	More than 5 yrs of MCR
NLS	Rs. 22,555/- Rs. 16,410/-	Rs. 22,555/- Rs. 18,561/-	Rs. 22,555/- Rs. 19,482/-	Rs. 25,061/- Rs. 21,362/-
NLC	Rs. 34,373/- Rs. 24,881/-	Rs. 34,373/- Rs. 28,203/-	Rs. 34,373/- Rs. 29,627/-	Rs. 38,192/- Rs. 32,491/-
LS to LC	Rs. 11,813/- Rs. 8,468/-	Rs. 11,813/- Rs. 9,639/-	Rs. 11,813/- Rs. 10,140/-	Rs. 13,125/- Rs. 11,124/-
PPS	Rs. 2,400/- Rs. 1,200/-	Rs. 2,400/- Rs. 1,200/-	Rs. 2,400/- Rs. 1,500/-	-

\*excluding branch share/working fund

\* MCR - Medical Council Registration \* NLS - New Life Single \* NLC - New Life Couple \* LS to LC - Life Single to Life Couple \* PPS - Professional Protection Scheme



Dr. M.N. Menon  
State President  
IMA Kerala



Dr. Roy R. Chandran  
State Secretary  
IMA Kerala



Dr. Sharafudheen K.P.  
State Treasurer  
IMA Kerala



Dr. M. Muralidharan  
Chairperson, Membership  
Promotion Committee



Dr. Sathyajith R.  
Convener, Membership  
Promotion Committee

## DISTRICT CONVENTIONS 2026 IMA KSB

District Conventions are envisaged this year with an idea to reach out to all districts so that the action plans related to the Membership drive, Schemes and important committees could be conveyed to respective district & branch leaders. This should empower the District Committees & Branch officials to implement state directives effectively at the Branch level.

The main Agenda in this initial phase is definitely Membership Drive IMA (& Schemes), as you know. Unlike the regular DC Meetings, there should be more delegates attending these District Conventions. Apart from the usual attendees, please see that all emerging leaders also attend these 'conventions'. A minimum of 25 to 50 delegates (more from big branches), including officials of Schemes & Committees, WIMA, JDN, MSN, are expected for the District Conventions. This is an occasion for the Branches to hand over filled-in Membership applications & Fees collected so far, to State President or State Secretary.

Be aware of your Membership Targets, plan the Membership drive accordingly, and strengthen our organisation by adding 10000 more members this year..

Let us work together for a stronger organisation.

Dr. M.N. Menon  
State President

yours in IMA,

Dr. Roy R. chandran  
State Secretary



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## DESINGANADU

11.11.2025: Monthly General Body Meeting & CME on 'Autoimmune Encephalitis' by Dr. Harikrishnan. H, KIMS Kollam & "Antiepileptic Drugs In Neurosurgery – When What & How Long?" by Dr Vishnu S Murali, Associate Consultant –Surgery, KIMS Health Hospital, Kollam at IMA Desinganadu Hall, Kollam.

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## KOLLAM

01.11.2025: CPR Training & Medical Camp. TRACK in association with Quilon Lions Club conducted at Dr Mohandas Memorial Hall, IMA Centre, Asramam, Kollam.

01.11.2025. Free Diabetes Detection Camp.



08 & 09.11.2025: Attended IMA State Conference 2025.

13.11.2025: Executive Committee meeting at Dr.S.Mohandas Memorial Hall.

23.11.2025: HPV Vaccination Drive.

28.11.2025. General Body Meeting and CME.

11.11.2025: VBD camp was conducted at Younus College of Engineering, An awareness class given along with the blood donation.



22.11.2025: VBD camp was conducted at TKM HSS, Karicode. An awareness class given along with the blood donation.

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## TIRUR

08 & 09.11.2025: Members attended State Annual Conference & bagged 5 awards at IMACON 2025.

11.11.2025: Conducted Music club.

12.11.2025: Monthly GB Meeting & CME on 'Minimally invasive cardiac surgery' by Dr.Baburajan, 'CTVS and Robotics in Gynaec Oncology' by Dr. Shaji K Ayillath, Onco Surgeon from Baby Memorial Hospital, Kozhikode at Tirur IMA House.

21.11.2025: Dr. Azim Ahdar MP attended Installation Ceremony of Kondotty IMA Branch as invited guest.

28.11.2025: AMS Meeting of the month at Dr Alikkutty Memorial IMA House, Thrikkandiyoor by Dr Hussain, MBBS, MD, Tirur Nursing Home on "Synergy in Diabetes mellitus care".

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## KOZHIKODE

01.11.2025: IMACON 2025 – Registration campaign @ PVS & Chest Hospital.

01.11.2025: IMACON 2025 – Launch of CME brochure.

01.11.2025: Branch President Dr. K. Sandhya Kurup felicitated the conference of Be Friends Initiative and Thanal Life Bridge suicide prevention Centre @ Hotel Hyson Heritage, Kozhikode.

03.11.2025: IMACON 2025 - Scientific Committee Meeting

04.11.2025: IMACON 2025 - Registration campaign @ KMCT Hospital, Mukkam

04.11.2025: President Dr. K. Sandhya Kurup gave talk on 'Lifestyle diseases' in Health Awareness seminar of Kerala Kaumudi @ Oxford School, Pantheerankavu.

04.11.2025: IMACON 2025 Org. Committee Meeting

05.11.2025: IMACON 2025 - JUMBO ORG MEETING

06.11.2025: IMACON 2025 - Press Meet @ 12.15 pm

07.11.2025: IMACON 2025 - Leaders Nite @ Hotel Tripenta

07.11.2025: Our senior member Dr. VK Gopi, received Diamond Jubilee Award & FIAPS @ National of Indian Association of Paediatric Surgeons, Puri Odisha.

08.11.2025 & 09.11.2025: IMACON 2025 – 68th Annual State Conference of IMA KSB @ Marina Convention Centre, Kozhikode. About 2000 members registered from our branch.

13.11.2025: State Secretary Dr. Roy R Chandran inaugurated the WIMA Project for the year 25 – 26 SWASTHYA'.

13.11.2025: Executive Committee Meeting.

13.11.2025: State Secretary Dr. Roy R Chandran addressed the KGMCTA Protest March at Kozhikode Medical College.

14.11.2025: World Diabetes Day - Walkathon & Diabetes detection camp @ Kozhikode Beach. IMA and Diabetes Care India jointly organized a walkathon and free diabetes



diagnosis camp at Kozhikode beach flagged-off by Kozhikode Medical College Principal Dr. K. G. Sajeet Kumar.

14.11.2025: Dr. Roy R Chandran taking over as State Secretary

14.11.2025: Our Secretary Dr. Ranjith P attended the Children's Day Programme @ Dist Hospital, Tirur

14.11.2025: Our senior member Dr. PN Suresh Kumar received BHARAT SEVAK SAMAJ AWARD

15.11.2025: WIMA – Children's Day Celebration at St. Vincent Home, Kozhikode

16.11.2025: Senior vice President Dr. TP Ashraf gave talk on the occasion of Silver Jubilee Celebrations of The Down Syndrome Trust (DoST) @ BMH

19.11.2025: Observation of WORLD COPD DAY in association with Calicut Chest Club. Conducted awareness class to Asha workers @ IMA Hall at 10 am. The event emphasised this year's global theme, "Short of Breath, Think COPD."

19.11.2025: IMA CGP CME on Antimicrobial resistance: Challenges & way forward Speaker: Dr. Fairoz CP, Ass. Prof. of Microbiology, MCH

19.11.2025: IMA AMS CME on "A Priceless Gift" – Current concept and future direction in kidney transplantation" by Dr. Sajith Narayanan, Senior Consultant in Nephrology, Aster MIMS, Kozhikode. Topic: 2. The Renal Chronicles by Dr. Aparna

19.11.2025: Observation of World AMR Awareness Week. Conducted CME on Antimicrobial resistance and displayed awareness boards at IMA Hall

19.11.2025: Celebration of International Men's Day.

20.11.2025: Our Joint Secretary Dr. Vishnu K gave awareness class about the harmful effects of mobile addiction @ Payanangadi High School

22.11.2025: Observation of Children's Day - WIMA VARNATHUMBIKAL – Painting workshop @ IMA Hall. Dr. Anusha Mohan led the workshop.

22.11.2025. Observation of Child & Adolescent Week. Conducted HPV Vaccination Campaign at IMA Hall for Adolescent girls and boys and young adults, in association with IAP, WIMA & KGMOA.

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## ALAPPUZHA

08 & 09.11.2025: Members attended Annual Conference. Dr. Arun N, Dr. Manish Nair & Dr. Deepa K P were awarded with President's Appreciation Award. Dr. Krishna Kumar K was bestowed with SSS2 Chairman's Appreciation Award.

14.11.2025: World Diabetes Day Medical Camp at IMA Hall Alappuzha. IMA conducted a diabetes camp for the residents of Beach Ward. Blood pressure and random blood sugar screenings were done, followed by appropriate medical advice. The camp was inaugurated by Dr. K. Krishna Kumar, President.

28.11.2025: IMA conducted monthly General Body Meeting and CME at Pagoda Resorts, Alappuzha. Branch President Dr. K. Krishna Kumar presided over the meeting. Dr. Deepa K. P, presented the monthly activity report. Dr. Arun N, addressed the gathering and presented the monthly financial report. Dr. R. Madana Mohanan Nair and Dr. A. P. Mohammed also addressed the members. CME, conducted in collaboration with Aster Medicity, Ernakulam. Dr. Shawn T. Joseph

delivered a session on "Beyond Habits: The Changing Face of Head & Neck Cancer in Kerala", and Dr. Sourabh Padmanabhan presented on "Precision Surgery in Head & Neck Oncology." Senior surgeon Dr. Fazul Rahiman chaired the sessions.

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## NILAMBUR

02.11.2025: The meeting will cover several important topics, beginning with the activation of inactive members by reviewing their status and planning strategies to re-engage them. This will be followed by discussions on the next branch fund collection, including setting targets, timelines, and responsibilities.

08 & 09.11.2025: Attended State Annual Conference.

14.11.2025: World Diabetes Day organised at the premises of Nilambur District Hospital brought together medical professionals, health workers, and members of the public to raise awareness about diabetes and its prevention. The program was inaugurated by Dr. Praveen, the Malappuram District Nodal Officer of the Aardram Mission, who highlighted the growing importance of diabetes awareness and early diagnosis in improving community health. The inaugural session was presided over by Dr. Shinas Babu, Superintendent of Nilambur District Hospital.

18.11.2025: IMA in association with Moulana Hospital conducted a CME program on the latest methodologies in IVF. The session featured an informative talk by Dr. Ashna Azis, who discussed recent advancements and evolving practices in assisted reproductive technology.

24.11.2025. Awareness session on Antibiotic Resistance, Dr. Praveena conducted an informative awareness session, focusing on the rising global health threat posed by the misuse and overuse of antibiotics.

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## THALASSERY

03.11.2025: Breast Cancer Awareness Programme.

08 & 09.11.2025: Members attended IMA State Conference "IMACON 2025" held at Calicut & members bagged awards.

12.11.2025: Executive Committee Meeting.

14.11.2025: World Diabetes Day Program.

