



INDIAN MEDICAL ASSOCIATION KERALA STATE BRANCH

NEWS LETTER

MARCH & APRIL 2026



Empowering the Healer
Advancing Healthcare



50K

**A Historic Milestone
50,000 Strong and Growing**



**INDIAN
MEDICAL
ASSOCIATION**
KERALA STATE BRANCH

HQ - Anayara P.O
Thiruvananthapuram - 695 029
Tel: 0471 - 2741144, 2741166
E-mail: secretary@imakerala.com
Website: imakerala.com

Editor:
Dr. Roy R. Chandran
IMA State HQ, Anayara P.O
Thiruvananthapuram - 695 029
M: 9349413831, 9947754094 (WA)

IMA STATE HEADQUARTERS E-MAIL IDs

State Secretary:
secretary@imakerala.com

Accounts:
Accounts@imakerala.com

IMA - Connect:
imaconnect@imakerala.com

Administration:
ao@imakerala.com

News Letter:
newsletter@imakerala.com

Membership:
membership@imakerala.com

Contents

President's Column	4-5
From the Editors Desk.....	8-9
State Activities (March 2026).....	10-11
Branch Activities (March 2026).....	12-24
WIMA (March 2026).....	25-29
When Law meets Women's Health Care.....	30-33
State Activities (April 2026).....	34
Branch Activities (April 2026).....	35-46
WIMA (April 2026).....	47-52



IMA Kerala State Branch

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IConnect IMA KSB



Dr. M.N. Menon
State President
IMA Kerala



Dr. Roy R. Chandran
State Secretary
IMA Kerala



President's Column

Dr. M.N. Menon

State President
IMA Kerala

Dear leaders and friends,

HEARTY CONGRATULATIONS to one and all, for your efforts which made us hit the 50K milestone through the membership drive. Please be reminded that another 25000 prospective members are out there! The Membership Drive continues, and we should add at least another 2500, by the end of this October. **Each member** can bring in at least **one new member**.

Let us do it friends..

IMA HQ Building, Delhi: All branches are requested to encourage contributions of a minimum of Rs. 1000 per member towards the Headquarters Building Fund.

MOVING AHEAD. ..

The state leadership continues to actively engage with the new government to address healthcare challenges. Key focal points include securing better infrastructure, safeguarding the interests of small clinics, protecting the scientific integrity of modern medicine against mixopathy, and advocating for the welfare and safety of medical professionals especially junior doctors.

The **IMA Kerala vision** for healthcare and the medical fraternity has been highlighting the following critical areas:

Protecting Private Practitioners and Small Clinics: With regards to KCEA, we are urging the government to provide special exemptions for Clinics and small HCEs so that they can continue providing affordable and accessible healthcare.

Defending Scientific Medicine: The medical fraternity remains strongly opposed to any

political attempts to introduce "mixopathy"—the mixing of modern medicine with systems which lack scientific basis. The IMA views this as a threat to public health and the scientific integrity of patient care.

Assault on Doctors : The safety of doctors on the front lines remains paramount. The association continues to demand strict implementation of laws (HPA) protecting healthcare workers, and to declare HCEs including clinics as Safe Zones

Administrative and Pay Discrepancies : The IMA actively advocates for the medical fraternity's working conditions, including addressing long-standing issues like pending salary arrears for government medical college teachers, which have historically led to severe strikes and healthcare crises.

Paradox of severe public hospital staffing shortages alongside thousands of unemployed medical graduates. We strongly urge the state to expedite the filling of vacant medical posts. Immediate action is required to resolve structural bottlenecks in the health sector.

Support to Government : IMA KSB hopes to work collaboratively with the administration on all healthcare matters including medical education.

JUNIOR DOCTORS:

Stagnant, Meager Pay: Many junior doctors earn salaries less than Rs. 40,000 per month, as revealed by our recent survey, which is frequently less than the wages demanded by other healthcare workers. Even postgraduate doctors face reduced or inadequate remuneration during their training years. An MBBS Doctor is definitely eligible for at least Rs. 80000/- monthly remuneration. Major HCEs should consider this seriously when they recruit junior doctors.

Workloads, Toxicity, Depression and early burn-out: Junior doctors routinely work grueling shifts of even 70 hours a week. Furthermore, there should be an end to departmental toxicity, workplace bullying, and lack of support from hospital management. Salaries are delayed in many major HCEs!

Workplace violence: Junior residents are soft targets at workplaces (Emergency department, ICUs). They have to be aptly protected.

Before concluding may I humbly request you to continue to...?

- * STRENGTHEN THE ORGANISATION
- * PRACTISE WITH COMPASSION AND DIGNITY
- * RESPECT AND HELP EACH OTHER
- * STAY UNITED

JAI HIND! HAI IMA!!

Dr. M.N. MENON
State President, IMA KSB



INDIAN MEDICAL ASSOCIATION

KERALA STATE BRANCH

IMA State Headquarters, Anayara P.O, Thiruvananthapuram, 695029 Tel: 0471-2741144, 2741155, State Secretary 0471-2741166
E-mail: secretary@imakerala.com Website: www.imakerala.com

State President

Dr. M.N. Menon
Aiswarya Clinic
Sreemoolanagaram P.O.
Aluva, Ernakulam - 683580
Mob: 9447433669, 9020133986
E-mail: drmnmenon@gmail.com

State Secretary

Dr. Roy R. Chandran
'DYU', Maakkanam Cherry
Kovoor MLA Road, Chevayur P.O.
Kozhikode - 673017
Mob: 9349413831, 9947754094 (Whatsapp)
E-mail: royrachandran@gmail.com

Imm. Past State President

Dr. Sreevilasan K.A.
Kodakkattil Sreesailam
Mookambi Temple Road
North Paravur P.O., Ernakulam - 683513
Mob: 9847053120, 9526053066
E-mail: sreevigi@gmail.com

State Treasurer

Dr. Sharafudheen K.P.
Villa D-1, Misty Hills
Homestead Villas, Panambi
Perinthalmanna, Malappuram - 679322
Mob: 9847372759
E-mail: sharafkpdr@yahoo.com

IMA KSB/SS/HQ/309/2025-'26

Thiruvananthapuram, Dated 04.05.2026

URGENT & IMPORTANT

Building Our Legacy – Support the IMA Headquarters:

To

All State Office Bearers, SWC Members, CWC Members, Alternative CWC members, Local Branch Presidents/Secretaries, Senior Leaders, Office Bearers of all Schemes, Committees & Projects, District Committee Chairmen & Conveners of IMA KSB.

Dear Esteemed Leaders and Members,

The construction of our new IMA Headquarters in Delhi, being executed by NBCC (a Government of India enterprise), is progressing steadily. This is not just a building — it is a symbol of our unity, strength, and professional pride, representing the collective aspirations of every member of the Indian Medical Association.

As IMA Kerala State Branch stands on the threshold of crossing 50,000 members, we are presented with a rare opportunity to contribute meaningfully towards a legacy that will serve generations to come.

The Urgent Need:

At the 235th Central Working Committee Meeting held on May 2–3 in Hyderabad, the progress of the Headquarters project was reviewed in detail.

To sustain the momentum of this ₹80 Crore project and to achieve our committed contribution target of ₹5 Crore, immediate and enhanced financial participation from members is essential.

At present, the pace of contributions reaching the Headquarters is not adequate, and any delay may adversely affect the construction timeline.

Our Collective Responsibility:

Our National President, Dr. Anil Kumar J. Nayak, has earnestly appealed to all members to step forward and contribute generously.

This is our moment — to come together and build our own institutional home.

Individual Contribution:

Every member is requested to contribute a minimum of ₹1000/-.

However, we strongly encourage those who can to contribute more generously, considering the importance and scale of this initiative.

Branch-Level Participation:

All local branches are requested to make an immediate initial contribution, targeting at least 50% of their membership strength.

Example:

A branch with 200 members should aim to contribute ₹1,00,000 as an initial step.

Let Us Build It Together!!!

This Headquarters is a reflection of our unity, vision, and commitment. Let us come together to make it a landmark achievement of the IMA fraternity.

We request all members and branches to ensure that contributions are made without delay.

Contribution details:

Account Name	IMA Building Fund
Account Number	2769101000393
Bank & Branch	Canara Bank Pettah Branch
IFSC Code	CNRB0002769



A Call to Leadership:

We also request all State leaders and office bearers to actively engage in planning and executing fundraising initiatives, ensuring the success of this mission.

Let us demonstrate the true strength of IMA.

"Not Just a Building—Built by Every One of Us".

JAI HIND! JAI IMA!

Yours sincerely,

A handwritten signature in black ink, likely belonging to Dr. M.N. Menon.

DR. M.N. MENON
State President



A handwritten signature in black ink, likely belonging to Dr. Roy R. Chandran.

DR. ROY R. CHANDRAN
State Secretary



From the Editor's Desk



Dr. Roy R Chandran
State Secretary
IMA Kerala

A Historic Milestone 50,000 Strong and Growing

Dear Colleagues,

It gives me immense pride and happiness to share that IMA Kerala has crossed the remarkable milestone of 50,000 members. This is not merely a number; it is a testament to the strength, unity, and credibility of our association built over decades of dedicated service.

On this historic occasion, I salute all the visionary leaders, office bearers, and members—past and present—who have contributed to the growth of IMA Kerala since its inception. Their commitment, sacrifice, and tireless efforts have transformed IMA Kerala into one of the strongest state branches in the country. This achievement belongs to every member who believed in the collective strength of our profession.

While we celebrate this landmark achievement, we must also remember that our journey is far from complete. A significant number of medical practitioners in Kerala are still outside the IMA family. Our mission should now be to reach out to every doctor and help them understand the value of belonging to a strong professional organization.

IMA today is much more than an association. It is a support system that stands by doctors throughout their professional and personal lives. Through various welfare schemes, professional development programs, legal and ethical support mechanisms, continuing medical education activities, and social security initiatives, IMA provides a safety net not only for doctors but also for their families. Whether it is during illness, disability, professional challenges, or even after the demise of a member, IMA extends a helping hand to the family left behind.

To further strengthen our membership base, we may consider a few focused initiatives:

- * Every existing member should become a membership ambassador and bring at least one new member into the association.
- * Special orientation programs for interns, postgraduate students, and young doctors highlighting the benefits of IMA membership.
- * Strengthening interactions with doctors working in corporate hospitals, private clinics, and peripheral healthcare institutions.
- * Greater visibility of the schemes of IMA.
- * Enhanced digital engagement through social media and online platforms to connect with younger generations of doctors.
- * Periodic membership drives at medical colleges and healthcare institutions across the state.

The strength of IMA lies not only in numbers but also in the collective voice and solidarity of its members. As challenges facing the medical profession continue to evolve, a strong and united IMA becomes more relevant than ever before.

Let us celebrate this milestone with gratitude, pride, and renewed commitment. Having crossed 50,000 members, we have reached a significant landmark. Yet, there are many more colleagues to bring into our fold, many more lives to serve, and many more milestones to achieve.

Together, let us make IMA Kerala stronger, larger, and more impactful than ever before.

With warm regards,

Dr. Roy R Chandran
State Secretary
IMA KSB

STATE ACTIVITIES

MARCH 2026



Past Presidents Meet- 01st March 2026



International Women's day celebration - WIMA
KSB 2025-26 at IMA Periyar house, Aluva.
Hosted by IMA Kothamangalam
- 8th March 2026



International Women's day celebration at
Kozhikode - 15th March 2026.



State Basketball Tournament - Basketball
BLITZ @ GMC Thrissur hosted by
IMA Thrissur - 15th March 2026.



CME on Smart Communication for Safer Practice – 17th March 2026



IMA Kerala State Branch has proudly handed over a cheque of ₹10 lakhs to the IMA National Headquarters Building Fund, bringing our total contribution to ₹76.3 lakhs. We call upon every member to strengthen this collective endeavour by contributing a minimum of ₹1,000 towards our National HQ Building Fund - 21st March 2026



Observation of World TB Day - Hosted by IMA Thiruvananthapuram branch at Gandhi Park, Trivandrum - 24th March 2026.

BRANCH ACTIVITIES

March 2026



1 KOTHAMANGALAM

08.03.2026: Lifestyle Diseases Screening Camp at the Tribal Village of Kuttampuzha, in association with Magics NGO, RCC Thiruvananthapuram and Smita Hospital and Research Centre Thodupuzha.

08.03.2026: Screening Camp & awareness class in connection with World Glaucoma Week, for the tribal population and general public of Kuttampuzha.

08.03.2026: The International Women's Day celebration held at IMA Periyar House. CME by Dr. Joseph Benaven on 'Beyond Clinic, Crafting Change – Innovation & Entrepreneurship for Women Doctors', & by Dr. Jincy John on 'Decoding Dermatology – What Every Woman Should Know About Dermo-cosmetic Treatments', & by Dr. Jitty George on 'Mental Health and Stress Management', & by Dr. Sonia Farhan P. H. on 'Latest Techniques in MIS', & by Dr. Archana S. on 'Cervical Cancer and HPV Vaccine'.

09.03.2026: Awareness class on Social Media by Dr. FiniNinan. Dr. Liji Susan Thomas, conducted an awareness class on Glaucoma for the general public at General Hospital Ernakulam.

10.03.2026: CME on Glaucoma for branch members.



10.03.2026: POCSO, Sexual and Reproductive Health Awareness Class.

12.03.2026: Glaucoma Screening Camp, an awareness class on Cervical and Breast Cancer & HPV Vaccine for the staff of Maharani Textiles Thodupuzha by Dr. Neena John & for students of Indira Gandhi College of Nursing Kothamangalam by Dr. Surya Jayaram.

14.03.2026: An awareness class on Cervical and Breast Cancer and HPV Vaccine for the ICDS workers of Idavetty Panchayat by Dr. Neena John.

17.03.2026: Branch CME on "Acute Vertigo in Clinical Practice: Differentiation, Diagnosis and Management" by Dr. M. S. Madhusoodanan.

17.03.2026: A training session on Leadership and Communication Skills for the members of IMA Kothamangalam by Dr. Nikhil Joseph Martin.

17.03.2026: Executive Committee Meeting.

17.03.2026: General Body Meeting; An awareness session on World Tuberculosis Day for the staff nurses and paramedical staff of St. Joseph's Hospital Dharmagiri by Dr. Mobin George Tharu.

20.03.2026: IFTAR Celebration at Cafe Wings, Kothamangalam.

23.03.2026: An awareness session on World Tuberculosis Day for the general public, staff nurses and paramedical staff at St. Joseph's Hospital Dharmagiri by Dr. Liza Thomas.

24.03.2026: An awareness session on World Tuberculosis Day for the general public, staff nurses and paramedical staff of St. Joseph's Hospital Dharmagiri by Dr. Antony Josem.

26.03.2026: HPV Vaccine Camp Drive, Indira Gandhi College of Nursing & Mar Basil Dental College for the staff and students of Indira Gandhi College of Nursing & Mar Basil Dental College, Kothamangalam, in association with KIMS Trivandrum.

29.03.2026: IMA Kerala State Chess and Carrom

Championship was inaugurated by Dr. Bibin P. Mathew, Chairman, IMA KSB Sports and Wellness Committee.

