



INDIAN MEDICAL ASSOCIATION KERALA STATE BRANCH

NEWS LETTER

JANUARY & FEBRUARY 2026



Empowering the Healer
Advancing Healthcare



IMA
DISTRICT
CONVENTIONS
2025-26



**INDIAN
MEDICAL
ASSOCIATION**
KERALA STATE BRANCH

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Dr. M.N. Menon
State President
IMA Kerala



Dr. Roy R. Chandran
State Secretary



President's Column

Dr. M.N. Menon
State President
IMA Kerala

Dear leaders and friends,

A strong and meaningful IMA, judged by its numerical strength alone, is the ultimate answer to the professional challenges we face today. Membership Drive started in January this year with good discounts for young doctors.

As I call upon every member to actively work towards bringing all practitioners of modern medicine—junior doctors, service doctors, and private practitioners — under the umbrella of IMA.

Our voice for safety, dignity, and professional autonomy will only be heard loud and strong when we stand united in large numbers. Through our enhanced membership drive, let us empower our youth, embrace scientific medicine, and safeguard the interests of our members and their families.

Together we can, separate we fall; let us strengthen the association to create a secure future for the medical fraternity.

We have some robust social security Schemes, Health Scheme, Professional Protection Schemes and some more, helping our members / families. Please see that all members join these Schemes and enjoy the offered benefits.

Violence against Healthcare workers are on the rise once again. We had some fruitful discussions with the authorities and we expect speedy actions and apt punishments for the culprits. Meanwhile let us also have an introspection, and take corrective steps to prevent any violence that could result from our indifference or mistakes.

The Golden Rule is a fundamental ethical principle advising, "Do unto others as you would have them do unto you," emphasizing empathy and treating others with the same respect, kindness, and dignity one expects in return. It acts as a universal guide for moral conduct and reciprocity, found in various religions and cultures.

Let us remember that our profession is a "calling" that demands compassion, empathy, and sympathy, rather than just technical skill.

STAY ETHICAL, STAY SAFE..

Yours in IMA

Dr. M.N. Menon
State President, IMA Kerala



From the Editor's Desk



Dr. Roy R Chandran
State Secretary
IMA Kerala

Dear Fellow Members,
Greetings from the State....

It gives me great pleasure to update you on the significant initiatives undertaken by our organization in recent months.

Membership Drive 2026

Our State Branch launched a focused Membership Drive from January to March 2026, with a special emphasis on encouraging young doctors to join the IMA family. As part of this initiative, reduced membership fees were offered to younger medical professionals, and the membership fee for the Professional Protection Scheme was slashed by 50% — a step aimed at making IMA's benefits more accessible to all.

District Conventions — "Taking IMA to the Grassroots"

Under the dynamic and visionary leadership of our President, Dr. M.N. Menon, an initiative was undertaken — the organization of District Conventions across all 14 districts of Kerala. These conventions provided an invaluable platform for meaningful interaction with district and branch leaders, strengthening the bond between the state leadership and our grassroots leadership. The strength and sustenance of IMA lies in the vitality of its grassroots leadership. I am glad to share that we have successfully covered all 14 districts, and the response has been deeply encouraging.

A Call to Every Modern Medicine Doctor

While membership numbers are steadily growing, we must candidly acknowledge that the enthusiasm and momentum we had hoped for is yet to fully materialize. I take this opportunity to earnestly appeal to every modern medicine doctor in Kerala — please come under the protective umbrella of IMA.

The IMA is not merely an organization — it is your professional shield, your personal support system, and a lifelong security net for your family. Our schemes are designed to protect you professionally, support you personally, and stand by your family even in your absence. Beyond individual benefit, remember that our collective voice is our greatest strength — it is only when we speak as one that the authorities listen and act.

A Message to Our Leaders

I would like to specially urge our leaders to take personal ownership of this membership drive. Reach out, connect, and motivate your colleagues. Every new member you bring in strengthens not just our numbers, but our collective purpose.

Let us work together to make IMA the true home of every doctor in Kerala.

Jai Hind! Jai IMA!

STATE ACTIVITIES

JANUARY 2026



Meeting for Schemes/Membership Promotions @ IMA Periyar House on 4th January 2026



Manjeri MSN GMC Unit Convention on 7th January 2026



The new IMA Cherthala building inauguration on 11th January 2026.



IMA National Vice President Dr. R. Ramesh taking part in a Panel discussion on Arogya Kerala at International Book festival of Kerala Legislative Assembly at Trivandrum on 13th January 2026.



Inauguration of WIMA State Activities - USHAS @ IMA Periyar House, Aluva on 18th January 2026.



Cabinet meeting @ IMA Periyar House on 24th January 2026.



Managing Committee Meeting of Schemes & Projects @ IMA Periyar House, Aluva on 24th & 25th January 2026.



IMA KSB Vice President Dr. R. C. Sreekumar addressed and expressed support for the KGMCTA hunger strike in front of the Secretariat on 27th January 2026



WIMA installation of IMA Nedumbasserry at Muscat on 30th January 2026

BRANCH ACTIVITIES

January 2026



1 IRINJALAKUDA

22.01.2026: General body Meeting & CME at IMA hall. Dr Judo J Vachaparambil, M.D, F.C.C.P. Medical Superintendent and Chief Pulmonologist at Sun Medical and Research Centre, Thrissur took a session on 'The impact of Macrolides on LRTI: Clarithromycin'



26.01.2026: Republic day was celebrated by unfurling the flag by the branch President Dr Sreenath V N&Dr Mathew Madathany senior IMA member gave Republic day messages.

26.01.2026: A session on COLS ELS at Korumbassery Residents association. Around 25 people were given hands-on training on CPR. Dr Anju K Babu and Dr Jom Jacob took the sessions.

2 THALASSERY

01.01.2026: New year celebrations at IMA Office.

02.01.2026: A Street play on substance abuse was conducted by nursing students of Malabar Cancer Centre at Koderi.

04.01.2026: Participated in the Thalassery Heritage run season-5.

07.01.2026: New year celebration was held at Pain

and Palliative Care Clinic

10.01.2026: Awareness class on cervical cancer

11.01. 2026: General body meeting of IMA Pain and Palliative Care Society at Hotel Gokulam Fort.

11.01.2026: IMA Kerala Health Scheme North Zone Conclave-Branch Officials

11.01.2026: Attended the IDA Installation ceremony held at Hotel Pearlview.

11.01.2026: Introduced "FUN, FACTS, FITNESS" initiative as part of recreational activities for our members.

15.01.2026: A reception honouring our National Vice President Dr Ramesh R.



16.01.2026: "Recreational therapy" was organised in MCC by Dr.Biji MS.

18.01.2026: WIMA State Meeting attended by Dr. MiniBalakrishnan

18.01.2026: Awareness class on CPR conducted by Dr Dhanya MK at MoozhikkaraVyaparaVyvasayisamithi.

19to24.01.2026: 1st batch of volunteered members of age 40 yrs and above underwent Mammogram & Pap smear screening at discounted rates at nearby screening centre.

22.01.2026: Condolence meeting was held on the sad demise of Dr. Chandrasekharan P.

24.01.2026: Attended the state membership promotion committee zoom Meeting.

26.01.2026: Republic Day celebrations at General Hospital

26.01.2026: Executive Committee Meeting

28.01.2026: Attended the District convention organised by the District Committee chaired by Dr. Mini Balakrishnan.

28.01.2026: Pain and Palliative Clinic received certificate of appreciation from the district administration for its activities.

29.01.2026: General Body Meeting at Gokulam Fort.



29.01.2026: CME on importance of Holistic Management in Type 2 Diabetes” by Dr. Arjun R.

3 TALIPARAMBA

New year celebrations at IMA Hall Taliparamba

07.01.2026: Executive Committee Meeting. Financial and administrative matters, blueprint for the year 2026 prepared; Discussions about membership campaigns, AMS and CGP, DOCTORS SUPPORT CELL, Hospital Violence, Task Force etc.

20.01.2026: Doctors support cell meeting.

Zoom Meeting of District Committee attended by Dr LathaMary and Dr SabnamS Nambiar

26.01.2026: Republic Day Celebrations.

28.01.2026: DC Convention attended by the members.

4 VAIKOM

07.01.2026: Christmas and New Year celebrations inaugurated by Mr.Krishnaraj, Content Editor, Manorama Online was followed by engaging and mind-enhancing fun game sessions conducted by Mr.Aju, Physical Education Trainer.

18.01.2026: AMS Chapter was formally constituted under the IMA Vaikom branch with 24 members, marking a significant milestone and planning to host Mid-zone AMS Conference in July.

5 THAMARASSERY

07.01.2026: General Body Meeting and CME held at Thamarassery Club, as part of the New Year celebration. The event included a cake-cutting ceremony and two CME sessions – ‘Ca Breast’ by Dr.AghilBabu& ‘Short Stature’ by Dr.Vijayakumar.

22.01.2026: Executive Meeting at Thamassery Club.



6 MUVATTUPUZHA

04.01.2026: The Christmas and New Year Celebrations at Tholanikkunel Farm House.

08.01.2026: Executive Committee Meeting

29.01.2026: WIMA 1st General Body Meeting at IMA Hall.

29.01.2026: The 3rd General Body meeting.

The HPV Vaccination Training for IMA members by DrTamannaShenoy as partof the IMA KSB & FOGSI initiative.

7 KOTHAMANGALAM

01.01.2026:An awareness class on &HIV /AIDS and Blood Donation for NSS Students of NSS HSSManakkad.

01.01.2026:ELS and First AID Training for NSS Studentsof YeldoMar Baselios College Puthuppady.

01.01.2026:ELS and First AID Training for NSS Studentsof St. Stephen& HSS, Keerampara.

02.01.2026:ELS and First AID Training for themembers of Lions Club of Kolenchery.

02.01.2026:An awareness class on Lifestyle Diseasesfor NSS Students of Yeldo Mar Baselios CollegePuthuppady.

06.01.2026: General Body Meeting

06.01.2026: CME on Advances in Oncology-Transforming Diagnosis and Precision Care by Dr.Renji Jacob.

06.01.2026:Christmas and New Year Family

Celebration.

07.01.2026: Attended SSS1 Officials Online Meeting

09.01.2026: An awareness class on & POCSO, Sexual and Reproductive Health by Dr. Chinnu Vijith.

11.01.2026: An awareness class on Reproductive Health of Women for the middle aged and elderly women of Mathruvedi at St. Mary Syro Malabar Catholic Church Alacode.

11.01.2026: Lifestyle Diseases Screening Camp at Municipal Town Hall Kothamangalam for Migrant Workers.

18.01.2026: WIMA Kerala State Level Inauguration

18.01.2026: EL Sand First AID Training for the parish members of St. Mary Jacobite Syrian Church, Maramangalam.

20.01.2026: CME on Invasive to Non-invasive Ventilation: New trends in Pediatric Respiratory Care by Dr. Sachin Mathew Jose.

20.01.2026: CME on Review of Chronic Pancreatitis Management by Dr. Bejoy Abraham.

26.01.2026: An awareness class on Environmental Pollution and Cough for the tribal children of Tribal Hostel Mathirappilly.

27.01.2026: District Committee Program on Cervical Cancer and HPV Vaccine.

28.01.2026: ELS and First AID Training Class for the Karate Kids.

29.01.2026: Blood Donation Camp at Yeldo Mar Baselios College Puthuppady.

31.01.2026: ELS and First AID Training Class for the general public.

8 PALAKKAD

13.01.2026: Executive Committee Meeting & conducted IMA PEPS Academic session.

14.01.2026: IMA State level inauguration of activities & District Conclave.