14.11.2025: Diabetes awareness class was by Dr. Sreeja Viswan at Kaitheri Anganwadi, Mangattidam.

14.11.2025: Awareness class conducted at PHC, Vengad by Dr. Anumole.

14.11.2025: World diabetes day awareness class at AKG memorial Govt HSS Pinarayi by Dr. Dilnath Kallat.

14.11.2025: The free diabetes diagnosis Camp held at Tellicherry Co-op Hospital.

14.11.2025: Organised Children's Day Program.

14.11.2025: Children's day, awareness class on Hygiene & First Aid was given to students of Al Madrassathul Mubarak LP School, Thalassery.

14.11.2025: WIMA in association with Teens Club of GVHSS Koduvalli, Thalassery organized an awareness programme on "Adolescent Health – Issues and Preventive Measures".



16.11.2025: HPV Vaccination Campaign at Josgiri Hospital, Thalassery coordinated by Dr. Biji M.S.  
 14.11.2025: Fitness session for kids and parents at Hotel Gokulam Fort, Thalassery inaugurated by Dr. Johnny Sebastian.  
 17.11.2025: Awareness Class on Cervical Cancer was organised by WIMA for Vattipram U. P school teachers by Dr Sreeja Viswan.  
 17.11.2025: Awareness Class on Cervical Cancer was organised by WIMA for Mangattidam U. P school teachers by Dr Sreeja Viswan.  
 18.11.2025: Class on Palliative Care at General Hospital, Thalassery for NSS students of Sacred Heart School by Dr T Rameshan.  
 18.11.2025: AMR Awareness Week. The session focused on the theme: "Combating Antimicrobial Resistance: A Global Health Imperative". The lecture by Dr. Deepa D.  
 19.11.2025: General Body Meeting at Gokulam Fort, Thalassery.  
 19.11.2025: CME on AMR & Management of AOM by Dr. Sapna Nambiar Otorhinolaryngology & Head and Neck Surgery, Govt Medical College, Kozhikode.  
 19.11.2025: COPD Day awareness class at Tellicherry Co-op Hospital by Dr. Dhanisha C.P.  
 23.11.2025: Under the auspicious of patron of Thalassery Vikasanavadi Dr. Rajeev Nambiar and its President K V Gokuldas and Secretary Sajeew Maniyath along with Dr. Johnny Sebastian conducted meeting at Brennen Higher Secondary School Indoor Hall, inviting all the political contestants to attend the Open Forum to be held on 06.12.2025.  
 26.11.2025: An awareness class of antimicrobial resistance at Darul irshad Arabic College, Paral by Dr Dhanya Chandran.  
 26.11.2025: BLS class to staff of PHC Mangattidam by Dr. Sreeja Viswan.  
 27.11.2025: Cancer awareness class and practical session for nursing staff at Kannur Dist TB Centre Conference Hall by Dr. Neethu A.P.

Donation Camp in St Thomas HSS Malayattoor by Dr. Sobhana.  
 14.11.2025: Children's Day celebration at Najath Hospital by Dr Sagith MA. Children's Day celebration at Vimala Hospital Kanjoor by Dr Deepthi & St. Mary's LP School Kanjoor by Dr. Sobhana, delivered a talk about healthy habits in childhood.  
 14.11.2025: World Diabetes Day celebration at Tony fernandes Hospital.  
 14.11.2025: World Diabetes Day observed Soroptimist International. Talk on "Eating smart for diabetes control" by Dr. Mumthaz Khalid & conducted fitness session by Dr. Shesha.  
 14.11.2025: Conducted 'Walkathon' at Atlaine Hospital & Diabetic Clinic Mudickal.  
 17.11.2025: Dr. Judy Neeko giving a talk on all life stages to elderly people of 'Pakalveedu' organised by the Vincentian Social Work Forum and also observed at GH Ernakulam by Dr. Ameera in connection with World Diabetes Day.  
 19.11.2025: Awareness Class on Social Protection Schemes for ART patients at GH Ernakulam.  
 23.11.2025: World COPD Day was observed at Daivadan Centre by IMA Madhyakerala in association with Cochin Thoracic Society and WIMA. Oxygen concentrator was donated at the event, inaugurated by Dr Freddy T Simon. Inhaler Device Demonstration at Vimala Hospital Kanjoor by Dr Akhilesh.  
 23.11.2025: Lifestyle Disease Detection camp in Deivadan Centre Malayattoor by Dr. Sobhana.  
 27.11.2025: Demonstration of the devices used in respiratory problems in Vimala Hospital Kanjoor in connection with World COPD day by Dr. Sobhana.  
 28.11.2025: AMR Awareness Week Program among Najath Nursing School students under the leadership of Dr. Anitha Krishna.  
 29.11.2025: Haemophilia Detection Camp organised by Dr. Vijayakumar @ GH Aluva.  
 30.11.2025: Cancer Awareness Programme at Vimala Hospital & 'Saantvanam' -Monthly free medical camp and distribution of medicines in old age home by Dr. Shobhana.

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## MADHYAKERALA

01.11.2025: HPV Awareness Program at Flora Charisma by Dr. Bindu Suresh.  
 03.11.2025: Lung Health Campaign in Vimala Hospital Kanjoor by Dr. Sobhana.  
 04.11.2025: Executive committee meeting.  
 19.11.2025: General Body meeting & CME @IMA Hall Aluva. Topics are 1, 'Unveiling Cardio Selective Approach for Hypertension management in Cad & Sympathetic Overdrive' by Dr. Saji Subramanian. CME 2, Optimising and organ protection in management of Hypertension : Pivotal Role of Telmisartan + Amlodipina" by Dr. Sandeep R.  
 08 & 09.11.2025: Members registered and actively participated the IMACON Calicut. Dr M N Menon was installed as State President, IMA KSB. Received merit awards and appreciation awards.  
 12.11.2025: House visit of a patient with Adrenal Carcinoma with extensive metastasis in association with Kanivu Palliative Care unit of Kanjoor.  
 13.11.2025: Inauguration of Vaccination Camp & Blood

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## GURUVAYUR

25.11.2025: GB Meeting and CME at IMA Hall Guruvayoor. Dr Rajesh, Clinical professor and HOD Dept of Cardiology, Amrita Hospital Kochi, spoke about the art of living longer. Dr Nigil Sadanandan Palliyil, Asst. Professor, Dept of Orthopaedic, Amrita Hospital, spoke about Back pain.



IMA in association with Guruvayoor Municipality is providing First Aid Treatment for Sabarimala Pilgrims in the Mandala Makaravilakku Season. IMA Guruvayur providing doctors and medicines to first aid booth. Doctors not only from Guruvayur IMA but also from nearby branches also volunteers to be a part of this noble venture for providing first aid treatment for Ayyappa Devotees.



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## VATAKARA

01.11.2025: Keralappiravi day was celebrated as family meet at IMA hall. Mr. Kalpata narayanan master was the chief guest and guest speaker. Inaugural functions was followed by various cultural programmes and Kerala style food.



08 & 09.11.2025: Members attended "IMACON 2025".

10.11.2025: Executive Committee meeting.

14.11.2025: World diabetes day observance was done in association with Diamond health care Vadakara. Free lab tests and diabetes medical camp was conducted under diamond health care. Dr. Afrose gave an awareness speech about diabetes mellitus.

14.11.2025: Children's day was celebrated as family meet in association with WIMA. Mr. Akhil Raj, a cerebral palsy survivor was the chief guest and main speaker of the official function.

27.11.2025: 1<sup>st</sup> GB meeting and CME on "Hearing loss in children" by Dr. Subair, ENT consultant, Nucleus multispecialty hospital, Nadapuram.

30.11.2025: 'Diabetic Uthsav' - A one day programme for type 1 diabetic patients. One day cultural programmes with glucometer strip distribution, Marathon, cookery competition and awareness programme for type 1 diabetes were conducted under Diamond Health Care in collaboration with IMA Vatakara.



11

## KOTTAKKAL

06.11.2025: First Executive Committee Meeting.

07 & 08.11.2025: Attended IMA CON 2025 and branch received 5 awards.

08.11.2025: Monthly GB and CME by Dr Anand Sasidharan, Senior specialist in -Rheumatology Aster MIMS Kottakkal. A token of appreciation was given to Lucky Draw Winner Dr Francis V and a gift was given by Dr Abdu Rehiman T.

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## MAVELIKARA

07 & 08.11.2025: Attended IMACON 2025.

14.11.2025: Observed World Diabetes Day by organized two walkathons across Mavelikara and Kollakadavu. Dr. Sonia Suresh and Dr. Shalu Susan delivered brief awareness sessions on diabetes for the public. Dr. Sonia Suresh also conducted a Diabetes Day Quiz for Junior Doctors at VSM Hospital.

23.11.2025: Installation Ceremony & Reception for National and State officials

at IMA Hall, Thazhakara. Dr.M.N.Menon, President IMA KSB, addressed the gathering.

Felicitations & Guest Addresses Padmasree Dr. A.

Marthanda Pillai, Past National President, Spoke on the increasing influence of foreign equity groups in healthcare and its implications. Dr. Roy R Chandran Secretary IMA KSB discussed issues related to independent practice and misuse of the Dr' prefix by paramedics and quacks. Dr.Alex Franklin, Dr.R.C.Sreekumar & other senior leaders and members are also attended.



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## KODUNGALLUR

04.11.2025: Executive Committee Meeting.

07.11.2025: Observed Cancer Awareness Month by organising an informative awareness session in association with Modern Hospital. Dr. Tessy Jose conducted an impactful class on Cervical cancer, Uterine cancer, Early warning signs & Importance of timely screening.

08 & 09.11.2025: Attended IMACON 2025.

14.11.2025: World Diabetes Day Observance. The Walkathon marked one of the signature event held at Munakkal Beach. The participants engaged with the public, spreading awareness on diabetes control and the role of regular exercise in maintaining good health.





14.11.2025: Diabetes Care Mega Medical Camp organised by Medigreen Hospital in association with Mukundapuram Taluk, Netra Eye Care, and IMA Kodungallur. A large-scale medical camp was organised under the leadership of Dr. Ajirani, offering, Free diabetes screening, Awareness classes, Distribution of medicines, Eye screening & Counselling sessions.

Dr. Nadeera Banu and Dr. Krishna KS conducted dedicated screening camps, awareness classes, and patient education sessions as part of the World Diabetes Day observance.

14.11.2025: Children's Day Celebration at Taluk Headquarters Hospital Kodungallur.

18.11.2025: General Body Meeting & CME at IMA Hall supported by Aster Medicity.

26.11.2025: BLS Training Session to empower the public with vital life-saving skills at Rotary Club, Kodungallur.

26.11.2025: As part of the Sabarimala Pilgrimage support system, Dr. Krishna KS offered voluntary first-aid services at the Guruvayur Municipality First Aid Centre.

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## KANNUR

06.11.2025: Executive Committee Meeting & General body Meeting. CME by Dr. Dhanin Puthiyottil on Managing CKD: General Practitioners Perspective.

13.11.2025: CME by Dr. Satheesh Kumar on Behavioural Addictions.

14.11.2025: World Diabetes Day by Dr. Jithin George, Family Physician, Dist. Hospital Kannur.

16.11.2025: World Diabetes Day WALKATHON at Police Synthetic Track.