29.03.2026: Reception to State Leaders.

29.03.2026: Medical Camp for Elderly Home Destitute.

2 TALIPARAMBA

04.03.2026: Executive Committee Meeting.

22.03.2026: 'Leadership and Communication Training Workshop' at IMA Taliparamba. The speakers are Dr Joseph Benaven, Dr. Srikumar Vasudevan, Dr. Lalith



Sundaram and Dr Madhavan K T.

08.03.2026: A talk on health issues faced by women at cheruthazhampanchayath in connection with Women's day.

11.03.2026: Women's day celebration.

27.03.2026: CME on role of DBS in movement disorders by Dr. Karthik Harishanker.

3 KOTTARAKKARA

05.03.2026: World Women's Day programs conducted at St Gregorius College Kottarakkara. Dr. Rajathilakam Secretary and Dr Elizebeth took awareness classes.



09.03.2026: Dr. Rajathilakam took awareness class at SNC Chathanoor.

10.03.2026: Executive Committee Meeting

24.03.2026: World TB Day programs and TB day pledge was delivered by Dr Sabeena .

27.03.2026: Monthly Meeting and CME.

29.03.2026: HPV Vaccination Camp.

4 KOLENCHERY

25.03.2026: General body and CME. Glaucoma week was celebrated by arranging a camp by WIMA in collaboration with MOSC Medical College. CME on 'What should be the ideal fasting glucose level?' Best practice guideline for basal insulin dosage and titration by Dr. Aneez Joseph, Endocrinologist, MOSC Hospital.

5 KOTTAYAM

01.03.2026: An ELS program was conducted under the leadership of Dr. Vivek R. (HOD & Senior Consultant, Emergency Medicine, Caritas Hospital). The session included pre-tests, post-tests, and digital feedback via Google Forms. Also conducted Public health education through a series of successful Emergency Life Support and Common Emergencies awareness sessions.



13.03.2026: A specialized session on ELS and common medical emergencies was held for members of the Lions Club at Lions Club, Kottayam.

14.03.2026: A public awareness program was organized to educate the local community on immediate life-saving interventions at Mrala Church, Thodupuzha.

08.03.2026: International Women's Day session was held at Thoovanisapally, Kothanelloor led by Dr. Vivek R., recognizing sudden collapse, breathing difficulties, and injuries. The interactive session emphasized the "Golden Hour" and early medical response.

12.03.2026: General Body Meeting and CME at the IMA Hall, Kottayam. Scientific Session (CME): Two distinguished faculty members from Aster Medicity, Ernakulam, led the discussions: Dr. Praveen Sreekumar (Senior Consultant Cardiologist) on "Contemporary Management of Arrhythmias" & Dr. Manoj P. Nair (Senior Consultant CVTS) on "Advancing Cardiac Care through Surgical Innovation."

International Women's Day Celebrations at the IMA Hall, Kottayam. The event was presided over by Dr. Bulbul Susan Jacob and inaugurated by the Chief Guest, Smt. Thejomayi Thampuratti S. (Chief Judicial Magistrate, Kottayam).

IMA Kottayam continued its winning streak in the sporting arena this month: Cricket: T20 World Cup Semi-Final and Final was screened on big screen at IMA Hall Kottayam along with refreshments. The "IMA Cricket Fever" reached its peak with the semi-finals held on March 5 and the grand finale on March 8.

15.03.2026: Participated in the IMA State Basketball Tournament held in Thrissur.

6 VAIKOM

International Women's Day celebration and family get-together & honoured our chief guests, Dr. Radhamony, Senior Family Physician, and Dr. Anu CK, National Kickboxing Champion.

13.03.2026: The third GB and CME in association with Renai Medicity, Cochin. Topics covered included the diabetic foot and podiatry, challenges in management, and an introduction to trauma surgery, along with myths and facts in managing chest injuries.

On the occasion of International Tuberculosis Day, awareness classes on tuberculosis and recent advances in its management were conducted.



7 NORTH PARAVUR

08.03.26 & 26.03.2026: International Women's Day celebrations at IMA Periyar House.

24.03.2026: A dedicated group of doctors provided essential palliative care at elderly care homes in N. Paravur.

26.03.2026: Clinical Excellence, Executive meeting and General Body meeting Sponsored by Rajagiri Hospital, the CME featured expert sessions: 'Advances in Malignant Hematology' – Dr. Roy J. Palatty, 'Bone Marrow Transplantation: Myths & Facts' – Dr. Nikhil M. Kumar

Member Recognition: We extended special felicitations to Dr. Sasi for the press release of his autobiography and officially introduced all new members to the branch.

30.03.2026: District-wise Membership Campaign Committee Zoom meeting.

8 PATHANAMTHITTA

18.03.2026: GB and CME by Dr. Saurabh Padmanabhan and Dr. Karunya Gopal consultants Aster Medicity, Kochi spoke on 'precision surgery in head and neck endoscopic surgeries, and the science and art of laryngology respectively.

9 THALASSERY

04.03.2026: Health awareness class in connection with WORLD HEARING DAY

04.03.2026: Awareness class on HPV vaccination.

04.03.2026: Executive Meeting

05.03.2026: Session on HPV Vaccination

07.03.2026: Session on HPV Vaccination

08.03.2026: Observed International Women's Day



08.03.2026: Dress Collection Campaign to support the residents of Kripa Charitable Trust, Peravoor.

13.03.2026: Ifthar Sangamam

13.03.2026: Class on Financial Management and Smart Fund Selection for Investments.

13.03.2026: Organized an awareness class on cervical cancer.

13.03.2026: BLS Training Program for Nursing Students

14.03.2026: HPV Vaccination Campaign

18.03.2026: BLS Training for Hospital Staff

18.03.2026: General Body Meeting & CME

24.03.2026: Observed World TB Day

26.03.2026: Awareness Class on Prevention of Monsoon Diseases.

10 PAYYANNUR

04.03.2026: WORLD OBESITY DAY OBSERVATION

04.03.2026: IFTAR PARTY

08.03.2026: WOMEN'S DAY CELEBRATION

12.03.2026: WORLD GLAUCOMA WEEK OBSERVATION & awareness session and screening camp inauguration by Dr. Pushpangadan, senior consultant ophthalmologist, Co-operative hospital Payyanur

12.03.2026: EAT RIGHT KERALA – SAFE FOOD FOR BETTER LIFE. President Dr Ranjit Kumar conducted a class during eat right Keralam program. He spoke on nutrition, malnutrition and what are the right ways to eat.

17.03.2026: NATIONAL VACCINATION DAY program was inaugurated by medical superintendent of Taluk Hospital, Nileschwaram. Dr Ranjith Kumartook a class on vaccination, its importance and the immunization schedule.

18.03.2026: Executive Committee Meeting



18.03.2026: Awareness class on "Garbakaalavum poshakaaharavum" by Dr. Anusree, organized by WIMA Payyanur at Puthiyankavu Anganwadi.

21.03.2026: Observation of World Down Syndrome Day

22.03.2026: LEADERSHIP SKILL WORKSHOP AT

TALIPARAMBA IMA HALL

24.03.2026: WORLD TB DAY OBSERVATION inaugurated by Dr Prasin Pradeep and an awareness class by Dr Sreerag Varior on the aetiology, mode of spread, precautions, treatment, steps center and elimination strategy by 2030. This was followed by an interactive session.

25.03.2026: General Body & CME



11 KOTTAKKAL

04.03.2026: In connection with International Women's Day, conducted an awareness session for Government Women's Polytechnic college about HPV vaccine and its importance in today's life. Wima Chairperson Dr Rakhi Sagar inaugurated the programme. Dr Remya had an excellent session.



04.03.2026: Executive meeting and -Ifthar meet

08.03.2026 – 14.03.2026: On World Glaucoma Week, Wima Kottakkal conducted various programmes in hospitals and clinics.

16.03.2026: National vaccination DAY

29.03.2026: Malappuram District Intra branch Football tournament.



31.03.2026: Monthly GB and CME

12 IRINJALAKUDA

01.03.2026: Walkathon as part of women's day celebration to Empower and Protect women and children. Flag off by Municipal chairperson Mr M. P. Jackson.

14.03.2026: Conducted breast and cervical cancer awareness class and free examination at cooperative hospital inaugurated the event by Mr M. P Jackson, municipal chairman and president of cooperative hospital. Dr Roja Joseph Consultant oncologist Renai Medicity took the awareness class.

18.03.2026: COLS ELS training session for faculties and students of biology department of St Joseph's College. Dr L.N.Viswanathan, Dr Ushakumari, Dr Jom Jacob, Dr Anju K Babu led the sessions.



19.03.2026: General body meeting. Cme was taken by doctors from Aster Medicity. Dr Soumya John senior consultant of General surgery, Aster Medicity took a session on Advanced wound care Techniques, Dr Arjun S. Senior Consultant Clinical imaging and Interventional Radiology of Aster Medicity on Application of interventional Radiology in Common Clinical Practices.

13 KANHANGAD

08.03.2026: Observation of World Glaucoma Day

10.03.2026: Executive Committee Meeting

23.03.2026: Observation of World TB day

27.03.2026: General Body Meeting

14 ALAPPUZHA

05.03.2026: Membership drive at Government TD Medical College

Self-defence training program on Thursdays at the IMA Hall.

12.03.2026: ELS Training Session at ABC Arogyam, Malikamukku, Alappuzha. The training was led by Dr. Shajihan H, Dr. Hariprasad K, Dr. Manish Nair, Dr. K. Krishnakumar and Dr. Avinash Raj D.

13.03.2026: District Committee General Body Meeting

15.03.2026: State Basketball Championship



17.03.2026: ELS Training Session at Atlantic Care Chemicals Pvt Ltd, Punnapra North. The session was led by Dr. Hariprasad K .

19.03.2026: Executive Committee Meeting

27.03.2026: ELS Training Session at Government TD Medical College. The training was led by Dr. Shajihan H, Dr. Hariprasad K, Dr. Manish Nair, and Dr. Arun N.

28.03.2026: GB Meeting & CME on Cervical Cancer Detection and Prevention by Dr. Lalithambica Karunakaranat Cure Health Care, Vellakinar, Alappuzha.



29.03.2026: Zoom Meeting on Cyber security by Mr. Ajith Thamaraksan, a renowned cybersecurity architect

IMA Alappuzha State Carrom and Chess Championship hosted by IMA Kothamangalam, the Alappuzha Branch secured notable positions in two events. In Carrom, the branch achieved second place, with Palakkad taking first and Ernakulam third. In Chess, Alappuzha secured third place with 11.50 points, following Ernakulam in first place with 14.50 points and Thrissur in second with 12.50 points.

15 KANNUR

05.03.2026: General body meeting & CME by Dr. Jayakrishnan A V on Common Counter Arguments in Consumer Litigation.

12.03.2026: CME by Dr. Amith Sreedharan & Dr. Rinoy Chandran on Life After Death: Cardiac Arrest Outcomes & the opportunity for Organ Donation.

24.03.2026: Executive Committee Meeting.

27.03.2026: Condolence meeting of Dr. Vasu K S.

24.03.2026: Observed World TB Day

16 NEMOM

04.03.2026: Cabinet Meeting (Virtual)

07.03.2026: International Women's Day Celebrations at NIMS Hospital Dr. Anju K Nair and Dr. Vishnupriya conducted cancer awareness session.

08.03.2026: Attended the State Level Inauguration of International Women's Day Celebrations at IMA Periyar House.

10.03.2026: Executive Committee Meeting



12.03.2026: Valsalyam Camp - a Breast Cancer Awareness and detection programme at the South Region Office of Canara Bank, Thiruvananthapuram. Dr. Indira Amma led the camp and Dr. Archana Krishnan led the awareness session.

15.03.2026: Cancer Awareness Session at Malayinkeezhu

16.03.2026: Awareness Programme in connection with the World Kidney Day 2026 talk on "Detect

CKDearly: Kidneys whisper before they scream" by Dr. Deepa K.R, Senior Consultant

Nephrologist in Azeezia Medial College, Kollam.

18.03.2026: Valsalyam Camp at Karakkamandapam

18.03.2026: An Awareness Programme by Adv. Kottamam Jayakumar in connection with the World Consumer Rights Day 2026.

22.03.2026: World TB Day Observance

25.03.2026: World Glaucoma Week Observance. Dr. Roshni, Senior

Glaucoma Consultant in Sree Nethra Eye Hospital conducted the session.

26.03.2026: GB Meeting at Hotel Central Residency, Thampoor, Thiruvananthapuram. Dr. Jothydev Kesavadev, spoke on Adult Vaccination with special emphasis on Herpes Vaccination. Women leaders were honoured in connection with the International Women's Day.

17 THRISSUR

08.03.2026: Women's Day Celebration at Regency Club on 8th March 2026. First session was on HPV Vaccination by Dr. Sapna Sridhar, consultant Gynecologist at Mother Hospital, Thrissur. The event was inaugurated and the lamp was lit by Dr. Niji



Justin, Hon. Mayor, Thrissur, accompanied by felicitations. Dr. Baby Thomas, President, IMA Thrissur, gave the felicitation address. Dr. P Gopikumar, State President Elect, and "Dr. Leelamma Abraham WIMA Chairperson, then addressed the gathering. A session on Adult Vaccination by Dr. Nishi Roshni, Senior Gynecologist at Daya Hospital, and Mental health session by Mrs. Beena George, Executive Vice President, ESAF.

Branch donated clothes to the cloth bank of Lions club 318D & actively participated women's day celebration at urban center kunnankulam.

10.03.2026: Actively Participating in the Panel Discussion on Medical Justice Balancing Professional Care and Patient Rights at Govt Law College Thrissur.

10.03.2026: The CGP meeting of IMA Thrissur @ Dasscontinental, Thrissur.

Observed World Glaucoma Week Observation @ Hotel Das Continental. Dr. Lavanya Pramod Senior Glaucoma consultant I vision eye hospital Thrissur presented the topic Glaucoma - the silent killer of Sight.

DISTRICT TB COALITION MEETING at Hotel Das Continental Thrissur.

12.03.2026: Free Caravan Medical camp and ELS and first training under the Leadership of Dr. Rishin suman The camp was inaugurated by Deputy chief engineer Mr. Shibu. ELS and first aid training conducted by Dr. Rishin Suman Medical Director, Santhibhavan palliative hospital Thrissur.

14.03.2026: Executive committee meeting. Zumba training sessions going on.

15.03.2026: ELS and First Aid training to the participants of Yoga camp 2026 at Darsana pastoral centre Peechi.



Actively participated at Thrissur District Committee Convention at Hotel Asoka inn inauguration by Dr MN Menon, President IMA KSB. Address by State Secretary IMA KSB. Address by Dr P Gopikumar, State President Elect IMA KSB.

Hosted IMA State Basketball Tournament at sports complex, medical college, Thrissur.

24.03.2026: Honoured Dr. Sreelakshmi IAS for getting 133 position in Indian Civil service exam.

General body and scientific session at Hotel Elite international.