17.01.2026: Official inauguration of IMA New year Celebration.

17.01.2026: IMA New Year Celebrations & conducted Cultural Programs.

9 KUTHUPARAMBA

03.01.2026: Christmas & New year Celebrations.

08.01.2026: Executive Committee Meeting. Condolences were expressed in memory of Dr. Jayachandran, Treasurer, IMA Kannur, and Senior Surgeon at Specialty Hospital.

Attended PST meeting.

10 HARIPAD

29.01.2026: The 1st GB/CME conducted at Saugandhika Residency, Haripad. Dr. Veena S. Raveendran delivered an insightful CME session on "Steroids and the Eye". Adding to the significance of the event, Dr. Sreenivasa Gopal inaugurated the Library of IMA Haripad, envisioned as a reading and knowledge space with a rich collection of story books and informative books, especially for children.



11 PATHANAMTHITTA

21.01.2026: The first branch meeting at IMA -KGMOA hall.

The X'mas- New year celebrations. CME on "Reliability of lab tests in diagnosis and management of Diabetes by Dr Harisankar head of lab services DDRRC. Xmas new year message was given by former branch president Dr Thomas Mathew.



12 KANJIRAPALLY

25.01.2026: In association with Bodhi Sathva Dharmic Sangam Charitable Trust conducted a free medical camp at the premises of Dhamma Bodi Buddha Vihar, Chachikavala, Mundakkayam. Laboratory tests and ambulance service available at the medical camp.



13.01.2026: General Body Meeting and Academic Meeting at Rotary club hall Kanjirapally
Dr Mathew P Thomas spoke about the topic - A Struggling doctor –Common medicolegalpitfalls in daily practice’.

13 NEMOM

01.01.2026: NCD Awareness session for Canara bank officers. Sri. Ashok Kumar, Deputy General Manager and Regional Head of Canara Bank inaugurated the session.



04.01.2026: Blood Donation Camp in Association with the Erattakalunk Residents’ Association.
07.01.2026: Cabinet Meeting (Virtual)
10.01.2026: National Youth Day Celebrations
13.01.2026: Executive Committee Meeting at Hotel White Dammar,Pappanamcode
14.01.2026: Represented IMA Thiruvananthapuram District Committee Meeting
15.01.2026: IMA Community Service Day, organizing

the NCD detection and management camp at Karamana, Kulathoor in association with the Cherupazhanji Devi SevaSamithi at the Samithi auditorium.

17.01.2026: Cancer Awareness Programme in Vattiyoorkavu, in association with the Elders’ Group “Thanalkoottayma”.

17.01.2026: Cancer Cervix and Breast Awareness Programme

18.01.2026: Represented in the WIMA State Activities Inauguration meeting held at IMA Periyar House

25.01.2026: Cancer Awareness programme at Balaramapuram

28.01.2026: ELS Training Programme at Amaravila LMS Higher Secondary School for the NSS volunteers

31.01.2026: Branch GB Meeting, CMEs and Family Meet at Hotel Residency Tower, Thiruvananthapuram. CME on “ Liver Enzyme Profiles: clinical significance” by Dr.Jayakumar.

CME on “Cervical Cancer: Screen,Vaccinate and Protect ” by Dr.Neeraja.

14 THODUPUZHA

03.01.2026: 3rd General Body Meeting & Christmas and New year Celebration.



16.01.2026: WIMA in association with YWCA Muvatupuzha, Dr Sudarsan K took a Class at Nirmala College Muvatupuzha

21.01.2026: CME meeting held at IMA house Thodupuzha.

26.01.2026: Republic Day Celebration at IMA House Thodupuzha and IMA blood bank centre.

29.01.2026: 4th GB meeting and Reception to State President IMA KSB. Dr M N Menon, State President was chief guest and Dr Sreevilasan K A, IPP was the Guest of Honour.

29.01.2026: Hosted the IMA Idukki District Convention.

15 GURUVAYUR

02.01.2026: New Year Celebration and Family Meet at Gokulam Park Guruvayur. Welcome and Presidential address done by Dr Thulasidevi K C.



16 ALAPPUZHA

04.01.2026: Christmas and New Year Celebrations at IMA Hall, Alappuzha. State Secretary Dr. Roy R Chandran was the chief guest.



04.01.2026: WIMA Inauguration of Activities 2025-26.

11.01.2026: Members participated in the IMA Alappuzha District Convention hosted by IMA Cherthala.

16.01.2026: ELS training session for KSEB staff of



Punnappra and Ambalappuzha

16.01.2026: Executive Committee Meeting with the main agenda of membership promotion campaign.

18.01.2026: Karate Classes Inauguration, as part of the

Committee for the Promotion of Doctors' Health at IMA Hall.

26.01.2026: The Republic Day celebration was held at IMA Hall.

30.01.2026: General Body Meeting and Monthly CME at Pagoda Resorts Alappuzha. CME by Dr. Vishal V Panicker on 'Neuro interventions in Stroke Treatment'.

17 THIRUVANANTHAPURAM

07.01.2026: Dr. Sreejith R met at Thiruvananthapuram Mayor Sri. V.V. Rajesh at his chamber.

08.01.2026: Meeting inaugurated by the Mayor at IMA Trivandrum branch hall.

10.01.2026: Basic Life Support Training at Govt HSS



for Girls, Kanyakulangara.

16.01.2026: Basic Life Support Training for Health Inspectors at Corporation Office, University Institute of Technology Regional Centre Veli & Coaches of GV Raja Sports School by Dr. Sreejith R.

18.01.2026: Dr. Thankam madam's book on Healthy Eating Released by Dr. Alex Franklin at AMS program at Residency tower.

22.01.2026: Basic Life Support Training Sports School, Mailom Trivandrum by Dr. Arun Mohan & Dr. Vivek K.B.

27.01.2026: 'SPERARE' - IMA Trivandrum Music Club New Year Meeting at IMA Headquarters.

27.01.2026: Basic Life Support Training for Teachers and students of Holy Angels Convent HSS, Trivandrum

28.01.2026: Basic Life Support Training for NCC cadets of Govt Women's College Trivandrum.

31.01.2026: General Body Meeting & AMS CME Program at Hotel Residency tower.



PALLIATIVE CARE CELL "SNEHASANTHWANAM". Team includes Doctor, Staff nurse, volunteers & driver. Provided support, nursing care and vitals examination includes: BP, GRBS etc. Also provided food kits, medicines, dressing materials, financial and educational support to needy patients.

18 KOTTAKKAL

10.01.2026: Family Meet & New Year Celebration -HARMONIA. IMA members & family members gathered in Mas Meadows Auditorium-sponsored by Almashospital.

21.01.2026: Started IMA membership drive at Aster kottakkal by President Dr Anitha TV. 12 new members joined & started EMI Scheme for new members.

23.01.2026: Monthly GB and CME on 'Minimally Invasive Onco Surgery' by Dr John Alappat, Association matters spoken by Dr Sajeev Kumar, SSS3 Session by Dr Rajeeva and CEA by Dr Subeer Hussain. A token of appreciation was given to Dr John Alappat, Lucky Draw Winner Dr Radhakrishna Pai, who conducted an online webinar about Anti-Microbial Resistance.

19 KOLLAM

03.01.2026: Christmas and New Celebrations was held at Dr.S.Mohandas Memorial Hall.



05.01.2026: VBD camp was conducted at NSS Karayogam 5385, Kulangarabagam.

09.01.2026: Executive Committee meeting

10.01.2026: Internal camp was conducted at IMA Blood Centre in association with Yogakshema Sabha.

16.01.2026: Internal camp was conducted at IMA Blood Centre in association with MVGHSS, Peroor.

26.01.2026: Dr. Ravikumar Kunfured and saluted the National flag at IMA Centre, Asramom, Kollam in connection with the Republic Day.

28.01.2026: VBD camp was conducted at College of Engineering, Kottarakkara.

29.01.2026: VBD camp & awareness class was conducted at SN Women's College, Kollam.

30.01.2026: General Body Meeting and CME.



20 KASARAGOD

03.01.2026: ELS/ BLS/ CPR Training to Montessori trainee teachers at GSBS Kumbala by Dr. B Narayana Naik.



08.01.2026: Monthly Executive Meeting.

08.01.2026: New Year celebrations & Annual Cricket championship. Meeting Inaugurated by Municipal Chairperson Mrs Shahina Salim.

10.01.2026: ELS/BLS Training at Dhakheerath English medium HSS Talangara.

15.01.2026: Dr. B Narayana Naik met with IMAGE representatives at DTC Kasargod.

15.01.2026: AMS and CGP conducted its monthly CME

16.01.2026: ELS/BLS Training at BFHC Kumbala

17.01.2026: ELS/BLS Training at GVHSS Mogral

17.01.2026: Parental guidance Motivational class at Sri Yugapurush Narendra Modi Vidyalaya.

26.01.2026. Republic day with flag unfurling at IMA House.

27.01.2026: IMA State President Visit to Hospitals In Kasargod.

27.01.2026: Hosted the District Convention for Kasaragod District including All 3 Branches Kasaragod, Kanhangad and Uppala Presided By DC Chair Dr. Janardhana Naik CH.



16 to 31.01.2026: Annual Sports Championship
 30.01.2026: ELS/BLS Training at Janardan Hospital
 31.01.2026: Monthly Family Meet & Annual Track and Field Events.

21 KOTTAYAM

01.01.2026: Executive committee Meeting.
 10.01.2026: Christmas & New year celebrations with grand reception to state IMA leaders The program started with "KIDZ CORNER".
 10.01.2026: Members paid Tribute to Dr. Somasekharan Pillai at his residence.
 12.01.2026: Stress management session for SHOs of Kottayam district and SP administration Officers was conducted at Police club Kottayam by the leadership of Dr. Tony Thomas.
 Membership Promotion Campaign started & visited the major private hospitals and Government Medical College.
 21.01.2026: A session on Fall Prevention in Elderly was conducted by Dr. Jaleela H B A, WIMA secretary to the members of St. Peter's Marthoma church, Manganam.
 State level WIMA KSB inauguration conducted at Periyar house, Aluva.
 26.01.2026: Republic day, Flag Unfurling ceremony was conducted.
 Positive Mental Health activity was conducted for veterinary doctors under Government of Kerala by IMA Kottayam in Association with KGVOA Kottayam; an interactive session by Dr. Tony Thomas.
 Conducted Emergency Life support (ELS) training in Association with YMCA Kottayam, under the leadership of Dr. Vivek and team from Caritas Hospital Kottayam.
 IMA & WIMA in association with SH Medical Centre Hospital & Rotary Club Kottayam conducted Awareness session on 'Cervical Cancer and HPV Vaccination' by Dr. Anu Joseph.

22 KOTTARAKKARA

03.01.2026: X'mas and new year celebrations with variety entertainment programmes mainly by IMA & WIMA and other family members.
 29.01.2026: General body meeting and CME by Dr. Cyriac Pappachan, Consultant Infertility Specialist and Laparoscopic Surgeon, on 'Advanced Gynec Laparoscopic Surgery'.



23 KOLENCHERY

07.01.2026: Combined Christmas and New year family get together at Brookside club, Kolenchery. Around 80 people participated and family members joined in various cultural activities. The event was rejuvenating and members had a joyful evening.

24 CHERUKUNNU

13.01.2026: CME on HPV vaccination was clubbed with New Year celebrations. Session by Dr. Amulya Bhargavan and was moderated by gynaecologist Dr. Dinesh KK.
 28.01.2026: District convention was held at IMA Hall Kannur.