16.11.2025: CPR Training for the General Public.

20.11.2025: ELS Training For Police Officers.

18.11.2025: World AMR Awareness Week (November 18th – 24th)

19.11.2025: World AMR Awareness Week.

20.11.2025: CME by Dr. Jisa Merin Joy N on Stroke Management & Guidelines.

24.11.2025: Session on AMR in the IAP Kannur Branch CME.

27.11.2025: Health & Fitness Awareness Program on Make your daily life easy & energetic.

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## KOTTAYAM

02.11.2025: General Body Meeting, family get-together with Installation of new office Bearers for the year 2025 was conducted at Ann's convention centre, Kottayam. Dr. Rajalakshmi welcomed the IMA members and presidential speech.

03.11.2025: Basic life support (BLS) training led by Dr. Angel Paul was conducted for the general public.

15.11.2025: Silent reading program: IMA Kottayam in Association with Malayalam Manorama conducted silent reading program at CMS College campus, as a part of Malayalam Manorama Session 2025

08 & 09.11.2025: Attended IMACON 2025 at Kozhikode and received several President's appreciation awards.

16.11.2025: Vascathon: Walkathon, 3km Walk inaugurated by the District Collector, Shri. Chetan Kumar Meena.

26.11.2025: First executive committee meeting at IMA hall Kottayam

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## NEMOM

03.11.2025: District Committee Meeting held at IMA HQ Anayara..

07.11.2025: National Cancer Awareness Day observance in association with Poojappura Residents' Association and Highness Lions club, Poojappura. Smt. Girija Suredran, President of Lions Club inaugurated the programme. Dr. Chandini Devi led the medical camp as well as the awareness session.

08 & 9.11.2025: Attended IMACON 2025 & Branch bagged several prestigious awards in the conference.

12.11.2025: Executive Committee Meeting at Hotel White Dammar, Pappanamcode.

14.11.2025: Attended the new team Charge taking Ceremony of State President and Cabinet.

14.11.2025: Observance of World Diabetes Day by conducted Awareness programme at Neyyar Medicity. A major Awareness programme was arranged by the Lions 318 A District, which comprises of 155 branches of Thiruvananthapuram, Kollam Districts and those of Karthikappally taluk of Alapuzha revenue districts. A Walkathon and Awareness generation programme was organized by the branch in Association with the Jothydev's Diabetes Research Centre in Poojappura.

14.11.2025: Children's' Day Celebrations.

19.11.2025: World COPD Day. Virtual CME by Dr. Vishnu Naryanan, Pulmonologist of Medical Trust Hospital, Ernakulam.

23.11.2025: Dr. Chandini Devi, conducted a Medtalk on Cancer Cervix Awareness in Jai Hind TV.

24.11.2025: Organized a Session at Government Institute of Teacher's Education, Manacaud. Mr. Saju SS, Principal inaugurated the programme and Dr. Chandini Devi led the session.

24.11.2025: Installation of Office Bearers of Karakonam Branch.

26.11.2025: Cancer Awareness Programme at Government Upper Primary School, Arimpa organised a female cancer-breast and cervical cancer-awareness program for parents and teachers.

28.11.2025: ELS Training Programme at GGHSS, Malayinkeezhu for the NSS volunteers inaugurated by Smt. Sindhu, Principal and Dr. V. Mohanan Nair led the training programme.

29.11.2025: Organized a free Thyroid Functions Camp in Malayinkeezhu by Dr. Indira Amma.

29.11.2025: Dr.V.Mohanan Nair, conducted a session on "Attitude, Ethics and communication skills "to the MBBS students of Government Medical College, Thiruvananthapuram.

29.11.2025: Virtual CME on "Antibiotics Resistance" by Dr.Kiran Gopal.

30.11.2025: General Body Meeting and CME by Dr ( Prof) Sumesh Raj on "Gliptins and Gliflozines- an overview" and on " Gliptins and Gliflozines FDC : the game changer Duo in Diabetes management" led by Dr.Arun Sankar at Hotel Residency Tower.

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## KANHANGAD

06.11.2025: Executive Committee meeting.

14.11.2025: Children's Day was celebrated along with IAP Kanhangad, eve program at Snehaveedu', a daycare centre for differently abled children at Ambalathara. Organized jointly by IMA & Indian Academy of Paediatrics, Kanhangad branches. Dr.V.Sureshan inaugurated.Dr.Ramesh.D.G presided. Magic show was performed by Magician Sri.Sudheer Madakath.

21.11.2025: General Body Meeting & CME on " Child Rights" by Adv Renukadevi Thankachi.



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## CHALAKUDI

13.11.2025: Monthly Meeting, attended by 44 members.

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## KASARGOD

31.10.2025: IMA and KOGS observed Breast Cancer awareness at Aramana Hospital. Dr. Rameena, Consultant OBGYN conducted awareness class and for patients and bystanders.

04.11.2025: IMA organised ELS/BLS Training at FHC Puthige. Trainer Rtn MD Dr B Narayana Naik Senior Paediatrician..

06.11.2025: Executive Committee Meeting.

07.11.2025: ELS/BLS Training at SP office Kasaragod. Trainer Dr B Narayana Naik and Dr. Krishna Naik.

07.11.2025: IMA held protest against the assault on Lady Doctor at GH Kasaragod.

08 & 09.11.2025: Attended the 68th Annual Conference at

Calicut & branch received award for CGP Chapter inauguration along with 5 individual awards.

11.11.2025: ELS/BLS Training to MLT students of Aramana Hospital by Dr B Narayana Naik.

12.11.2025: HPV Vaccine awareness at Dream Flower IVF centre. Dr. Jyothi S, Consultant OBGYN conducted awareness class for patients and bystanders.

12.11.2025: HPV Vaccine awareness at Rotary Club Kasaragod. Dr. Parvathy, Consultant OBGYN conducted awareness class for members.

14.11.2025. IMA organised Walkathon awareness on Diabetes. Talk by Diabetologist - Dr. Moidheen Kunhi. Around 50 participants and also organised awareness talk on Diabetes to public. Talk by Physician- Dr. Mithun.

14.11.2025. IMA organised diabetes risk assessment camp for public. Camp services by Physician- Dr. Mithun Ophthalmologist Dr. Jayeshma and Dietician Mrs. Jeevana.

14.11.2025. Children's day at EKMCH. Inauguration by Paediatrician- Dr. Yateesan.

14.11.2025. Childrens day at KSAH Clinic, Uliyathadka. Celebrations lead by - Dr. B Narayana Naik.

14.11.2025. Childrens day at IMA House in grand manner by hosting fancy dress competition for Kids of branch members.

14.11.2025. Organised a Family meet for WIMA Installation.

16.11.2025. IMA along with KPA, IAP and Carewell Hospital organised the third edition of Neurosynapse – Neurology CME. Diverse topics and Esteemed faculty were the highlights.

19.11.2025. AMR awareness to staff of Janardan Hospital. Dr. Rekha Rai, Microbiologist conducted awareness class for staff.

21.11.2025. General Body Meeting. Dr Rekha Rai, welcomed the gathering and delivered presidential address.

20.11.2025. IMA AMS CME.' Antibiotic Awareness' by Dr. V.K. Vineeth, 'Newer Calcium Modification technique in Coronary Artery Disease' by Dr. Bharathesh U, Interventional Cardiologist, Meitra United Heart Centre.

21.11.2025. Organised AMR awareness for public at Dreamflower IVF. Dr. Parvathy, OBGYN conducted awareness class.

24.11.2025. AMR awareness for Kumbala Panchayat members. Dr. B Narayana Naik raised awareness on AMR.

24.11.2025. ELS/BLS Training to Kutumbasri Members of Kumbala Grama panchayath.

27.11.2025. ELS/BLS Training to Fitness club members by Dr B Narayana Naik & Dr. Khasim T.

28.11.2025. AMR awareness for paramedical staff of Wintouch Hospital. Dr. Rekha Rai, Microbiologist conducted awareness class for staff.

28.11.2025. AMR awareness at EKNMCH Chengala by Dr. Rekha Rai.

28.11.2025. IMA organised Candle light Walk at GH Kasaragod.



29.11.2025. ELS/BLS Training to Junior Red Cross members Dr B Narayana Naik.

29.11.2025. IMA organised taluk level aids day quiz for highschool students. Cash prize of Rs. 5000 awarded to first team. Certificates and Mementos awarded to all participating teams.

29.11.2025. AIDS awareness by candle lighting at the premise of ART Centre Kasaragod.

30.11.2025: Poster Competition & Quiz Competition for Nursing Students at GH Kasaragod.

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## IRINJALAKUDA

11.11.2025: ELS COLS and First Aid session for students and teachers of UP school, Muriyad by Dr Sreenath V N and Dr Anju K Babu.

20.11.2025: General body Meeting & CME at IMA hall on Decoding Dyspepsia: When the gut has mind of its own by Dr Antony Paul Chettupuzha, Senior consultant and HOD Department of Gastroenterology and Haematology and on 'Unboxing the Thorax' by Dr Rinett Sebastian, Senior consultant, Department of Cardiothoracic and Vascular Surgery, Apollo Adlux Hospital.



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## THALIPARAMBA

03.11.2025: Executive Committee meeting.

08 & 09.11.2025: Attended IMACON 2025.

World Diabetes day celebration by conducted Free blood check-up & Walkathon. Diabetes day message by Dr Balakrishnan valliot & Awareness class by Dr Madhavan KT. Health exercises by Dr Sabir.

Conducted GB Meeting & CME on 'Transplant first: changing the paradigm in kidney care'.



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## MUVATTUPUZZHA

08 & 09.11.2025: Attended IMACON 2025. Branch won S S Rao Shield for the Best Branch and Dr Nikhil Joseph Martin Won Best Branch Secretary Award 'Dr Sankaran Pillai Award'.

13.11.2025: 1st Executive Committee Meeting at the IMA Hall, Muvattupuzha.



An awareness and training session was conducted in association with Thanal Palliative Society. Dr Muhammed Hassan gave a talk on Pain and Palliative care and Dr Jacob KP took orientation session on palliative care equipment. An awareness session at Nirmala medical Center, Charis Hospital and VR Aesthetics led by Dr Rema Devi and Dr Sneha Sara Jaiboi.

27.11.2025: General Body meeting.

27.11.2025: AMS Meeting. Dr. Sujith D delivered a session on "Minimally Invasive Cardiac Surgery" & Dr. Ajith c Kuriakose spoke on "Fatty Liver – Approach & Management".

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## KOTHAMANAGALAM

05.11.2025: National Stress Awareness Day.

07.11.2025: Organized an awareness class on "Stress Management" for the staff and students of St. Joseph's Hospital Dharmagiri, in connection with National Stress Awareness Day.

11.11.2025: ELS and First AID Training Class for the staff and students of Nangelil Ayurveda College, Kothamangalam.

12.11.2025: Dr. Antony Josem, spoke on "Prevention of Pneumonia and Complications" in connection with World Pneumonia Day.

13.11.2025: Dr. Cherian Paulose, spoke on "Advances in Radiology" on KCV News, highlighting the importance of radiology in early diagnosis in connection with World Radiology Day.