28.03.2026: COLS ELS and First Aid Training for the Staff and Members of Trichur Tennis Trust at Trichur Tennis Club Thrissur

Total Blood collected During Camps – 598 Units

Total Blood collected at Blood Bank – 843 Units

Total blood and components issued – 2190 Units

Total Camps Conducted – 17 camps

18 MUVATTUPUZHA

07.03.2026: International Women's Day celebration at Rotary Hall. The inaugural address was delivered by Dr M N Menon, President, IMA KSB, and the Women's Day message was given by Dr Nirmala Prabhu, Chairperson, WIMA KSB.



08.03.2026: PARTICIPATION IN "SHAKTHI 2026" – STATE-LEVEL INTERNATIONAL WOMEN'S DAY PROGRAMME at IMA Periyar House, Aluva.

17.03.2026: MEMBERSHIP CAMPAIGN - 22 new members were enrolled during the campaign period.

24.03.2026: Executive Committee Meeting at the IMA Hall, Muvattupuzha.

26.03.2026: General Body Meeting at the IMA Hall, Muvattupuzha.

IMA AMS Meeting. Two eminent speakers from Medical Trust Hospital led the sessions.

28.03.2026: Dr Jithu Jacob Varghese participated in the State Carrom tournament & won third prize.

31.03.2026: Dr Thomas Mathew Mappilessery conducted BLS session at MBMM Hospital.

19 GURUVAYOOR

27.03.2026: General Body Meeting and CME at IMA Hall Guruvayoor. Dr Sarath Sasidharan gave a class on Cytoreduction surgery and HIPEC for Ovarian Cancer and Dr Ferhana gave a lecture on Management of non-palpable BIRADS 4 lesions

20 MADHYA KERALA

03.03.2026: Executive committee meeting.
03.03.2026: Dr Anitha Krishna participated in the District level training program on NPCCHH for medical officers at GH Ernakulam,.
05.03.2026: General Body meeting. CME on Tuberculosis as part of World TB Day 2026
07.03.2026: Womens day celebration in Vimala Hospital, Kanjoor
11.03.2026: Observed world Glaucoma week
15.03.2026: International Women's day celebration by Women's Welfare forum of St. Mary's Forane Church, Kanjoor.
24.03.2026: TB Day Programs at GH Aluva and Amrita Hospital & Vimala Hospital
07 & 17.03.2026: Santhwanam, Monthly free medical camp and distribution of medicines
16.03.2026: Dr Anitha Krishna with Dr Gina Ninan Sharma from NCDC Delhi as part of Central team visit for evaluation of activities related to National programme on Climate Change & Human Health at DMO Ernakulam along with DMO & Deputy DMO.

21 PERUMBAVOOR

Dr Kumari Varghese, WIMA Chairperson took Awareness class for the students at Marthoma College for Women Chairperson & Dr. Gayathri, WIMA Secretary in connection with International Womens Day Celebrations.
18.03.2026: CME

22 DESINGANAD

03.03.2026: Monthly general body Meeting & CME at IMADesinganad Hall, Kollam.
CME-1 Topic: "CANCER IN KERALA: PREVENTION & EARLY DETECTION" by Dr Jayaprakash Madhavan, MBBS, MD, DMRT, DNB, FICRO, Sr Consultant Oncologist, KIMS Health Cancer Centre, Trivandrum.
CME-2 Topic: "VARICOSE VEINS: IDENTIFYING HIDDEN CASES, FOAM SCLEROTHERAPY & PATIENT INFORMATION" by Dr Lenin Baburajan, MBBS, MS, FKT, FSLGAT, FMAS, FICS, General Surgeon, Sarada Hospital, Kerala.
17.03.2026: Executive meeting

23 KASARAGOD

01.03.2026: ELS/ BLS / COLS Hands on training at IMA House Kasaragod to members of Tanal club Karadka.
05.03.2026: Ifthar party at IMA House Kasaragod
04.03.2026: EXECUTIVE MEETING
08.03.2026: FAMILY OUTING/HIKING at Nishani Hills
08.03.2026: Breast Cancer Awareness talk to Indian Dental Association
12.03.2026: Celebrated International Womens Day. Dr. Jayalakshmi S and Mrs. Prameela Bharathan were honored.
12.03.2026: CME as part of International Womens Day. Dr. Praveen M Naik delivered talk on AI.
13.03.2026: ELS TRAINING at GH Kasaragod.
IMA / IAP ELS/ BLS Training to SIMET Nursing Students and FMG House surgeons held at GH Kasaragod.



A General Health Check-up Camp was conducted at Government Mahila Mandiram, Parvanadukkam. The camp was conducted by Dr. Rekha Rai, Dr. Sudha Bhat, Dr. Shreekari K R, and Dr. Geetha Sathyanath, with the aim of promoting health awareness and providing essential medical support to the residents.

26.03.2026: General Body meeting.
26.03.2026: AMS and CGP conducted its monthly CME.
MEMBERSHIP CAMPAIGN

24 NILAMBUR

Cancer awareness class for the kudumbasree members at IMA hall Nilambur.
01.03.2026: A seminar on Self Detection & Empowerment for Women was led by Dr. Vineeth Mathew John.



06.03.2026: HPV Vaccination Awareness - A medical camp focusing on awareness about Human Papillomavirus (HPV) vaccination was conducted for tribal communities at Paul Inchanal Hall, Akampadam. The session was led by Dr. Akhila, who delivered an informative and engaging class on the importance of HPV vaccination, particularly in preventing cervical cancer and other HPV-related diseases.

08.03.2026: IFTHAR Meet

25 KUNNAMKULAM

10.03.2026: Executive Committee Meeting at IMA House, Kunnamkulam.

Membership Drive Update: Dr. Taj Paul, Dr. Linto Antony, and Dr. Devadass visited four hospitals. Dr. Devadass sponsored chocolates for the membership kits.

12.03.2026: World Kidney Day Awareness Program at G H Thrissur



24.03.2026: General Body Meeting & CME on the topic "Cough and its Complications." The session was highly informative and interactive, with active participation from members who engaged in discussions and clarified their doubts.

A significant segment of the program addressed the growing concern of hospital attacks and the importance of Quick Response Teams (QRT).

A detailed session on hospital attack management and QRT was conducted by Dr. Panaveli.

Another informative talk on the formation and importance of Quick Response Teams was delivered by Dr. Sushu.

Dr. Thachur Panikkal officially handed over the Quick Response Team of IMA Kunnamkulam, the details of which were presented during the meeting.

A memorandum regarding hospital attack cases was also handed over to the candidate.

27.03.2026: WORLD ORAL HEALTH DAY PROGRAM at General Hospital, Thrissur was inaugurated by Dr. Taj Paul Panakkal, President of IMA Kunnamkulam.

The session included informative classes led by Dr. Taj Paul Panakkal, Dr. Anoop, and Dr. Deepa, Head of the Department of Dental.

A Leprosy Eradication Awareness Program was successfully conducted at General Hospital, Thrissur. The program aimed to enhance awareness regarding leprosy, its early detection, prevention, and updated treatment protocols among healthcare professionals and the public.

The program was inaugurated by Dr. Taj Paul Panakkal. The academic sessions were led by Dr. Sujatha and Dr. Noble, who delivered informative and insightful classes. The sessions covered:

Awareness about leprosy and its transmission; Early signs and symptoms for prompt diagnosis;

Preventive measures to control spread Recent treatment guidelines and advancements

As part of the ongoing membership drive, conducted hospital visits to promote membership and various welfare schemes.

Dr. Linto Antony A conducted an informative session focusing on membership promotion and the advantages of enrolling in IMA schemes.

Following this, the team visited Unity Hospital, Kunnamkulam, along with Dr. Devadas (Past President), to continue the membership promotion activities and strengthen professional engagement.

DC Convention Participation

15.03.2025: Iftar celebration at IMA House, Kunnamkulam

The state-level sports event featuring Caroms and Chess witnessed enthusiastic participation from



representatives of Kunnamkulam University.

The program was well-organized and smoothly conducted under the guidance and approval of the District Coordinator, Dr. Lindo Antony. The event received a tremendous response from members, reflecting the growing interest and active involvement in sports activities.

26 KOZHIKODE

01.03.2026: Attended IFTAR Meet organized by Down-syndrome trust & Down syndrome support group.

Principal Dr. Sajeeth Kumar inaugurated the Research methodology workshop for MBBS Students organized by IRC, IMA MSN CMC unit and Alumni Research Desk

DrAjitBhaskar, Secretary, Hospital Board of India in 24 news channel – “ThammilThammilProgramme”

03.03.2026: Observation of World Hearing Day – Conducted Walkathon @ Kozhikode Beach in association with AOI Kozhikode Chapter & IAP Kozhikode Branch. District Collector Sri. Snehil Kumar Singh IAS flagged off the Walkathon

“From communities to classrooms” Awareness talk by Dr Vishnu Joint Secretary IMA Kozhikode at Government U P School Cheruvaikkara in Connection with Observation of World Hearing Day.

04.03.2026: Membership Campaign at MIMS & BMH Kozhikode by DrRanjith P, Secretary IMA Kozhikode. The senior leaders Dr Abraham mammen, DrRemeshBhasi, DrShaji Thomas John, Dr V G Pradeepkumar, Dr Rajesh, Dr Rajneesh were facilitated the campaign process in these hospitals.

06.03.2026: Membership Campaign at MIMS by IPP DrSankarMahadevan

Executive Committee Meeting

IMA MSN CMC unit conducted Self-defense Class @ Aurora Auditorium in connection with observation of International Women' Day.

07.03.2026: BLOOD DONATION CAMP @ IMA Hall Kozhikode association with Transfusion Medicine Department, W&C Kozhikode. IMA State Secretary Dr. Roy R Chandran inaugurated the camp by donating blood for the 35th time.

08.03.2026: Kozhikode WIMA members participated the cultural programme on State level celebration of International Women's day @ Periyar House, Aluva

DrSreela P won the first prize & DrSheebaNinan won the second prize for the fashion show in state women's day program at Aluva



11.03.2026: IMA CGP CME on Fruits from the Family tree by DrGeetaGovindaraj, Prof. of Paediatrics, MCH, Kozhikode

12.03.2026: Dr. Lajni gave felicitation on behalf of IMA in the State level women's Day celebration of Kerala Health Department @ IMA Hall.

LAYLI – MSN North Zone Meet & Ifthar @ IMA Hall, Kozhikode

CME programme with Association of Emergency Medicine Educators in connection of AEMCON

15.03.2026: Celebration of International Women's day.

IAP Kerala Presidential Action Plan in association with IMA – Personal Finance: Master Medicine, Manage Money & Build a secure future @ IMA Hall Kozhikode.

President Dr. SandhyaKurupas chief guest in celebration of International Women's day, organized 'THODAYAM KADHAKALIYOGAM' @ PadmasreeKalyanaMandapam

21.03.2026: CHIT – CHAT “FROM SELFIES TO STATUS TO REELS, organized by Cultural Wing

24.03.2026: Observation of world tuberculosis day 2026. Dr Vishnu K, Joint Secretary IMA Kozhikode giving awareness talk at Urban primary health centre Biyyam.

25.03.2026: AMS CME

General Body Meeting.

26.03.2026: Membership Campaign at Calicut Govt Medical College, Kozhikode

27.03.2026: CME programme with Calicut Chest Club

28.03.2026: Membership Campaign at Calicut Co-operative Hospital & Star care Hospital

31.03.2026: Membership Campaign at MMC Modakkalloor & Medical College, Kozhikode

27 TIRUR

31.03.2026: Music club.

03.03.2026: observation of world hearing day - Awareness Programme was conducted on March 3, 2026, at Ascent ENT Hospital in association with the Indian Medical Association (IMA), Perinthalmanna.

05.03.2026: An International Women's Day observation programme titled "Empowerment Through Health- Building a Stronger Generation" was conducted at Valamboor, Kerala. The event was organized with the aim of promoting awareness on women's health and empowering women through informed healthcare practices. The session was led by Dr. Febeena Seethi, an active member of IMA. Her participation added great value to the programme, as she delivered an insightful and engaging talk focusing on the importance of women's health, preventive care, and overall well-being.

06.03.2026: One ELS training program will be conducted at Luster Ophthalmology hospital, Perinthalmanna under IMA ELS, Perinthalmanna. COLS Training and CPR and First Aid Awareness to staff of Luster Eye Hospital, Perinthalmanna organised by IRCF, IMA and ISA with the support of Moulana Hospital.

08.03.2026: community psychiatry camp at Mankada pain and palliative clinic by Dr. Ajith Premnath, Consultant Psychiatrist of MES Medical College.

Attended women's day celebration by state WIMA

10.03.2026: Tribal area activities as a part of world glaucoma week inaugurated by Thazekode Panchayat president.

Observed international women's day.

11.03.2026: COLS and first aid awareness training at pain and palliative care Perinthalmanna organised by IRCF, IMA, ISA with the support of Moulana Hospital, Perinthalmanna.



15.03.2026: Community psychiatry camp at maranchery pain and palliative

Clinic; Dr. Mohammed Musthafa examined patients and distributed free medicines during the camp.

18.03.2026: COLS and first aid training at pain and palliative perinthalmanna organised by IRCF, IMA, ISA with the support of Moulana Hospital, Perinthalmanna.

22.03.2026: Community psychiatry camp at pratheeksha pain and palliative Clinic, kootnadu by Dr. Ashish Nair, Consultant Psychiatrist of EMS Hospital.

22.03.2026: Dr Vishnu Radhakrishnan has been the faculty at malabar obesity master class

24.03.2026: World TB day observation by conducting class & Sputum Screen for Autodrivars.



25.03.2026: COLS and first aid training at pain and palliative perinthalmanna organised by IRCF, IMA, ISA with the support of Moulana Hospital, Perinthalmanna.

25.03.2026: Executive meeting presided over by Dr. Sharafudheen KP, President of the branch.

29.03.2026: Community psychiatry camp at Elamkulam attended by Dr. Ashish Nair.

3rd runners up in IMA state chess and caroms championship & secured 4th in both.

31.03.2026: General body meeting presided by Dr. Sharafudheen K. P., president of the branch.

CME on 'Newer Antibiotics' by Dr. Shaji A. Gafoor, Chief Physician at Craft Hospital,

Perinthalmanna & on 'The Power of Minimal Invasive Surgery' by Dr. Mahesh Rajagopal, Surgeon at Moulana Hospital, Perinthalmanna.

Dr. Girish Gnanadas acted in a film named "Nimitham" An awareness article was published by WIMA member Dr. Bindhu highlighting the growing concern of excessive mobile phone usage among children. The

article emphasizes that prolonged screen time can negatively affect children's physical and mental health, including poor vision, reduced concentration, sleep disturbances, and behavioral changes.

A Glaucoma Awareness and Screening Programme was organized by the Indian Medical Association in association with the Women's Wing of IMA as part of World Glaucoma Week (March 8–14) through social media.

29 VADAKARA

06.03.2026: An awareness class on breast cancer and cancer screening programme at IMA hall vadakara.

07.03.2026: International women's day was celebrated as a family meet in association with WIMA at IMA hall.