25 VALANCHERY

14.01.2026: CME and General Body Meeting; discussed about new membership & IMA Schemes Society registration; CME by Dr. Thushara K R.
 17.01.2026: Awareness Class about 'adolescent mental and physical health' by Dr. Anu Riyas IMA secretary for 7 thstd students of Ideal International School Kadakassery.
 24.01.2026: Trip to Wayanad for doctors and their families
 29.01.2026: A Mega Camp in association with Nadakkavil Hospital and Thanalloor Panchayath. Facilities includes, Doctors free consultation by Dr. Anu Riyas & Dr. Noufal, includes free medical checkup,

BMI testing, Thyroid Function Test etc.

26 KALPETTA

22.01.2026: IMA Kalpetta and WOGS conducted a Seminar on 'Adolescence and Menstrual hygiene' by Dr Alice Jose and Dr Smitha Vijay.

22.01.2026: HPV Vaccination Awareness Program at



WMO English Academy Muttill, Wayanad.

23.01.2026: CME by Dr ArunGopi & GB was held at Hotel Marzine, presidential address by Dr Sameeha and Dr Rajesh MP discussed about Clinical Establishment Act.

29.01.2026: COLS and First Aid training for NSS volunteers who are on a 7 day residential training as part of YuvaAapdaMitra Disaster Management Training at Mananthavadi. Dr Sushma Raj and Dr Rajeshkumar MP conducted the training.

27 IRITTY

08.01.2026: Family Meet & Get-Together. The evening was enriched with lively dance performances by the WIMA group, adding charm and festive spirit to the celebration.

28 KARAKONAM

10.01.2026: Exhibition at MVHSS Arumanoor.

16.01.2026: HPV Vaccination Training in association with MSN & WIMA at Library Basement Hall, Dr. SMCSI Medical College Hospital, Karakonam. The program was designed exclusively for IMA members to enhance clinical knowledge and implementation strategies for the Human Papillomavirus vaccine, led by Dr. Anu J, provided deep insights into the pathological significance of HPV and the critical role of timely vaccination in preventing cervical and other associated cancers. Moderated by Dr. Rinu Chandran Core Discussion Topics, 'Epidemiology and burden of HPV-related

diseases', 'Vaccine efficacy, dosage schedules, and age-specific recommendations', 'Addressing vaccine hesitancy and patient counselling'.

30.01.2026: Voluntary Blood Donation Camp at Kinfra Park.

29 KANNUR

01.01.2026: General Body Meeting & CME by Dr. Sachin Sureshababu on Epilepsy Surgery-The Road to Freedom, But less Travelled.

08.01.2026: Executive meeting.

08.01.2026: The Condolence Meeting for Dr. Jayachandran A. K.

15.01.2026: CME by Dr. Swetha B Ram on HPV awareness TOT.

22.01.2026: CME by Dr. Sarang Vijayan on Understanding Kidney Transplantation: Navigating Basic Concepts'

29.01.2026: CME by Dr. Pramod Shetty on From Normal Vision to No Vision-The Diabetic Pathway.

28.01.2026: Kannur District Convention

30 KODUNGALUR

03.01.2026: Christmas & New Year Family Get-Together..

06.01.2026: Executive Committee Meeting.

A Medical Camp and BLS Training program for the



EMS Thaluk Committee in association with Modern Hospital & Caring Hands, Patathakkad.

BLS training session was conducted at Modern Hospital by Dr. Kishore Kumar for hospital staff and nursing students. The session focused on practical emergency response skills, reinforcing life-saving techniques among healthcare professionals and trainees.

CME in collaboration with Swanthana Health Care and Diabetic Clinicon'Retinal diseases and diabetic retinopathy, "What the Eye Can See" – clinical insights into ocular manifestations' & Diabetes and obesity – paradigm shifts in management.

31 MADHYA KERALA

- 02.01.2026: Life Style Diseases Awareness Program by Dr. Sobhana.
- 03.01.2026: Christmas & Newyear Celebration at IMA Hall Aluva.
- 06.01.2026: Observed National Deworming Day.
- 09.01.2026: Executive Committee Meeting GA



- 10.01.2026: COLS Training to students of Mechanical of Govt. Polytechnic Perumbavoor by Dr. Anitha Krishna.
- 14.01.2026: HbA1C Camp Conducted by Dr. Sobhana in Deivadan centre Malayattor.
- 18.01.2026: State WIMA inauguration at IMA Periyar House Aluva hosted by WIMA VKE & MKB. Lightening of the Lamp by State President Dr. M.N. Menon. 'USHAS 2026' - Launching of 2 programmes' Cervical Cancer Challenge & Swasthi.
- 18.01.2026: Kerala palliative care day celebration at IMA Hall Aluva conducted by IMA and Consortium of pain and palliative care units Ernakulam.
- 19.01.2026: NCD Detection Camp in Deivadan centre Malayattor.
- 21.01.2026: NCD Detection Camp in Deivadan centre



- Kanjoor.
- 24.01.2026: National Girl Child Day at Madhavam Destitute Home for girls. Took menstrual hygiene class, distributed bed sheet & blankets and sponsored one day expense; Dental camp by IDA.
- 26.01.2026: Republic Day Celebration at IMA Hall Aluva.
- 29.01.2026: Awareness class on relevant diseases in the community to the BSW students of Rajagiri Hospital.

32 KANHANGAD

- 13.01.2026: Executive Committee meeting. Main agenda was Membership drive
- 17.01.2026: General Body meeting & CME at IMA house Kanhangad on 'Palliative care' by Dr Seema Rao & 'Excipient-anopensecret' by Dr Jayarajan.P.V.
- 15.01.2026: Palliative Day Observation and House visit.
- 26.01.2026: Republic Day Celebration at IMA House Kanhangad.
- 27.01.2026: Members attended District Convention conducted at IMA house Kasaragod. State President Dr .M.N.Menon, Secretary Dr Roy.R.Chandran, Dr.N.Arun, Dr. Sathyajith gavetalks regarding the importance of making new doctors IMA members. Dr. Ramesh.D.G, Dr. Sureshan handed over 23 new membership forms to the State President Dr.M.N.Menon.

33 MAVELIKKARA

- 04.01.2026: Christmas & New year Celebrations at Preethi Convention Centre, Pallarimanagalam. Members and their family actively participated in a variety of games and cultural events.
- 04.01.2026: IMAMavelikara conducted Vaccination drive for IMA Members and their at Preethi Convention Centre, Pallarimangalam. In this Flu vaccine was issued at a reduced price of Rs 650 (MRP - 2045) and Cervavac/HPV vaccine was issued for Rs1200 (MRP-2000). 61 Flu Vaccines were issued and 40 HPV Vaccines were issued.
- 24.01.2026: National Girl Child Day Celebration. Dr Arun Cherian Mammen, took awareness class the stressed the importance of Girl child in the community.
- 25.01.2026: General Body Meeting at Hotel Travancore Regency, Mavelikara followed by CME on the "Journey of Pacemakers " by Dr Mahesh Nalin Kumar.

34 KOYILANDY

13.01.2026: Executive Meeting. Planning and preparation for the celebration of the IMA House Building Anniversary.

26.01.2026: Building Anniversary Celebration. Cultural programmes performed by members and family. Ganasandhya by Dr. Kripal, Dr. Anudevanand & Dr. Akhiljith.



35 DESINGANAD

13.01.2026: Monthly general body Meeting, CME & Christmas and New Year celebration at IMA Desinganad Hall, Kollam. CME on "Surgery for Epilepsy - Current Trends & The Future" by Dr Girish Menon, HOD & Chief Consultant - Neurosurgery, SP Medifort Hospital, Trivandrum, and on "Selecting Candidates for Epilepsy Surgery" By Dr Meera R, DM (Neurology), SP, Medifort Hospital, Trivandrum.



36 VADAKARA

09.01.2026: Executive committee Meeting.

15.01.2026: GB and CME on 'The role of robotic surgery in current surgical practice' by Dr. Jimmy C John, HOD and Senior consultant Aster MIMS Kannur.

17.01.2026: Hosted 1st District committee meeting of Kozhikode at IMA Hall.

26.01.2026: Republic day celebrated at IMA Hall vadakara with flag unfurling.

37 CHALAKUDY

13.01.2026: Executive Meeting.

25.01.2026: Monthly Meeting.



38 PERUMBAVOOR

02.01.2026: Christmas and New Year Celebrations. Rev Fr Sunny Kalluparackal, Vicar of St Mary's Catholic Church was the Chief Guest and Dr Denny Devassykutty was the Santa for the evening.



20.01.2026: CMEs by Dr Roja Joseph, Medical Oncologist & Dr Ajith Kumar Varma, Paediatric Surgeon.

26.01.2026: Unfurling of the National flag by Dr Nadirshah in connection with Republic Day celebration.

39 KOZHIKODE

09.01.2026: Executive Committee Meeting.

11.01.2026: WIMA members participated 1st edition of Mathrubhumi VKC Kozhikode Marathon @ Kozhikode Beach

11.01.2026: IMA Kerala Health Scheme North Zone Conclave @ IMA Hall, Kozhikode. Chairman Dr. K.V. Devadas, Secretary Dr. B. Venugopalan and other office bearers attended the meeting.

14.01.2026: IMA CGP CME – Speakers from Asten Ortho, Kozhikode

14.01.2026: Dr Ranjith P, Secretary IMA Kozhikode gave BLS training to Students of SSM Poly Technic, Tirur.

15.01.2026: Observation of Palliative Day. WIMA handed over donation to palliative unit at Beach hospital followed by cultural programmes by Dr Dhanya PG & team.

17.01.2026 & 18.01.2026: SSS I, IMA KSB two days



membership campaign @ various hospitals in Calicut city.

17.01.2026: Members attended the DC Meeting at Vadakara.

17.01.2026: Dr.Aneen N Kutty received Prof. K.I. George Memorial Oration Award in KOA State Conference held at Kozhikode.

18.01.2026: Inauguration of activities of WIMA Kerala 2025-26 @ Periyar House, Aluva.

19.01.2026: Online Interactive Session on JE Vaccination for Children in association with DMO(H), & IAP Kozhikode.

20.01.2026: Dr Ranjith P, as faculty in National Pedicon 2026 @ Kolkatha - Panel Discussion on Recurrent wheezing in Infants & Children.

21.01.2026: Observation of National Girl Child Day @ GovtAchuthan Girls HSS, Kozhikode

21.01.2026: IMA AMS CME on 'The Tryst with TB' by Dr. Paulo Varghese, Asso. Prof. of Pulmonary Medicine, GMCH, Kozhikode

22.01.2026: Observation of National Youth Day in association with MSN, Calicut Med College. Panel Discussion on The pulse of change- Redefining youth experience in medicine.

23.01.2026: WIMA – THE BOOKISH FUN - outing to Kerala Literature Festival, Kozhikode

26.01.2026: Celebration of Republic Day

27.01.2026: WIMA General Body on Empowering WIMA with Artificial Intelligence – A Beginner friendly tutorial on AI by Mr. Vishnu Raj KR, Research Scholar, NIT Calicut

28.01.2026: Members attended the DC convention of IMA Kannur district.

29.01.2026: Dr. VG Pradeep Kumar as faculty in panel discussion on 'Will the treatment be affordable when the giants come?' in connection with the Mathrubhumi International Festival of Letters at Thiruvanthapuram.



29.01.2026: Dr. T.P. Ashraf & Dr.Roshan Bijlee as faculties in the panel discussion on Disability & Early Intervention in connection with the Kerala Disability Festival @ Kozhikode Beach.

29.01.2026: Dr.Dhanya PG being honoured for her Palliative Care Services by Kozhikode Corporation.

29.01.2026: General Body Meeting

30.01.2026: Observation of World Leprosy Day at CHC, Thalikulathur.