13.11.2025: Emotional Wellbeing and Suicide Prevention, Child and Adolescent Health Care Week. Organized an awareness class for the staff and adolescent students of Indira Gandhi College of Nursing, Odakkali,

13.11.2025: An awareness class on "Breast Cancer - Early Detection and Treatment", for Anganwadi Workers, ICDS, Thodupuzha.

14.11.2025: Organized a Blood Sugar Test for the general public, in association with St. Joseph's Hospital Dharmagiri, Kothamangalam

Organized a Flashmob on Diabetes for the general public, in association with St. Joseph's Hospital Dharmagiri, Kothamangalam,

Conducted an awareness class on Diabetes, in connection with World Diabetes Day and Child and Adolescent Healthcare Week, at St. Joseph's Hospital Dharmagiri. Dr. Liza Thomas spoke on "Paediatric Diabetes" and Dr. Biju Chacko emphasised the importance of Healthy Diet and Lifestyle in Childhood and Adolescence.

Dr. Muneer P. Kareem, spoke on "Diabetes - Prevention and Cure" on KCV News.

14.11.2025: A class on Sexual and Reproductive Health Awareness for the staff and students of Mar Baselios Dental College, Kothamangalam.

Children's Day celebration at St. Joseph's Hospital Dharmagiri. Dr. Biju Chacko spoke on "Healthy Childhood".

Organized Children's Day celebration with the kids of Tribal Hostel Mathirappilly.

14.11.2025: Organized a medical camp for the tribal children of Tribal Hostel Mathirappilly,

14.11.2025: ELS and First AID Training Program for the children of Tribal Hostel Mathirappilly.

15.11.2025: Organized a Lifestyle Diseases Screening Camp for the 85 destitute elderly inmates of Marvalah Dhayara Aakashapparavakal, Malayattoor.

15.11.2025: Cervical Cancer and HPV Vaccine Awareness by Dr. Reny Joseph on KCV News Channel, raising awareness among the public.

16.11.2025: Lifestyle Diseases Screening Camp at St. Mary's Public School, Thamarachal.

16.11.2025: Artificial Limb. Supported Mr Alias Mathai, a Diabetic Amputee, to procure Artificial Limb, a Jaipur Limb, in association with KIMS Health Limb Centre, Thiruvananthapuram.

16.11.2025: Children's Day celebration and World Cervical Cancer Elimination Day, as part of Child and Adolescent Health Care Week at Happy Hippos Pediatric Clinic, Kothamangalam. An HPV awareness class was conducted by Dr. Reny Joseph.

18.11.2025: GB & Executive Committee Meeting. CME on "Comprehensive Approach to Aortic Pathology - Spectrum of Aortic Surgery" by Dr. Riju Rajasenan Nair, Consultant Cardiovascular and Thoracic Surgeon, Welcare Hospital, Kochi, & Dr. Ranjith T. C. Consultant Orthopaedician, Welcare Hospital, Kochi, on "Common Orthopaedic Foot Problems in Children".

19.11.2025: An awareness class on "Personal and Environmental Hygiene" for the children of Tribal Hostel Mathirappilly.

20.11.2025: An awareness class on "Antimicrobial Use and Infection Control" for the patients and bystanders of St. Joseph's Hospital Dharmagiri, Dr. Mobin George Tharu, took antibiotic stewardship workshop for the staff and students of Indira Gandhi College of Nursing,

20.11.2025: ELS and First AID Training workshop for the staff and students of Indira Gandhi College of Nursing, Odakkali.

21.11.2025: Medical Camp for Children and Adolescents; Organized for the special kids of St. John's Special School

Kottappady,

22.11.2025: TB Elimination Campaign at Pallarimangalam for Health Inspectors, Junior Health Inspectors, Junior Public Nurses and MLSPs by Dr. Gerald Gorking Mathew as part of TB Elimination Campaign. Health Inspector Abhilash, STS Sathesh, TBHE Athira and STLS Lashmi took classes.

24.11.2025: In connection with the World Antimicrobial Resistance Awareness Week, organized an antibiotic

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VAIKOM

17.11.2025: Installation ceremony of new office bearers. Conducted Membership campaign and monthly executive committee meeting.

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IRITTY

20.11.2025: General Body Meeting & CME by Dr. Midhun Ramesh, Nephrologist, talk on the 'management of snake bite', highlighting current treatment protocols and practical clinical approaches and Dr. Krishnakumar K S on 'Plastic Surgery', sharing valuable clinical knowledge and experience.



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VALANCHERY

07.11.2025: CME and General Body Meeting. Dr. Santhosh on 'Healthy ageing' for valanchery branch members at doctor's club.

08 & 09.11.2025: Attended IMACON 2025 at Kozhikode.

13.11.2025: Installation ceremony. Dr Samuel koshy was the Installation officer, Chief guest- Krishnadas V A, Additional SP Malappuram & Guest of honour- Dr V U Seethi, Dr E G Mohankumar and Dr Sajeev.





16.11.2025: Family get together for doctors.

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## PERUMBAVOOR

17.11.2025: CME on 'FROM FLATLINE TO FOOTSTEPS' by Dr Neeraj A, Emergency Medicine Specialist, Rajagiri Hospital Aluva.

17.11.2025: Installation Ceremony by installation officer Dr Sreevilasan, State IPP and Dr M N Menon, State President was the Chief Guest and inaugurated the activities of the branch for 2026. Dr Zachrias, Mid zone Vice President and Dr A V Babu, Chairman Social Security Scheme 1 addressed the gathering.

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## PATTAMBI

Conducted Branch Executive Committee Meeting.

06.11.2025: General Body Meeting.

BLS training for High school students

14.11.2025: Observation of World Diabetes Day by conducted Awareness Class and Diabetes Camp.



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## THRISSUR

01.11.2025: IMA in association with Joy Alukkas Foundation proud to Sponsor lifesaving pace maker implant for under Privileged patient, conducted the successfully first case of DDDR MRI ST JUDE PACEMAKER for poor Young patient.

02.11.2025: IMA in association with neurological society and stroke foundation conducted a Stroke awareness walkathon at thekkinkaadu maidan and together with IMA Jubilee, and students of Jubilee Mission Medical College conducted a flash mob and Skit on the premises of Thrissur District Hospital in connection with World Stroke day.

08 & 09.11.2025: Members Actively Participated State Conference IMACON 2026.

14.11.2025: IMA, Lions International District 318D and the General Hospital, Thrissur, conducted a World Diabetes Day awareness session along with blood sugar and blood pressure checking for the public at Thekke Gopuramada, Thrissur. After the awareness session, a flash mob was performed by the nursing students of the General Hospital, Thrissur, followed by a walkathon through the Swaraj Round.



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## KOTTARAKARA

12.11.2025: General Body Meeting and CME on CA breast by a group of doctors from Muthoot Cancer Centre, Kozhencherry, Dr Bhavya S kumar Dr athira TS medical Oncologists Dr Jacob, John Dr Ajith PS radiation Oncologists and Dr.Akhil Thomas Jacob surgical Oncologist.



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## KOLENCHERY

03.11.2025: Executive Committee Meeting.

14.11.2025: The First General Body and Scientific Session was Conducted at Aarya Eye Care Supers speciality Eye Hospital Thrissur. Dr. Minudath Detailed the New Perspectives in Eye and Dr. Ciju Ravindranath Demonstrated Paediatric Neuro Developmental Issues.

15.11.2025: SS3 fraternity contribution of Nambeesan sir given to his wife Sreedevi madam.

15.11.2025: The District Level Intersectional Meeting on One Health & Antimicrobial Resistance (AMR) was convened by Dr. Pavan Madhusudan, District AMR Nodal Officer, and was chaired by Sri T. Murali, Additional District Magistrate and Deputy DMO Dr. Flemy participated in leading the discussions.

16.11.2025: IMA Thrissur in Association with Hospex, Thrissur Diabetes Society and Thrissur Physicians Club Actively Participated in DIATECH 2025, a leading Global conference revolutionising Diabetes care through cutting edge technologies and innovative therapeutics conducted at Hotel Garuda Thrissur.

19.11.2025: Dr. Baby Thomas Inaugurated The Plastic Surgery Unit Of Atreya Hospital Thrissur.



21.11.2025: The Antimicrobial Resistance (AMR) Week Observance Programme was conducted at General Hospital, Thrissur inaugurated by Dr. Sreedevi, District Medical Officer Thrissur, who highlighted the growing threat of antimicrobial resistance. Dr. Pavan Madhusudanan, AMR Nodal Officer, Thrissur District who emphasized the district-level strategies undertaken under the One Health approach.

#### **Blood Bank Report**

Total Blood collected During Camps	- 729 Units
Total Blood collected at Blood Bank	- 339 Units
Total blood and components issued	- 2142 Units
Total Camps Conducted	- 23 camps

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## **KANJIRAPALLY**

11.11.2025: The installation ceremony of the new office bearers at Rotary club hall Kanjirapally. The chief guest was Dr T S Zacharias and guest of honour was Dr P T Thomas Professor emeritus Department of Surgery, Pushpagiri hospital. Dr T S Zacharias installed Dr Dhruvil C K as the new president of IMA Kanjirapally.



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## **JUBILEEMISSION**

27.11.2025: The installation ceremony of the newly elected Executive Committee was conducted at Ashoka Inn, Thrissur. 27.11.2025: A scientific talk titled "Swiss Army Knife for Diabetes Management" was delivered by Dr. Saju Francis,

Professor & Head, Department of General Medicine, JMMRI. Launch of "Pride of IMA Jubilee Mission Branch" Program. This initiative aims to recognize and honour members who have excelled in various professional, academic, and service oriented fields, thereby bringing pride to Jubilee Mission and IMA Jubilee Mission Branch.

Initiation as part of promoting wellness and camaraderie among members, indoor games activities were initiated. Carroms and Chess tournaments were conducted, including classical chess formats as well as rapid and blitz games.

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## **THODUPUZZHA**

12.11.2025: CME by Dr Chandrika P N and Dr Thara Augustine, Smita Memorial hospital.

24.11.2025: First Executive Committee Meeting. IMA Charity home Project decided to go ahead with project and also decided to start an IMA library to be named Dr Joseph Chazhikaddan Memorial Library in his honour.

27.11.2025: General Body Meeting & CME by Dr Allen James, Neurologist at BMH Thodupuzha spoke on 'approach to headache' & Dr Shafeeq Ahamed, Neurosurgeon at BMH spoke on 'Management of Intracranial aneurysm'.

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## **KULANADA**

27.11.2025: First GB and CME by Dr Sunil Mathew, Consultant Physician, Department of General Medicine, Pushpagiri Medical College, Thiruvalla. on "Clinical Pearls in Hypertension". Dr.G Vijayakumar presided the meeting at Arogyanikethanam, Kulanada.

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## **COCHIN**

12.11.2025. Executive Committee Meeting at IMA House Cochin. 62 members attended.



26.11.2025: General Body meeting and Scientific Session on Mounjaro - A New Era in Obesity Management by Dr. Tom Babu, Dr. Rahul Valsaraj, Dr. Anandkumar and Dr. Deepu George.





A total of 1004 units of blood was collected and 2580 units of blood components were issued to various Hospitals. Patients in 83 Hospitals were beneficiaries. 25 voluntary blood donation camps and 4 in-house camps. 37 units of blood was issued free of cost.