10.03.2026: Online executive committee meeting.

13.03.2026: Iftar family meet conducted at IMA Hall. Dr.Kunjimoosa senior practitioner Ceeyem hospital gave the ramzan message.

24.03.2026: Observed world TB day.

GB and CME on Decoding breast and lung cancer: A pathology journey from biopsy to biomarkers by Dr.Manjusha MP and Understanding thyroid tests: correct interpretations by Dr.Asharaf.



30 KOLLAM

04.03. 2026: Executive Committee meeting at Dr.S.Mohandas Memorial Hall.

05.03.2026: VBD camp was conducted at Mannam Memorial NSS College, Kottiyam. An awareness class given along with the blood donation. On this day 19 donors donated blood.

07.03.2026: An internal camp was conducted at IMA Blood Centre in association with KSFE Kollam Branch. A talk on blood donation and its benefits was given to the members of KSFE by Dr. AnithaBalakrishnan.

10.03.2026: Observed World Glaucoma Week from March 8-14, 2026 and conducted GLAUCOMA WALKATHON flagged off by Sri.M.Noushad, MLA.

13.03.2026: HPV Vaccination Drive at Govt Victoria



Hospital Kollam.

27.03.2026: General Body Meeting and CME on FACILE VIEW OF IV FLUIDS... WHICH IV FLUID & ITS INDICATIONS at Dr S Mohandas Memorial Hall by Dr.V.BALACHANDRAN, Physician, Dr Nair's Hospital, Kollam.

31 NEDUMBASSERY

26.03.2026: CME session was conducted as part of the Ramadan activities. The session was delivered by Dr. Basheer on the topic "Hypertension in Young and Middle Age: Know the Hidden Truth".

32 KODUNGALLUR

10.03.2026: Executive Meeting and an Extended General Body Meeting. CME session was also organized, which turned out to be highly informative and was well attended by members, adding academic value to the gathering.

17.03.2027: Organized an Iftar gathering, bringing members together in the spirit of unity and community, marking the occasion of breaking the fast. Also celebrated Women's Day. The celebration included a variety of cultural activities such as songs, dance performances, poetry, and a fashion show. The event was lively and inclusive, with family members also joining in, making it a grand success.

33 VALANCHERRY

14.03.2026: Organized an Iftar party.

26.03.2026: General Body Meeting at doctor's club valanchery chaired by the branch president Dr. Abdurahiman with the welcome speech.

34 MUKKOM

26.03.2026: General body meeting & CME

35 KANJIRAPALLY

10.05.2026: The General body meeting and academic session. The guest speaker was Dr Ganesh VL, Consultant neurosurgeon Sunrise Hospital Erattupetta, who spoke about the topic, real indication of spine surgery and is endoscopic spine surgery really better?

An active discussion followed the session

36 PALAKKAD

06.03.2023: Women's Day Celebration.

37 KADAKKAL

28.03.2026: Executive Meeting

38 CHERUKUNNU

08.03.2026: As part of glaucoma awareness fortnight, CME by glaucoma specialist Dr Swetha.

39 KALPETTA

27.03.2026: COLS session for 60 Sarpa volunteers from across the state at Vallakkadavu, Periyar Tiger Reserve.

40 MALAPPURAM

24.03.2026: The GB cum CME & Women's Day Celebration at IMA Hall, Malappuram.

The CME on "Acute Vertigo in Clinical Practice" by Dr. Abdul Azeez M A, Consultant ENT Surgeon, Aster MIMS Kottakkal. Ms. Sona S Prakash, prominent athlete and coach, attended as Chief Guest and addressed the gathering.

Dear Members,

Please be informed that branch reports should be brief and include only one photograph highlighting the most important event.

Kindly send the report for the previous month to the official email newsletter@imakerala.com on or before the 10th of every month.

Expecting your cooperation in this regard.

Thank you

Dr. Roy R. Chandran

State Secretary, IMA Kerala

WIMA STATE ACTIVITIES

**MARCH
2026**

STATE ACTIVITY

INTERNATIONAL WOMEN'S DAY: 08 MAR 2026

IMA WIMA KSB celebrated International Women's Day with great enthusiasm and participation. The event, titled "Shakthi," was graciously hosted by WIMA Kothamangalam Periyar House Aluva and it proved to be a vibrant and meaningful gathering that seamlessly blended academic enrichment, professional interaction, and cultural celebration. The event was inaugurated by Dr. M. N. Menon, State President IMA KSB, who emphasized the significance of the theme "Give to Gain" and the growing leadership role of women doctors in IMA. Guest of Honour Dr. Manju Vasudevan delivered a thought-provoking address on environmental responsibility and sustainability.



The WIMA chairperson Dr Nirmala Prabhu was the invited guest at the WIMA Muvattupuzha IWD celebrations on 07 Mar where she delivered the message & addressed all the WIMA members.

The WIMA Secretary Dr Sapna Nambiar participated at the IWD celebrations; "Jwala" of WIMA Kunnamkulam branch on 07 Mar & "Aarohan" of WIMA Kozhikode branch on 15 Mar 2026.

BRANCH ACTIVITY

(A) North Zone

WIMA KOZHIKODE

1. BLOOD DONATION CAMP in association with IMA Kozhikode and W&C Hospital Kozhikode was held wherein 44 Members donated blood.



2. Kozhikode WIMA Members actively participated in the State program with Dr Sreela P and Dr Sheeba Ninan securing the first and second prizes in Raja Ravi Varma model show conducted there.

3. Cervical cancer screening and awareness session was conducted at UPHC Mankavin association with Kozhikode Corporation.

4. HPV vaccination awareness session and adolescent health class was conducted for the students and teachers at College of dairy science and technology, Pookode & at Guruvayurappan College, Kozhikode

5. Aarohan, the International Women's Day was celebrated with utmost enthusiasm and spirit on 15 Mar 2026.

WIMA PAYANNUR

1. Members attended the workshop on Leadership Skills organized by IMA Taliparamba on 22nd March.

2. Awareness class on HPV vaccination was held at Puthiyankavunganwadi on 18 Mar.

3. Kiranam : Prevention of blindness / Health check up / eye check camp was conducted in association with Glaucoma awareness observation week, at Co-operative hospital.

4. IWD was celebrated with all its vigor with a boat trip.

WIMA KASARGOD

1. HPV vaccination awareness held at Dreamflower hospital by Dr Parvathy.

2. "Swasthi": Dance fitness session by instructor Mr Devansh Rai & Family Karaoke was held on 29th March 2026. Trek to Nishani Motte Betta, Coorg was an enriching experience for

all the members.

3. Empowering WIMA with AI; Talk was given by Dr Praveen M Naik from Mangalore, during the women's day celebration.

WIMA KONDOTTY

1. Cervical cancer screening and HPV vaccination awareness sessions was taken by Dr Hasnath, MO Nediyrripp for 200 students at College of pharmacy, Pullikal.
2. Reproductive medicine and menstrual hygiene session on International women's day was taken for nearly 60 students Blossom College, Pulikkal.



WIMA THALASSERY

1. WIMA Thalassery actively participated in the WIMA State celebration of International women's day on 8th March held at IMA Periyar House, Aluva. Dr. Biji M S & Dr. Geetha Mekkoth attended the program.
2. Awareness class on HPV vaccination conducted at Muzhappilangad community hall for health care workers, panchayat members & Asha workers by Dr Sreeja Viswan.
3. HPV vaccination campaign conducted for WIMA members and family. 7 members vaccinated.
4. Class on Financial Management and Smart Fund Selection for Investments was taken by Dr Ajith Menon focussing on helping participants understand the basics of financial planning and managing personal finances.
5. International women's day was celebrated with a unique twist at beachside homestay property. A heartfelt "Walk Through the Memory Lane" session revisited the beautiful journey of WIMA, adding a touch of emotion to the festivities with beach vibes, laughter, and togetherness. Senior WIMA members Dr Radha V, Dr Radha TV and Dr Suchithra Sudheer were honoured.



WIMA PERINTHALMANNA

1. HPV vaccination class was conducted for the young adolescent nursing staff of ALSHIFA and the children of WIMA members. 314 beneficiaries have been provided with free 1st dose of Ceravac vaccine.
2. A class on Artificial Intelligence was taken for the members with continuing tips.
3. Cancer Awareness Class was conducted at EMS Hospital by WIMA members Dr. Kochu S. Mani and Dr. Rakhi, who addressed the participants on the importance of early detection, preventive strategies, and timely treatment of cancer.
4. Executive committee meeting for the planning of the various programs and conduct of WIMA North zone fest was carried out.



WIMA MANJERI

1. HPV Vaccination Camp was conducted at Malabar Hospital & second dose of vaccine given to the beneficiaries.
2. The Women's Day celebration was conducted on 28th March at Doctors Enclave, Manjeri with an interactive session on menopause and perimenopause led by Dr. Sunayana, Gynaecologist from Korambayil Hospital, Manjeri.

WIMA VADAKARA

1. International Women's Day was celebrated on 7 Marat 7:30 p.m. with great enthusiasm and participation from members, families, and invited guests. The event was graced by the Chief Guest, Smt. Prasanthi Parambath, Municipal Standing Committee Chairperson, whose presence added significance to the occasion.
2. A Women's Day themed quiz competition was conducted to enhance awareness about women's health, achievements of women, and important health topics. The quiz encouraged participants to learn more about women's contributions to society and medicine.
3. Essay competitions were organized for both school and college students. The competition aimed to encourage young minds to think and write about topics related to women's empowerment, health awareness, and social



responsibility.

WIMA TALIPARAMBA

1. HPV Vaccination campaign was held at Lourde Hospital, Taliparamba. Dr Joseph Benevan, Past President IMA KSB inaugurated the session with awareness on prevention of cervical cancer through timely HPV vaccination to medical students, nursing students and adolescent children. Around 50 beneficiaries were vaccinated

WIMA KOTAKKAL

1. Glaucoma week was observed with awareness programs, free consultations and evaluations done.
2. Plan for organizing of a summer workshop camp for enhancing the skills of children promoting their mental health with engaging them in group activities & polishing of the natural inborn talents was finalized.

(B) Mid Zone

WIMA PERUMBAVOOR

1. Actively participated in the State WIMA Program Shakthi on 08 Mar at Aluva.
2. "Swasthi" Kalari & Zumba dance fitness classes were conducted for the doctors, spouses and children.
3. Health education seminar with interactive session on menstrual irregularities was taken for the students of Marthoma College for women, Perumbavoor.
4. International Women's Day celebration was organized on 18 Mar wherein two senior WIMA members of the branch, Dr Prasanna KV and Ms. Suchitra P Nair were honoured.

WIMA MUVATTUPUZHA

1. International Women's Day celebration was held on 7 Mar at Rotary Hall. The event combined a formal inauguration session with honours and a vibrant cultural programme.
2. A special highlight was the felicitation of past Women IMA Presidents – Dr Sreekala Sarma, Dr Annie Uthuppan, and Dr Manju Rajagopal – along with WIMA members Dr Agnes Mathew and Mrs Jessie K Issac, in recognition of their



leadership and contributions. An appreciation award was presented to Dr Tamanna Shenoy, Secretary of WIMA Muvattupuzha for the year 2024–25.

3. Actively participated in the celebrations by WIMA Thodupuzha strengthening the spirit of unity, empowerment, and collective growth among women in medicine.

WIMA KOTHAMANGALAM

1. The State WIMA function, "Shakthi" on International women's day was hosted by WIMA Kothamangalam at the Periyar house, Aluva. Over 100 members attended the event with participation from all zones and districts.
2. CME on Glaucoma for branch members, in connection with World Glaucoma Week was organized.



3. An awareness class on cervical and breast cancer and HPV Vaccine for the ICDS workers of Idavetty Panchayat was held, where 130 people attended.
4. WIMA organized a training session on Leadership and Communication Skills for the members; Dr. Nikhil Joseph Martin, (Master Trainer, IMA Leadership and Communication Skills) led the session which was very interactive.

WIMA IRINJALAKUDA

1. Attended international woman's day celebrations at IMA house, Aluva March 8.
2. As a part of empower and protect initiative of WIMA, walkathon was conducted, to promote awareness regarding domestic violence and dowry related harassment and deaths.
3. Cervical cancer screening and breast cancer screening program was conducted in Co-operative hospital.

WIMA THODUPUZHA

1. A walkathon was conducted in association with BMH Thodupuzha where around 50 WIMA members



participated at the midnight of March 7th, symbolising the freedom to women to be free and safe at night.

2. IWD was celebrated on 11 Mar in a grand manner with variety entertainments and awareness class about Ca cervix and HPV vaccination.

WIMA NEDUMBASSERY(NRI/PRAVASI OMAN)

1. Giving Moment: The Ramadan Kit Distribution Charity Drive was organized using donations received from IMA and WIMA members and was successfully executed. A total



of 101 Ramadan kits were distributed to less privileged manual labourers from selected lab/our camps across Muscat and deserving working women in need.

2. Women's Day Online Meetup and Book Club Inauguration- The program was conducted in line with the theme "Rights, Justice, Action for All Women and Girls" and the message "Give to Gain."

3. Sisterhood Iftar Party- Members and their families gathered together for Iftar to celebrate the spirit of Ramadan in an atmosphere of togetherness and sisterhood. The gathering provided an opportunity for members to connect, share experiences, and spend quality time with their families and friends.

4. Online Session – AI in Clinical Practice The session featured speakers from Germany and a practicing Family Medicine Consultant from the NHS, UK, who shared their knowledge and experience on the use of Artificial Intelligence in clinical practice.

WIMA KUNNAMKULAM

1. International Women's Day function, "Jwala" was celebrated on the 07 Mar, Senior gynecologists Dr Kamala Unni and Dr Sara Thomas who were pioneers in the field and mentors of many doctors in this area were honored. Two young energetic doctors Dr Suzana and Dr Jasmi were honored for academic excellence.

2. Active participation by WIMA members in the State IWD was ensured with Dr Dhanya and Dr Pinky participating in Ravi Varma model fashion show competition. Dr Vanaja and Dr Krishna Priya with their singing entertained the audience.

3. Free health checkup for women was done at Unity hospital in association with Malayala Manorama.

WIMA MADHYA KERALA

1. International Women's Day was celebrated on 13/3/26 at

IMA House, Aluva. Sessions to boost the mental health and enlighten all on physical fitness were taken.

2. WIMA MKB members participated enthusiastically in the IWD event of WIMA KSB. Dr. Rajeshwari Amma, WIMA KSB Advisor addressed the gathering and Dr Gisy George won



the "Raja Ravi Varma Model Fashion Show Competition," where participants elegantly portrayed iconic themes inspired by the legendary artist's works.

3. Executive committee meeting was held on the 03 Mar to plan all the events.

WIMA COCHIN

1. Dr. Pushpa Isaac addressed the congregation at St Mary's Church, Chetpet, Chennai, on the occasion of International Women's Day. Dr. Lissamma Joseph spoke on



menstrual hygiene and sexual health at Kochi business school Edachira Kakkannadon 09 Mar.