40 KAZHAKOOTTAM

07.01.2026: Executive meeting.

14.01.2026: Dr.BinoySasidharan gave talk at IMA PEPS Palakkad.

14.01.2026: IMA officials participated at District Committee & 'USHAS 2026' WIMA State Meet at Aluva

15.01.2026: Dr.KalpanaGopan gave a talk on women's empowerment at UKF College.

22.01.2026: WIMA along with the Trivandrum Bar Association has conducted an Interactive Awareness Session along with basic thyroid screening tests at the Bar Association Hall at District Court Vanchiyoore. The session was welcomed and inaugurated by Adv. Muraleedharan G, Bar association Secretary and followed with the talk by Bar Association President Adv. Gopidas G. Dr Githu, gave the introductory talk about thyroid in general and also introduced the speaker of the day.

23.01.2026: General Body meeting at Hotel Ambara Suits, Venpalavattom. Discussion for South zone WIMA tentative date of August 2nd 2026 is accepted with a registration fee of rupees 500. WIMA South zone 2026, chairperson and convener should be there as signatories with a separate bank account and "QR code pay" separate from main bank account of IMA

Kazhakoottam&decided to streamline CGP AMS and membership promotion.Dr.Bhavendu presented –‘Thyroid Ultrasonography workshop at THYRO FACTS 2026’.

41 THRISSUR

01.01.2026: Participated voluntary service to Guruvayoor municipality First Aid centre

02.01.2026: Blood Donation Camp at Perinchery Church.

02.01.2026: Fraternity contributions of all the 3 Social security schemes of Dr. P Balachandran who left us given to the wife of Dr. Balachandran by Dr. Baby Thomas at his house.

02.01.2026: Fraternity contribution of Social security scheme 3 of Dr. Sreedevi being handed over to Dr. Lakshman Kumar by IMA secretary Dr.Sharmila at their house

Dr A.C Raghu has given voluntary service to GuruvayurMunicipality First Aid Centre

05.01.2026: General body scientific session at Hotel Elite International Thrissur. An informative scientific session by Dr. Nishi Roshini K, Professor and HOD O&G TMC (Retd) and Senior Consultant Daya hospital on HPV vaccination.

05.01.2026: Christmas and New year celebration and inauguration of Cultural wing was conducted at hotel Elite international.



09.01.2026: Blood Donation Camp at Sreepathy College of Engineering,Vavannur

10.01.2026: Dr.Joseph and Dr Raghu AC, volunteered at the Guruvayoor Municipality First Aid Booth for Sabarimala Pilgrims to provide relief to Sabarimala Pilgrims for their ailments at Guruvayoor.

10.01.2026: Blood Donation Camp at PVSHSSParappukkara

11.01.2026: Blood Donation Camp at Kazhimbram

School

13.01.2026:Blood Donation Camp at School of Pie Builder of Developers,Mattathoor.

14.01.2026: Blood Donation Camp at Sri Achuthameno nGovtCollege,Kuttanellur.

15.01.2026: District Committee Convention at IMA House Thrissur, inaugural Address by Dr MN Menon State President & Activity of District Committee explained by State Secretary Dr Roy R Chandran.



15.01.2026: Blood Donation Camp at PrajyothiNikethan College,Puthukkad

16.01.2026: IMA Thrissur actively participated at SSS1 Membership Campaign at Malabar Medical College, Calicut led by SSS1 Secretary Dr.Vijaykrishnan GS.

18.01.2026: Internal auditing of IMA SSS1 scheme by BOT team Dr. Paul O Raphel, Dr. BabyThomas and Dr. Naveen S Pillai at IMA SSS1 office at IMA headquarters Trivandrum

22.01.2026:Executive Committee Meeting of IMA Thrissur was conducted at IMA house



24.01.2026: ELS Training at Indoor Stadium.

24.01.2026: Attended Managing Committee meeting of SSS1

26.01.2026: Republic day celebration done in IMA house Thrissur

26.01.2026: Dr. Balagopalan, Blood bank Medical officer unfurled the National flag at IMA blood bank

Thrissur

27.01.2026: KGMCTA Kannur president Dr. Bejohn in secretariat dharna by KGMCTA

29.01.2026: IMA Thrissur Clinical Establishment Act 2018, The session conducted at Hotel Das Continental Thrissur.

28.01.2026: AMS meeting at Hotel Elite International. The first scientific session 'STRESS AND STETHOSCOPE - BARRIERS TO HELP SEEKING AMONGST DOCTORS' by Dr. Arunkishore & the second topic 'VIOLENCE AGAINST HEALTH CARE INSTITUTIONS- PREVENTIONS AND THE WAY FORWARD' by Dr. Pavan Madhusoodhanan .

30.01.2026: Blood Donation Camp at Keralavarma College Thrissur

31.01.2026: Blood Donation Camp at Peace Public School, Mathilakam.

42 NEDUMBASSERY

06.01.2026: Executive meeting was held at the Badr Al Sama, Al Khuwair Meeting Hall to discuss upcoming activities and the inauguration of WIMA.

23.01.2026: Basic Life Support (BLS) awareness session in association with Pravasi Welfare Bowsher at the Azaiba Study Center.

30.01.2026: The inauguration of WIMA Nedumbassery and the IMA family meet were held at Barka Farm. Dr. Roy R Chandran, State Secretary of IMA Kerala officially installed Dr. Shifana as the WIMA Chairperson.



CME session by Dr. Roy R Chandran on "Round to Running – The Vital Role of Fitness."

43 PERINTHALMANNA

01.01.2026: New Year celebrations.

03.01.2026: Community Psychiatry Camp at Mankada Pain and Palliative Clinic.

07.01.2026: Cols & First Aid Training at Pain and Palliative Auditorium, organised by IRCF, IMA, ISA with the support of Moulana Hospital.

08.01.2026: Dr. Sharafudheen K P, spoke about the blood donation program planned for 15th January, as well as the lift operations and the quotations for the green room.

10.01.2026: Community Psychiatry Camp at Maranchery Pain and Palliative Clinic

10.01.2026: Awareness Program against Drug & Substance Abuse

14.01.2026: Cols & First Aid Training at Pain and Palliative Auditorium

15.01.2026: Observation of Palliative Day

16.01.2026: ELS Training to Health Care Workers

17.01.2026: Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic, Kootnadu

18.01.2026: Attendance at 'Ushas' State Wima Inauguration Program. The Program Introduced Important 2 Programs; CCC Cervical Cancer Challenge And Swasthi, Plan Of Action For HPV Vaccination.

21.01.2026: Cols & First Aid Training at Pain & Palliative Auditorium

21.01.2026: Participated the IMA District Convention at Tirur & presented the state share for 26 newly joined members. The speakers, Dr. Sharafudheen K P, Dr. V U Seethi, Dr. Samuel Koshy, and Dr. A V Jayakrishnan.



22.01.2026: Awareness Class on Adolescent Health, Sexual Health, Pocsso Act, Menstrual Hygiene and Health by Dr AswathyGovind& Dr Jayakrishnan K B at Sacred heart CMI public school, Perinthalmanna.

24.01.2026: Community Psychiatry Camp at Elamkulam

26.01.2026: Observation of Republic Day

27.01.2026: IMA General Body Meeting& Conducted CME on 'Japanese Encephalitis (JE) Vaccination – What Doctors Should Know' by Prof. Dr. Purushothaman, Organ Donation – Official Formalities by Dr. Saju Xavier & Clinical Establishment Act (CEA) – Minimum Standards for HCEs by Dr. Syed Faizel

27.01.2026: Awareness Talk by Dr FebinaSeethi on

HPV immunization, prevention of cervical cancer, and the role of medical professionals in promoting vaccination awareness.

21.01.2026: Basic IT Skills Workshop for Faculty was conducted at DMET Hall. The workshop aimed to enhance essential IT competencies and digital proficiency among medical faculty members, enabling them to remain updated with evolving digital tools and technologies

29.01.2026: IMA MSN Jubilee Mission Unit Inauguration at Ashoka Inn. The inaugural address was delivered by Dr. Ashitha Menon. The official unit installation and oath-taking ceremony was led by Dr. Navien Issac John.



“SWASTHI”, SUSTHITHI, SANJEEVANI.

19.01.2026: IMA Executive Meeting First Aid and Cols Training

30.01.2026: Observation of Covid Martyrs Day.

30.01.2026: World Leprosy Eradication Day Cultural Events. Dr Vishnu Vasudevan, Endocrinologist, Moulana hospital had given awareness about Japanese Encephalitis vaccination & 'A study done at Neobless', Moulana hospital, got published in an international journal.

44 JUBILEE MISSION

16.01.2026: A Dumb Charades competition was conducted with enthusiastic participation from members of IMA Jubilee Mission Branch.

HPV Vaccination Awareness session by Dr. Lakshmi Nambiar. The session highlighted the importance of

45 VANIAMKULAM

14.01.2026: Executive Committee Meeting.

46 KONDOTTY

20.01.2026: General Body Meeting & CME at Hotel Afrad Kondotty. CME topic 'communication skills' by Dr. Jubairiya P P Assistant professor medical college Calicut and discussed the importance of proper communication.

47 KUNNAMKULAM

13.01.2026: General Body Meeting and CME at IMA House, Kunnamkulam led by Dr. Linto Antony Secretary. Welcome Address and Presidential Address by President Dr. Taj Paul Panakkal. The academic sessions were informative and well received by the members.

23.01.2026: Executive Committee Meeting at the IMA House. The President briefed the house about the Free Cataract Surgery Programme planned by Kunnamkulam Municipality in association with the Press Club, aimed at making Kunnamkulam the first cataract-free municipality in Kerala.

29.01.2026: General Body Meeting & CME on "Recent Guidelines on Hypertension" by Dr. Akhil P. C.

A committee was formed to address the water-logging issue, and the matter will be taken forward through discussion with the MLA.

31.01.2026: Members attended Thrissur DC Convention at IMA House, Thrissur, focused on membership promotion activities and strengthening branch-level engagement.

STATE ACTIVITIES

FEBRUARY 2026



Meeting with the Hon'ble Chief Minister
On 4th February 2026.



The State President and State Secretary visited the Director of Medical Education Prof. Viswanathan, to discuss critical issues including the quality of medical education, the proliferation of medical colleges, the reluctance of young doctors to join medical education as faculty members, and the KGMCTA strike.



At KGMCTA Hunger Strike
Pandal, Medical College,
Trivandrum on
04th February 2026.



State President, Secretary, Treasurer visited Dr. Reena, DHS, to discuss critical healthcare matters, focusing mainly on Clinical Establishment Act (CEA) Implementation & rising hospital violence on 07th February 2026



Meeting with Dr. Shinu K S, Addl. DHS on 07th February 2026.



State President & Secretary visited several institutions, including Pushpagiri Medical College, Thiruvalla Medical Mission Hospital & Believers Church Medical College as part of the DC Convention in Pathanamthitta on 11th February 2026.



Press conference at IMA House Cochin on 12th February 2026.



State President & Secretary visited Travancore Medi City and interacted with the faculties and students as part of the Kollam DC convention on 18th February 2026.



Snehahastham - Phase III Inauguration, Mega Medical Camp & HPV Vaccination Drive at Vilangad Tribal Settlements, Kozhikode on 22nd February 2026.

BRANCH ACTIVITIES

February 2026



1 IRITTY

12.02.2026: General Body Meeting and CME led by Dr Padmanabhan, ENT and Head & Neck Specialist, and Dr Sudhin S, Interventional Radiologist.

2 CHERUKUNNU

04.02.2026: Attended the online Meeting for clinical establishment act rules and regulations conducted by IMA PPS.