## 37 NORTH WAYANAD

14.11.2025: IMA organised a public awareness WALKATHON' @ Gandhi Park Manathavadi, focusing on this year's global theme "Diabetics and Well-being". The Walkathon was flagged by Dr. Chandni, who emphasized the crucial role of physical activity and lifestyle modification in preventing and managing Diabetics. A vibrant flash mob performed by students and volunteers effectively conveyed Diabetics awareness messages to the public. A free medical camp organised by Micro Health.

## 38 CHERUKUNNU

25.11.2025: Installation Meeting. Dr. T.M. Muralidharan introduced Dr. Srikumar Vasudevan, who delivered an insightful talk on issues facing the medical community. He discussed the challenges of hospital attacks, the Clinical Establishment Act, and PCPNDT Act, emphasizing the importance of ethical practice and awareness of laws impacting medical professionals. Dr. Srikumar also highlighted doctors' rights, sharing the swift action taken by the IMA in a recent case, and addressed crucial concerns like workplace security for lady doctors and interventions during assaults or threats against healthcare workers.

Dr. Srikumar Vasudevan installed Dr. Anil Kumar P.K. as President. In his acceptance speech, Dr. Anil Kumar pledged to work towards the betterment of the medical fraternity and enhance the IMA branch's activities.



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## KAZHAKUTTAM

02.11.2025: Mega Pink Medical Camp "For LADY Patients by LADY Doctors with LADY Technicians" was held at SNSS Library hall at Kamaleshwaram, Thiruvananthapuram. The OPD services were available from General Medicine, General Surgery, ENT, Gynaecology, Cancer Screening departments by female doctors. Dr Divya S, Assistant Professor, Department of Radiotherapy, GMC TVM was in charge for cancer screening for all the female population which was mainly focussed on breast cancer.

03.11.2025: Dr. Shanavas represented IMA Kazhakuttam at District IMA council meeting at IMA HQ Thiruvananthapuram.

07.11.2025: IAPS proudly presents the Diamond Jubilee Felicitation Award to honour your exceptional journey and lifelong dedication to the field of Paediatric Surgery to our SWC member Dr. Rajendran Ramaswamy.

14.11.2025: WIMA & Rotary Club Kazhakoottam has conducted an awareness session on Diabetes "An Overview on Diabetes" at the Rotary club office, Kazhakoottam. Dr Sabeer A Rasheed, was the speaker of the day.

20.11.2025: General Body Meeting & CME on "Treatment of Ventricular Tachycardia" by Dr. Anees Thajudeen, KIMS HEALTH TVM.

26.11.2025: IMA CGP Director Dr. Prasanth CV, followed by the Presidential Address by Dr. Kalpana Gopan.

27.11.2025: AMS session by Dr. Avinash S. Nair, who delivered an excellent talk on "Approach to COPD in Primary Care Setting." The session was informative, engaging, and highly useful for clinical practice.

27 & 28.11.2025: WIMA in association with KIMS Trivandrum has conducted Breast Cancer screening programme.

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## THAMARASSERY

11.11.2025: Executive Committee Meeting held at Thamarassery Club.

28.11.2025: General Body Meeting & Dr. Umer Farooq honoured for releasing novel "Neva Hospital". CME on "New Treatment Concepts on CA Prostate" by Dr. Thejas Lal, Consultant Urologist, Stare Care Hospital, Kozhikode



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## NEDUMKANDAM

IMA focused on strengthening the functioning of the Branch. The office bearers and committee members actively participated in discussions aimed at improving internal coordination, enhancing member engagement, and planning future academic and social initiatives. Emphasis was placed on professional unity, ethical practice, and collective responsibility towards community health.

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## KADAKKAL

22.11.2025: Executive Meeting at President's residence.

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## KUNNAMKULAM

08 & 09.11.2025: Members well represented at IMACON 2025@Kozhikode.

An awareness session on the POSH Act – Sexual Harassment of Women at Workplace was successfully conducted at General Hospital, Thrissur, with the objective of educating healthcare staff about legal provisions, preventive measures, and appropriate redressal mechanisms related to workplace sexual harassment. The awareness class led by Adv. Reena John, who delivered an informative and engaging session on the key aspects of the POSH Act, including definitions of sexual harassment, roles of the Internal Complaints Committee (ICC), procedures for filing complaints, and the rights and responsibilities of employees and employers.



11.11.2025: Executive Committee Meeting @ IMA House Kunnamkulam.

World Antimicrobial Resistance Awareness Week, an educational class was conducted at the General Hospital, Thrissur, with the objective of creating awareness about the rational use of antibiotics and the growing threat of antimicrobial resistance. The academic sessions were led by Dr. Pavan Madhusudan, Dr. Satheesh, and Dr. Anoop. The classes mainly focused on the unnecessary use of antibiotics, the problems associated with inappropriate and irrelevant antibiotic courses, and the long-term consequences of antimicrobial resistance on patient care and public health. Antimicrobial Awareness Class for the public was conducted at the Community Hall, Mangad. The program was led by Dr.

Pinky Paul, who took charge of conducting the session effectively.

An Antimicrobial Resistance (AMR) Awareness Class was successfully conducted at the Family Health Centre, Porukulam.

14.11.2025: The World Diabetes Day observation was successfully conducted at the South Zone Diabetic Centre and Podiatric Centre, Kunnamkulam, with active participation from the community. An awareness and prevention session was conducted by Dr. Lerreta. A long marathon was organized as part of the event to promote physical activity and a healthy lifestyle.

TB Cessation Awareness Class was conducted by Dr. Pretty Paulson at PHC Arthat Hospital. The class focused on methods to reduce the transmission of tuberculosis in the community.

18.11.2025: The First General Body Meeting and CME programme was successfully conducted at the IMA House, Kunnamkulam.

Two CME sessions were conducted by doctors from Apollo Adlux Hospital on 'Decoding dyspepsia when the gut has a mind of its own' & 'Breathing new life: Thoracic surgery frontiers from open to URATS'.



Conducted Voluntary medical service for Shabarimala pilgrims at the Shabarimala First Aid Booth, Guruvayur, organized by the Guruvayur Municipality and coordinated by Dr. Ranganna Kulkarni.

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## KARAKONAM

08.11.2025: General body meeting at Skill lab.

World Antimicrobial Resistance Week, IMA Karakonam has decided to collaborate with Dept. of Microbiology. As part of it, Mr Jobin S.R, will be giving awareness talk at CSI college of education and CSI college of Legal studies.

International day for persons with disability. A talk on the topic 'Fostering disability inclusive societies for advancing social progress' by Dr. Hema Francis & concluded with a speech by HOD of dept. of PMR Dr. Suresh Kumar.



01.11.2025: Monthly Free Community Psychiatry Camp at Maranchery Pain and Palliative Clinic, attended by Dr Mohammed Musthafa.

02.11.2025: IMA Perinthalmanna in association with Kims Alshifa Hospital conducted 1 day CME program about emergency and critical care. Topics, 'INTENSIV' \*Exploring Horizons in Critical Care\*, Cardiac resuscitation: What we are still missing\*, \*Peripartum cardiomyopathy: Newer developments and practical management\*, \*Catch before the crash: Mastering red flags\*, \*Grey zone decisions: Critical thinking when evidence ends\*, \*Vasopressors in shock: Evolving trends\*, \*Anaphylaxis: A nightmare for any clinician\* & \*The bleeding patient: Damage control & critical care in trauma\*.



05.11.2025: Awareness class on COLS and First Aid to people coming for Driving License at the Pain and Palliative Care Auditorium.

05.11.2025: IMA, WIMA, Moulana Hospital & College of Pharmacy, conducted a breast cancer awareness class & screening at MM MADRASA, Angadippuram.

05.11.2025: First Cabinet Meeting was conducted in an online platform.

07.11.2025: Cancer awareness program at Market City, Perinthalmanna. Dr Ashna Aziz delivered a talk.

08 & 09.11.2025: 44 members participated at IMA State conference at Calicut. IMA Perinthalmanna got many awards in IMA State conference.

08.11.2025: Community Psychiatry Camp at Mankada Pain and Palliative Clinic.

12.11.2025: Dr Sharafudheen K. P. has been elected as State Treasurer for the year 2025-26.

12.11.2025: Awareness class on COLS and First Aid to people coming for Driving License at the Pain and Palliative Care Auditorium.

14.11.2025: Observed World Diabetic Day with different programs. A walkathon organised by our branch in association with different clubs, organisations, municipality etc, from Traffic junction and also conducted Zumba session,

Free Diabetic testing for all participants, A mime role play and A flash mob organised towards the end of the walkathon.

Diabetic Retinopathy Screening camp organised at Kavanoor PHC & MES Medical College by Dr Smitha.

Diabetic Retinopathy Screening camp organised at MES Medical College by Dr Sharika.

15.11.2025: The monthly Free Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic, Kootnadu.

17.11.2025: Awareness class on COLS and First Aid for people applying for a Driving License at the Pain and Palliative Care Auditorium,

18.11.2025: WIMA Perinthalmanna installation by Past State President Dr Joseph Benavan. Dr Pavithra, Dr Sunena, Dr Soumya installed as Chairperson, Secretary, Treasurer respectively.

20.11.2025: Observed World Day for Prevention and Healing from child sexual exploitation, Abuse and Violence at Moulana Hospital, Perinthalmanna inaugurated by Dr KA Seethi.

20.11.2025: Combined Executive Meeting Presided by Dr. Sharafudheen K.P. All major accounts were reviewed and approved. The list of Committees and the Members nominated by the President to the Committees was placed before the Executive Committee and duly approved.



22.11.2025: Organized monthly Free Community Psychiatry Camp at Elamkulam in association with the EMS Trust and DMHP.

22.11.2025: Type 1 Diabetic Training Workshop. Dr Vishnu Vasudevan, Endocrinologist, Moulana Hospital, gave training to Teachers & Parents of Type 1 diabetic children at Wayanad.

26.11.2025: Awareness class on COLS and First Aid to people coming for Driving License.

27.11.2025: General Body Meeting & CME on 'Obesity A chronic Disease, Surmounting obesity with Tirzepatide' by Dr Vishnu Radhakrishnan, KIMS Alshifa Hospital, Perinthalmanna at IMA Hall. 1st Robotic Assisted Total Knee Replacement surgery done at KIMS ALSHIFA Hospital Perinthalmanna by Dr Mohankumar & Team. Dr Soumya Sathyan's article about TT Vaccine came on Mathrubhumi Arogyamasika & Dr Anish Ahamed's article on Type 1 DM in the Malayala Manorama paper.

# Branch Activities- DECEMBER 2025

1

## KULANADA

26.12.2025: General Body and CME by Dr Amrutha MS, MDRD, GMC Calicut on "Artificial Intelligence in Radiology".

2

## NEDUMKANDAM

A scientific topic discussion on Human Papilloma Virus (HPV) was organized with the objective of enhancing awareness regarding cervical cancer prevention and the importance of vaccination.

18.12.2025: Christmas Celebrations with fun activities, and cultural moments, fostering camaraderie among members and their families.



3

## VANIAMKULAM

07.12.2025: Core Committee Meeting, discussing plans for future activities.

30.12.2025: Educational Emergency Care session for the NCC students at TRKHSS.