2. Dr Shantha Eraly gave a talk on Healthy Aging and took a BLS class at YWCA on 19 March.

3. A CME was held at Marriot Hotel on the topic, "Fuelling Conversations that impact Obesity and type 2 Diabetes.

4. Active participation in the WIMA KSB International Women's Day at Periyar house Aluva and Thanima, IMA was ensured.

WIMA KOTTAYAM

1. International Women's Day was celebrated on 12 Mar with Smt Thejomayi Thampuratti S, Chief judicial magistrate of Kottayam inaugurating the function. Dr Linny Markose, Senior Gynaecologist and Prof Anju Sosan George, 1st Lady Principal of CMS College Kottayam were honored in the function.

WIMA KODUNGALLUR

1. International Women's Day programme was conducted on March 17th by IMA Kodungallur, along with a nombuthura that brought together all family members.

WIMA KARAKONAM

1. International Women's Day celebrations was done on the 04 Mar wherein under the theme #GiveToGai. The leadership announced a new Blood Donation Camp for women and a Health Screening Camp to provide immediate medical support to the local community. The event combined professional recognition with community health advocacy.
2. Active participation in State event on International Women's day of WIMA KSB was ensured.
3. Health awareness session on Reproductive health and menstrual hygiene was held at Moderator Gladstone CSI Institute of legal studies Cheruvarakkonam on 13/03/2026.
4. Tuberculosis awareness rally was held on 24th Mar as part of observance of World TB Day. The rally served as an effective initiative to educate the public and reinforce the commitment towards eliminating tuberculosis. Health awareness session on TB was held at Family Health Centre, Chemboor on 18/03/2026, 2:00 to 3:30 pm.

WIMA KAZHAKOOTAM

1. Actively participated in the WIMA KSB event on International Women's Day on 08 Mar with two members taking part in the Raja Ravi Varma fashion show program.
2. An early Women's Day celebration at the Trivandrum Bar Association on the 5th of March was conducted emphasizing



on Post menopausal issues & Ca cervix awareness.

3. GB meeting was held on the 30 Mar with discussions on the WIMA South Zone event to be hosted in Aug 2026 along with scientific talks.

WIMA NEMOM

1. Cancer Awareness program was held in NIMSMEDICITY, Neyyattinkara in connection with the International Women's Day.
2. WIMA members attended the State Level Inauguration of International Women's Day Celebrations at IMA Periyar House and actively participated in the entertainment program.
3. Breast Cancer Awareness and detection program was organized at the South Region Office of Cananra Bank, Thiruvananthapuram.
4. Valsalyam Camp at Karakkamandapam was well attended and more than 50 participants including ASHA Workers and Anganwadi Workers attended the camp. Breast Cancer Awareness and detection program was well co-ordinated.



WIMA KAYAMKULAM

1. A Seminar was conducted by Dr Priti Bhama, consultant Physician and Dr Rukhmini, consultant Gynecologist about women health on 08 Mar IWD. They covered various aspects of women health including preventive care, physical activities, mental health and common gynaec ailments and its consequences.



2. Health awareness talk at St Thomas Hospital, Kattanam was led by Mrs. Brinda, level 5 international fitness trainer and 75 women attended the program.



Medicine and law have always shared an uneasy proximity, but nowhere is this tension more acutely felt than in the domain of women's healthcare. Decisions around pregnancy termination, fertility treatment, sterilisation, and the examination of survivors of sexual violence carry profound clinical, ethical, and legal dimensions. For the registered medical practitioner (RMP) in Kerala, navigating this landscape demands more than clinical expertise — it requires a working literacy of the statutes that govern every procedure.

This article distills the essential legal framework across five critical areas: Medical Termination of Pregnancy (MTP), Assisted Reproductive Technology (ART), sterilisation, rape, and the Protection of Children from Sexual Offences (POCSO). Think of it as a practitioner's field guide — not a substitute for legal counsel, but a map of the terrain.

"A doctor who documents well, consents properly, operates at approved places, and treats every patient with dignity will never fear the law."

1. Medical Termination of Pregnancy (MTP)

The MTP Act of 1971, significantly amended in 2021 and further interpreted by the Supreme Court in 2022–23, defines the boundaries within which a lawful termination can be performed. The law is clear on three key questions:



Dr. Indu B.R.

MBBS, DGO, MS (Obstetrics & Gynaecology), FMAS
Lead Consultant, Department of Obstetrics,
Gynaecology & Minimal Invasive Surgery
Welcare Hospital, Vytilla, Ernakulam

who can do it, where, and up to when.

Who Can Perform a Termination?

A qualified RMP must satisfy at least one of the following:

- Hold a postgraduate degree or diploma in Obstetrics & Gynaecology (MD/MS/DGO)
- Have completed six months of OBG experience during MBBS internship or subsequent practice
- Be recognised as a gynaecology specialist by the State Government
- Be an AYUSH practitioner — permitted only where no allopathic doctor is available, and within limited scope

Where Can It Be Performed?

The law is unambiguous: only at an approved place. This includes government hospitals (PHC, CHC, district hospitals, medical colleges) and private facilities certified under Form B by the District Approval Committee. Home settings, unapproved clinics, and a doctor's chamber are explicitly prohibited.

Performing MTP at an unapproved place carries rigorous imprisonment of up to 7 years under Section 5 of the MTP Act.

Gestational Limits

Up to 20 weeks, one RMP's opinion suffices. Between 20 and 24 weeks, two RMP opinions are required, and eligibility is restricted to special categories: survivors of rape or sexual assault, minors, women whose marital status has changed during pregnancy, those with physical disability of 40% or more, women with mental illness or intellectual disability, those in humanitarian or disaster settings, and pregnancies with fetal anomalies incompatible with life.

Beyond 24 weeks, a State Medical Board must authorise the procedure, limited to severe fetal anomalies, and must be performed at a government hospital.

A landmark Supreme Court ruling (2022–23) confirmed that unmarried women cannot be excluded from the 24-week window. Equally important: the consent of a husband or partner is not required.

Consent and Confidentiality

For a competent adult woman, only her own written consent is required. For minors, a guardian's written consent is needed, with the minor's assent also desirable. Rape survivors need only their own consent — no FIR is required before an MTP.

The 2021 amendment introduced Section 5A, which makes the woman's identity strictly confidential. Violation — whether by a doctor, nurse, police officer, or media outlet — is punishable by up to one year's imprisonment and a fine.

Practical Safeguards

Documentation is everything. Practitioners should confirm their name is on the approved list, verify gestational age by ultrasound, spell out the clinical indication in the case file, obtain written informed consent in the woman's own language, and never disclose fetal sex under any circumstances (PCPNDT Act).

2. Assisted Reproductive Technology (ART)

The ART (Regulation) Act 2021 and the Surrogacy (Regulation) Act 2021 together create a comprehensive framework for fertility treatment in India. ART clinics must be registered with the National Registry maintained by the ICMR.

Who Can Offer and Access ART?

Clinicians must hold an MD/MS in OBG with specialised ART training. The clinic's medical director must have at least five years of specialist experience. Registered ART banks require a qualified embryologist (MSc/PhD in Life Sciences with training).

Access is available to married couples, unmarried women (single mothers), and individuals within the age range of



21–50 years for women and 21–55 for men. The Act currently does not permit ART for same-sex couples or live-in partners.

Consent and Donor Protocols

Written informed consent is required from all commissioning parties. Gamete donors must consent in writing and remain anonymous; they have no legal claim on any resulting child. A child born via ART is a legitimate child with full inheritance rights.

Critically, sex selection of embryos is absolutely prohibited under the PCPNDT Act, and all records must be maintained for a minimum of 25 years.

Surrogacy: Altruistic Only

Only altruistic surrogacy is permitted — by a close relative, with no commercial arrangement. Commercial surrogacy is a criminal offence under the Surrogacy Act.

3. Sterilisation — Male and Female

Sterilisation procedures are governed by MoHFW guidelines and carry specific legal responsibilities around consent and post-procedure documentation.

Female Sterilisation (Tubal Ligation)

An MBBS doctor with at least three months of OBG training, or a postgraduate OBG specialist trained in laparoscopic

TL, can perform the procedure at a CHC, government hospital, or approved private facility with an anaesthetist present.

The woman's written consent alone is sufficient by law — her husband's consent is not required. Post-partum sterilisation consent during labour is valid only if pre-labour counselling was conducted and documented.

Male Sterilisation (Vasectomy)

Any MBBS doctor with specific No-Scalpel Vasectomy (NSV) certification can perform vasectomy at a PHC, CHC, district hospital, or even at certified mobile camps. The husband's written consent alone is required.

Semen analysis at three months post-procedure to confirm azoospermia must be documented. Failure to do so, or to counsel on the failure rate (approximately 0.1%), exposes practitioners to negligence claims.

Sterilisation failure leading to pregnancy can constitute medical negligence if failure-rate counselling was not documented. A 'wrongful birth' claim is legally tenable in India.

4. Rape — Medico-Legal Management

The medico-legal management of rape survivors is one of the most sensitive responsibilities in clinical practice. The law is clear, and practitioners must be too.

Mandatory Free Treatment

Under Section 357C of the CrPC, every hospital — public and private — is legally obligated to provide free first aid and treatment to rape survivors. Refusal is a criminal offence. No FIR is required before examination; the doctor must examine immediately.

Who Can Examine?

Any MBBS-qualified doctor can conduct the examination and collect forensic samples. A female doctor is preferred; if unavailable, a male doctor must have a female attendant present throughout. The examination must be trauma-informed and non-judgmental.

Sample Collection

The evidence collection protocol is detailed and must be followed precisely: high vaginal swabs for semen and DNA, ectocervical and endocervical swabs, vulval and anal swabs as appropriate, nail clippings, bite mark swabs (wet-dry

technique), oral swabs if applicable, venous blood for DNA profiling, urine for drug and alcohol screening, STI baseline serology, and a pregnancy test. All clothing must be collected in separate paper bags.

Chain of Custody

Every sample must be labelled with name or ID, date, time, and body site, then sealed and signed across the seal. Samples are documented in the MLC register immediately and handed over to the investigating officer with a written acknowledgement. Samples travel to the Forensic Science Laboratory in sealed, tamper-proof packets.

Documentation: Do and Do Not

Use objective anatomical descriptions. Never use value-laden terms such as 'habituated to sexual intercourse'. Never conclude that rape occurred or did not occur — that is the court's determination. The two-finger test is legally and scientifically invalid and must not be used.

5. POCSO — Protection of Children from Sexual Offences

The POCSO Act 2012 (and Rules 2020) is gender-neutral and applies to any child below 18 years of age. Its most critical provision for healthcare workers is the mandatory reporting duty.

Mandatory Reporting

Any person — including doctors, nurses, and teachers — who suspects or knows of a POCSO offence must report it to the Special Juvenile Police Unit (SJPU) or local police immediately. There is no discretion.

Failure to report under Section 19 POCSO is a punishable offence under Section 21: up to six months' imprisonment, a fine, or both. This duty overrides doctor-patient confidentiality when a minor is involved.



Crucially, reporting and treatment must proceed simultaneously — do not delay clinical care pending police arrival.

Clinical Examination of Children

A child must never be examined by force. The examiner must explain every step in age-appropriate language. A guardian or trusted adult may be present. The same forensic sample collection protocol as for adult rape survivors applies.

Following examination, refer to the Child Welfare Committee (CWC) for a protection order and contact CHILDLINE (1098) if the child needs protective custody.

Kerala-Specific Protocols

Kerala has developed an integrated response infrastructure. Sakhi One-Stop Crisis Centres at district level provide medical, legal, and psychological support within 24 hours. District Women and Children Hospitals are designated POCSO examination centres. Special Sessions Courts serve as designated POCSO courts, where doctors may be called as expert witnesses.

10 Golden Rules to Stay Legally Safe

- Always document — if it's not written, it didn't happen
- Consent must be free, informed, and from the right person
- Never perform any procedure at an unapproved facility
- Maintain strict confidentiality — especially in MTP and rape cases
- Never disclose fetal sex under any circumstance (PCPNDT)
- In rape/POCSO cases — treat first, paperwork follows
- POCSO mandatory reporting overrides confidentiality
- The two-finger test is illegal — never use it
- Failure risk must be counselled and documented in sterilisation cases
- When in doubt — consult a senior, refer, and document your reasoning

"The law does not target doctors who act in good faith, document diligently, and place their patient's dignity first."



Conclusion

The intersection of medicine and law can seem daunting, but the five domains covered here follow a consistent internal logic: qualification, approved setting, correct consent, careful documentation, and confidentiality. Practitioners who build these habits into their daily workflow will find that the law is not adversarial — it is, in fact, their best protection.

Across MTP, ART, sterilisation, rape examination, and POCSO, the patient's rights are at the centre of every statute. A clinical culture that honours those rights — through genuine informed consent, trauma-sensitive care, and meticulous record-keeping — is both legally sound and ethically imperative.

References & Legal Instruments

- *MTP Act 1971 (Amendment 2021)*
- *ART (Regulation) Act 2021*
- *Surrogacy (Regulation) Act 2021*
- *POCSO Act 2012 & Rules 2020*
- *BNS / CrPC Provisions*
- *MoHFW Clinical Guidelines on Family Planning 2023*
- *Kerala Sakhi One-Stop Centre & KGMC Protocols*

STATE ACTIVITIES

APRIL 2026



State Secretary attended the meet the candidates program at IMA KOZHIKODE



Managing Committee Meeting of Schemes & Projects @ IMA Periyar House - 26th April 2026



Inauguration of Adult vaccination program at Kozhikode - 07th April 2026



COLS & AED Training conducted for staff at Hqs in observance of World health day - 7th April 2026



World health day observation Kozhikode - 07th April 2026

BRANCH ACTIVITIES

April 2026



1

KASARAGOD

02.04.2026: Executive Committee Meeting at IMA Hall Kasaragod.

05.04.2026: Half day CME on World Health Day - Together for health, Stand with science

07.04.2026: Observed world health day with 3 Sessions of ELS/BLS classes at various institutes, online awareness classes was inaugurated by Dr. Janardhana Naik CH. Trainer Dr Krishna Naik, District ELS/BLS Core committee.

16.04.2026: General Body Meeting at IMA House Kasaragod. CME on Preventing Herpes Zoster in Patients with Cardio metabolic Diseases by V K Vineeth, Consultant, Infectious Diseases.



24.04.2026: CME on "Approach to a case of Vertigo" by DrSreenivasKamath K Consultant ENT Krishna Hospital.

26.04.2026: Attended WIMA State MEET at IMA Perinthalmanna

2

MUVATTUPUZHA

07.04.2026: World Health Day Seminar - DrMuhammed Hassan, President, delivered the talk on Healthy living for healthcare workers, organized in association with MBMM Hospital

16.04.2026: Executive Committee Meeting at the IMA Hall, Muvattupuzha.

18.04.2026: BLS Training session was conducted by DrMuhammed Hassan and Dr Ravi Kamath for Municipal Councilors and Officers.



21.04.2026: BLS Training session for general public by DrAshish Kishore and Dr Thomas Mathew.

22.04.2026: Medical support camp for Retired Police officers with the help of BMH Hospital and team was led by Dr Ravi Kamath.