08.02.2026: Attended District Convention was held at IMA hall, Kannur.

10.02.2026: Attended Zoom Meeting.

13.02.2026: DMO Office Dharna for correction of certain rules of clinical establishment act and to protect small hospitals attended.

24.02.2026: General Body Meeting & CME on "The killer Cough syrup - An excipient tragedy" by Dr Jayarajan, Anaesthetist, TH, Payyannur.



3 KARAKONAM

02.02.2026: General Body Meeting at IMA Conference Hall.

04.02.2026: World Cancer Day Awareness Seminar at NSS Mandiram Karakonam in association with Kunnathukal Grama Panchayat.

Presidential Address by Dr. Anusha Merlin, Awareness talk was delivered by Dr. Chithra, focusing on the medical aspects of cancer and lifestyle modifications for prevention.

08.02.2026: Hosted 286th State Working Committee meeting at IMA Hqs Trivandrum with exceptional excellence and grandeur.

21.02.2026: Free HPV Vaccination Camp conducted as part of the Infosys Foundation CSR Initiative, executed by the Rotary Club of Trivandrum Central, in collaboration with the IMA Karakonam and the Inner Wheel Club of Trivandrum Blossom.

4 VALANCHERRY

04.02.2026: World Cancer Day & Association Inauguration & conducted Awareness Class by Dr Mohammed Ali at Markaz Arts and Science College, Athavanad.

08.02.2026: Conducted awareness class by Dr Anu Riyasand Meetup for blood donors.



5 KOTHAMANGALAM

01.02.2026: Participated in the ELS TOT Programme at IMA Periyar House Aluva.

01.02.2026: Lifestyle Diseases Screening Camp at Mount Carmel College Karukadam, in association with St. Joseph's Hospital

01.02.2026: Lifestyle Diseases Screening Camp at South Pidavoor.

02.02.2026: World Cancer Day, Awareness on Childhood Cancers

03.02.2026: World Cancer Day, Awareness on Cervical Cancer and HPV Vaccine at NSS students of Indira Gandhi College of Arts and Science.

03.02.2026: Attended Emakulam District Convention

04.02.2026: World Cancer Day, Awareness on Childhood Cancers, Cancer and Lifestyle Modification, Cancer, Flash mob, Preventable Cancers and Significance of Cancer Screening, Cervical Cancer and HPV Vaccin, Mental Health and Stress Management and Drug Abuse and Emotional Health.

05.02.2026: SSS1 Membership Campaign at St. Joseph's Hospital, Dharmagiri & Mar Baselios Hospital Kothamangalam

06.02.2026: Awareness on World Cancer Day

06.02.2026: WIMA Executive Committee and General Body Meeting. Talk on "Artificial Intelligence and Health" given by Ms. Diya Bijoy, Automation Engineer

07.02.2026: Cancer Awareness and Screening Camp

08.02.2026: Lifestyle Diseases Screening Camp at Irshadiya Residential Public School, Koottanvely.

08.02.2026: An awareness class on "Lifestyle Diseases" for the general public at Kottappady Jama Ath.

09.02.2026: ELS and First AID Training for Branch Members
 10.02.2026: Emergency Zoom Meeting, Protest Against CEA Implementation
 11.02.2026:Lifestyle Diseases Screening Camp for the general public at Kuttampuzha
 11.02.2026: Cognitive and Memory Training
 11.02.2026: Self Defence Training
 11.02.2026: Awareness on Healthy Eating, World Anaemia Awareness Day
 13.02.2026: Protest CEA Implementation
 14.02.2026: Jungle to City @ Valentine's Day
 14.02.2026: Valentine's Day IMA and WIMA organized Valentine's Day Celebration with the destitute girls of DharmagiriVikas Home for Girls.
 20.02.2026: Chronic Cough, Red Flags - TB Elimination Campaign : IMA, AMS and WIMA organized an awareness class on "Chronic Cough, Red Flags" as part of TB Elimination Campaign, for the Nursing and Paramedical Staff of St. Joseph's Hospital Dharmagiri.
 24.02.2026: IMA AMS and WIMA organized Branch CME at IMA Hall. Dr. AshishSasidharan detailed on "Aesthetic Surgery for Women: Confidence, Strength and Life".
 24.02.2026: IMA, AMS and WIMA organized Branch CME at IMA Hall. Dr. Athish K. spoke on "Gut Instincts, Empowering Recovery from Abdominal Trauma"
 24.02.2026: General Body Meeting
 24.02.2026: Executive Committee Meeting
 24.02.2026: Work Life Balance: Mental and Emotional Health.
 25.02.2026:Blood Donation Camp
 27.02.2026:ELS and First AID Training
 28.02.2026:Chronic Cough and Asthma Do's and Don'ts.

6 KOTTAYAM

01.02.2026: Hosted District Convention 2026 was conducted at IMA hall Kottayam. Dr M.N. Menon, State President IMA Kerala State branch, inaugurated the event which was presided by the District committee Chairperson, Dr Elias Joseph.
 13.02.2026: Dharna against CEA in front of Kottayam Collectorate inaugurated by Dr. Zacharias T.S.
 Visited the major private hospitals and Government Medical College.
 Conducted 2 executive committees to evaluate the Activity of the Branch.
 24.02.2026: Talk on Anxiety Disorders at Kairali TV Channel by Dr. Tony Thomas, Secretary IMA Kottayam.
 24.02.2026: GB & CME at IMA House Kottayam. CME on "Diabetic foot: Recent updates in management" by Dr.Danny Sunny, Surgeon from SIMS Hospital, Ponkunnam.

7 KOTTARAKKARA

10.02.2026:Executive meeting and discussed about DMO office dharna and district committee meeting.
 26.02.2026:General body and CME by Dr John Paul Neurosurgeon from Aster PMF Neurosurgery in common practice.



8 KOTTAKKAL

04.02.2026: WIMA – SWASTHI- Zumba Workout Session.
 13.02.2026: Conducted DMO Office Dharna.
 14.02.2026:World Cancer Day Observation. Awareness session for young Staff of Aster Hospital. Dr Anitha TV inaugurated the programme. Dr Remya -took an excellent session about Emerging Cancer of Cervix in Young generation.
 16.02.2026: Monthly GB and CME on Anaphylaxis by Dr Nibin KP, IDPCCM, Consultant Intensivist, Almas hospital. Spoke about the Association matters by Dr Sajeew Kumar, and CEA by Dr Subeer Hussain.



9 TALIPARAMBA

04.02.2026:Executive Meeting.
 14.02.2026: 1st meeting of Doctors Support Cell constituted
 08.02.2026: Attended SWC meeting at Trivandrum
 13.02.2026: Dharna for CEA implementation held at office of the DMO, Kannur & the day was commemorated as public health protection day.
 13.02.2026: Seminar on CEA conducted at IMA Hall Taliparamba
 27.02.2026: GB and CME talk by Dr Jithin Sankar on 'surgical coronary artery vascularisation' and by Dr Vishnu Santhosh on role of cancer, cancer screening and cancer case vignettes'.
 IMA AMS Zoom meeting attended by secretary.
 BLS and emergency drugs in dental practice class taken by Dr Madhavan K T at IDA conference.
 Talk on menstrual disorders by secretary Dr Sabnam S Nambiar on Kairali TV 'Hello Doctor' programme.

10 MUVATTUPUZHA

01.02.2026: Members attended the State program on Emergency Life Support ToT program at Aluva Periyar House.
 03.02.2026:Ernakulam District convention attended.
 06.02.2026: The CGP Subfaculty meet of IMA Muvattupuzha was held at Hotel Narendra. Dr SreekalaSarma, Asst. Director of Studies and Dr Renjith Marcus, Secretary chaired the sessions.



08.02.2026: Attended the SWC meet at IMA HQs, Thiruvananthapuram
 10.02.2026: Attended the Emergency Zoom meet of Ernakulam DC.
 Participation of SSS 1 campaign in Kothamangalam
 19.02.2026: Executive Committee Meeting at the IMA Hall, Muvattupuzha.



25.02.2026: Attended the Membership Promotion Committee meeting (zoom).
 26.02.2026: General Body meeting. IMAAMS Meeting & the session was chaired by Dr Agnes Mathew.

11 THALASSERY

01.02.2026: Talk on Antibiotic Stewardship. Dr Haritha C gave a talk on antibiotic stewardship at AFPI state conference 2026.
 03.2.2026: World Cancer day an awareness programme was organised by IMA Thalassery at General Hospital Thalassery.
 Dr BithunBalan conducted awareness sessions on early cancer detection and reducing care gap at Kannur Medical College.
 IMA Thalassery in association with Malabar Cancer Centre conducted World Cancer day program at College of nursing Thalassery



Class on cancer awareness conducted at BrennencollegeDharmadam.
 Awareness class on Cancer prevention and HPV vaccination in association with IDA at holy family college Dharmaram by Dr Mini Balakrishnan and Dr Janisha.
 07.02.2026: Self-defence classes by WIMA.
 08.02.2026: Attended the SWC meeting at IMA HQ Trivandrum.
 09.02.2026: ELS Classat PHC vengad by Dr Anumolejose.
 09.02.2026: Meeting convened by the opposition leader Mr VD Satheeshan for the eminent personalities of the Society. They had highlighted the important health



related issues as well as other issues faced by the society on the whole. Dr. BabuRavindran T N & Dr.RajeevNambiar attended the meeting called by opposition leader Mr.Satheesan at Thalassery.

11.02.2026: BLS training session as part of "SurakshaSaksharatha Campaign" organized by KanicharGramaPanchayath at Kanichar.
 11.02.2026: IMA & WIMA Executive meeting at Lions Hall.
 13.02.2026: Dharna organised by the Kannur District Committee as part of Public Health Protection day in front of District Collectorate, Kannur
 14.02.2026: Valentine's Day Celebrations

A class on World Anaemia Awareness Day at CHC Mattannur by Dr.PriyaP. Rajendran
 18.02.2026: The GB cum Dr.Albert Kallat Memorial Oration Meeting was held at Hotel Pearlview, Thalassery.
 18.02.2026: WIMA GB Meeting
 19.02.2026: CPR Training programme for school students of Thalassery at Hotel Paris Residency.
 25.02.2026 & 27.02.2026: Awareness classes on Health and nutrition was organised at VayojanaKendram.
 27.02.2026: An Online session by WIMA about insights on AI. The class was taken by a senior platform engineer at Adalat AI.
 27.02.2026: An awareness class of HPV was conducted by Dr SreejaViswan at PHC, Chittariparamb to the healthcare workers.

12 AMALA NAGAR

26.02.2026: General Body Meeting and Scientific Session. Chief guest Dr Joseph George, DC Convenor discussed various protocols, Membership Promotion Campaign and Various Schemes of IMA KSB including IMAGE.



13 KOORKENCHERY

25.02.2026: Installation of new office Bearers was conducted at Hotel Asoka Inn. Chief guest Dr Sreevilasan KA, IPP IMA KSB. Installation officer Dr P Gopikumar, State President Elect IMA KSB. Guest of Honour Dr KV Devadas, Past president IMA KSB. Dr NithinMurali was installed as the new President of the Branch, Dr Aswathy Varghese, Branch Secretary and Dr Sunraj KA, SWC member.



14**KANHANGAD**

06.02.2026: Cancer Day Observation along with KGMOA and KFOG at W & C hospital Kanhangad. Awareness session on Breast and Cervical and oral cancer by Dr Sayipriya, Dr Vasanthi, Dr Vivek and Dr Sreedevi. Dr Santhosh W&C superintendent presided the function and Wima Chairperson Dr Krishnakumari inaugurated. Dr Jeeja IMA Secretary welcomed the gathering.