4

## KANJIRAPALLY

09.12.2025: General Body Meeting and Academic Meeting at Rotary club hall, Kanjirappally. Dr T U Sukumaran, spoke about a topic, 'wheezing in children'.



5

## PERUMBAVOOR

16.12.2025: CME on 'Resuscitation In Sepsis' by Dr Bon Sebastian, Consultant Critical Care and 'ECMO – Expanding The Horizon Of Survival' by Dr. Riju Rajsenan Nair, Consultant Cardio Thoracic Surgeon from Wellcare Hospital Kochi.

21.12.2025: IMA Perumbavoor took part in the Inter Branch Cricket Tournament hosted by IMA Angamaly.



6

## KOLENCHERY

17.12.2025: General Body Meeting and CME on "Renal dysfunction in liver disease" by Dr.Vaseem Mohamed Mithilag Consultant Nephrologist MOSC Hospital Kolenchery.

7

## CHALAKUDI

02.12.2025: Executive Meeting.

07.12.2025: DC Victory Day.

09.12.2025: Executive Meeting.

16-12-2025: Monthly Meeting.

21-12-2025: IMA Inter District Cricket conducted by IMA Angamaly.





8

## IRITTY

11.12.2025: General Body Meeting and CME program was successfully conducted at River Breeze Gardenia by Dr. Prasanth K, who presented an enlightening talk "Breaking Misconceptions in Thyroid Disorders."



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## KOTTAKKAL

01.12.2025: World AIDS Day, IMA Kottakkal Branch and Runners Club jointly organized a WALKATHON.

03.12.2025: IMA organised WIMA C CHALLENGE in which we collected one consulting fee from IMA-WIMA Kottakkal members, with the cash we collected, we ran programs at two institutions for differently-abled children.

03.12.2025: We donated some Pampers/Diapers for needy children's in BRC Kuttippuram.

08.12.2025: We gave food and gifts for needy children in AWH Special School.

10.12.2025: Monthly GB & CME, by Dr Shawn T Joseph, Senior Consultant in Head and neck Oncology & Dr Sreekanth M P, Consultant Medical Gastroenterology Aster Medicity Kochi.



16.12.2025: Conducted Online Webinar for IMA members about on Antibiotic resistance.

20.12.2025: WIMAX-MAS Celebration at KEERTHI, X-Mark Doctors Garden Kottakkal.

Dr Anitha T attended the Malappuram District conference of AODA and felicitation for AODA.

10

## THALIPARAMBA

03.12.2025: Executive Committee Meeting.

08.12.2025: CME on 'breast cancer' conducted at IMA Hall Taliparamba.



13 & 14.12.2025: Branch president and secretary attended PST Meet at Aluva.

19.12.2025: General Body Meeting with CME on 'Advanced Coronary Angioplasty with Laser ECLA'.

31.12.2025: X' mas and New year celebrations at IMA Taliparamba.

11

## IRINJALAKUDA

13.12.2025: Conducted a session by Dr Jom Jacob and Dr Sreenath V. N on ELS COLS for members of Rotary club on at Rotary Club hall.

26.12.2025: COLS Training session for students of Tharanellor College by Dr Jom Jacob.

26.12.2025: COLS Training sessions for NSS students of Cherpu CNN school by Dr L.N Viswanathan and Dr Ramachandran.

31.12.2025: Training session for NSS students at NSS camp at Government UP school Konathkunnu by Dr Anju K Babu and Dr Nathaniel Thomas.



18.12.2025: General Body Meeting and Christmas celebration at Cherakulam Tourist home Irinjalakuda. Dr T.D Pratheep Kumar took a session on Hot and Cold Some kitchen Secrets. Dr Jom Jacob Nellissery by Topic - Food and Nutrition for a Kerala Doctor. Myths, Dos and Dents. Cultural programs were organized by WIMA members.

01.12.2025: IMA, AMS and WIMA organized an awareness class on "AIDS-Safe Motherhood and Infancy" for staff and students, of St. Joseph's Hospital Dharmagiri, Kothamangalam. Dr. Biju Chacko gave awareness on Safe nursing practices.

Awareness class on "AIDS and Blood Borne Diseases" for staff, students and general public, at the medical camp organized at Govt UP School Payipra, in association with the School Social Service Scheme. Dr. Liza Thomas gave awareness on the topic, explaining the preventive measures to be observed in routine life.

Organized a Blood Donation Camp at Indira Gandhi College of Arts and Science Nellikkuzhy.

Organized World AIDS Day Observance, in association with National Service Scheme of St. Joseph's College of Nursing, Kothamangalam.

Dr. Liza Thomas gave an awareness on AIDS, Students performed a flashmob displaying posters on the topic. Staff and students pledged to "Overcome Disruption and Transform the AIDS response".

World AIDS Day Program at St. Joseph's Hospital Dharmagiri. Dr. Biju Chacko spoke on "AIDS and Safe Motherhood and Infancy". Dr. Liza Thomas spoke on the "Recent Advances in AIDS Management" & spoke on "Prevention of AIDS".

A Lifestyle Diseases Screening Camp at Govt UP School Payipra.

05.12.2025: ELS & First AID Training.

07.12.2025: Lifestyle Diseases Screening Camp for the visually impaired persons.

09.12.2025: General Body & CME.

09.12.2025: Dr. C. V. Jacob spoke on 'Litigation Prevention and Documentation, highlighting the importance of joining PPS.



09.12.2025: Executive Committee Meeting. Dr. P. R. Bhima shankar, spoke on "Vignettes in Cardiac Electrophysiology".

18.12.2025: ELS & First AID Training workshop at St. Mary's Public School, Karukadam.

18.12.2025: Awareness class on "Substance Abuse Prevention" for the staff and students of Dept of Psychology, Indira Gandhi College of Arts and Science, Nellikkuzhy.

21.12.2025: Anti-Substance Abuse awareness class on drug abuse, under the auspices of "Mochanam", the Substance

Abuse Prevention Project of IMA Kothamangalam by Mr. Francis Moothedan.

23.12.2025: Organized a Healthy Ageing Awareness session, highlighting prevention of Lifestyle Diseases by Dr. Baby Mathew Arambankudiyil.



01.12.2025: CME on 'HIV recent trends, statistics and latest updates' by Dr. Bijina KD at IMA Hall.



10.12.2025: Executive Committee Meeting.

13 & 14.12.2025: Attended Branch PST Meeting at Periyar House Aluva.

17.12.2025: Awareness class on cancer cervix and HPV vaccine distribution to staff at BMH Vadakara conducted under the guidance of gynaecologists Dr. Kalpana and Dr. Jeejababuraj.

20.12.2025: Christmas Day celebrations; conducted various cultural programmes for children and adults.

23.12.2025: GB and CME on 'Basic nephrology for every practitioner - case based approach' by Dr. Nived Haridas.

31.12.2025: New year celebrations & family get together with colourful cultural Programmes.





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## CHERUKUNNU

13 & 14.11.2025: Dr.Anilkumar and Dr Amulya Bhargavan attended the IMA Training at Periyar house Aluva.

16.12.2025: Dr Rajesh OT and Secretary Dr Amulya Bhargavan attended the online training for HPV vaccination conducted by National IMA.

23.12.2025: Monthly Meet and CME by Dr Shyjus.



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## ETTUMANOOR

05.12.2025: Installation Ceremony at Hotel Pentagon, Ettumanoor: The installation officer Dr. Sreevilasan K. A, IPP, gave the key note address and installed new office bearers. He stressed on the myxopathy issues, membership drive and transparency of various schemes. Guests of honour Dr. Joseph Mani and Dr. Sugathan M. E addressed the meeting.



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## KASARGOD

01.12.2025: Organised AIDS Day ribbon adorning for all staff of GH Kasaragod & Awareness talk to staff and General public at GH Kasaragod.

08.12.2025: Monthly Executive Meet.

13 & 14.12.2025: Attended PST Meet at Periyar House Aluva.

16.12.2025: World Human Rights Day, an Awareness talk to members talk by Senior Advocate Balraj Rai.

23.12.2025: General Body Meeting.

23.12.2025: IMA AMS CME on 'Approach to neurological emergencies 'by Dr. Shyni, Consultant Neurologist Brain & Spine Red Flags and 'Practical Insights for Every Clinician'

-by Dr. Pavaman. 23.12.2025: Christmas Celebrations with Family and friends @ IMA Hall.

29.12.2025: IMA Kasaragod organised ELS/BLS Training to Junior Red cross Students of Chemnad Jamayath GHSS Kasaragod.

30.12.2025: Organised ELS/BLS Training to NSS Volunteers of IHRD College of Applied Science Manjeshwaram by Trainer Dr B Narayana Naik.

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## KANHANGAD

01.12.2025: World AIDS day was observed at Central University of Kerala at Periya, Kasaragod.

A blood donation camp was conducted in cooperation with DH Kanhangad. An awareness class was taken by Dr Ankitha, Pathologist and Blood Bank Medical Officer DH Kanhangad.

08.12.2025. Executive Committee Meeting along with CME on Clinical Establishment Act .

18.12.2025: General Body with CME.

24.12.2025: Cultural Committee.

01.12.2025: AIDS Day Observation at Central University Kasargod.

08.12.2025: New year celebration at IMA House Kanhangad.

08.12.2025: Executive Committee Meeting. CME on Clinical Establishment Act with support of DMO (H) conducted after meeting.

18.12.2025: General Body meeting. CME by Dr.Abdul Nawaf, Cardiologist from Aster MIMS Kasargod on 'Management of Dyslipidaemia' & Dr Ramakrishna.C.D, Professor of Cardiology from Pariyaram Medical College dealt with 'management of STEMI'.

31.12.2025: Christmas-new year celebration with cultural programmes and dinner at IMA house.

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## THALASSERY

01.12.2025: World AIDS day. IMA organising a Rally, began at Municipal stadium Thalassery and was flagged off by Sub Collector of Thalassery Mr Karthik Panigrahy IAS.

Awareness program at Brennen College & Engineering College Thalassery, Dr Sachin KC Deputy DMO Kannur took health awareness class on HIV and AIDS.

AIDS Day awareness class and pledge was conducted at AKG HSS, Govt ITI Pinarayi, NSS Students at Valiyamadavil School & NSS Students at Palayad Higher Secondary School Thalassery.

03.12.2025: Executive Committee Meeting.

Gynaec Medical camp conducted by Co-op Hospital Thalassery at Kadirur by Dr.Mini Balakrishnan.

An awareness session on Human rights was conducted by Adv.Vinod Kumar Champlon at Muzhapilangad Higher Secondary School.

An awareness class on Hepatitis was organised by WIMA at Kanderi Juma masjid, Mangattidam by Dr Sreeja Viswan.

WIMA organized an awareness session on common geriatric illness led by Dr. Seethalakshmi K.V.

17.12.2025: General Body Meeting at Gokulam Fort, Thalassery.

17.12.2025: CME on 'Decoding Allergy' A Case based Approach to Dust ,Food, Drug, Skin & Airway Reactions" by Dr.Jebin Abraham.

21.12.2025: WIMA organized the first session of the Women Empowerment and Fitness Series with a Self Defence Class for Members in light of "Orange day" at Overbury's Folly, Thalassery.