23.04.2026: General Body Meeting at the IMA Hall, Muvattupuzha. IMA AMS Meeting, the topic on Hemato-oncology was presented by DrMobin Paul, Consultant at Aster Medcity Kochi.

26.04.2026 to 29.04.2026: Family tour from Mumbai to Kochi in Cordelia Cruises.

3

KOTTAYAM

13.04.2026: Inter-Branch Cricket & Team Selection held at the MCH Ground.

22.04.2026: Medical fraternity paid solemn tribute to late Dr. Mary George.

23.04.2026: General Body Meeting & CME on "Pulmonary Embolism" by Dr. Anju Merry Devasia, Sr. Consultant,

Critical Care Medicine, Mar SleevaMedicityPalai and on "Interventional Radiology to the Rescue" by Dr. Jospaul Lukas, Sr. Consultant, Interventional Radiologist, Mar SleevaMedicityPalai.

25.04.2026 & 26.04.2026: State Cricket Tournament.

4

KOTHAMANGALAM

02.04.2026: An awareness class for Anganwadi Workers, on "Autism and Early Brain Stimulation", in connection with World Autism Day. Ms Linu Elizabeth Jaison, Clinical Psychologist led the online session, which was organized in association with ICDS.

03.04.2026: An awareness class on POCOS, Sexual and Reproductive Health for the teenage girls at NEST, Muvattupuzha. Sr. Dr. Maneesha, Consultant Obstetrician and Gynaecologist and Executive Committee Member IMA and WIMA Kothamangalam took the class for girls on Menstrual Hygiene, Reproductive Health and Cervical Cancer. 05.04.2026: An awareness class on "Healthy Ageing" for the members and family. Dr. Baby Mathew Arambankudiyil, Consultant Orthopaedician and Past President IMA Kothamangalam led the session, highlighting the importance of healthy diet, exercise and stress management in healthy ageing.

06.04.2026: An awareness class on AED and Defibrillation for the nursing and paramedical staff of Indira Gandhi College of Nursing Odakkali, in connection with World Health Day. Dr. Geeba K. George, Master Trainer, ELS Core Committee IMA Kothamangalam took the class.

07.04.2026: An ELS and First AID Training Class for the general public of Chengamanadin connection with World Health Day. Dr. Liza Thomas, Consultant Paediatrician took the class covering COLS, Heimlich Manoeuvre and other emergency situations.

Lifestyle Diseases Screening Camp at Pattarumadsamajam, Chengamanad, in connection with World Health Day. The camp was in association with Lions Club of Nedumbassery Greater, Peace Valley Nellikuzhy, Little Flower Hospital and Research Centre Angamaly, St. Joseph's Hospital Dharmagiri Kothamangalam and Aster Medicity Kochi.

Blood Donation Camp at Pattarumadsamajam, Chengamanad, in connection with World Health Day.

10.04.2026: An awareness class on "Mental and Emotional Health of Children and Adolescents for parents and children at Peak Professional Psychological Solutions, Kothamangalam, in connection with World Health Day. Dr. Bins George (Clinical Psychologist), Dr. Linu Jaison (Clinical Psychologist), Dr. Liza Thomas (Consultant Paediatrician and President IMA Kothamangalam) and Dr. Sam Paul C. (Superintendent Taluq Hospital Kothamangalam and Executive Committee Member IMA Kothamangalam) spoke on the topic, highlighting the importance of early screening

and remedial actions for mental and emotional issues in children and adolescents.

An awareness class on "Cancer, Early Detection and Treatment Prospects" for the KSEB staff of Lower Periyar Dam by Dr. Neena John, Consultant Oncologist.

12.04.2026: An awareness class on AED /Defibrillation for IMA members, in connection with World Health Day. Dr. Muneer P. Kareem (Consultant Physician and Chairman ELS Core Committee IMA Kothamangalam) and Dr. Geeba K. George (Master Trainer ELS and First AID; Member ELS Core Committee IMA Kothamangalam) trained to handle AED in case of emergencies.



A Medical Camp for the tribal population of Panthapra Adivasi Colony, in connection with World Health Day.

13.04.2026: Executive Committee Meeting.

21.04.2026: General Body Meeting.

CME on "Contemporary Management of Arrhythmias" by Dr. Praveen Sreekumar, Senior Consultant & Director, Heart Rhythm Centre, Interventional Cardiology & Electrophysiology, Aster Medicity Kochi.

CME on "Advancing Cardiac Care Through Surgical Innovation" by Dr. Manoj P. Nair, Senior Consultant, Cardiovascular & Thoracic Surgery, Aster Medicity.

Executive Committee Meeting was convened.

24.04.2026: An awareness session, in connection with World Immunization Week. The awareness class was for the general public and nursing and paramedical staff of St. Joseph's Hospital Dharmagiri. Dr. Liza Thomas, Consultant Paediatrician and President IMA Kothamangalam spoke on the "History and Recent Advances" in the field of vaccination. Dr. Biju Chacko, Consultant Paediatrician and Past President IMA Kothamangalam spoke on "Importance of Vaccination in Children and Adolescents". Lifestyle Diseases Screening Camp for the tribal inhabitants and general public of Ellickal, Idukki District, in association with St. Joseph's Hospital Dharmagiri.

26.04.2026: An Eye Camp for the tribal inhabitants and general public of Ellickal, Idukki District, in association with St. Joseph's Hospital Dharmagiri. Dr. Shihail Jinna, (Consultant Ophthalmologist and Member IMA Kothamangalam) examined the patients.

An awareness class on "Reproductive Health and Healthy Ageing" for women who attended the medical camp at St. Xavier's Hospital, Ellickal, Idukki by Sr. Dr. Maneesha,

Consultant Obstetrician and Gynaecologist.

An ELS and First AID Training class for the general public at St. Xavier's Hospital, Ellickal by Dr. Liza Thomas, Consultant Paediatrician.

28.04.2026: An ELS and First AID Training class for the staff and students of Dept. of Psychology, Indira Gandhi College of Arts and Science, Nellikkuzhy by Dr. Muneer P. Kareem, Consultant Physician and Chairman ELS Core Committee IMA Kothamangalam.



5

KOLENCHERY

29.04.2026: General body meeting and CME at Brookside Club, Kolenchery. The CME topic was on Diabetic Kidney Disease: Recent Advances in Management by Dr. George Koshy, Associate Professor, Department of General Medicine.

6

THALASSERY

05.04.2026: Dr. Rejna Dilnath attended the 12th anniversary celebrations of Ashraya charitable foundation at Town bank Auditorium.

06.04.2026: IMA officer bearers along with senior IMA leaders met the 3 candidates and handed over IMA's charter of demands and conveyed our apprehensions over the prevailing issues in the health sector.

07.04.2026: Dr. Rajeev Nambiar District representative of PCS handed over an amount of Rs 7,000 to the MCC Pediatric ward via the patient care scheme.

A Cyclathon on the occasion of World Health Day & concluded at Lions Hall Thalassery with Diabetes and hypertension screening for the participants and IMA



members. Healthy diet awareness class was taken by Dr. Sreejith, Consultant Cardiologist TCH.

Basic life support class was taken by Dr. Nadeem Abootty with a practical hands-on session.

08.04.2026: Executive Meeting

19.04.2026 & 20.04.2026: Membership Campaign

23.04.2026: Press Conference

24.04.2026: Sensitization session on TB at Sreechand Hospital Kannur by Dr. Rejna Dilnath (Secretary IMA Thalassery).

Dr. Johnny Sebastian (President IMA Thalassery) attended the inauguration of the centenary Park at Thalassery and felicitated the gathering.

The World immunization week function held at Municipal Town hall Thalassery inaugurated by Municipal Chairperson Mr. Karayi Chandrasekharan.

26.04.2026: Members attended the WIMA NZ Fest at IMA Perinthalmanna and actively participated in the cultural programme.

29.04.2026: General Body Meeting at Hotel Navarna Inn, Thalassery.



CME on Breast cancer - An overview by Dr. Vipin T, surgical oncologist & Adjuvant and Neoadjuvant Therapy in Breast Cancer by Dr. Shamir Chandran, Radiation Oncologist at MVR cancer centre.

7

PER

UMBAVOOR

22.04.2026: Ms. Jisha, Manager ESAF Bank Perumbavoor talking on investments

Fashion Show and dance team

29.04.2026: CME by Dr. Abhishek Radhakrishnan on Introduction of IVF and Dr. Smitha on Lactoferrin.

8

PAYYANNUR

02.04.2026: World Autism Awareness/Acceptance Day. Dr. Murali (Secretary IAP Pariyaram) spoke about the theme, Integration of Autistic children into society, brief features of ASD, early detection, management.

07.04.2026: First Aid Class including COLS & Choking Relief for Staff of Priyadarshini Hospital & Public inaugurated

by hospital secretary Sri Rajeevan and the training session led by DrPrasinPradeep, secretary, IMA Payyanur and DrAnusree N, secretary WIMA Payyanur.

Walkathon & Health Awareness talk in association with Walkers club & Lions club, Payyannur. Senior IMA member



and payyanur AMS president Dr K Damodaran inaugurated the program. Senior IMA member, Dr V.C Raveendran delivered talk on health awareness and on the theme.

11.04.2026: IMA Payyanur in association with BKM memorial hospital observed National safe motherhood day. DrRanjit Kumar, IMA Payyanur president, inaugurated the function. Dr Sheena Krishnan took the session on safe motherhood and care during pregnancy.

12.04.2026: Vishu-Easter-Ramzan celebration and family get together at Rotary mid town meadows hall Payyanur.

21.04.2026: IMA MSN Kannur Govt. Medical College Unit Inauguration by Dr. Sairu Philip, Principal, GMC Kannur.

Cyclothon in association with Trikaripur Cycling Club. Inauguration and flag off was done by Sri Rajesh C.P, station officer, fire and safety department, Payyanur. IMA Payyanur president DrRanjith Kumar gave a talk on the health day theme.

23.04.2026: GB & Investor awareness program (Financial awareness session) at KK residency, Payyanur.

9

KOTTARAKKARA

10.04.2026: Executive meeting and discussed various issues of doctor patient relationship. IMA Kottarakkara with KGMOA conducted CPR training for school children President Dr Anil Tharian KGMOA Kollam President and Secretary Dr Ajayakumar and Aji Ayroor both our members conducted the programme.

10

VAIKOM

A protest was conducted in response to the doctor assault incident at perinthelmannna.

Members visited multiple IMA branches to promote and facilitate registrations for the upcoming AMS Midzone Conference.

22.04.2026: General Body Meeting (GB) and Continuing Medical Education (CME). The sessions included updates on valvular heart disease and trauma resuscitation in the emergency department.

11

IRINJALAKUDA

12.04.2026: COLS ELS training class for members of family health centreVelukkara and members of Tashkent library Pattepadamby Dr T. D. Pratheep Kumar and DrAnju K Babu.

26.04.2026: An awareness class on Adult Vaccination by DrJom Jacob, Dr Usha and Dr Anju K Babu.



30.04.2026: Executive meeting at IMA hall Irinjalakuda.

30.04.2026: General body meeting at IMA hall. CME by DrGeethuGopakumar, Consultant Ophthalmologist at Nethra Eye Care Centre Irinjalakkuda on Timely referral and lifelong vision; tackling eye pressures under pressure.

12

TRIVANDRUM

07.04.2026: Observed World Health Day. District level launch of PCS pediatric palliative donation program at Dept of Pediatrics at SAT Hospital, Trivandrum.

COLS and AED training for IMA HQs staff inauguration by Dr RC Sreekumar, SZ Vice president.



Little stars launch at Regional Cancer centre, Thiruvananthapuram. Dr RC Sreekumar Vice President IMAhanded over initial donation to DrPriya HOD Paediatrics,

RCC.

18.04.2026: Executive meeting

19.04.2026: Basic Life Support Training for NSS , SPC & NCC students GVHSS Kulakkada& SVMHVSS Vendar at DrVandana Das Memorial Hall, Block Family Health Centre, Kulakkada by DrArun Mohan M, DrVivek KB, DrShahin A.

21.04.2026: Basic Life Support Training for Participants of Haj Pilgrimage as part of study class organised by Kerala State Haj Committee at Arafa Auditorium, Vallakadavu, Trivandrum by DrAggy S Valentine,DrMohanakumar R,DrVivek KB, Dr Anil Mohamed.

24.04.2026: DrSwapna S Kumar, Secretary IMA Thiruvananthapuram and DrAggy Valentine District Coordinator PCS distributing care equipment for children at Palliative OP in Thiruvananthapuram Medical College.

25.04.2026 & 26.04.2026: IMA KSB Cricket Tournament Hosted by IMA Thiruvananthapuram at Government medical college Trivandrum ground inaugurated by DrSulphiNoohu, Past State President.



29.04.2026: Inner Wheel Club of Trivandrum President MrsPoornima, Secretary MrsSobha, MrsSandhya IPP, and MrsSubha visited IMA Thiruvananthapuram branch hall and handed over a Wheel chair,diapers, catheters, essential medicines for donation to IMA Snehasanthwanam at IMA Trivandrum branch hall

General Body Meeting at IMA Trivandrum Branch hall.

30.04.2026: Handed over the little stars kits to Pediatrics oncology unit, Regional Cancer centre Trivandrum in presence of DrPriya, DrPrasanth CV, DrAggy Valentine, DrSwapna S Kumar.'

13 DESINGANAD

22.04.2026: General body Meeting & CME on "HPV Infection & Cervical Cancer" by Dr Mini SNair, MBBS, MD, Consultant Gynecologist, Upasana Hospital,Kollam and on "Sunscreens in Dermatology" by DrVijayaMohanN, MBBS, DVD, DNB, MNAMS, Consultant Dermatologist,

Meditrina Hospital, Kollam.

28.04.2026: Monthly executive meeting.

14 KOTTAKKAL

12.04.2026:Malappuram Society of Nephrology and Urology in Association with IMA Kottakkal branch conducted a CME at Aster conference hall.DrAnitha TV branch president inaugurated the programme.



Soccer Fest - 2026: Branch attended IMA Kerala state football Championship - Soccer Fest 2006 at Perinthalmanna.

26.04.2026: Two members of IMA Kottakkal branch participated in IMA Kerala State Cricket tournament represented in Malappuram district.

Members attended SYNERGY 2026 - Wima North zone fest.

30.04.2026: GB and CME by Dr Vishnu Radhakrishnan,Consultant Endocrinologist, MDCatalife Endocrine Center at Hotel LivaKottakkal on Redefining T2D care through weight reduction.

30.04.2026: 3 days summer camp for IMA Family and others inaugurated by DrAnitha TV president of the branch.

15 THRISSUR

07.04.2026: Observed World Health Day at Arya Centre for Child Empowerment, Thrissur inaugurated by Dr. P Gopikumar, IMA KSB President-elect,

12.04.2026: Actively participated Elite Bloom Again Child Development Center was inaugurated with great pride and enthusiasm at Elite Mission Hospital, Thrissur was inaugurated by Dr. Baby Thomas, President of IMA Thrissur, who graced the occasion as the Chief Guest.