10.02.2026: Executive Committee meeting.

10.02.2026: COLS Training Program at CSBC Badminton Club, Chithari, Kanhangad. The session was conducted by Dr. Chandramohan and Dr. Aswathi.

13.02.2026: The IMA Kanhangad Branch organized a COLS Training Program at PSBC Badminton Club, Padnakkad, Kanhangad at PSBC Badminton Club, Padnakkad, Kanhangad. The session was conducted by Dr. Sureshan and Dr. Aswathi.

14.02.2026: Conducted Cricket match.

19.02.2026: Emergency Executive Committee meeting

27.02.2026: General Body Meeting & Condolence Meeting.

15**IRINJALAKUDA**

05.02.2026: As part of Empower and Protect initiative for women and children, IMA and WIMA irinjalakuda in association with Sakhi one stop centre conducted a class on Domestic violence against women and children, services provided by Sakhi, and how to develop self-esteem and self-reliance, at Tharanellor College, Thanissery. Dr Vidya Augustine, Psychiatrist Sacredheart hospital, Pullur took session on 'self-esteem and self-reliance'. Ms Midhila, Social Worker from Sakhi, took session on Services provided by Sakhi.



13.02.2026: Dr Hareendranath, Dr L. N Viswanathan, Dr Nathaniel Thomas joined the Thrissur branch Dharna conducted as part of state wide protest by IMA regarding clinical establishment act.

14.02.2026: IMA Irinjalakuda conducted class on ELS COLS and FIRST AID for students of Red Cross Society on a camp held at St Mary's school irinjalakuda. Dr Anju K Babu and Dr Nathaniel Thomas took the sessions.

19.02.2026: Executive Meeting & CME at IMA hall. Dr Venugopal MD, DNB, Infertility Specialist, Birla Fertility & IVF ARMC IVF took a session on Fertility preservation 'Egg Freezing'.

16**NILAMBUR**

01.02.2026: Executive Committee Meeting (hospital attack issue). A Delegation of committee members from the IMA visited DYSP Saju Abraham at the Nilambur



Police Station, to report a serious incident of violence that occurred at Rahmath Hospital, Mampad, Malappuram.

04.02.2026: Emergency GB meeting. Discussed hospital attack issue, action plans, noted that the culprit has not been arrested even after 7 days.

06.02.2026: Protest March to DYSP office. A team of IMA leaders met new DYSP Lajeesh.

13.02.2026: Participated in the Dharna at Malappuram DMO office against C E A. IMA stated that the public should be aware of the Clinical Establishments Act, which could facilitate corporatization by forcing small hospitals to shut down. The Act, which does not significantly affect large hospitals but seriously impacts the functioning of small and medium hospitals, needs to be amended.

**17****VAIKOM**

04.02.2026: Organized awareness activities at various hospitals emphasizing prevention, early diagnosis, and compassionate care in connection with World Cancer Day.

04.02.2026: GB and CME were conducted, in association with VPS Lakeshore Hospital.

Topics covered included 'Charcot Arthropathy, what to do and what not to do, and minimally invasive endoscopy'.



13.02.2026: A protest against the Clinical Establishments Act was attended at Kottayam.

18**KASARAGOD**

01.02.2026: Annual Track and Field Events.

04.02.2026: Monthly Executive Meet.

04.02.2026: World Cancer Day. Observed IMA Kasaragod and Venus Women's Clinic and IVF Centre, Kasaragod, the aim of spreading awareness, promoting early detection, and encouraging preventive practices against cancer. Dr. Malavika and Dr. Usha Menon talked on the subject. An interactive BINGO game was organized. Free breast examination clinic and free Pap smear tests were provided

04.02.2026: Observed The World Cancer Day. Class by Dr Usha Menon, Consultant Gynaecologist.

04.02.2026: Screened the Zoom meeting on Clinical Establishment act by PPS for all its members in the IMA Hall Kasaragod.

08.02.2026: IMA,IAP and Ideal Institute of Paramedical Science Kumbala Conducted ELS/ BLS/ CPR Hands on Training to Students and Staff of the institution by Dr Krishna Naik P.

08.02.2026: Attended 286th SWC meeting.

13.02.2026: IMA Kasaragod participated in the State level protest against provisions of CEA by conducting Dharna in front of DMO office.

13.02.2026: Public Health Protection Day. Memorandum Handed over to DMO office for safeguarding small hospitals and Protect public health by amending the damaging provisions in CEA.

14.02.2026: Family outing at UVA Meridian.

26.02.2026: General Body Meeting.

26.02.2026: IMAAMS and CGP conducted its monthly CME.

19 NEMOM

02.02.2026: District Committee Meeting (Virtual)

02.02.2026: WIMA Cancer Cervix and HPV Vaccination Awareness Session (Virtual)

04.02.2026: IMA & WIMA organized a Cancer Awareness Session and a Valsalyam Camp. Breast Awareness and Cancer detection programme at the Dwaraka Auditorium.



04.02.2026. Organized a Cancer Awareness session for the students of Mar Baselios Institute of Engineering and Technology. Dr.Gayathri Gopan, handled the session.

04.02.2026. Cabinet Meeting (Virtual)

05.02.2026: Executive Committee meeting at Hotel White Dammar , Pappanamcode.

06.02.2026: WIMA organized a Cancer Awareness programme in the Government Women's college, Thiruvananthapuram. Dr. Chandini Devi spoke on "Cancer Cervix and HPV Vaccination".

07.02.2026: World Cancer Day Awareness session Rozgar and Ajeevika Mission (Gramin) VB-G RAM G) of the Anappad ward of Malayinkeezhu Grama Panchayat.



07.02.2026: World Cancer Day Awareness session at Sisuvihar Subcentre, Old Karakkamandapam. K. M. Chandini Devi, spoke on "Cancers in women: Cancer cervix and HPV vaccination."

07.02.2026: IMA well represented Thiruvananthapuram District Convention. Dr. Mohanan Nair was assigned the responsibility of presenting the topic " Violence against hospitals and Health Care Workers " in pre-convention symposium.

08.02.2026: Attended State Working Committee Meeting.

10.02.2026: Leaders attended Emergency District Committee (Virtual).

13.02.2026: IMA Strike against CEA. Members and leaders actively participated in the dharna conducted in front of the Directorate of Health Services.

14.02.2026: World Epilepsy Day Observance - CME under the auspices of CGP Sub Faculty and WIMA.

14.02.2026:CME under the auspices of CGP Subfaculty at VSC Porto Marina Hotel at Balamaparam . Dr.PradeepanandaVaidhya, Consultant Neurologist at NIMS MEDICITY conducted the session.

28.02.2026:Free thyroid function camp at Malayinkeezhu by Dr.Indira Amma.

28.02.2026: Monthly GB Meeting & 2 CMEs at Hotel White Dammar, Pappanamcode. "Beyond Metformin: optimizing Oral Medicines in Diabetes Management" by Dr.V.Mohanan Nair, under the auspices of CGP Subfaculty and on " Glizlaze: rational positioning in the eras of newer antidiabetic agents" by Dr.Arun Shankar.

20 KANJIRAPALLY

10.02.2026:The General Body Meeting and Academic Meeting at Rotary club hall Kanjirapally .Dr Sreenath R , Endocrinologist at Caritas hospital Kottayam enlightened us on the topic - Subclinical Hypothyroidism: from Menarche to Menopause.



An active discussion followed the session, A Quick Response Team (QRT) was formed at IMA Kanjirapally on the same day.

21 THIRUVANANTHAPURAM

01.02.2026: Emergency Life Support, Training of Trainers program conducted by ELS Committee IMA KSB at IMA Periyar house, Aluva.

04.02.2026: World Cancer Day 2026 Observance at Museum Compound Inaugurated by Advt. V V Ragesh, Mayor Trivandrum Corporation.



05.02.2026:Basic Life Support Training for House Surgeons and Junior Doctors, General Hospital, Trivandrum.

07.02.2026: IMA Trivandrum District Committee Meeting was held at IMA Headquarters Anayara.

08.02.2026: Dr Sreejith N Kumar spoke in the SWC at IMA Headquarters Trivandrum about CEA and the difficulties faced by small clinics and small hospitals.

13.02.2026: Clinical Establishment Act DHS Dharna. Team DC Trivandrum, The participation of 250+ doctors is a testament to the unity, solidarity, and collective strength of our medical fraternity in Trivandrum.

14.02. 2026: BLS Training Class at Attukal Temple.

18.02.2026: Kerala Medical PG Association (KMPGA) in association with IMA JDN Kerala, IMA Thiruvananthapuram protested at Govt. Medical College Trivandrum, and marched towards DME office.

18.02.2026: BLS / CCLS Training of Trainers (TOT) .The program was conducted by IMA Thiruvananthapuram – Comprehensive Resuscitation Training Centre (CRTCC) in association with IAP Thiruvananthapuram at IMA Branch Hall.

KMPGA and JDN leaders met Joint Director (Medical), Dr Premaletha T K and the present status of the recommendation that was sent by DME regarding the PSC notification.

18.02.2026: IMA Trivandrum JDN Unit Inauguration at Alumini hall Trivandrum Medical college

26.02.2026: Monthly General body meeting at IMA Branch Hall. CME by Dr Syam D Gopal.

27.02.2026: Dr M N Menon IMA State president inaugurated the state level IMA JDN



activities at Alumni Hall Trivandrum medical college Trivandrum .

22 CHENGANNUR

13.02.2026: Dr Jayakrishnan and Dr Sherly Philip took classes at the District committee protest meeting against clinical establishment bill at Alappuzha, attended by President Dr Naveen Pillai.

18.02.2026: CME and General Body Meeting at Rotary club hall, Chengannur.

23 PAYYANNUR

10.02.2026: National Deworming Day at Echilamvayal Anganwadi, Payyanur

11.02.2026: General body with CME,CEA and HPV Vaccination. Dr Babu K.V spoke on Clinical Establishment Act.

11.02.2026: A lucky dip contest was organized.

11.02.2026: Anaemia Awareness at Puthinyankavu Anganwadi, Payyanur.

13.02.2026: Public Health Protection Day, DHARNA at Kannur addressed by Dr Ranjith Kumar, IMA Payyanur president.

15.02.2026: ELS Training led by Dr Prasin Pradeep.

15.02.2026: ELS Training at Vadassery AKG Memorial Hall

15.02.2026: Health Awareness Sessions at Vadassery AKG Memorial Hall, conducted in association with Lion's club signora.

Seminar on Adolescent health at Taluk hospital Nileschwaram.

Awareness session on Cervical cancer & HPV vaccine to mothers and students of VKPMMR HSS, Padne, Kasaragod by Dr Ranjith Kumar T.

24.02.2026: Dr Jayarajan P.V presented the topic 'KILLER COUGH SYRUP' at IMA Cherukunnu.

24 KALPETTA

27.02.2026: CME&General Body Meeting was held at Copper Kitchen, an excellent session on by Dr. Shikhil spoke on 'Rare Encounters in Endocrine surgery' and Dr.Vinith Mathew Radiation Oncologist spoke on 'What,How and When on Radiotherapy'. Meeting was presided by Dr Sameeha and Dr Rajeshkumar MP,discussion about IMA Membership and CEA was done.



25 KOLENCHERY

26.02.2026: The General body & CME programme held at Brookside club, Kolenchery followed by CME from Department of Obstetrics and Gynaecology, MOSC Hospital chaired by Professor emeritus Dr.Annie Soman.The main talk was delivered by Dr.Preetha George,Professor Obstetrics and Gynaecology on "screening of cancer cervix and new insights on HPV vaccination" followed by a case presentation by Dr.C.K Krishnendu, JR from same department.She presented a challenging case of fungal sepsis with AKI post hysterectomy done for endometrial CA.