23.12.2025: Xmas celebrations and get-together of WIMA members was organised at Hotel Pepper Palace.

23.12.2025: HP Vaccination awareness class.

25.12.2025: Communication skill class at Calicut for Gynaec Society taken by Dr.Mini Balakrishnan.

27.12.2025: Emergency Care and Life Support training for NSS Volunteers of Naher Arts and Science College at Narikode UP school Muzhapala.

27.12.2025: Members attended the National Conference at Ahmedabad.

31.12.2025: Condolence Meeting.

31.12.2025: X-mas & New Year Celebration at Hotel Pearl view. Reception to Dr.R Ramesh our National vice president elect was organised along with the celebrations.



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## KOTTAYAM

01.12.2025: World Aids Day Observance.

02.12.2025: Conducted flash mob, skit and awareness session to the general at Medical College campus.

General Body Meeting & AMR awareness week Observance along with honouring Dr. Manoop (2nd Ironman from IMA Kottayam) at IMA hall Kottayam. Dr Dhanya S.P presented a topic on and the 'microbial resistance and the solutions to it'. Executive committee.

'Pranavegam & Sudeeptham' - BLS training Devilasom and associated institution under the leadership of Dr. Ganesh Kumar.

18.12.2025: Monthly G.B and Xmas celebration. The meeting was Presided over by Dr Bulbul Susan, IMA President and Welcome address was given by Dr Laila Mathew, WIMA Chairperson. Scientific session on the topic – ' INHALER AND NEBULISATION FOR LUNG DISEASES' presented by Dr Anjaly KC.

26.12.2025: Condolence Meeting to Dr.M.I.Joy.

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## KOTTARAKARA

10.12.2025: Executive Committee meeting.

31.12.2025: The branch actively participated in the district pre-launch inauguration of 'Anandam Arogyam' held near KSRTC, Kottarakkara, and served refreshments to the attendees.

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## KAZHAKUTTOM

03.10.2025: Executive Meeting at peach 11A, SFS Cyber palm.

11.12.2025: WIMA Kazhakoottam in association with KIMS HEALTH conducted an informative session about "Stress management among students" at Government Women's ITI,

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## MUVATTUPUZZHA

04.12.2025: 2<sup>nd</sup> Executive Committee Meeting at the IMA Hall, Muvattupuzha.

Dr Tamanna Shenoy and Dr Jesna attended the online TOT Workshop on HPV Vaccination conducted by IMA Kerala State.

11.12.2025: An Extra-ordinary General Body Meeting for building committee.

13 & 14.12.2025: Dr Muhammed Hassan and Dr Athul D attended the President Secretary Treasurer Meet at IMA Periyar House, Aluva.

18.12.2025: The 2<sup>nd</sup> General Body meeting.



18.12.2025: CGP Meeting was conducted, during which Dr. Riju Rajsenan Nair delivered a session on "Modern surgical strategies for the Aorta".

22.12.2025: The Foundation stone laying ceremony was held at IMA Land Nirappu by Dr KE Paulose and Dr N V Markose.

28.12.2025: Dr Nikhil Joseph Martin Attended the NATCON 2025 at Ahemadabad & received National Best Local Branch Secretary Award.



Kazhakoottam by Dr Susha John, Consultant Psychiatrist, KIMS.

Received the National Award for Best Local Branch President from the National IMA leadership.

Our branch was represented by Dr. Rajendran for the IMA



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## THODUPUZZHA

10.12.2025: CME on 'Rezumi- Clinical Outcomes and practical Insights' & Dr Sandeep and 'Role of Robotic Surgery In Urology' by Dr Josef, Urologists from Rajagiri Hospital at IMA House Nadukandam was presided by Dr Sony Thomas President. He spoke on various IMA schemes and Branch activities.



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## ADIMALI

29.12.2025: Monthly Meeting at The Rangers Hotel, Adimali presided by our President Dr. Sathyababu N.V. It was a joyful event with various kinds of entertainments and hearty conversations.



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## PAYYANNUR

01.12.2025: An awareness session at Shenoy's square Payyanur inaugurated by Dr Ranjith Kumar, president, IMA Payyanur followed by a candle light procession and class by Dr VC Raveendran in connection with World AIDS day.



AIDS day observation was done at Priyadarshini Hospital started with a rally & a class on AIDS awareness was led by Dr Prasin Pradeep.

13.12.2025L Awareness class on menopause and cancers at Womens club vadakkekovval inaugurated by Dr Farsana.

14.12.2025: ELSS And Health Awareness Session At Elambachi, Thrikkaripur In Association with Lions Club and Navaodaya Vanitha Vedhi. Theory Session was followed by Hands on Training. Another Session on Mental Health and Meditation was Conducted by Dr Pushpangadan. Dr Viswan V Spoke on 'Gynecological Health and Cancer Awareness'.

17.12.2025: General Body Meeting & CME. Santhosh P.S, consultant neurologist, BMH Payyanur spoke on 'ACUTE STROKE MANAGEMENT'.

A lucky dip contest was arranged in this meeting also for members reaching in time for the CME.



23.12.2025: The class was conducted for medical representatives. Theory session was followed by hands on training on CPR and choking relief.

28.12.2025: NSS Camp at Cherupuzha St Marys School led by Dr Prasin Pradeep.

29.12.2025: Awareness class for public. 'Vyayamam Aarogyathinu' at Puthiyanakavu, Payyanur Anganwadi. Mothers of students there and other beneficiaries (pregnant and lactating women, adolescents) attended the program. The interactive session was followed by quiz for the participants. WIMA secretary Dr Anusree N led the session.

29.12.2025: Awareness class for public, 'koumarathinu karuthalekam' at Vilayankode East Anganwadi, led by Dr Anusree N, Adolescence as a unique phase, need for care and caution were explained, the physical and emotional changes.

**26****ALAPPUZHA**

01.12.2025: World AIDS Day observance, IMA in association with the Rotary Club of Alleppey East, organized a walkathon at Alappuzha Beach. Dr. T. D. Unnikrishnan Kartha led an informative AIDS awareness session.

11.12.2025: Executive committee meeting at IMA Hall, Alappuzha.



13 & 14.12.2025: Attended the Presidents' Secretaries' and Treasurers' Meet at IMA Periyar house, Aluva.

27.12.2025: ELS training session at the NSS camp "Iniyumozhukum" at Government Model LP School, Alappuzha for the NSS volunteers of HSS Thiruvampady Alappuzha, in association with Rotary Club of Alleppey Central.

**27****THRISSUR**

01.12.2025: IMA Thrissur, in association with Atreya Hospital, conducting an AIDS awareness class and a blood donation programme.

06.12.2025: Participated voluntary service to Guruvayoor municipality First Aid centre.

07.12.2025: District Committee celebrated a DC victory day-Euphoria 2025 on at Nidhi Cottage, Chavakkad. Chief guest, Dr.M.N. Menon ,IMA state president, inaugurated the event. Guests of Honour, Dr. Sreevilasan.KA.

13.12.2025: participated President and Secretary meeting at IMA Periyar house Aluva.

Dr P Gopikumar, IMA KSB President Elect Felicitating the newly installed President of IMA Tamil Nadu Dr. B. Sridhar.

16&17.12.2025: Participated voluntary service to Guruvayoor municipality First Aid centre. Dr.Sharmila P M, Dr. Usha & Dr. Sujayya, given voluntary service to Guruvayoor municipality.

**28****KANNUR**

03.12.2025: ELS Training, in association with Indian Red Cross Society & Junior Red Cross, Kannur District, Pappinissery Sub-District Leadership Camp, by Dr. Aboobacker Siddique.

04.12.2025: General body meeting . Panel Discussions by Dr. Resmi Mathew, Dr. Latha P, Dr. Rakesh T. P, Dr. Abhilash N, & Dr. Adarsh A. K, Topic: HIV: Past, Present & Future.



11.12.2025: CME by Dr. Deepak Raju on Management of Peripheral Arterial & Aortic Diseases – from Principles to Practice.

18.12.2025: CME by Dr. Arun Kumar D on ' A challenging case, full of difficulties, yet with a glorious ending'.

**29****NEMOM**

01.12.2025: An awareness programme emphasizing the theme for World AIDS Day 2025-"Overcoming Disruption Transforming the AIDS Response "Dr Bini C L,Principal KUCTE inaugurated the program.

05.12.2025: Cabinet Meeting ( Virtual)

06.12.2025: Executive Committee Meeting at Hotel White Dammar, Pappanamcode.

10.12.2025: Observed World Human Rights Day with a virtual CME on "Human Rights- Our Everyday Essentials" by Dr. Ashok Natarajan, an eminent retinal surgeon and a qualified advocate.

13 & 14.12.2025: Attended PST Meet.

16.12.2025: Christmas and New Year Celebrations with the inmates of Karunya Visranthi Bhavan at Akkulam.





19.12.2025: An Awareness Session on menstrual health issues, menstrual hygiene and nutrition for plus one students of GVHSS Manacaud.

21.12.2025 GB meeting at Hotel Residency Tower, Thiruvananthapuram. Christmas celebrations and Family Get together were also conducted.

Two CMEs under the auspices of AMS Chapter and CGP sub faculty were also conducted. Dr. Shabaz Zailu, spoke on 'Hyperuricemia' and Dr. Anju K Nair spoke on " High Risk Pregnancy".

30.12.2025: An awareness session on HIV and AIDS for the NSS students of DVMNM HSS, Maranalloor.



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## MADHYAKERALA

01.12.2025: World Aids Day in Vimala Hospital Kanjoor. Dr. Sobhana took class on 'Prevention of HIV Infection'.

01.12.2025: World Aids Day observed at FHC Thuravoor with Flash mob and a health awareness class by Dr Anitha Krishna.

02.12.2025: Executive committee meeting.

04.12.2025: Celebration of International Volunteer Day.

06 & 07.12.2025: Saantvanam"-Monthly Free medical camp and distribution of medicines in Old age Homes by Dr. Sobhana at Malayattoor & Kanjoor.

07.12.2025: Screening for Diabetic Retinopathy by Dr Aswani.

12.12.2025: World Human Rights Day observed at IMA Hall Aluva in association with IDA and YWCA.

13 & 14.12.2025: Attended Branch President Secretary meet at IMA Periyar House.

17.12.2025: General Body & CME. Scientific Session by Dr Aditya and Dr Kumari Indira Chaired by Dr Rajeswariamma and Dr Muhammed Ansari. Addressed by Dr MN Menon State President IMA KSB.

21.12.2025: Inter-Branch Cricket Tournament hosted by IMA Angamaly . IMA Madhyakerala Bagged Runner Up Position Dr Muhammed Ansari became Man of the series.

24.12.2025: Christmas celebration with physically and financially challenged families in Malayattor by Dr. Sobhana.

30.12.2025: Free Health check-up by Dr Aswanikumari.

Mednews Dec 2025- Published Official News letter of IMA Madhyakerala & The Monthly Quiz Consist of 2 medical and one IMA/ fraternity related question.

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## PALAKKAD

01.12.2025: IMA Kerala State Branch AIDS day programme

01.12.2025: IMA Palakkad conducted Morning Civil Station Walkathon

IMA Conducted Diabetic awareness at IMA hall Palakkad.