17.04.2026: Membership Promotion at Daya Hospital, Thrissur & participated Membership Promotion at Jubilee Mission Hospital, Thrissur.

18.04.2026: IMA PEPS Mid zone Conclave at Hotel Elite International Hosted by IMA Thrissur. Presentation on EMR by One Glance team MrLaluSwaroop& Mr. Arun followed by

inauguration by the state president Dr MN Menon followed by address by guest of honour Dr R Ramesh, National Vice president.

19.04.2026: IMA Thrissur in Association with District Committee Thrissur and IMA Mulakunnathukavu Branch visited survivors of victims of Thrissur fire work Accident.

21.04.2026: IMA Thrissur in Association with District Committee Thrissur and IMA Mulakunnathukavu Branch visited survivors of victims of Thrissur fire work Accident. Visited the victims of Thrissur fireworks accident.



22.04.2026: IMA MEMBERSHIP CAMPAIGN conducted at Daya General Hospital.

26.04.2026: Participated Management committee meeting at IMA Periyarhouse.

Participated of IMA MSN South Zone conclave at Alappuzha Medical college.

29.04.2026: General Body Meeting and Scientific Session at Hotel Das Continental, Thrissur. Scientific Session by Dr.



Prakash K and Dr. Praveen Sreekumar from Aster Medicity, Kochi on Current Management of Gall Stone Diseases & on Contemporary Management of Cardiac Arrhythmias respectively.

16 KANNUR

02.04.2026: General body meeting & CME by Dr. Vishnu S Menon & Dr. Rahul T Sankar on Multidisciplinary Approaches in Cancer Treatment.

07.04.2026: CPR Training for Bystanders at KIMS Sreechand Hospital in connection with world Health Day.

16.04.2026: CME by Dr. Rakesh T. P on Next Generation

Sequencing for Pathogens in Clinical Practice.

23.04.2026: CME by Dr. Vinod Krishnan on Approach to Chest Pain: Acute Coronary Syndrome.

30.04.2026: Panel Discussion on Venom versus Victim: The race against time. What every clinician should know about snake bite?

17 NILAMBUR

06.04.2026: Honored with a Medallion of Appreciation from the State President for reporting the highest number of posts in the PCS Group during the year 2025-26.



07.04.2026: World health day CME by Dr. Suresh on AED and emergency management.

23.04.2026: CME on Radiotherapy and liver transplant Informative academic session on "Radiotherapy Fundamentals" by Dr. Vineeth Mathew John & on Liver Transplant – An Overview by Dr. Mohammed Fawas.

18 ALAPPUZHA

08.04.2026: IMA AMS South Zone Conference 2026 Organizing Committee meeting at IMA Hall, Alappuzha.



10.04.2026: AMS South Zone Conference 2026 at IMA House, Kayamkulam. The inaugural registration campaign by Dr. A. P. Mohammed and Dr. Avinash Raj D.

17.04.2026: IMA Alappuzha Branch Executive Committee Meeting and 2nd AMS South Zone Conference 2026 Organising Committee at IMA Hall, Alappuzha.

17.04.2026: Executive Committee and 2nd AMS Organising Committee Meeting at IMA Hall, Alappuzha.

22.04.2026: Membership Promotion Committee (MPC) Drive

Karate & Self Defense Training Session at IMA Hall, Alappuzha. "Join IMA PP Scheme to safeguard your medical practice and ensure professional security."

24.04.2026: GB Meeting & CME

26.04.2026: MSN South Zone Conclave 2026 - Praxis at TD Medical College, Alappuzha.



GB Meeting & CME on Surgical Management of Breast Cancer: Past, Present, and Future by Dr. Athul K Vasudev, Consultant Oncosurgeon, TD Medical College, Alappuzha.

IMA Alappuzha State Cricket Tournament - Brave hearts secured the 2nd Runner Up position in the State Cricket Tournament hosted by IMA Thiruvananthapuram.

19 KOZHIKODE

03.04.2026: Executive Committee Meeting
MEET THE CANDIDATE PROGRAMME

06.04.2026: State level observation of WORLD HEALTH DAY

Vaccination Camp in association with IAP on State Observation of World Health Day

@ IMA Hall, Kozhikode

07.04.2026: In association with KGMOA Kozhikode, & W & C Hospital conducted BLS training to staff of W&C Hospital.

08.04.2026: IMA CGP CME: Panel discussion on Current trends in Medical litigation:

Evolving legal Mandates and Emerging Concerns.

12.04.2026: Emerged champions in the IMA State Inter Sevens Football Tournament held in Perinthalmanna.

17.04.2026: Branch President Dr. K. Sandhya Kurup felicitated the award ceremony programme of DoST (Down Syndrome Trust) at BMH

18.04.2026: IAP Kerala football tournament – IAP Kozhikode

& IAP Malappuram were the shared winners.

19.04.2026: Branch President Dr. K. Sandhya Kurup felicitated the inaugural function of COMFLAM – CME programme of Comtrust Eye Hospital at Raviz Kadavu

20.04.2026: IMA Membership Campaign at Pediatrics, Medicine, Biochemistry dept – Medical College Calicut



21.04.2026: Branch officials attended IMA KHS Kozhikode District zoom meeting.

23.04.2026: AMS CME on To Eat or Not to Eat by Dr. Munawar Rahiman

26.04.2026: Kozhikode WIMA members participated the North Zone WIMA Conference @ Perinthalmanna and Team Kozhikode won first place in the skit.

25.04.2026 & 26.04.2026: Kozhikode IMA emerged champions in the IMA State Cricket

Tournament held at Thiruvananthapuram

29.04.2026: Observation Immunisation Awareness Week @ Taluk Hospital, Feroke in association with WIMA, IAP & FOGSI

Branch President Dr. K. Sandhya Kurup inaugurated the installation ceremony of new

office bearers of Alliance Club, Koyilandy

30.04.2026: General Body Meeting.

20 GURUVAYUR

29.04.2026: General Body Meeting and CME at IMA Hall Guruvayoor. CME by Dr. Venugopal, Senior Fertility Consultant, Birla Fertility Centre, Thrissur gave a class on 'Egg Freezing for Fertility Preservation' and Dr. L. N. Viswanathan spoke about 'Prevention of Hospital Violence'.

21 MADHYA KERALA

07.04.2026: Executive committee meeting.

COLS & AED training session at IMA Periyar House

07.04.2026: Conducted Non Communicable Disease detection camp & Lifestyle disease detection camp in connection with World Health Day.

07.04.2026: COLS & AED Training session held at IMA Periyar House led by Dr. Sr. Sheela Maria & Dr. Anitha.

19.04.2026: ELS COLS Airway Management, Choking Session at IDA Greater Kochi by Dr Anitha Krishna



Santhwanam – Monthly program of Free medical camp & distribution of medicine in old age homes.

22.04.2026: General Body Meeting. Dr Vinayak H and Dr Bobby Mathew on Anti-obesity medicines & Adult Vaccination by Dr Rafeeq AK

24.04.2026: PPMD workshop was conducted by Angamaly OG Society at Govt. Taluk Hospital, Angamaly.

Dr N Vijayakumar Received SAHRUDAYA AWARD for medico-social service by Justice Shyam Kumar Singh, High Court of Kerala

22 VADAKARA

03.04.2026: Family meet programme with assembly election candidates.



07.04.2026: Observed World health day at thodannur block panchayath office conference hall.

22.04.2026: Executive committee meeting at IMA hall.

28.04.2026: GB and CME

23 ADIMALI

29.04.2026: IMA meeting at dhanya residency Adimali. CME by Dr Shaun Sonny Jacob about detection and prevention of chronic kidney disease in primary care.

24 MUKKOM

23.04.2026: GB & CME by Dr. Sandeep Mohan on "Tricky ECGs in Regular Practice". The session was highly informative and well-received by the attendees.

25 CHERUKUNNU

10.04.2026: CME on approach to chest pain handled by Dr Vinodh Krishnan.

26 KULANADA

23.04.2026: GB and CME by Dr Tom Jose, Consultant, Neurosurgery and Spine Surgery, Lifeline Multispeciality Hospital, Adoor on "Brain and Spine Emergencies".

27 MALAPPURAM

18.04.2026: Executive Committee Meeting via Zoom

26.04.2026: Attended Managing Committee Meeting at IMA Periyar House, Aluva.

Dr. Rajesh represented IMA Malappuram District Cricket Team at the IMA Kerala State Cricket Tournament at Trivandrum, where he was adjudged the Best Wicket Keeper of the tournament. The IMA Malappuram team also secured the Runners-up position.

30.04.2026: GB Cum CME at IMA Hall, Malappuram, featuring an academic session titled "Mastering Diabetic Retinopathy Care: From Screening to Sight Saving" by Dr. Isham Palayil, Dr. Shafeena P, Dr. Sarath Sivan NV, and Dr. Nikitha N.K from New Vision Eye Hospital.

28 KOLLAM

11.04.2026: Executive Committee meeting at Dr. S. Mohandas Memorial Hall.

10.04.2026 & 11.04.2026: Gurukulam – the summer camp.

11.04.2026: VBD camp at ST George Orthodox Church, Kottarakkara in association with Thanal Rekthadanasena. An awareness class given along

with the blood donation.

24.04.2026: General Body Meeting and CME at Dr S Mohandas Memorial Hall. CME on HPV Vaccine by Dr BEENA PANICKER (Obstetrics & Gynecology) and on Pre-Term Vaccination by Dr ATHUL P MBBS, MD, DM (Neonatology).

29 KUNNAMKULAM

07.04.2026: Executive Committee Meeting.

Observed World AUTISM Day with a meaningful and compassionate program conducted at the special school, emphasizing social commitment and support for specially-abled children was inaugurated by Dr. Taj Paul Pannakkal, President of IMA Kunnammkulam.

As part of the program, branch contributed Rs. 5,000 to the special school to support the daily routine practice and welfare activities of the students.

As part of World Health Day celebrations, IMA Kunnammkulam successfully organized a mega medical camp at Palani YMCA Hall. The camp witnessed enthusiastic participation from the public, with more than 300 people benefiting from the services provided.



A team of doctors including Dr.Linto, Dr.Rishow, Dr. Avanikutty, Dr.Seethadevi, Dr.BinduBalan, Dr.Shaji P.S., Dr.Varun Krishna, Dr.Aaniipen, Dr.Karthikeyan, and Dr. Krishnabass actively examined patients and offered expert medical consultations. The camp focused mainly on lifestyle diseases, where patients received valuable medical advice, preventive health guidance, and necessary medicines free of cost.

Participated the DC Convention hosted by IMA Shoranur. The program featured fruitful discussions with state leaders, focusing mainly on strengthening organizational activities and membership development.

An informative Scheme Awareness Class at IMA House, Kunnammkulam. Dr.K V Devadas delivered an excellent and highly informative class on various health schemes, emphasizing their benefits, importance, and the significance of awareness among members. His session provided valuable guidance and encouraged active participation in health-related schemes.

The interactive session was enriched by questions and discussions from Dr.Koshy and Dr. Varghese Paul, who raised important concerns regarding the schemes and the challenges associated with them. Their queries added further clarity and value to the discussion. The second session featured Dr.Sarju P.K., who delivered a comprehensive talk on the Social Security Scheme, elaborating on its features, benefits, and relevance to members.

A condolence meeting for Dr.Mounas P. Several senior leaders and members of IMA Kunnammkulam paid their respects, expressing heartfelt condolences to the bereaved family.

As part of the Safe Motherhood initiative by IMA Kunnammkulam, a two-day awareness class was conducted for antenatal mothers admitted to Unity Hospital. The session was led by Dr.BinduBalan, who provided valuable guidance on antenatal exercises, healthy lifestyle practices, good cultural habits, and proper hygiene during motherhood.

The world liver day was observed with awareness class by Dr Tajpaulpanakkal president IMA Kunnammkulam and the health inspectors provided valuable guidance on the increasing prevalence of fatty liver disease among the population.

As part of World Immunization Week, organized an awareness class on vaccination at Unity Hospital. The session was led by Dr.VanajaVenugopal, with Dr. GanyaSrijith also delivering an informative class on the importance of immunization and preventive healthcare.

PannirPandal service program during the ThrissurPooram festival as part of its community welfare activities. The program led by Dr.Taj Paul Panakkal, President of IMA Kunnammkulam, whose dedicated leadership and financial support played a major role in the grand success of the event.

30 KODUNGALLUR

07.04.2026: Executive Committee Meeting

General Body Meeting with a CME on "Vascular Surgery – Scope and Beyond", which provided valuable insights into the expanding field of vascular surgery and was highly appreciated by the participants.



Emergency care awareness and community training through regular BLS (Basic Life Support) training sessions led by Dr. Kishore.

31 VALANCHERRY

07.04.2026: World health day awareness programme. Dr. AnuRiyas gave a class on the current diet and the diseases it causes.



Summer camp under the leadership of the vara fine arts college.

28.04.2026: General body meeting at doctor's club valanchery.

CME by Dr.Anoop.c on "Decoding polyarthritis : A clinical approach".

32 PATHANAMTHITTA

22.04.2026: GB and CME at IMA KGMOA Hall Pathanamthitta. The CME topics were common pediatric surgery cases led by Dr Tinkey L pediatric Surgeon and Approach to Brain injury by Dr Tom jose Neuro surgeon life line hospital Adoor.

26.04.2026: Family tour to windsor castle resort kottayam.

33 NORTH PARAVUR

Membership Drive

23.04.2026: General Body Meeting. Honoured Dr. CMR during the session following his election as the new Governor of the Rotary Club.

34 VANDIPERIYAR

In Association with marsleevamedicitypala imavandiperiyar branch meeting was conducted on 29th april 2026 at hotel tree top thekkady

35 KADAKKAL

25.04.2026: Executive Meeting at branch president's residence.

36 NEDUMBASSERY

16.04.2026: Fitness Club Inauguration & CME at Crowne Plaza Muscat. CME on "Management of Hypertension: Evidence-Based Strategies," by Dr.Basheer. The event also marked the official inauguration of the IMA Nedumbassery Fitness Club by Dr. Raman, Dr.Basheer, Dr. Rajiv Sunny, and Dr.Hashim through the unveiling of the Fitness Club logo.

17.04.2026: BLS Hands-on Session training session led by Dr.Hashim and Dr. Noble.

WIMA Family Sunset Dhow Cruise.

24.04.2026: Online Career Guidance Session by Ms. Varsha Rubella, Senior Career Counsellor and Trainer for students from 9th to 12th standard and their parents.



As part of the Fitness Club activities, the first physical get-together was arranged at Qurum Beach.

18.04.2026: Farewell functions for one of its senior-most members, Dr.RajamPattathu, who had been serving in Muscat for the past 36 years.

37 PALAKKAD

24.04.2026: CME

38 PERINTHALMANNA

01.04.2026: Awareness class on COLS and First Aid to people coming for Driving License at the Pain and Palliative Care Auditorium organised by IRCF, IMA, ISA with the support of Moulana Hospital, Perinthalmanna.