26 ADIMALI

27.02.2026: Monthly Meeting at Dhanya Residency Adimali, presided by Dr. Sathya Babu NV. He explained about Membership Drive and CEA. Dr. Rinu Thankappan conducted a class about Carcinoma Cervix and HPV Vaccination.

27 GURUVAYUR

24.02.2026: Thrissur OBG Society (TOGS) proudly presented FOGSI Presidential Project on HPV Vaccination Awareness in Association with IMA Guruvayur Branch on Virtual Platform. The theme was introduced by Mrs Megha Nigam Sr Project Manager, FOGSI.The master trainer Dr (Lt Col) B Vipin took a detailed class on 'Debunking Myths About HPV Vaccine'.

28 THALAPILLY

11.02.2026: Executive Committee Meeting.

12.02.2026: Took part in Dharna Organised by District Committee, against CEA @ DMO Office Thrissur.

15.02.2026: Specialty Medical Camp (Gastro Enterology)in Association with Gem Hospitals Thrissur,@Chelakkara

20.02.2026: General Body Meeting @ Deliza Hotel's Wadakkancheri.

20.02.2026: Conducted CME on 'Cardiovascular, Kidney Metabolic, Syndrome' by Dr.Mohandas, Consultant Physician.

29 THRISSUR

01.02.2026: Actively participated in the ELS TOT Program conducted at IMA Periyar house Aluva

04.02.2026: World Cancer Day. Dr. Joseph George conducted the awareness class on Cancer, Precancerous Conditions and about various tumours to the staff and students of Mother college of Paramedical science Students at College Auditorium.

08.02.2026: Issued a cheque for Rs. 2,50,000/- as early bird registration for IMACON 2026.

08.02.2026: Release of ELS book on first aid for the public at IMA headquarters

08.02.2026: Participated State working committee.

13.02.2026: Actively participated in the Dharna organized by the IMA District Committee, Thrissur, held in front of the DMO office inaugurated by Dr. P Gopikumar



19.02.2026: Actively Participated Secretariat Dharna at Trivandrum.

21.02.2026: General Body Meeting and Scientific session at Hotel Elite International.



22.02.2026: Sponsored the MANNA hunger project of Thrissur Corporation in association with Lions club 318D giving free food and clothes to the needy population of Thrissur city.

27.02.2026: ELS training to the Rotary club of Thrissur Central branch at Hotel Das Continental.

28.02.2026: IMA Thrissur in association with ISA conducted ELS training and first Aid classes for the Doctors and staff of St. Antony's Hospital Pazhuvil.

30 KOYILANDY

21.02.2026: Executive Meeting. Membership Promotion Committee at branch level is formed.

22.02.2026: Conducted class for 'Adolescent Girls on Menstrual Cup and Drug Abuse' by Dr. Renjitha Rajan. Dr. Pradeepan. P and Dr Abhialsh.C visited local clinics in Koyilandy and Thaluk Headquarters hospital as part of membership promotion.

31 PATTAMBI

Conducted Membership Campaign.

32 THODUPUZZHA

08.02.2026: Attended SWC Meeting at IMA Headquarters Trivandrum.

11.02.2026: Conducted 2 CME's, on ' Stereotactic Radiotherapy' by Sonz Paul & " Nuclear Medicine in Overview' by Dr.M.J. Jacob.

13.02.2026: Members participated in the Dharna organized by IMA Idukki dist. committee against CEA Act.



26.02.2026: General Body Meeting & CME on " Restoring Mobility: The journey of the Arthritic Knee " by Dr. Kim George & " Shouldering shoulders" by Dr. Jojin Jose Chitten.

33 MALAPPURAM

08.02.2026: Dr. Narayanan, President Dr. K. T. A. Rasheed, and senior member Dr. Asoka Valsala attended the 286th SWC meeting held at the IMA State Hqs, Anayara, Thiruvananthapuram.

10.02.2026: General Body Meeting & CME by Dr. Priyanka Sinha, Endocrinologist, MIMS Hospital, Kottakkal, on the topic "Diabetes Management During Ramadan."

34 CHALAKUDY

Monthly Meeting & General Body Meeting.

35 JUBILEE MISSION

04.02.2026: Observance of World Cancer Day. Public awareness session was conducted. Dr. Sreekumar Pillai delivered an awareness talk.

13.02.2026: In observance of World Anaemia Awareness Day, the branch organized a Medi Quiz competition for undergraduate medical students.

13.02.2026: Statewide protest against the Clinical Establishment Act in front of the Directorate of Medical Education (DME), expressing solidarity with the medical fraternity and highlighting concerns regarding the implications of the Act on healthcare delivery.

15.02.2026: Shuttle Smash Badminton Tournament was conducted at the Kuriachira Sports Centre.

HPV Vaccination Awareness and Immunization Campaign during the third and fourth week. The initiative was conducted as part of the PRAANAH HPV Vaccination Campaign, aiming to increase awareness about the prevention of HPV-related cancers, including cervical, oropharyngeal, and anogenital cancers.

26.02.2026: Monthly Academic Meet & Iftar Gathering at Garuda Hotel. "Pride of IMA JMB" initiative continued with the felicitation of members who brought recognition to the institution through their professional and academic achievements.

Academic CME . (1). "Redefining the Metabolic Landscape: Semaglutide Leading

the Change in Obesity and Diabetes Care” Speaker: Dr. Jayakrishnan C Assistant Professor, Department of Endocrinology (2). “Semaglutide – Real World Experience Sharing” Speaker: Prof. Dr. Fiju Chacko Professor & Head, Department of Neurology.

36 PERUMBAVOOR

03.02.2026: Dharna at DMO Office Against CEA. Dr Shimmy Paulose, Secretary took part in the Dharna organised by Ernakulam District Committee at DMO office.

IMA Perumbavoor and WIMA Perumbavoor associated with Jai Bharath College and Al Azhar Medical College, Thodupuzha in a Mega Camp at Vengola Panchayath.

37 MUKKOM

16.02.2026: General Body Meeting at Sanketam Motel chaired by the President, and members actively participated in the discussions, Membership Drive, MSN Activities Inauguration, Fixed Deposit at ESAF Bank of ₹5,00,000/-, Modification of IMA Mukkom Registry, & Iftar Meet. IMA HALL a dream for Mukkom branch was discussed and decided to initially look for a hall for lease and proceed later for procurement of the building.

38 VATAKARA

02.02.2026: A Condolence meeting conducted on unexpected demise of Dr. Prasanth pavithran, famous paediatrician of vadakara.

04.02.2026: In association with ASHA hospital Vadakara, observed world cancer



day. Dr. K. N. Rajeev famous clinician and a covid survivor, gave a speech about cancer disease. And the book written by him “Cancer prathyashayudevelicham” was distributed to the audience for free.

05.02.2026: Attended Kozhikode district convention of IMA KSB conducted at IMA Hall Kozhikode.

08.02.2026: Attended 286th SWC meeting conducted at IMA headquarters Trivandrum.

13.02.2026: IMA KSB conducted protest march in each district against pitfalls in clinical establishment act. Dharna was named ‘Pothujanarogyasamrakshanadinam’. M. N Karassery inaugurated the dharna to kozhikode DMO office from vadakara branch around 15 members participated.

17.02.2026: Executive Committee Meeting

25.02.2026: Conducted GB and CME in association with aster MIMS Kozhikode. For CME, the topics were “Chest wall pain” by Dr. Harilal V Nambiar Chief cardiothoracic and vascular surgeon BMH Calicut and “What How and when Radiotherapy” by Dr. Vineeth Mathew Consultant radiation oncologist NAVA cancer institute BMH Calicut.

39 KOZHIKODE

01.02.2026: Dr. Nisantha AK, Dr KS Krishnakumari and other senior members attended Emergency Life Support – TOT Programme at IMA Periyar House.

03.02.2026: Dr. Sandhya Kurup as faculty in seminar on What are the things to know about the spread of cancer in Kerala in connection with the observation of

Cancer Day at Hotel Alakapuri .

04.02.2026: Observation of World Cancer Day - WALKATHON @ Kozhikode Beach, organised in association with MVR Cancer Research Institute & Pratheeksha.

04.02.2026: IMA AMS CME in connection with World Cancer Day. Panel discussion on ONCO 2.0.

04.02.2026: World cancer day awareness class by Dr Vishnu, at AWH special college Kallai.

04.02.2026: World cancer day- Awareness session to public by Dr Vishnu.

04.02.2026: Dr. VG Pradeep Kumar won the First Prize on World cancer day caption competition, conducted Baby Memorial Hospital

05.02.2026: Reception to State Leaders

05.02.2026: State President Dr. MN Menon inaugurated the DC Convention at IMA Hall Kozhikode.

08.02.2026: Attended SWC Meeting at IMA HQ, Trivandrum.

08.02.2026: Calicut Half Marathon at Kozhikode Beach, organised by IIM,



Kozhikode.

08.02.2026: IMA MSN CMC presents Ars Clinica – Clinical Examination Series, with its inaugural session, “The Foundations” focusing on General Examination in General Medicine.

11.02.2026: IMA CGP CME.

11.02.2026: Dr. TP Ashraf as faculty in Health seminar on Public Health: Present Future conducted by Iqra Hospital

11.02.2026: HPV Awareness Webinar organised by WIMA Kerala in association with IMA KSB, under the aegis of IMA & FOGSI.

13.02.2026: DMO office DHARNA against CEA Bill inaugurated by Sri. MN Karassery

13.02.2026: Executive Committee Meeting at IMA Hall Kozhikode.

13.02.2026: Dr. VG Pradeep Kumar inaugurated IMA MSN, MCH unit at PG Hall, Medical college, Kozhikode.



14.02.2026: Inauguration of IMA MSN, MMC unit.

14.02.2026: Felicitated our Dr Sankar Mahadevan at Ascent Academia Otolaryngology league at Raviz Kadavu, Kozhikode for the contributions to ENT fraternity.

18.02.2026: MSN ward-based awareness programme on Breast and Cervical Cancer at Calicut Medical College

20.02.2026: Inauguration of IMA MSN, KMCT unit.

20.02.2026: SNEHAHASTHAM phase 3 programme inauguration. Medical camp and HPV vaccination programme in Vilangad.

20.02.2026: Membership campaign @ Govt. General Hospital.

24.02.2026: Membership campaign @ Dept of Anaesthesia, Medical college

Hospital.

25.02.2026: WIMA GB Meeting. Topic: Aesthetic Dermatology in Primary Care – by Dr. Prathyusha M.

26.02.2026: General Body Meeting.

27.02.2026: Membership campaign @ Govt. Medical College, Kozhikode led by Branch President Dr Sandhya Kurup, State Secretary Dr. Roy R Chandran.

28.02.2026: Dr. Ajit Bhaskar represented IMA in 24 news channel. ThammiThammil Programme.

28.02.2026: Dr. VG Pradeep Kumar elected as President Elect (2027-28) of Kairali Neurosciences Society at the Annual Conference at Kumarakam, Kottayam.

40 KUNNAMKULAM

03.02.2026: Executive Committee Meeting at IMA Hall.

07.02.2026: The SWASTHI programme was inaugurated by Dr. Neelina Koshy, Retired Professor, Department of Community Medicine. Dr. Indu Joshi, Consultant Psychiatrist at Royal Diya Hospital, Kunnamkulam, delivered a class on mental health and stress management, emphasizing the need for doctors to take care of their psychological well-being. A special session on Artificial Intelligence and its applications was conducted by Mrs. Anchu, an expert in AI and robotics.