05.12.2025: CME Conducted by IMA PALAKKAD Associated with KG Hospital Coimbatore, Organised MSN-JDN conclave, Conducted Cultural events- MSN & JDN

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## KOLLAM

01.12.2025: VBD camp was conducted at BJM College, Chavara in association with HDFC, Kollam.

04.12.2025: VBD camp was conducted at TKM Engineering College, Karicode, Kollam in association with HDFC, Kollam. An awareness class given along with the blood donation.



06.12.2025: VBD camp was conducted at Christraj Higher Secondary School, Kollam.

11.12.2025: Third Executive Committee meeting.

17.12.2025: VBD camp was conducted at Perumon Engineering College, Kollam.

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## NILAMBUR

04.12.2025: The Continuing Medical Education (CME) program titled "Recent Advancements in Cardiology" was conducted to provide healthcare professionals with the latest updates in cardiovascular medicine, diagnostics, and patient management.

Seminar on Violence Against Women was conducted to create awareness about the psychological and legal aspects related to women's safety and empowerment. Dr. Shanty Thomas presented a session on "Mind Over Trauma", where she explained the psychological impact of violence on women and emphasized the importance of mental strength, counseling, and emotional support in overcoming trauma. The second session on "Lawful Rights" was handled by Assistant Sub Inspector Smt. Bindu, who provided valuable

information about the legal rights of women, relevant laws, and the role of law enforcement in ensuring women's safety

06.12.2025: A Tribal Speciality Camp was successfully conducted at Nilambur.

07.12.2025: Women IMA General Body meeting.

08.12.2025: Disability claim From IMA PDSS, handed over the cheque to Dr Vijayan at his residence.

10.12.2025: Executive Committee Meeting.

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## THIRUVANANTHAPURAM

06.12.2025: IMA AMS CME PROGRAME inaugurated by Dr Harikumar Nair at Hotel Horizon.



07.12.2025: 'Merry Mingle X Mas New Year Sale & Food Fest'.

13 & 14.12.2025: Attended PST Meet at Aluva.

23.12.2025: Executive Meeting @IMA Trivandrum Branch hall.

24.12.2025: BLS Training Programme @ Govt Engineering college Trivandrum. Instructors are Dr Vivek KB, Dr Jeena Badar & Dr Amitha.

27.12.2025: BLS Training Programme @ Govt Deaf School Jagathy Instructor by Dr Pradeep Kidangoor.

28.12.2025: HPV Vaccination camp at IMA Trivandrum branch hall.

27.12.25 & 28.12.25: Attended NAT CON 2025 at Ahmedabad. Got Best branch National award IMA Thiruvananthapuram and IMA JDN National Award For Best Outreach Activities.



**Palliative Care:** Team includes Doctor, Palliative care nurse & no volunteers, driver. Provided support, nursing care and vitals examination includes: BP- , GRBS- .Also provided dressing materials, financial and educational support to needful patients.

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## NEDUMBASSERY

04.12.2025: Executive Committee meeting at Al Falaj Hotel, Ruwi.



09.12.2025: CME program at Crowne Plaza Hotel on "Exploring Rizatriptan for Acute Migraine Attacks" by Dr. Shaji Abraham and "Integrated Management of Chronic Pain and Comorbid Depression" by Dr. Gerald D'Costa.

19.12.2025: Online session for students (Classes 9-12) and parents on "Beat Exam Stress" by Dr. Vijay Ram Naresh.

25.12.2025: Sidab Abseiling, a WIMA hiking activity. Charity drive providing financial assistance of 1,00,000 to a needy individual.

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## KODUNGALLUR

01.12.2025: World AIDS Day Awareness Campaign. Informative sessions were held focusing on modes of transmission, preventive strategies, and the increasing prevalence of HIV among young individuals. Special awareness sessions were conducted for hospital staff on needle-stick injury management, emphasizing prompt action, appropriate protocols, and the importance of avoiding panic during such incidents.

02.12.2025: Executive Committee Meeting.

07.12.2025: The Victory Day celebrations were held at Nidhi beach front resort Chavakkad.

16.12.2025: The General Body Meeting with Christmas - New Year celebrations at Hotel Ashwathi, Kodungallur. In line with the Jubilee Year theme of IMA Kodungallur – Organ Donation Awareness, the first educational session conducted for IMA members. The session, delivered by Dr. Jose Ukken, focused on the importance of organ donation.





21.12.2025: A Mega Medical Camp was conducted at the IMA Hall in association with Manorama Newspaper, GEM Hospital, and IMA Kodungallur.

24.12.2025: Basic Life Support (BLS) training session was organized for NSS volunteers of SNNM Engineering College, Mallyankara, as part of their seven-day camp held at SNNM BEd College, Muttukunnam.

28.12.2025: Medical Camp & Awareness Programme at MES Higher Secondary School, P.Vemballur, offering free HbA1c testing, lipid profile, vital parameter monitoring, and general health screening for students and the public.

A Lifestyle Disease Awareness Class at the MES NSS Camp, P.Vemballur by Dr. Nabeera Banu.

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## TIRUR

04.12.2025: President, Secretary and 2 senior members visited recently died member Dr. SHK Thangal's house and given cheques for SSS1 and SSS3 to his family.

05.12.2025: AMS meeting at Dr Alikkuttu memorial IMA House Thrikkandiyoor .The topic is a discussion on the second module of "BOLD", (Blood Pressure, Obesity, Lipids and Diabetes mellitus) by Dr.Kochuraghavan P V, MD. Medicine, Physician, Al Noor Hospital Tirur.

10.12.2025: Musical night organised by the Music club of IMA Tirur Branch inaugurated by Ms. Lakshmi Mohan.

13 & 14.12.2025: Attended President's/Secretaries meet at IMA Periyar House, Aluva.

17.12.2025: Monthly General Body Meeting along with CME on "Diagnosis and Management of Heart Failure" at IMA House, Tirur by Dr. Mohamed Iliyas, Consultant Interventional Cardiologist.

27 & 28.12.2025: Members attended IMA NATCON 2025 at Ahmedabad.

29.12.2025: BLS and First Aid class for NSS students at the Vacation camp at GLP School Katilangadi by Dr. Anwar Shakkeel.

31.12.2025: Music club.

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## JUBILEE MISSION

AIDS Awareness Program in association with the Department of Transfusion Medicine. The program focused on HIV/AIDS awareness, safe blood transfusion practices, donor screening, and prevention of transfusion-transmitted infections.

Monthly Scientific Meet at Ashoka Inn. An academic session titled "Technological Singularity and the Future of Healthcare" by Dr. Kurian Alappatt, Associate Professor, Department of Orthopaedics.

07.12.2025: Interdepartmental Cricket Tournament at Sporteker Turf, Kuttanellur.

Indoor Games & Sports Activities.

Christmas & New Year Celebrations-IMA JMB.

31.12.2025: ELS Activity – BLS/SS Training Program at Government Model Higher Secondary School for NSS volunteer girls by Dr. Deo Mathew and Dr. Padmapriya from the Emergency Medicine department.

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## KARAKONAM

04.12.2025: First GB Meeting & installation ceremony. Dr. Bennet Abraham, President delivered the welcome address.

07.12.2025: Blood donation camp led by Dr.Revathi.

AMR week awareness talk by Mr. Jobin at Law College and college of education, Cheruvarakonam .

Voluntary blood donation camps.

World AIDS Day Quiz competition in association with Department of Dermatology.

International day of persons with disability. Scientific session in association with Department of PMR. HPV vaccine program initiated in association with Rotary International.

15.12.2025: Conducted Peripheral Camps at Vellarada Bus Station in connection with World Diabetes Day.

Diabetes awareness program.

Conducted Medical Students Rally, Health Session & Myth Buster, Diabetes Medical Exhibition, District Level Quiz Session for Nursing Students, Awareness Street Play & Info video premiere.

18.12.2025: 'Gift of Smiles '– Christmas Outreach Program at CSI Girls Home.

19.12.2025: Christmas celebration activities, IMA & NSS Unit organized a visit to the BUDS Rehabilitation Centre, Kuruvad.

20.12.2025: Central Camp at Salvation Army Church Chullioor.

24.12.2025: Annual GBM and installation ceremony of new Office bearers at Hill Palace, Kunnathukal.

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## PERINTHALMANNA

01.12.2025: World Aids Day awareness Talk session was conducted by Dr. Soumya Sathyan, focusing on the importance of HIV prevention, early detection, and stigma reduction.

02.12.2025: IMA Pain & palliative meeting was held at pain & palliative hall, Perinthalmanna. 03.12.2025: WIMA in association with Moulana hospital conducted a public awareness programme addressing the causes of disability, early diagnosis, treatment options, rehabilitation strategies, and the importance of inclusive care and societal support by Dr. Nisha.

04.12.2025: Guiding young hearts with wisdom and care. Dr. Bindu speaks to children and parents about mindful parenting at Starburst – Kids on Action 2K25.

06.12.2025: Regular Monthly Free Community Psychiatry Camp at Maranchery Pain and Palliative Clinic attended by Dr Mohammed Musthafa.

10.12.2025: Orange Day Observation-Cyber Crime Awareness Session. Orange Day for gender-based violence refers to the UNiTE campaign's "Orange the World" initiative, an annual global movement using the colour orange to raise awareness and demand an end to violence against women and girls.

10.12.2025: Cabinet meeting was held at IMA house.



13.12.2025: The monthly Free Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic, Kootnadu.

14.12.2025: Awareness class on COLS and First Aid to people coming for Driving License at the Pain and Palliative Care Auditorium.

16.12.2025: Celebrated the Christmas season with an enthusiastic and heart-warming event at IMA Hall, Perinthalmanna.

17.12.2025: Awareness class on COLS and First Aid to people coming for Driving License at the Pain and Palliative Care Auditorium.

18.12.2025: Executive Committee Meeting.



19.12.2025: General Body Meeting at IMA hall, Perinthalmanna.

20.12.2025: The monthly Free Community Psychiatry Camp organized by IMA at Elamkulam in association with the EMS Trust and DMHP.

23.12.2025: Mom to Be – Feel the Next Generation” An informative antenatal awareness programme titled “Mom to Be – Feel the Next Generation” by Dr Sunena.

24.12.2025: Talk by Dr Soumya Sathyan regarding the use of Pen Insulin's in Diabetes Mellitus.

27.12.2025: The monthly Free Community Psychiatry Camp organized by IMA Perinthalmanna at Mankada Pain and Palliative Clinic.

28.12.2025: First Aid and COLS training given to NSS volunteers of GHSS Pulamanthole by Dr Sasidharan, HOD of

Anaesthesia, Moulana Hospital.

Dr. Asha Prabhakaran, has published a collection of poems titled 'Sathyanweshiyum Kallichedikalum.' Dr V U Seethi, IMA Past national vice president written an article about social life and older people in 'Nammude Arogyam ' Magazine. Dr Rema Krishnakumar, was part of a journal published on Multi centre prospective study of hepatocellular carcinoma in Kerala: more than 1200 cases.

ഇന്ത്യയിലെ ഡോക്ടർമാരുടെ സന്ദേശം മാസിക  
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- 1 വരിപ്പം : 400 രൂപ
- 2 വരിപ്പം : 790 രൂപ
- 3 വരിപ്പം : 1180 രൂപ

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