02.04.2026: An emergency GB at the IMA hall & media briefing also done based on a

serious and shocking incident involving a brutal attack on a senior lady gynaecologist.

03.04.2026: A Protest march has been conducted as a part of an attack on doctor which was inaugurated by the branch



President Dr Sharafudheen K P. And addressed by Dr. Santhosh Kumar M, IMA Past National Vice President Dr V U Seethi, IMA Past State President Dr Samuel Koshy, IMA Past State President Dr A V Jayakrishnan, IMA Past state WIMACHairperson Dr Kochu S Mani, IMA Past Branch President Dr K A Seethi, IMA Past Branch President Dr Nilar, IMA Past Branch President Dr Gnanadas, IMA Vice President Dr Hemalatha G, IMA Vice President Dr Jaleel K B, IMA Joint Secretary Dr Nisha, IMA SWC Member Dr Shaji Abdul Gafoor & IMA State Representative Dr Arun N M.

The authorities addressed the primary demand & all the 4 culprits have been arrested and remanded by the Court till 17/04/2026 and the strike withdrawn temporarily.

05.04.2026: Community Psychiatry Camp organized by IMA Perinthalmanna at Mankada Pain and Palliative Clinic. Dr. Ajith Premnath, the Consultant Psychiatrist of MES Medical College, examined the camp patients and distributed free medicines.

07.04.2026: Observed WORLD HEALTH DAY

IMA Patient Care Scheme has scheduled a donation program (10 kits) for needy children coordinated by Dr. Sribiju & Dr. Mumtaz.

CPR and AED/Defibrillator training for IMA members at the IMA Hall coordinated by Dr. Sasidharan, Dr. Anand, and Dr. Brijesh.

CPR & AED Training at Nehru stadium, Perinthalmanna by Dr. Anand.

CPR Training for the public given at Moulana Hospital by Dr. Sasidharan, HOD of

Anaesthesia, Moulana Hospital, Perinthalmanna.

Dr. Priya took class for patients at ARMC Hospital.

08.04.2026: Awareness class on COLS and First Aid to people coming for Driving License at the Pain and Palliative Care Auditorium organized by IRCF, IMA, ISA with the support of Moulana Hospital, Perinthalmanna.

12.04.2026: Community Psychiatry Camp at Maranchery Pain and Palliative Clinic attended by Dr. Mohammed Musthafa.

Hosted the IMA State inter-district football match at Moulana Turf, Perinthalmanna inaugurated by the State President Dr. MN Menon.



16.04.2026: The vacation camp for the kids of IMA members was inaugurated by the branch President Dr. Sharafudheen K P.

19.04.2026: Community Psychiatry Camp at Pratheeksha Pain and Palliative Clinic, Kootnadu by Consultant Psychiatrist of EMS Hospital Dr. Ashish Nair.

23.04.2026: Executive meeting

25.04.2026: TRIBAL CAMP 'SNEHAHASTHAM' - PHASE 3 - MEDICAL CAMP & HPV VACCINATION DRIVE in association with Moulana Hospital inaugurated by the IMA STATE VICE PRESIDENT Dr. Joju Pomson.

26.04.2026: COMMUNITY PSYCHIATRY CAMP AT ELAMKULAM The monthly Free Community Psychiatry Camp organized by IMA Perinthalmanna at Elamkulam in association with the EMS Trust and DMHP was held on 26/04/2026. Consultant Psychiatrist of EMS Hospital Dr. Ashish Nair attended and examined patients during the camp. Free medicines were distributed to the patients during the camp.

29.04.2026: COLS and First Aid Awareness class for people coming for Driving License by Dr. Anand Sriram & Dr. Sasidharan - organized by IRCF, IMA and ISA at Pain and Palliative Care Auditorium.

GENERAL BODY MEETING & CME by Dr. Githin Binoy George from KIMS Alshifa delivered a presentation on 'Never miss a posterior circulation stroke' and Dr. Manoj P Nair from Kims Alshifa delivered a presentation on 'Advancing cardiac care through surgical innovation' and Dr. Rajiv C on Current status of coronary Angioplasty.

The Certificate of Appreciation awarded to IMA Perinthalmanna for hosting Soccer Fest 2026 was received from the State President on behalf of the State Sports Committee.

39

NEMOM

01.04.2026: A medical camp, in association with the Kattal Devi Temple trust during the Kattal fest in connection with the Kattal Devi temple festival. Dr. A.S. Pradeep Kumar, Former Secretary of IMA Nemom Branch led the camp.

07.04.2026: In association with the Jothydev's Diabetes Care and Research Centre, organized an Awareness programme in connection with the World Health Day.

Dr.Arun Shankar, Secretary, IMA Nemom Branch led the programme.

08.04.2026: Monthly cabinet meeting on virtual platform.

09.04.2026: Executive Committee meeting at Hotel White Dammar, Pappanamcode.



14.04.2026: An interaction programme with the children in Summer Camp at Kunnappuzha, Thirumala. Kum.Ajina Jose, Civil Service winner inaugurated the camp. Dr. LeenaRatnam conducted the session on Life Style Diseases and interacted with the children.

22.04.2026: A medical camp at Poomkodu Devi temple.

25.04.2026: Represented in various State IMA Sports events by Dr.Nandu and Dr.Bevin of Nemom branch

30.04.2026: GB Meeting at Hotel White Dammar, Pappanamcode. A CME on "Management of Ischemic Stroke" by Dr.Surabhi, Consultant Neurologist, Ananthapuri Hospital and Research Centre, Thiruvananthapuram.

40 KANJIRAPALLY

14.04.2026: General body meeting and academic session at Rotary club hall, Kanjirappally.

The guest speaker was Dr. John T Johnson, Consultant endocrinologist, MarSleeve Hospital, Pala, who spoke about the topic managing diabetes beyond glucose control.



INDIAN MEDICAL ASSOCIATION Kerala State Branch

Social Media Platforms

FACEBOOK PAGE NAME: IMA Kerala State Branch

<https://www.facebook.com/profile.php?id=100093085315612>

YOUTUBE

<https://www.youtube.com/@IMAKeralaoofficial>

INSTAGRAM

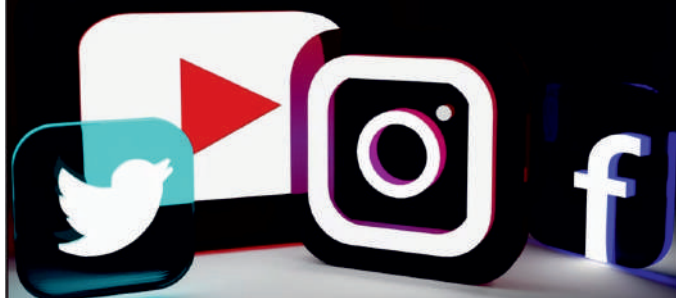
<https://www.instagram.com/imakerala>



Dr. M.N. Menon
State President
IMA Kerala



Dr. Roy R. Chandran
State Secretary
IMA Kerala



WIMA STATE ACTIVITIES

APRIL
2026

Theme: Empowered Women, Transforming Societies

WIMA KSB NORTH ZONE FEST: 26 APR 2026

“Synergy” WIMA KSB NORTH ZONE FEST was conducted successfully on the 26 Apr 2026 at IMA Hall Perinthalmanna with enthusiastic participation and a well curated academic and cultural program.

The scientific sessions had insightful talk followed by a comprehensive panel discussion on holistic well-being encompassing physical, mental, emotional and financial health featuring speakers Dr Febeena Sethi, Dr Pavithra Sharma & Mrs Nisha Rajan skillfully moderated by Dr Rema Krishnakumar. An important and thought provoking session on “Creating Safe Hospitals: POSH awareness for doctors” by Adv Indira Nair highlighted the urgent need for safe workplace environments in healthcare.

The event was inaugurated by Dr Joju Pomson, State North Zone Vice President followed by the address by the Guest of Honour Judge Suneetha KP with felicitation of Dr Sreelakshmi for her outstanding achievement in the UPSC examinations. The event had active participation from all districts of North zone with the skit competition where WIMA Kozhikode secured first place followed by WIMA Thalassery & WIMA Kottakal.



07 April 2026 - World Health Day

The programs were organized in alignment with the theme of the day, “Together for health. Stand with science”.



CCC: HPV Vaccination drive & Programs on Cancer detection & treatment

Continuing awareness drive with successful vaccinations 2nd dose carried out by various branches



11 April 2026 - National Safe Motherhood Day



WIMA & Cybersecurity:



05 April - Easter & 15 April 2026 - Vishu

Celebrations held at Rotary Midtown Meadows, WIMA Payyanur at IMA Perumbavoor respectively.



WIMA & SPORTS

19 Apr 2026: IMA & WIMA INTERDISTRICT 7S FOOTBALL SOCCER CHAMPION SHIP AND PENALTY SHOOT OUT:

WIMA Perinthalmanna Chairperson Dr Pavithra participating in the sports event. The Cricket Dhamaka Tournament organized by IMA Nedumbassery in association with WIMA Nedumbassery was successfully conducted on 10 Apr 2026 at PS Ground, Darsait.



26 April 2026 - WIMA KSB NORTH ZONE FEST hosted by IMA/ WIMA Perinthalmanna



28 April 2026 - WORLD DAY FOR SAFETY AND HEALTH AT WORK

Discussion on stress management at work and how to overcome it was discussed by WIMA members of WIMA Kozhikode



29 April 2026 - Celebration of International Dance Day

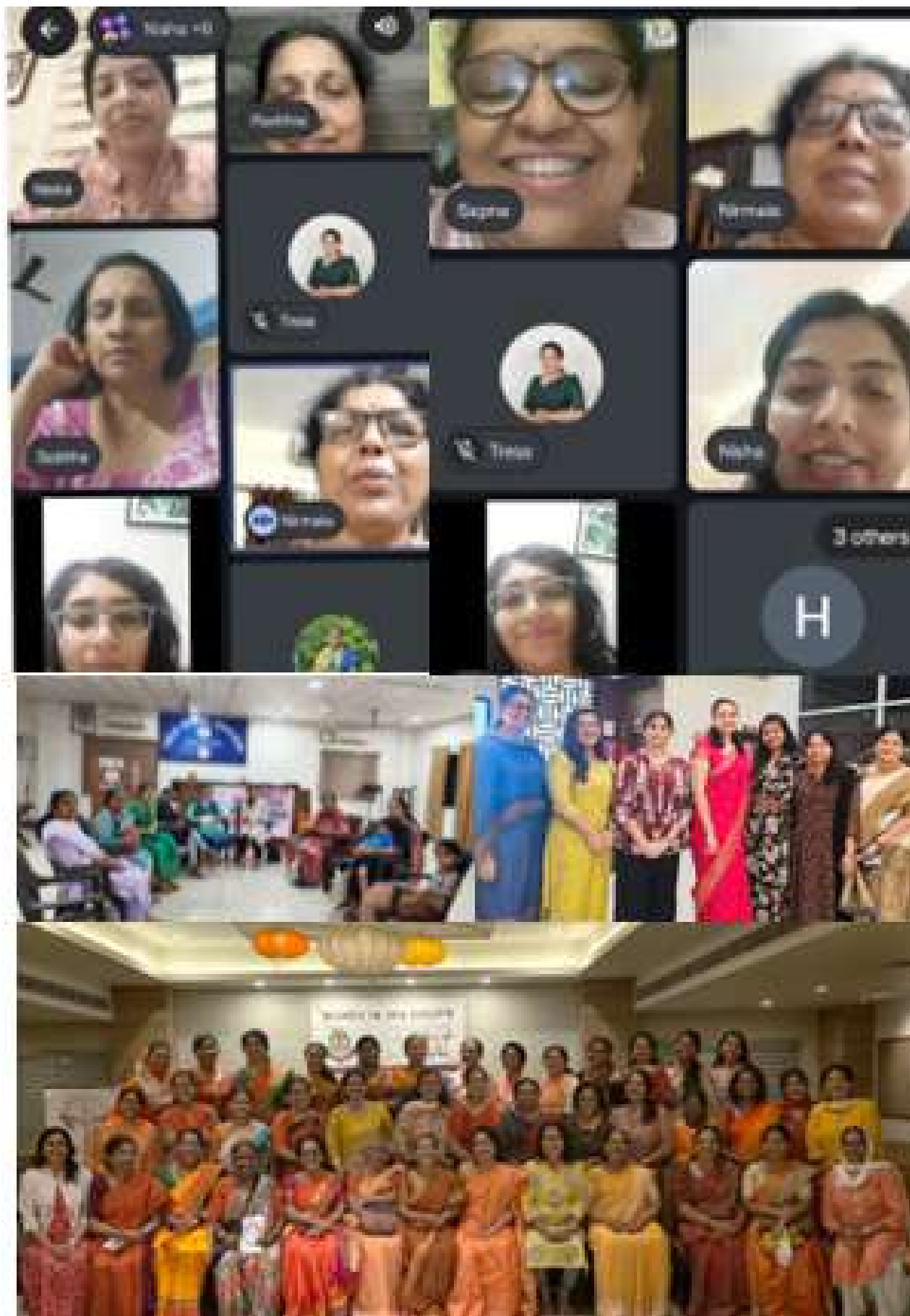


Summer Camp/ Activities for children during the vacation period

All branches had events for children ensuring entertainment and creativity.



Regular Executive / GB WIMA meetings held at various branches



ഇന്ത്യയിലെ ഡോക്ടർമാരുടെ സ്വന്തം മാസിക
പൊതുജനങ്ങൾക്കായി...

IMA നമ്മുടെ ആരോഗ്യം

ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ പ്രസിദ്ധീകരണം

വരിസംഖ്യ

1 വർഷം : 400 രൂപ

2 വർഷം : 790 രൂപ

3 വർഷം : 1180 രൂപ



വരിക്കാരാവാനു നിങ്ങൾ ചെയ്യേണ്ടത്

1. വരിസംഖ്യ നമ്മുടെ ആരോഗ്യം
അക്കൗണ്ടിലേയ്ക്ക് ട്രാൻസ്ഫർ ചെയ്യുക
അല്ലെങ്കിൽ

2. QR Code സ്കാൻ ചെയ്ത് വരിസംഖ്യ
ട്രാൻസ്ഫർ ചെയ്യുക



94000 12600

രസീപ്റ്റും മേൽവിലാസവും
ഈ നമ്പറിൽ അയയ്ക്കുക.



Account Details

A/C Name: Nammude Arogyam
A/c No. 2769101002614
Canara Bank, Pettah Branch
IFSC Code : CNRB0002769

Address

Nammude Arogyam
Indian Medical Association,
Kerala State Branch.
Anayara P.O.,
Thiruvananthapuram 29





image



India's Largest Environment Friendly CBWTF

IMA Goes Eco-friendly

**Safe & Scientific
Biomedical Waste
Management
Serving Over
23,000
Healthcare
Facilities Across
Kerala**



Indian Medical Association Goes Ecofriendly

**IMA State Headquarters, Anayara P.O.,
Thiruvananthapuram 695 029**

Reception: 0471-2742211, 2741188

WhatsApp No: 96569 93339

Email: imageimaksbtvm@gmail.com,

Website: imageima.org