10.02.2026: A COLS Training Session was conducted for selected Junior Red Cross Cadets from various schools under the Chavakkad Educational District.



12.02.2026: General Body Meeting along with a CME session was conducted the IMA House, Kunnamkulam. The topic of the session was "Terzipeptide Use in Obese Patients" by Dr. Sachin Menon, Endocrinologist, Amala Hospital.

World Cancer Day Awareness Programme was organized at District Hospital, Thrissur was inaugurated by Dr. Taj Paul Panakkal.

13.02.2026: Protest was organized by doctors against the Clinical Establishment Act in front of the DMO Office.



The District Level HPV Vaccination Program was conducted at District Hospital, Thrissur with the objective of creating awareness about cervical cancer prevention and promoting HPV vaccination among eligible women.

26.02.2026: COLS and First Aid Training Program for KSEB employees was conducted at RPTI Poochatti, Thrissur led by Dr. Ajith T, anaesthesiologist from Malankara Mission Hospital.

41 KANNUR

05.02.2026: General body meeting & CME by Dr. Chandran K Nair, on Harnessing T cells to treat Hematologic Malignancies -A Paradigm Shift.

13.02.2026: Dharna in front of the DMO Office.

19.02.2026: CME by Dr. Rejani K, on Beyond the Pink & Blue; IHC as the Bridge between Morphology & Molecular Pathology.

22.02.2026: CME by SidrSaifudheen on MED-AI 2.0, The Doctor's Edge, Redefined Healthcare through Artificial Intelligence.

26.02.2026: CME by Dr. Aswin Mukundan, on "When should insulin not be given to your patients with diabetes".



22.02.2026: CME on Understanding AI enabled tools like ChatGPT Gemini Perplexity Canva Gamma ai, notebook, scribe, ai, HeyGen etc.

42 KODUNGALLUR

03.02.2026: Executive Committee Meeting.

13.02.2026: Free HPV Vaccination Drive at AR Hospital and Modern Hospital, Kodungallur. Approximately 315 beneficiaries received the vaccine during this initiative.

Protest against the Clinical Establishment Act in front of the DMO Office, Thrissur & met the DMO and formally submitted a letter expressing the concerns of the medical fraternity regarding the Act.



17.02.2026: General Body Meeting.

27.02.2026: An Advanced Life Support (ALS) Training Program was organized for the staff and nursing students of Modern Hospital, Kodungallur, led by Dr. Kishore Kumar, aiming to enhance emergency response skills among healthcare personnel.

43 DESINGANAD

03.02.2026: General Body Meeting & CME-1 Topic: "Glaucoma In Day To Day Practice" by Dr Rani Balamurali, CME-2 Topic: "Colorectal Cancer - Prevention Screening & Treatment" by Dr Chandramohan K.

25.02.2026: Monthly Executive Meeting.

44

PERINTHALMANNA

03.02.2026: Community Psychiatry Camp at Mankada Pain and Palliative Clinic.

04.02.2026: Observed World Cancer Day. Cancer Awareness Class was conducted at EMS Hospital under the auspices of the WIMA Perinthalmanna Branch. The session was led by Dr. Kochu S. Mani and Dr. Rakhi, who addressed the participants on the importance of early detection, preventive strategies, and timely treatment of cancer.

05.02.2026: Awareness Class on Adolescent Health conducted an awareness Class on Adolescent Health at Sree Valluvanad Vidya Bhavan, Perinthalmanna

07.02.2026: COLS & First Aid Training at Pain and Palliative Auditorium.

08.02.2026: COLS Training to Family Wedding Centre Staff Perinthalmanna.

08.02.2026: CME at MES Medical College.



08.02.2026: Attended State Committee Meeting.

09.02.2026: Medical Camp at Santhwanam conducted a one-day program that included a medical camp, awareness classes, and cultural programs.

10.02.2026: Attended the Community Psychiatry Camp at Maranchery Pain and Palliative Clinic.

13.02.2026: Attendance at District Protest against CEA which was organized by the Indian Medical Association District Committee of Malappuram at the Malappuram Collectorate.

13.02.2026: COLS & First Aid Training by Dr Sasidharan, HOD of Anaesthesia, Moulana Hospital at CHC Sreekrishnapuram organized by IRCF, IMA, and ISA with the support of Moulana Hospital, Perinthalmanna.

16.02.2026: HPV Vaccination Camp, total 314 doses were given to nursing students from Alshifa EMS staff and kids from Moulana Ramdas hospital and ARMC and IMA kids. This was made possible by CSR initiative of KIMS health and serum institute of India Mr Balaji & inaugurated by Dr Sharafudheen K P.

16.02.2026: Executive Meeting addressed by Dr. Sharafudheen K P.

17.02.2026: Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic, Kootnadu.

17.02.2026: WIMA GB & Class on A.I.

21.02.2026: IMA Sports Committee Meeting, organizing the state football tournament.

24.02.2026: Community Psychiatry Camp at Elamkulam

25.02.2026: COLS & First Aid Training at Pain & Palliative Auditorium.

26.02.2026: State NCD Cell Inauguration at Presentation high school, Perinthalmanna.



27.02.2026: General Body Meeting & CPG CME session linked to the event, 'Fatty Liver', by Dr. Nandakumar, Gastroenterologist from EMS Hospital, Perinthalmanna.

45

KONDOTTY

12.02.2026: G B cum CME at Hotel Afrad Kondotty. The association matters discussed and stressed on membership promotion. CME topic 'Obesity a chronic disease' delivered by Dr. Vishnu Radhakrishnan, consultant endocrinologist KIMS Alshifa Perinthalmanna.

46

KOLLAM

04.02.2026: Executive Committee Meeting at Dr.S.Mohandas Memorial Hall.

08.02.2026: Attended 286th State Working Committee Meeting

13.02.2026: Conducted DHARNA in front of the District Medical Officer's Office, Kollam.

13.02.2026: VBD camp was conducted at Bishop Jerome Institute, Kollam.

18.02.2026: District Convention 2026 was held at Dr.S.Mohandas Memorial Hall Kollam. State President Dr M N Menon, Secretary Dr Roy R Chandran, Past National President Dr.R.V.Asokan, and other IMA leaders are addressed the meeting.



23.02.2026: VBD camp was conducted at BMC Sasthamcotta. An awareness class given along with the blood donation.

47

KUTHUPARAMBA

05.02.2026: Executive Committee Meeting.

IMA Peps Rescue Cart Inauguration. Dr.Lalith Sundaram, representing PEPS, participated in the event.

09.02.2026: Dr Sabna took class on national deworming day at Mahe General Hospital for school teachers and health workers.

13.02.2026: Hospital Protection Day. Conducted Dhama In front of the DMO Office.



48**NEDUMBASSERY**

06.02.2026: Wellness Walk and BBQ Night, organized at Wadi Kabir Heights. The event was conducted with the active initiative and support of WIMA.

26.02.2026:CME and Condolence Meeting at Intercity Hotel, Al Khuwair. The session was delivered by Dr. Basheer on the topic "Hypertension in Young and Middle-Aged People – Know the Hidden Truth." The lecture was highly informative and well appreciated by the participants. A condolence meeting in remembrance of the late Dr. C. Thomas. Dr. Beena Harikrishna briefly highlighted the academic achievements and professional contributions of Dr. C. Thomas.

IMA, under the guidance and supervision of WIMA, distributed 500 Ramadan kits to needy individuals in various labour camps.

**49****PATHANAMTHITTA**

The 2nd GB meeting of IMA was held at IMA KGMOA Hall. The branch members were involved in providing the logistics and needed permissions, media support which contributed to the success of DHARNA. The CME topic, 'stereotactic radiotherapy' by Dr Vishnu Hari and 'paediatric cancer awareness' by Dr Vishnu S Nair consultants at Mor SleevaMedicityPalai.

**50****MADHYA KERALA**

01.02.2026: State Level TOT Program on ELS at Periyar House, addressed by State President Dr.M.N.Menon.

02.02.2026: Serum Creatinine test camp in Vimal Hospital Kanjoor by Dr. Sobhana.

03.02.2026: Medical Camp - Awareness Class by Dr. Anitha Krishna.

04.02.2026:Fibro scan& Retinopathy Screening at Atlaine Hospital by Dr. Aswani Kumari.

04.02.2026: Awareness Class on 'Reproductive Health and Cancer' by Dr. Bindu Suresh at GGHS Aluva.

04.02.2026: Executive Committee Meeting.

08.02.2026: 'Santwanam' Monthly Free medical camp at DeivdanCenterMalayattoor&Kanjoor.

10.02.2026: Awareness Program on Cervical Cancer by Dr. Sobhana in Vimala Hospital Kanjoor. Dr.Bindu Suresh took class on Cervical Cancer & HPV Vaccine to the students & staff.

13.02.2026: Dharna to defend the interest of the medical community and to preserve the integrity of our healthcare system at DMO office Ernakulam. WIMA members actively participated.

17.02.2026: Observation of World Epilepsy Day.

25.02.2026: General Body Meeting and 2 Scientific Sessions at the IMA Hall in Aluva. Session 1, led by Dr. Sudishkarunakaran, Lakeshore hospital, will focus on 'Recent Advances in Neurosurgery' and it will be chaired by Dr Manoj Narayanapanicker, Neurosurgeon, Rajagiri. (2), presented by Dr. Srivatsan T V, Lakeshore hospital, will focus on 'O Arm in Spine surgery':The Pinnacle of Precision and it will be chaired by Dr Mahesh Kumar, Orthopaedician KG Hospital, Angamaly.

26.02.2026: Awareness class on 'Cervical & Breast Cancer' by Dr. Lara Raveendran at MES College Marampally in association with Welcare Hospital.

51**PALAKKAD**

06.02.2026.:CMEat VGM Hospital

07.02.2026:CME at Thankam Hospital

11.02.2026: General Body Meeting. Discussed matters, Membership Drive, Uniform Fee Structure, 3rd SWC Meeting at Palakkad (July), SWC Meeting Deliberations, &CEA related agitation.

17.02.2026: District Convention.

21.02.2026:CME at Royal care hospital.

IMA DISTRICT CONVENTIONS 2025-26



DC Convention @ Alappuzha

11.01.2026



DC Convention @ Thrissur

15.01.2026



DC Convention @ Malappuram

21.01.2026



DC Convention @ Kasaragod

27.01.2026



DC Convention @ Kannur

28.01.2026



DC Convention @ Idukki

29.01.2026



DC Convention @ Kottayam

01.02.2026



DC Convention @ Ernakulam

03.02.2026



DC Convention @ Kozhikode

05.02.2026



DC Convention @ Thiruvananthapuram

07.02.2026



DC Convention @ Pathanamthitta

11.02.2026



DC Convention @ Palakkad

17.02.2026



DC Convention @ Kollam

18.02.2026



DC Convention @ Wayanad

21.02.2026





UPCOMING EVENTS

Dates	Meetings	Venue
25.04.2026	Snehahashtam Program	Malappuram
26.04.2026	Managing Committee Meeting	IMA Periyar House
26.04.2026	WIMA North Zone Conference	Perinthalmanna
02.05.2026 & 03.05.2026	Central Working Committee Meeting	Hyderabad
10.05.2026	Managing Committee Meeting	IMA State HQs
24.05.2026	CGP North Zone Conference	IMA Kondotty
31.05.2026	AMS South Zone Conference	Alappuzha

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IMA നമ്മുടെ ആരോഗ്യം

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- 1 വർഷം : 400 രൂപ
- 2 വർഷം : 790 രൂപ
- 3 വർഷം : 1180 രൂപ

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